



The RCMS Academic Team received a check from Citizens Bank for \$650 to help with the team's expenses this year. Marketing Director Christopher Mullins presented a check to the team on Friday. Pictured is Mr. Mullins with team members Mahala King, Joy Frith, Makayla Pennington-Lopez and Clare Beichler.

# Health Department holds “Fluoride Your Fangs”

On October 30th and 31st the Rockcastle Health Department had a kid-friendly event called Fluoride Your Fangs. This was a special event, however, Rockcastle Health Department offers fluoride varnish for children up to 5 years old on most days.

If your child is drinking mostly bottled water he probably is not getting the benefit of fluoride. Fluoride is a natural substance which prevents tooth decay. It can also reverse the early stages of tooth decay. The simple procedure of painting on the varnish takes only a few

minutes. It is safe, even for babies.

Two fluoride varnish applications per year are covered by Medicaid. Call the health department at 256-2242 to schedule an appointment for your child.

# Republican Cook-Off

The Rockcastle Republican Party will hold a Chili Cook-Off Saturday, November 16th at the Brindle Ridge Fire Department. \$5. Bring chili to enter in the cook-off or just come to enjoy some great food and support the local GOP. Call GOP Chairman Travis Burton at 606-308-1204 for more info. The event starts at 6:30 p.m.



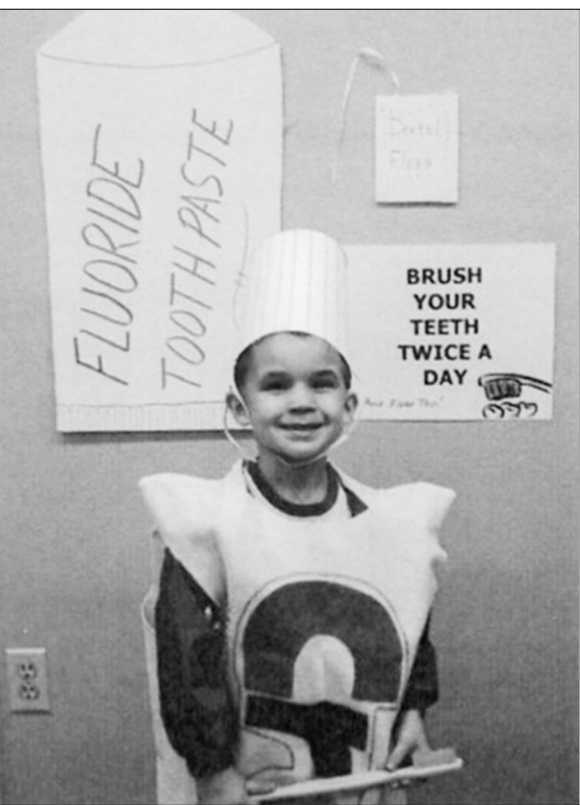
“Prof. Edwind” won Grand Champion in Kentucky and Reserve Grand Champion at the Kentucky State Fair. In the photo are, from left: Michaela Barron, Sarah and Sherry Barron and Mike Barron shown with a fair official.



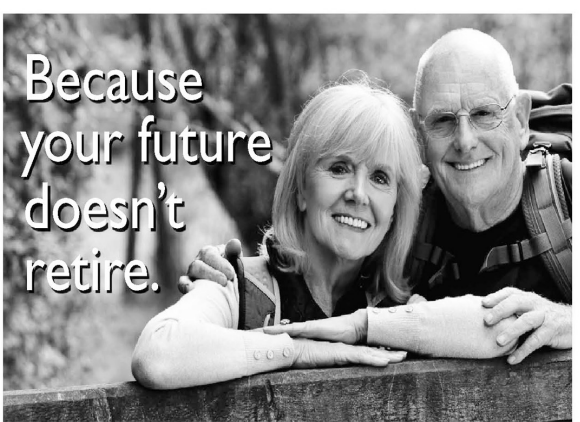
Michaela Barron, shown with “Sugar Baby,” won Best Bred and Owned and 1st Ky. Proud in the Junior Show at the recent Ky. State Fair. She went on to win her class and division in the open show. Also in the photo are her parents, Mike and Sherry and siblings, Sarah and Damian.



Luke West and Jacob Brown learning about oral hygiene from Elmo.



Luke West all dressed up like a toothpaste tube.



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\*The rates apply to certificates issued in November. The initial interest rate of 4.30% is guaranteed for the first certificate year and includes a first-year interest bonus of 3.00%. This initial rate is payable on a certificate with annuity values of \$10,000-\$24,999. The initial interest rate of 4.55% is guaranteed for the first certificate year and includes a first-year interest bonus of 3.00%. This initial rate is payable on a certificate with annuity values of \$25,000-\$99,999. The initial interest rate of 4.75% is guaranteed for the first certificate year and includes a first-year interest bonus of 3.00%. This initial rate is payable on a certificate with annuity values of \$100,000-\$499,999. After the first certificate year, a secondary interest rate of 1.00% is guaranteed until the end of the surrender charge period and a minimum interest rate of 1.00% is guaranteed thereafter. Renewal interest rates are set monthly by Woodmen of the World and will never be lower than those guaranteed. Call for current rates on certificates with higher annuity values. Product may not be available in all states. Contact a Woodmen of the World Field Representative to find out if this product is right for you.

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| <b>Ginger Evans Self-Rising Flour</b><br>5 Lb. Bag<br>\$1.89                                     | <b>Westcott Vegetable Oil</b><br>48 Oz. Btl.<br>\$2.59                                                      | <b>Stuffing On The Side Chicken or Turkey Flavor Stuffing Mix</b><br>6 Oz. Box<br>89¢                   | <b>Wylwood Whole Kernel, Cream Style Corn, Cut or French Style Green Beans</b><br>14.5 To 15.25 Oz. Can<br>49¢      |

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