



The Rockcastle County 4-H Land Judging team participated in the 2013 Kentucky State Fair on August 16th. Pictured are front row from left: Senior Champion Aaron Pevley, Cole Ballinger, Andrew Sargent, Jesse Smith, Bryce Smith, Reserve Junior Champion Caleb Ballinger, Thomas Burdette, and Zach Taylor. Second row from left: David Gabbard, James Clay Ballinger, William Daughtery, Andrew Ponder, Jaydon Bullock, Michaela Barron, Pamela Miller, and Joy Frith. Back row from left: Trevor Sweet, Jarrett Carpenter, Curtis Miller, Evan Singleton, Logan Taylor and Jacob Taylor.

Small steps to health and wealth online group

Family and Consumer Sciences

Hazel Jackson

Rockcastle County Extension Office



The Extension Service has an exceptional program called Small Steps to Health and Wealth. I must admit, that even though I have used parts of the program, I have not as yet, done the entire program. I am excited to work through the program for myself. For most of us, making huge changes can seem daunting and overwhelming. "Small Steps" looks at small changes that we can make that help us to live in a more healthy and financially stable way. Research shows that decisions about health and money are made in much the same way and are influenced by the same thought patterns.

The Rockcastle County Extension Office is offering an online discussion group on facebook for anyone that is interested. In the next 25 weeks we will work our way through the Small Steps workbook together. Additional re-

sources from UK will also be shared. This will be a closed group. That means your posts can only be seen by the others in the group, not everyone who has liked the Rockcastle County Extension Service Family and Consumer Sciences facebook page or everyone's facebook friends. The Extension Office has the free workbooks that for us with the program. If you would like to participate, simply Like the Rockcastle County Extension Service Family And Consumer Sciences facebook page. The page can be found by searching Hazel Bowling Jackson. Make sure you send a "Small steps" as a message. Without the small steps reference, you will be left on the regular facebook list and not moved to the "Small Steps" group. If you are already a friend on facebook, just send a message and you will be added

to the discussion group and keep you on the regular facebook friends list as well.

You will also need to pick up your workbook at the Extension Office and instructions for how to post questions or make comments to the group. We will discuss small step #1 - Tracking your current behavior starting on August 19. We will discuss only one small step each week. For more information call the Extension Office at 256-2403 or email hjackson@uky.edu.

Upcoming classes and Activities at the Extension Office

•Aug 27, 1:00pm Leader Lesson "Gifts Galore" taught by Hazel. Trendy gift ideas that you can sew, design, bead or craft that will friends and

family will enjoy. Following the lesson we will have a quick class on leather bracelets. Everyone is welcome to attend.

•Rockcastle Homemakers County Council meeting: Aug 20, 6:00pm

•We will plan our county annual meeting. Club officers please try to attend this meeting.

•September 4 at 10am Felted Flower Pin taught by Carol Ann White.

•Sept 4 at 1:00pm Easy Apron by Elaine Murphy Call the office to register and for materials list.

•Sept 5 at 6:00pm Make Your Own Cleaning Supplies that really work. Bring a small laundry detergent bottle. We will make liquid laundry detergent and everyone will take home a cup of detergent to use.

Kentucky Fish and Wildlife Commission recommends license and permit increases

The Kentucky Fish and Wildlife Commission recommended modest increases in license and permit fees on select non-resident licenses, senior-disabled licenses and resident permits for deer and elk.

Rates for basic hunting and fishing licenses for adult Kentucky residents are not affected by the proposal. The new rates are proposed for the upcoming license year which begins March 1, 2014.

The commission also proposed the 2013-2014 waterfowl seasons at its quarterly meeting, held Aug. 14.

The commission recommends all hunting, fishing and boating regulations for approval by the General Assembly and approves all expenditures by the Kentucky Department of Fish and Wildlife Resources. All recommendations must be approved by two legislative committees before they become law.

Commission members proposed increasing the fee for 13 non-resident licenses and permits, six resident permits and the senior-disabled license. Commission members also voted to create separate fees for cow and bull elk permits for both residents and non-residents.

Proposals include raising the deer permit for residents from \$30 to \$35; senior/disabled licenses from \$5 to \$11; deer permit for non-residents from \$60 to \$160; quota bull elk permit for residents from \$30 to \$100; and non-resident quota bull elk permit from \$365 to \$550; among others.

The commission also proposed the creation of two new licenses for Kentucky residents: a senior lifetime sportsman's license for \$82 and a three-year fishing license for

\$55. A list of all the proposed changes will be available online at fw.ky.gov, the Kentucky Fish and Wildlife website.

In other action, commission members acted upon waterfowl seasons for 2013-14.

The Kentucky Fish and Wildlife Commission must place waterfowl seasons within the framework mandated by the U.S. Fish and Wildlife Service because all migratory game birds are under federal control.

Last year, the 2012-13 duck season was split into two segments. The 2013-14 season will run continuously because of the late Thanksgiving date this year and the early closing of the federal framework. The calendar shift from 2012 to 2013 created this situation.

The next Kentucky Fish and Wildlife Commission meeting will be held at 8:30 a.m. Friday, Dec. 6. Meetings are held in the Arnold Mitchell Building, located at 1 Sportsman's Lane in Frankfort.

Persons interested in addressing the commission must notify the Kentucky Fish and Wildlife commissioner's office in writing at least 30 days in advance to be considered for placement on the meeting agenda. People who are hearing impaired and plan to attend the meeting should contact Kentucky Fish and Wildlife at least 10 days in advance and the agency will provide a translator. To request to address the commission, write to Commissioner Jon Gassett, Kentucky Fish and Wildlife, 1 Sportsman's Lane, Frankfort, Kentucky, 40601.

Subscribe to the Signal

4-H Land Judging Team participates in State Fair

Rockcastle Counties 4H Land Judging team participated in the 2013 Kentucky State Fair on August 16th. 2 first time members joined previous teammates making a total of 22 for the largest Rockcastle team ever.

Eleven youth participated in the Senior Division receiving 4 Blue, 5 Red and 2 White awards. Aaron Pevley son of Priscilla Napier moved up from 2012 Junior Champion to 2013 Senior Champion. Aaron, Evan Singleton, James Clay Ballinger and Curtis Miller made up the Reserve Grand Champion Senior Team. The top four Seniors missed going to the Oklahoma Nationals by 1213 to 1196 or 18 points. Senior members receiving blue awards were Aaron Pevley, Evan Singleton, James Clay Ballinger and Curtis Miller. Receiving red awards were Jarrett Carpenter, Jacob Taylor, Thomas Burdette, Trevor Sweet and David Gabbard. Receiving white awards were William Daughtery and Jaydon Bullock.

Eleven youth participated in the Junior Division

receiving 5 blue, 3 red and 3 white awards. Caleb Ballinger, son of James and Carrie Ballinger received Reserve Grand Champion. Junior members receiving blue awards were Caleb Ballinger, Joy Frith, Michaela Barron, Cole Ballinger and Logan Taylor. Receiving red awards were Pamela Miller, Zach Taylor and Andrew Ponder. Receiving white awards were Andrew Sargent, Jesse Smith and Bryce Smith.

4-H Land Judging at the Kentucky State Fair is a tradition local youth look forward to each year. 4-H'ers spend part of their summer vacation working at field clinics preparing for state competition. Going to the State Fair has also become a family event. Parents accompany their 4-H'ers to the fair, plus spend time visiting events.

Two senior members graduate this year and pass on the dream of representing Kentucky at the National's. Three juniors will enter the Senior Division in 2014 joining nine current seniors for a strong team.

Commonwealth of Kentucky
28th Judicial Circuit
Rockcastle Circuit Court • Division II
Civil Action No. 13-CI-00042

Vanderbilt Mortgage and Finance, Inc.
Plaintiff

V.

Daniel Lees (in rem); Kelly Lees (in rem); Tax Easement Servicing, LLC; Arrow Financial Service Washington Mutua; Clyde W. Phillips (in rem); unknown heirs of Clyde W. Phillips (in rem); Stanley Phillips (in rem); unknown heirs and unknown spouses of unknown heirs of Stanley Phillips (in rem); and County of Rockcastle, Kentucky
Defendants

NOTICE OF SALE

Pursuant to a judgment and order of sale entered in this action on July 12, 2013 for the purpose of satisfying the judgment against the defendants in the amount of EIGHT THOUSAND THREE HUNDRED THIRTEEN DOLLARS AND 98/100 (\$8,313.98) plus interest, costs and attorney fees. I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

At the Courthouse on East Main Street Mt. Vernon, Kentucky on Friday, August 23, 2013 Beginning at the Hour of 11:30 a.m.

Said property being more particularly bounded and described as follows:

10701 Red Hill Road, Livingston, KY 40445

Lying and being in Rockcastle County, Kentucky, and more particularly bounded and described as follows: Beginning at State Road 1955, at the corner of the property herein conveyed and the property belonging to Roland Tankersly, at an iron pin; thence in a westerly direction a distance of 306 feet along the Roland Tankersly property line to an iron pin at the top of a cliff; thence in a northerly direction a distance of 488 feet going along the top of the cliff to an iron pin; thence in an easterly direction 306 feet to State Road 1955 at an iron pin; thence southerly along the State Road 1955, 488 feet to the point of beginning.

The above described real property is improved with a 1996 Clayton Mobile Home, VIN N01021874TN.

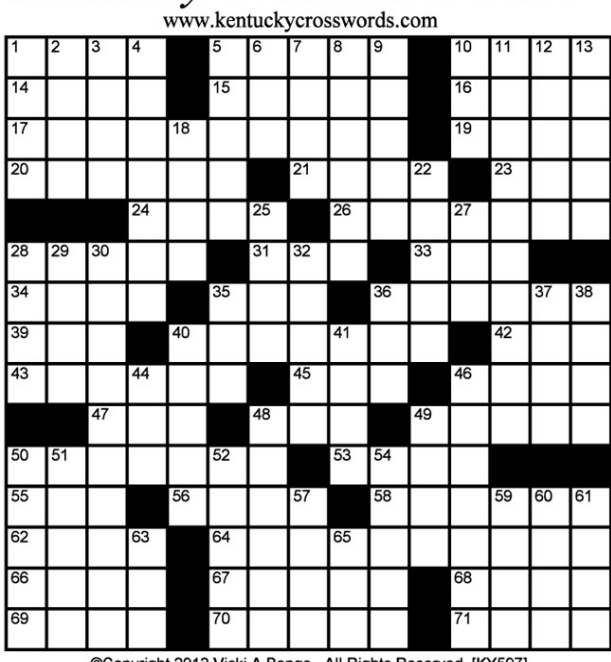
This being the same property conveyed to Kelly Lees and husband, Daniel Lees by deed dated June 16, 2004, executed by Charles Phillips, et ux. and recorded in Deed Book 200, page 189 in the Office of the Rockcastle County Clerk.

The property shall be sold on the following terms & conditions:

1. The real property and mobile home shall be sold together as a whole.
2. The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser required to pay a minimum of ten percent (10%) of the purchase price in cash on the date of sale and to secure the balance with a bond approved by the Master Commissioner.
3. The bond shall bear interest at the rate of twelve percent (12%) per annum until paid in full. The bond shall have the force and effect of a judgment and shall be and remain a lien upon the property sold as additional surety for the payment of the purchase price.
4. Unpaid delinquent State, County and/or City ad valorem real estate taxes owed at the time of sale shall be paid out of the proceeds of the sale.
5. The purchaser shall be responsible for the 2013 local, county and state property taxes.
6. Full satisfaction of the plaintiff's judgment shall be paid from the proceeds of the sale.
7. The purchaser shall have possession of the real property upon compliance with the terms of the sale.
8. In the event that the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required.
9. The sale shall be made subject to all easements, set back lines, restrictions or covenants of record or otherwise and shall be sold "as is".

John D. Ford
Master Commissioner
Rockcastle Circuit Court

Kentucky Crossword # 597



- ©Copyright 2013 Vicki A Benga. All Rights Reserved. [KY597]
- ACROSS**
1. First name in jeans
5. Fascinate
10. Muslim leader
14. This Kentucky county's name plus "ton" names its seat
15. Jungle vine
16. Like some orders
17. Small town scenes for "Elizabethtown" filmed in this Kentucky city
19. Piece of cake
20. Kentucky's 50th county, formed from parts of Clark and Madison
21. Away from port
23. Even finish
24. Articulates
26. First female governor of Kentucky
28. Thai monetary units
31. Tokyo, once
33. Local exchange carrier, for short
34. Brings into play
35. Goof up
36. Kentucky's Barren, Dix and Little Sandy, e.g.
39. Huon, 1906 Kentucky Derby winner
40. Marion Co.'s historic seat
42. Hilo garland
43. The US Bullion Depository is in this KY county
45. Encountered
46. Off-pitch
47. Charged particle
48. Galley need
- DOWN**
1. Zero, on a court
2. Lady bighorns
3. Heraldry green
4. Takes a firm stand
5. Crafty: Var.
6. Do poorly
7. Rhythmic pattern
8. Specialized UN agency
9. Leisurely walk
10. "___ show time!"
11. A Kentucky county seat named for Thomas Jefferson's home
12. From the top
13. Broods
18. Melodramatic cry
22. Tuckered out
25. Belgrade native
27. O.T. book
28. Kentuckian, bluegrass musician Sam
- SOLUTION TO KY596**
ACROSS
1. JACK
5. FASCINATE
10. MUHAMMAD
14. TONTO
15. VINE
16. ORDERS
17. ELIZABETHTOWN
19. CAKE
20. MADISON
21. PORTLAND
23. FINISH
24. ARTICULATE
26. KENTUCKY
28. BAHT
31. TOKYO
33. CARRIER
34. PLAY
35. GOOF
36. BARREN
39. HUON
40. MARIETTA
42. HILTI
43. BULLION
45. ENCOUNTERED
46. OFF-PITCH
47. CHARGED
48. GALLEY
- DOWN**
1. ZERO
2. BIGHORN
3. HERALD
4. STAND
5. CRAFTY
6. POORLY
7. RHYTHM
8. SPECIAL
9. WALK
10. SHOW
11. JEFFERSON
12. TOP
13. BROOD
18. CRY
22. TUCKER
25. BELGRADE
27. BOOK
28. KENTUCKIAN
29. OCEANS
30. OLDEST
32. VIDEO
35. DUSK
36. BREAK
37. HARVEST
38. LOCATION
40. COVERINGS
41. DETECTIVE
44. NICKNAME
46. KENTUCKY
49. CROAT
50. CARPENTER
51. KENTUCKIAN
52. ZODIAC
54. LONGEST
57. SOAKS
59. FLAVORING
60. JEWISH
61. HANKERINGS
63. POSITION
65. "THE MATRIX" HERO