



The Lady Rockets golf team participated in The Joy of Golf Tourney at Wild Turkey Trace. Hannabeth Owens finished with a 3rd place individual. Pictured are, from left: Mackenzie King, Autumn Courtney, Callie Asher, and Hannabeth Owens.

“Rockets”

(Cont. from front)

night catching three passes for 71 yards and one touchdown.

Other Rockets making receptions were senior Brandon Jones with four catches for 25 yards, Adams with one catch for 6 yards and freshman Chayse McClure with one catch for 4 yards.

Defensively, the Rockets were led by McClure with eight tackles. Adams also had a big night defensively with three tackles and one fumble recovery.

Other Rockets picking up tackles and assists were Russell with 7, Hughes and senior Jared Lake with 6, Jones and senior R.C. Kirby had five each, junior Austin Collins and junior Kyle Denny with four each, senior Koty Bengé with three and junior Chance Ansardi got 2.

Head Coach Scott Parkey said that he was impressed with the performance of his players despite the loss but that he was still disheartened by the end of the 18 game winning streak.

"We are obviously disappointed with the end of the winning streak but the play-

ers know one game doesn't cost you an entire season," Parkey said. "If we continue to improve each week and focus on one game at a time, we will be ready when October's district schedule begins."

Parkey said he was proud of his defense for the way they played in the first half by holding Harris to only 18 yards rushing on offense. However, he said that they had problems with the adjustments the Eagles coaching staff made at halftime when they started using Harris at quarterback in the Wildcat formation.

“We forced them out of their original game plan in the first half but when they switched to the Wildcat formation it made it difficult to defend. That formation is difficult for any team to defend,” Parkey said. “Overall, I thought defensive coordinator Josh Martin had an excellent game plan and that the kids played with grit, determination and energy.”

Parkey went on to say that he was disappointed that the offense couldn't capitalize on the great field position they had in the first half, after the defense forced several Madison Southern

punts and turnovers.

"We didn't connect on a lot of passes that would have kept the chains moving and given us some points in the first quarter," Parkey said. "If we could have capitalized on that and got a few touchdowns, the team's momentum would have changed making a difference in the game."

The Rockets will play the West Jessamine Colts at home this Friday night at 7:30.

Parkey said the Colts have a very talented team and that they will be another tough challenge for his Rockets.

“Their running back Devin Taylor had over 300 yards rushing last Friday night. We will have to neutralize his effectiveness by winning the line of scrimmage and putting pressure on their other players to make plays,” Parkey said. “We were so excited about our students and fans who came out to the Madison Southern game last Friday and we are hoping to have the same crowd against the Colts. We need that support this Friday as the players feed off the energy.”

Last week we kind of got off track a little talking about the mental fitness of a firefighter. This week I am getting back on track about the firefighter. The question posed how many turnout coats answer is three outer layer, a liner and a thermal barrier. The moisture barriers are for ease of outer shell from Kevlar material. Some are resistant.

A firefighter's turnout gear is comprised of a helmet, nomex hood, turnout coat, turnout pants, gloves and boots. During training a firefighter learns about each piece of their gear and what the limits are for each piece. A firefighter is also trained to put on their turnout gear in less than 60 seconds. This week I want to focus on the turnout coat.

Historically the turnout coat has evolved to provide better fire protection. In the earlier days the coats were made of canvas or leather and later were made of rubber. The coats stretched down to the firefighter's mid-thigh. The inside of the coat would be lined with wool or felt and this was really just to provide warmth in the winter. There were no pants worn with these coats, instead they were long boots. The boots were called three quarters boots and would go all the way up to firefighter's knees. With no pants worn a gap between the coat and boots left the firefighter unprotected. Firefighters wore this type of gear as early as the 1980's. New standards in the fire service prohibit the use of the long trench turnout coat and three quarter boots structural firefighting.

The modern turnout coat

On Call

By:
Rick Branham



provides much better protection against fire, but it also provides some protection against hot water and steam as well as cold temperatures. It also protects firefighters from direct flame contact. Now you may ask about how hot it can get before a turnout coat starts to fail. It can vary from manufacturer to manufacturer, but generally only a few hundred degrees and you will begin to feel the effects of the heat. Remember the turnout coat is fire resistant not fire proof. Eventually the gear will catch on fire and that would not be a good day.

Now you can imagine a firefighter in the middle of summer wearing this gear. We get hot and sweaty, really hot and sweaty. This is because the material traps our body heat in the gear and is not allowed to transfer away from our body. Since we are not able to cool down, this increases our heart rate, skin and core temperatures. You will often see firefighters sitting in the shade with our turnout coat of and steam coming from our heads. We call this rehab and if we are involved with a structure fire, firefighters are in and out of rehab several times in order not to over exert ourselves.

Turnout coats have a collar to protect our neck and some coats have wristlets. Wristlets extend over the firefighters hand to the knuckles. They provide extra protection from heat and embers when using gloves, especially when your gloves are not on properly. Other features are a pocket on the chest for your radio and some also have a clip on the opposite side for holding a flashlight. On the outside of



the coat is reflective striping for visibility at night. Also on the back fire departments will list the name of the firefighter and the department, Brodhead does this currently. Turnout coats usually have two pockets, some or oversized to hold extra equipment. The extra equipment can be cutters, extra hood or gloves. I keep in my coat an extra pair of gloves, extrication gloves, cutters and wooden door stops.

Turnout coats can be secured a couple of ways. One way is by using a zipper with a Velcro flap that closes over the zipper. Another way is called hook and D's. It is simply a d-shaped ring down one side and on the other is a hook that will clip into the ring; this is also enforced with buttons that snap together. A Velcro flap is also used for added protection.

Finally, a new addition to the turnout coat is the Drag Rescue Device or DRD. The DRD is located on the back at the neck. This device is essentially a built in harness used exclusively to rescue a down firefighter. Once you grab the DRD and pull, the harness cinches down on the firefighter and you are now able to drag them out to safety. Very important addition to the turnout coat has been used to save several firefighters lives.

Next week we will continue with the gear of firefighters and their capabilities. The question I leave you with is this; station uniforms follow a firefighter standard for heat exposure. The standard says that no garment components will ignite, melt, drip or separate when exposed to heat at this temperature for 5 minutes. How high do you think the temperature is? Is it 100 degrees, 150 degrees, 250 degrees or 500 degrees? The answer next week.



John Cornelius was on fire, shooting a 32, to set the tone for the Rockets in their win over Danville. The Rockets are undefeated in conference play with wins over Lincoln, Casey, East Jessamine, Danville, and Boyle County. The Rockets are led by Cornelius, Sam Pensol, Cade Burdette, Carson Noble, and Lucas Gentry.



Sam Pensol has helped lead the Rockets to an undefeated conference record on the year. Pensol has placed in the top 10 in four tournaments this year.

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