

Points East

By Ike Adams



With black Friday almost upon us, I'm making a point of having at least two good books ready to keep me company all that day. Loretta is clipping store advertisements and intends to join the craziness. I may shop online for some good books to give the kids and grand kids. I can't think of a better gift than a good novel by an Appalachian author, so before the weekend is over I'll be perusing the inventory on Heritage Nook's website and writing a check.

I trade at Heritage Nook because the owner, Brenda Salyers, does more to promote central Appalachian writers than anybody I know and, if you search her catalogue, you'll also discover that she stocks well over two hundred titles written by folks from the hills that I call home.

Heritage Nook Books, 8009 Main Street, P.O. Box 373, Pound, VA. 24279. Check out the website at

www.heritagenook.com or call Brenda Salyers at 276-796-4604. Or stop by the store and browse next time you're in Pound. You save a bunch of money by shopping in the store.

Hot on the heels of Clinch River Justice comes Honaker Virginia native and recently retired Dean of Eastern Kentucky University Business School, Alfred Patrick's, latest book entitled Clinch River Echos.

Readers may recall a recent review of Al's Clinch River. Justice in this column just last month. Echos is not a sequel to the first book, but the setting, deep in the rugged hills and hardscrabble farms of southwest Virginia is the same and a few characters from Justice do make cameo appearances in the second book. If you liked Clinch River Justice, you will absolutely love Clinch River Echos.

Al Patrick's hobby is hiking our nation's premier

trails. With C.R. Echos he has certainly found his literary stride. The tale is another murder mystery romance in which the author also explores the ignorant ugliness of bigotry and violent crime. Al continues to capture our mountain language ("the copperhead was quiled in the middle of the path") and his writing style makes me feel like I was right there. Heritage Nook ships the book for \$19.00, \$24.00 for CR Justice or \$36.00 for both when bought as a set, a savings of \$7.00. Or order directly from the author: Al Patrick, PO Box 2077 Richmond KY 40476. Email Al at: athiker37@bellsouth.net or phone him at 859-623-4290.

My favorite novel last year, also previously reviewed here, was The Dark and Bloody Ground, by Jenkins, KY native, and great friend, Roberta Webb. This one is an epic tale of the fictional first families to settle in the uppermost reaches of The Big Sandy River near what is now Jenkins KY. The story follows family descendants from the late 18th into the mid 20th century. It is 381 hair-raising pages that kept me reading into the wee hours for several nights. Heritage Nook ships it for \$25.00.

Eastern Kentucky Short Stories by Maynard C Adams is a 400+ pages illustrated collection of historical essays, articles and photographs authored by a native of McRoberts, KY. It is a fixture on my nightstand. Ships from Heritage Nook for \$30.00.

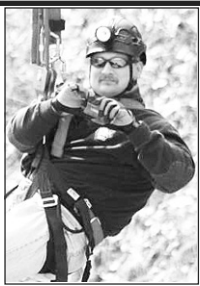
The Strange Tale of Jonathan Swift and the Real Long John Silver by Robert Prather explores the whereabouts of the legendary Swift treasure and silver mine that persists to this day throughout eastern Kentucky. 376 pages including numerous photos and documents. \$27.00 shipped from Heritage Nook and yet another one that had me gut hooked.

My good friend and fel-

(Cont. to A4)

On Call

By:
Rick Branham



On Call...

This past Saturday we had our annual community dinner held at the firehouse. It is an event organized by Brodhead Baptist church and Brodhead Volunteer Fire Department. This year I am happy to report that it was our most successful dinner yet. We have been doing this wonderful event for a number of years now and this year was big! We deliver a hot thanksgiving meal to 193 people up from 87 last year. We estimate that nearly 500 people ate a hot meal and we are so thankful for all of the help and support that was received to make this dinner happen. I look forward to helping with this meal next year as I am sure it will grow once again.

Getting back on track this week, let's answer this question; How many types of building construction are there? The answer is five classifications. It is important as firefighters to know the classification of a particular building. It will help determine how we approach the building if the building is on fire.

The first classification is Type I construction which is a fire-resistive construction. This type of construction will maintain its structural integrity during a fire. This construction is consists mainly of reinforced concrete with structural members including walls, columns, beams, floors and roofs. This construction is also protected by blown-on insulation or sprinklers. A good example of this type of construction is a parking garage. Now for the strengths and weaknesses of Type I construction. Its strengths is that it resists direct flame, confines the fire well, little collapse potential from the efforts of the fire

alone and resistant to water damage. The weaknesses are that it is very difficult to breach for access or escape, it is difficult to ventilate, massive debris following a collapse if there is one and floors, ceilings and walls retain heat.

The second classification is Type II construction or noncombustible construction. This construction is made of the same materials as Type I except the structural components lack the insulation or other protection as seen in Type I construction. One of the primary fire protection concerns is the contents of the building. Another potential problem is the type of roof. Type II construction often have flat, built-up roofs that consist of a combustible or noncombustible roof deck covered by combustible felt, noncombustible insulation and roofing tar. The strengths are that it is almost as resistive to fire as Type I, confines fire well, almost as structurally stable as Type I and it is easier to vertically ventilate than Type I. The weaknesses is that it is difficult to breach for access or escape, unprotected steel structural components can fail due to the heat, roof systems less stable than Type I construction, steel components subject to weakening by fire, steel components subject to weakening by rust and corrosion and massive debris if a collapse occurs. All metal buildings fall into this category.

The third classification is Type III construction or ordinary construction. This construction requires that exterior walls and structural members be made of noncombustible or limited combustible materials such as concrete blocks or bricks. The primary fire concern is the problem of fire and

smoke spreading through concealed spaces. These spaces are between the walls, floors and ceiling. The strengths are that it resists fire spread from the outside and it is relatively easy to vertically ventilate. The weaknesses are that interior structural members are vulnerable to fire, the fire spread potential through concealed spaces and it is susceptible to water damage.

The fourth classification is Type IV construction or heavy-timber construction. This construction requires that exterior and interior walls be made of noncombustible or limited combustible materials. Heavy timber construction was used in old factories, mills and warehouses. Traditional heavy-timber construction is rarely used today. The primary fire hazard is the massive amount of combustible contents presented by the structural timbers in addition to the contents of the building. Its strengths are that it resists collapse due to flame impingement of heavy beams, structurally stable, relatively easy to vertically or horizontally ventilate, relatively easy to breach and manageable debris if a collapse should occur. The weaknesses are that it is susceptible to fire spread from the outside, potential for fire spread to other nearby structures, susceptible to rapid fire spread inside and it is susceptible to water damage.

The final classification is Type V construction or wood-frame construction. Wood-frame construction is the type commonly used to build homes or apartment houses up to seven stories. This type of construction presents almost unlimited potential for fire extension. The strengths are that it is easily breached for access, ventilation and escape, it is resistant to collapse from earthquakes due to lightweight and flexibility and collapse debris is relatively easy to manage. The weaknesses are that it is susceptible to fire spread from the out-

(Cont. to A4)

Brodhead Annual Christmas Breakfast and Parade
December 7, 2013
Breakfast at Brodhead Volunteer Fire Department
7 a.m. to 10 a.m.
Country Ham or Sausage or Bacon, Eggs, Fried Potatoes, Biscuits and Gravy and Fried Apples - All for \$7.00!

PARADE
"Dreams of Christmas"
5:30 p.m. Line up at Brodhead Elementary
6:00 p.m. PARADE
Floats will be Judged
All businesses, organizations and individuals are invited to enter a float!

BIG FINISH 2013

NEVER LEAVE HOME AGAIN TO GET A GREAT DEAL ON A NEW CAR OR TRUCK.
IF WHAT YOU WANT IS POSSIBLE MANN CHRYSLER CAN GET IT DONE. EVEN IF YOU SEE A COMPETITOR'S AD IN LOUISVILLE OR CINCINNATI, JUST BRING IT IN AND WE'LL HONOR IT.

NEW 2013 DODGE Dart SRT SALE \$18,899 Stk. #13518W MSRP: \$21,430	NEW 2013 CHRYSLER 200 Limited SALE \$21,399 Stk. #11004W MSRP: \$25,680
NEW 2013 DODGE Avenger RT SALE \$22,999 Stk. #22001W MSRP: \$27,830	NEW 2013 RAM 1500 4x4 SALE \$24,999 Stk. #26006W MSRP: \$31,265
NEW 2013 CHRYSLER Town & Country SALE \$26,599 Stk. #13016W MSRP: \$30,990	NEW 2014 DODGE Charger RT* SALE \$29,199 Stk. #23000W MSRP: \$33,135
NEW 2014 DODGE Challenger RT SALE \$31,999 Stk. #22502X MSRP: \$34,875	NEW 2013 RAM 3500 4x4* Dually, Diesel SALE \$33,935 Stk. #26800W MSRP: \$43,935
NEW 2013 RAM 2500 Crew Cab 4x4* SALE \$37,599 Stk. #26502W MSRP: \$47,785	NEW 2013 RAM 3500 Cab & Chassis Crew Cab 4x4* Diesel, Bed SALE \$37,999 Stk. #26909W MSRP: \$49,679

*Must finance thru Chrysler Capital. With approved credit. Tax, tag and title are not included in price. Photos for illustration only. Thanks for reading the fine print.

GET PRE-APPROVED NOW! Go to mannchrysler.com

Ask About Our Credit Approval Guaranteed

mann

Check Out Our Daily Specials At mannchrysler.com

Signature HealthCARE

Care Redefined

Rockcastle Health and Rehabilitation Center would like to take this opportunity to let you know we take our residents' care seriously.

Signature Healthcare believes that all of our stakeholders should be SRNAs (State Registered Nurse Aides). We have begun a new and innovative program to send all stakeholders to obtain this certification. This consists of a two week training course, including clinical check offs, and the state required exam.

Our first team members to participate were Melissa McIntosh, Willene Wallin, Bobby Shaver and Allen Smith. We will continue to send our stakeholders to obtain this much needed certification as we feel it will only strengthen our promise to give Quality Care, Close to Home.



Stakeholders receiving SRNA certification are shown above. Seated: Willene Wallin, Housekeeping/Laundry Director. Second row from left: Bobby Shaver, Purchasing Director and Allen Smith, Respiratory Therapist. Not pictured: Melissa McIntosh, Social Service Director.

We are located at 371 W. Main St., Brodhead, KY and can be contacted at 606-758-8711.