

TOUR Southern and Eastern Kentucky (TOUR SEKY) recognized Susan Laws, Mt. Vernon-Rockcastle County Tourist Commission CEO, for her dedication and service as 2012 and 2013 Chairperson of TOUR SEKY's Board of Directors. Pictured are from left: Maggie Bill (TOUR SEKY), Susan Laws, Elaine Wilson (KY. Dept. of Adventure Tourism) and Karen Kelly (District Director for Congressman Hal Rogers)

# Laws recognized for service to TOUR SEKY

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Maggie Bill, TOUR SEKY Programs Director, presented Ms. Laws with a gavel on October 15th during TOUR's Annual Tourism Forum. Laws will remain on the Board of Directors as Immediate Past

Laws has served on the TOUR SEKY Board of Directors for more than 10 years and was the 2010 recipient of the APEX award (Achievement, ProfessionXtraordinary) for her contributions to the tourism industry in southern and eastern Kentucky. She has played an active role in many TOUR SEKY initiatives including the National Scenic Byway designation through Rockcastle County and she is the chair of the Southern I-75 corridor team. Laws plays a significant role in TOUR's Redbud Month program each April. She kicks off the month's activities by hosting a Redbud Health Walk and distributes free redbud seedlings to the community. In 2012, Mt. Vernon earned designation as a TOUR SEKY certified Redbud Community. In addition to her work in tourism, Laws was also a performer at Renfro Valley for more than three decades.

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"Susan Laws is a priceless resource to TOUR SEKY," said Maggie Bill. "She has provided leadership and guidance as our Chairperson and we would like to thank her for her service and dedication.'

TOUR SEKY is an award winning initiative of Congressman Hal Rogers. The organization's mission is to educate, expand, develop and market the existing and potential tourism industry throughout southern and eastern Kentucky, while contributing to the economic, cultural growth, health and awareness, and overall quality of life of the region. For additional information about TOUR SEKY visit www.tourseky.com, or call 606-677-6093.

## Wild Trail Run this Saturday

The Salato Wildlife Education Center in Frankfort is hosting the fifth annual Running Wild Trail Run Saturday, Nov. 2. Proceeds from the run will benefit education efforts at the center.

The four-mile course includes primitive dirt trails complete with challenging hills, hairpin switchbacks, woods, prairies and brambles.

Prizes will be awarded for age group winners and top overall male and female finishers. All Running Wild participants will get a longsleeved race T-shirt.

Runners are encouraged to bring their children along for the day. Salato staff and volunteers will be on hand to offer fun and games.

Runners may pay the \$25 registration fee on the day of the race at the Salato Center. Participants may also register for the Running Wild Trail online www.active.com. Registration forms are also available online at fw.ky.gov. Runners can bring their completed form to the Salato Center to pay by cash or check.

Race day registration begins at 9 a.m. (Eastern) with a 10 a.m. start. The race is sponsored by the Kentucky Fish and Wildlife Foundament.

The center is located off U.S. 60, approximately 11/2 miles west of the U.S. 127 intersection. Look for the bronze deer statue at the entrance of the main Kentucky Fish and Wildlife campus.

Hours are 9 a.m. to 5 p.m. Tuesday through Friday, and 10 a.m. to 5 p.m. Saturday.

Admission is \$4 for adults and \$2 for youth 5 to 18. Children under 5 are admitted

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Rockcastle Regional Hospital acute care staff Teresa Farris, RN, Beverly Wooten, RN, Brooke Short, RN, Tina Hasty, Pharm D, and Stella Young, RPh with the **Excellence in Patient Care Award.** 

## **Rockcastle Regional receives** award for excellent patient care

Rockcastle Regional Hospital & Respiratory Care Center has received an Excellence in Patient Care award given by outcomes firm Studer Group®. Cynthia D. Burton, RN, Chief Nursing Officer, accepted the award at the 11th annual What's Right in Health Care® conference on October 21, 2013 in Atlanta,

Studer Group® gives its Excellence in Patient Care awards to select partners based on various categories. Rockcastle Regional Hospital was selected for their HCAHPS composite results (a nationally standardized survey for measuring how patients perceive the care they receive in hospitals).

"It was my privilege to accept the award on behalf of Rockcastle Regional Hospital," said Burton. "Our team is focused on quality patient experiences and this award recognizes

our efforts. HCAHPS are important to us because they come from the patients."

Rockcastle Regional Hospital's outstanding results ranked them among the highest from a database of over 850 organizations coached by Studer Group. Rockcastle Regional Hospital was recognized for results for third quarter 2011 through second quarter 2012 for the "communication of medications" or "Staff always explained about medicines before giving them to patients" composite.

"As Rockcastle's Studer Group Coach, it is no surprise to me that they have achieved this incredible award," said Clay D. Linkous, MBA, Studer Group. "Their commitment and attention to detail in implementing

hardwiring best practices is demonstrated in every interaction I have with them!"

"Service excellence and quality improvements are embedded within the framework of Rockcastle Regional Hospital," said Stephen A. Estes President & CEO. "Studer Group is assisting us on the journey to improve patient outcomes and satisfaction, based on their years of experience and work at major healthcare facilities across the country. It is a honor to be recognized by Studer for our patient satisfaction scores."

Studer Group's mission is to change the face of healthcare by creating a better place for employees to work, physicians to practice medicine, and patients to receive care.

## Rockcastle Community **Bulletin Board**

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#### **Bookmobile Schedule**

Tues., Nov. 5th: Ottawa and Bee Lick. Wed., Nov. 6th: Maple Grove, Orlando and Climax. Thurs., Nov. 7th: Cave Valley Apts.

#### Halloween on Main

Halloween on Main and Trick-or-Treating in Mt. Vernon will be held Friday, November 1st from 6:30 to 8:30 p.m.

#### **Halloween in the Park**

The Brodhead Homecoming Committee will be sponsoring "Halloween in the Park" at the New Depot Park on Friday, November 1st from 6 to 8 p.m. Children 12 and under should be accompanied by an adult.

**Board of Health Meeting** The Rockcastle County Board of Health will have a meeting Thursday, Nov. 7th at 1 p.m. at the health depart-

#### **Upward Basketball**

Registration is now open for Upward Basketball for boys and girls, ages kindergarten through 6th grade. Every child needs to attend one evaluation. They are, as follows: Tuesday, November 5th, 6-8 p.m. at FBC and Saturday, November 9th, 10 a.m. to noon at Bible Baptist Church. Cost to participate is \$60 (shorts are optional at a cost of \$15).

#### **Upward Cheerleading**

Upward Cheerleading, for girls kindergarten through 5th grade is being organized. There will be a cheer clinic on Saturday, November 23rd from 9 a.m. to noon. Cost is \$75 per child and includes the mock turtleneck.

#### **Halloween Truck or Treats**

Halloween Trunk or Treats will be held Friday, November 1st from 6 to 8 p.m. at First Baptist Church. Hotdogs, apple cider, hot chocolate and, of course, lots of candy for the kids. The theme will be based off Chris Rice's song "Cartoons" and kids will get to see their favorite

Halloween Alternative at Grace Fellowship

Fellowship invites everyone to our Halloween Alternative - Family Fun Night! A fantastic evening of entertainment awaits you on Thursday, October 31st from 6 to 8 p.m. Come dressed in your favorite costume (no scary costumes please) and enjoy games, inflatables, food and lots of other goodies! The church is located at 845A S. Main St., London.

#### **Brodhead Lodge Meeting**

The Brodhead Masonic Lodge #556 meets every third Saturday at 7 p.m. on Main Street in Brodhead above Brodhead Pharmacy.

#### **Alcoholics Anonymous**

Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.

#### **Kiwanis Club Meetings**

The Rockcastle Kiwanis Club meets every Thursday at noon at the Renfro Valley Lodge. Everyone is invited.

#### **Historical Society Hours**

The Rockcastle Historical Society is open on Mondays from 10 a.m. to 2 p.m. in the RTEC garage building.

#### **American Legion Post 71**

American Legion Post 71 meets the second Thursday at 7 p.m. of each month on the third floor of the courthouse. Commander David Owens invites all Rockcastle veterans to join this organization that honors American soldiers, sailors and airmen.

