

Mamaw's Kitchen

By Regina Poynter Hoskins

BLUEBERRY PANCAKES
1 cup self-rising flour, sifted
2 tablespoons sugar
3 tablespoons melted butter
1 teaspoon vanilla
1 cup milk
1 egg, beaten
1 cup fresh or frozen blueberries
Vegetable oil for frying

Mix flour and sugar in a large bowl. In a smaller bowl, combine the melted butter, vanilla, milk, and egg. Make a well in the center of the flour; pour in liquid ingredients. Mix until smooth.

Lightly grease skillet or griddle over medium heat. Using a measuring cup, scoop the batter onto skillet. Sprinkle with a few blueberries. Cook for about a minute on first side or until the batter starts to bubble. Flip and brown other side. Serve hot with plenty of butter and syrup.

CREAM OF WHEAT PANCAKES

I came up with this recipe after eating pancakes by this name at a restaurant. These are very good, if not exactly like the ones that I tried to copy. The restaurant no longer serves this flavor of pancakes.

1 and 1/4 cups all-purpose flour

1 and 1/2 cups buttermilk
1 egg
1/3 cup instant Cream of Wheat, uncooked
1/3 cup sugar
1 teaspoon baking powder
1 teaspoon baking soda
1/4 cup vegetable oil
1/2 teaspoon salt
Combine all ingredients; mix to batter consistency and allow to rest for about 10 minutes.

Heat griddle to medium high. When a drop of water will "bounce", spray griddle or skillet with a nonstick cooking spray. Using a 1/4-cup measuring cup, scoop the batter onto skillet. Watch for the bubbles to appear before turning pancake. Brown on both sides.

WHITE SUGAR SYRUP

1 cup sugar
1 cup cold water
2 tablespoons butter
1 teaspoon vanilla
Combine sugar and cold water in a 2 quart saucepan. Bring to boil and boil for 10 minutes or until desired thickness. Remove from heat. Add the vanilla and butter. Stir until butter has melted. Syrup will be extremely hot. Use caution. Cool some before using. Remember: The cooler the syrup gets, the thicker it gets.

In Frankfort

Wildlife Olympics for youth this Saturday

Salato Wildlife Education Center hosts Wildlife Olympics Aug. 17

The Kentucky Department of Fish and Wildlife Resources invites children to take part in the Wildlife Olympics from 11 a.m. to 2 p.m. Saturday, Aug. 17, at the Salato Wildlife Education Center in Frankfort.

Participants can test their strengths and abilities at activities set up at select outdoor exhibits while learning about the capabilities of Kentucky's wildlife. Activities are designed for children ages 3 to 16. Participants will be divided into three age categories. Prizes will be awarded to the top three finishers in the grip strength, casting accuracy, long jump, timed race and archery events.

No registration is required. The event is included with general admission into the center.

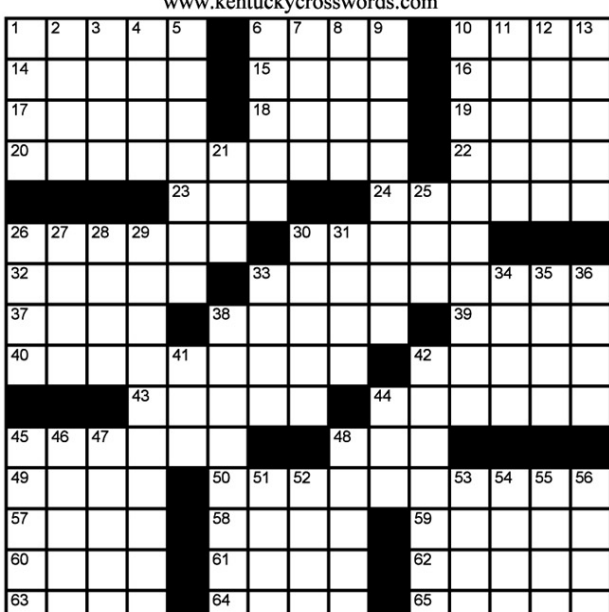
The Salato Center is operated by the Kentucky Department of Fish and Wildlife Resources. The center is located off U.S. 60, approximately 1 1/2 miles west of the U.S. 127 intersection. Look for the bronze deer statue at the entrance of the main Kentucky Fish and Wildlife campus.

Hours are 9 a.m. to 5 p.m. Tuesday through Friday, and 10 a.m. to 5 p.m. Saturday. Salato is closed on Sunday, Monday and state holidays.

Admission is \$4 for adults and \$2 for youth 5 to 18. Children under 5 are admitted free. The center also offers annual memberships for individuals and families.

Kentucky Crossword # 596

www.kentuckycrosswords.com



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ACROSS

1. Belonging to a Mark Twain character?
6. Earned a citation?
10. Fancy
14. Be of use to
15. Jackson State Park, London, KY
16. King of the road
17. Wayne Co. area, or river feature
18. Opera highlight
19. News bit
20. "River of Earth" author
22. Cards, Cats or Hilltoppers
23. Old what's-name
24. Former Kentucky Lieutenant Governor Stovall
26. River that flows into Bay of Bengal
30. Blackthorn fruits
32. Bouquets
33. A Kentucky city on the Ohio River
37. Basalt source
38. Take down a peg
39. "Once a time..."
40. Home to Kentucky's Liberty Hall
42. Clear the slate
43. Clan emblem
44. Fishes
45. Bother
48. 100 lbs.
49. Roll call misser

50. Kentuckian, Boston Celtics 2007 point guard
57. Hindu royal
58. Pub pints
59. Like some walls
60. Guitarist Clapton
61. Deep in thought
62. Made better
63. It may be cut
64. Reply to "Shall we?"
65. Mooring spots

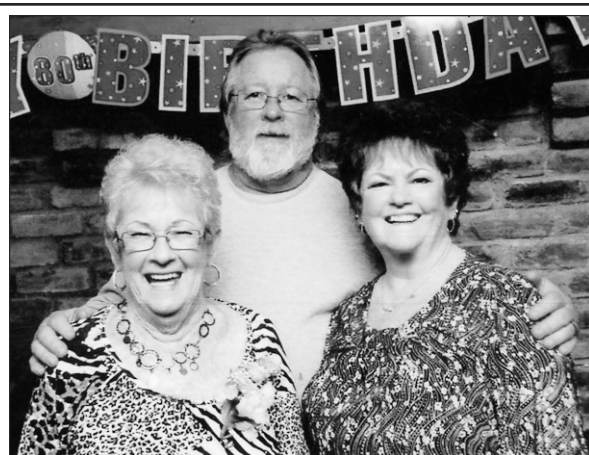
DOWN

1. Pilgrimage to Mecca
2. Iris's place
3. Storm preceder
4. Knott Co. area, or toy with a tail
5. Cuts drastically
6. Blind parts
7. Prefix with scope or meter
8. Like Darth Vader
9. Telephone signal
10. Appalshop's home
11. Louisville's Galt House, e.g.
12. Construction girder
13. Mell Lazarus comic strip
21. Close relative
25. "For a jolly ..."
26. It was Johnny Owens' sport
27. Month before Nisan
28. PBS science show

29. Famous Northern Kentucky Salt Works
30. Insect group
31. Just in case
33. Reed section member
34. October birthstone
35. Derby flower
36. Change for a five
38. In spite of
41. Eastern India tribes
42. Diary bits
44. Grass part
45. Ran quickly
46. In the know
47. Like a depth finder
48. Receipt listings
51. Soothing agent
52. Witty remark
53. Horse course
54. Like some decrees
55. Not shallow
56. Chances

SOLUTION TO KY595

ACROSS
1. BELONGING TO A MARK TWAIN CHARACTER? (MARK)
6. EARNED A CITATION? (MERCY)
10. FANCY (FANCY)
14. BE OF USE TO (TO)
15. JACKSON STATE PARK, LONDON, KY (LOUISVILLE)
16. KING OF THE ROAD (KING)
17. WAYNE CO. AREA, OR RIVER FEATURE (WAYNE)
18. OPERA HIGHLIGHT (OPERA)
19. NEWS BIT (NEWS)
20. "RIVER OF EARTH" AUTHOR (RIVER)
22. CARDS, CATS OR HILLOPPERS (HILLOPPERS)
23. OLD WHAT'S-NAME (OLD)
24. FORMER KENTUCKY LIEUTENANT GOVERNOR STOVALL (STOVALL)
26. RIVER THAT FLOWS INTO BAY OF BENGAL (BAY)
30. BLACKTHORN FRUITS (BLACKTHORN)
32. BOUQUETS (BOUQUETS)
33. A KENTUCKY CITY ON THE OHIO RIVER (OHIO)
37. BASALT SOURCE (BASALT)
38. TAKE DOWN A PEG (TAKE)
39. "ONCE A TIME..." (ONCE)
40. HOME TO KENTUCKY'S LIBERTY HALL (LIBERTY)
42. CLEAR THE SLATE (SLATE)
43. CLAN EMBLEM (CLAN)
44. FISHES (FISHES)
45. BOTHER (BOTHER)
48. 100 LBS. (100)
49. ROLL CALL MISSE (ROLL)



Mrs. Ina Shepherd, left, shown with her son, Lynn and daughter, Judy, on the occasion of her 80th birthday celebration.

80th birthday celebrated

Ina Faye Robbins Shepherd, of Liberty Township, Ohio, celebrated her 80th birthday in November of 2012 at the Blue Ash Banquet Hall in Blue Ash, Ohio.

Mrs. Shepherd was born in Rockcastle County on November 18, 1932, the daughter of the late Hugh and Corda McKinney Robbins.

A great celebration for 88 guests was given in her honor by her daughter, Judy Humber, also from Liberty Township and her son, Lynn (Laura) Shepherd of Lebanon, Ohio.

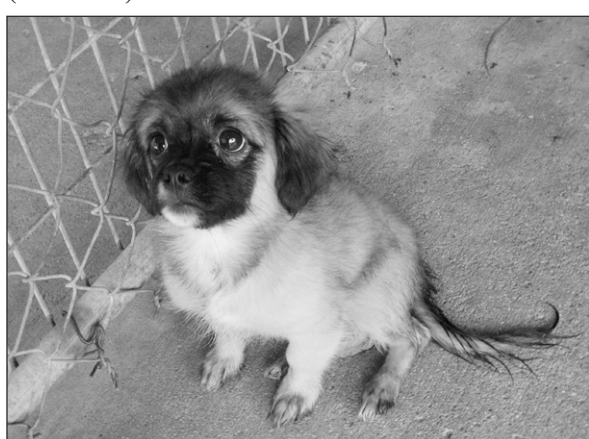
Attending were her grandchildren, Michelle and Rick Fish from Springdale, Ohio, Jacinda Wilder, Fairfield, Ohio, Detra and Isaac Stepaniak of Liberty Twp, Ohio, Cody Shepherd, Middletown, Ohio and Derek Shepherd and Lauren English, Middletown, Ohio. Great grandchildren: Elijah, Elvia, Eden, Enoch and eliana Stepaniak; Marshall and Ashlee Fish; Zora and Leo Shepherd and also Ezekiel Stepaniak (in spirit) who was born on Ina Faye's special day, November 18, 1994 and died March 17, 2012 but will forever live in our hearts. Her step-daughter, Teresa (David) Jesse, Osford Ohio; brothers, Glenn and Anita Robbins from Memphis, TN, Clell and Norma Robbins from Pilesgrove, NJ. Her sisters, Jenny Robbins from Liberty Twp., Ohio, Jane Chestnut from Williamston, MI. Her sister-in-law, Geraldine Robbins from Brodhead; aunts, Pearl Warman from Mt. Healthy, OH and Christine McKinney from West Chester, Ohio and many nieces, nephews, great nieces and great nephews, cousins and friends from Ohio, Tennessee, Indiana, New Jersey, Michigan, Indiana and Kentucky.

A great time was had by all with lots of great food and music.

Adoptable Shelter Dogs



Hey everybody!! Look at us! Aren't we 8 of the most adorable little puppies you have ever seen? 5 of us are males and 3 of us are females and we are 3/4 Golden Retriever and 1/4 German Shepherd. We are between 7-8 weeks old and we were surrendered by our owner so we are now looking for new homes. If you could help us then call the shelter @ 256-1833. (kennel 16)



Hi there. My name is Pumpkin and I am female Pug/Shih-Tzu mix. I was brought to the shelter after I showed up at a gentleman's house. He cared for me for 2-3 days and tried to find my owners but he could not. I am about 10-12 weeks old and I am very afraid. I love to be picked up and held close where I feel safe. If you could help me by giving me a loving, safe home then call the shelter @ 256-1833. (kennel 17)

Rockcastle Countians WANTED

Are you one of the 2,464 citizens ages 18-64 without a high school diploma or GED in Rockcastle County?

Call Rockcastle Adult Education Center at

(606) 256-0218

FRIEND US ON FACEBOOK!



Mt. Vernon CHIROPRACTIC

We're Still Open!

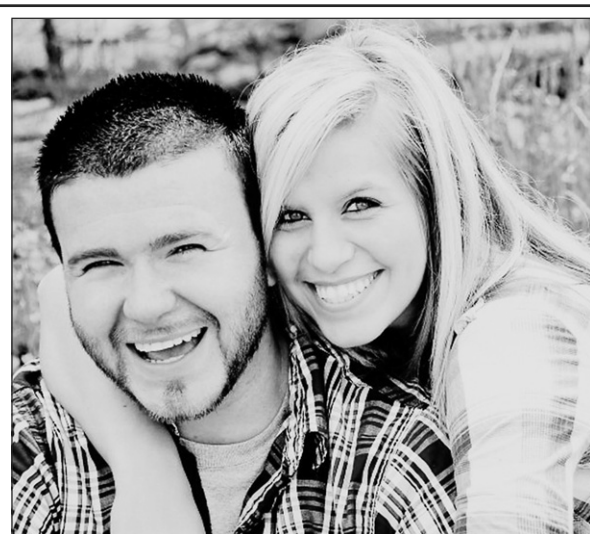
Our building is for sale, however, we are still here and dedicated to serving the healthcare needs of Rockcastle County.

Now re-enrolled with Medicaid and accepting new patients!

Call today to make an appointment

606-256-1986

70 School St., Mt. Vernon



Martin-Carpenter to wed

Calvin Carpenter and Carolyn Carpenter of Mt. Vernon announce the engagement, and forthcoming marriage, of their son, Joshua Cody, to Tiffany Nichole Martin, daughter of William and Priscilla Martin of Pineville. The outside wedding will be an event of September 22nd in Lancaster.

We've Moved!!!

COMPLETE HOME COMFORT Heating & Air

Now located at

523 West St. • Brodhead, Ky.

758-0155 • 256-1683 • 859-661-5986

Commonwealth of Kentucky

28th Judicial Circuit

Rockcastle Circuit Court • Division I Civil Action No. 13-CI-00047

Vanderbilt Mortgage and Finance, Inc.

Plaintiff

v.

Glenn S. Burr (in rem); Mary K. Burr (in rem); and County of Rockcastle, Kentucky

Defendants

NOTICE OF SALE

Pursuant to a judgment and order of sale entered in this action on July 1, 2013 for the purpose of satisfying the judgment against the defendants in the amount of FORTY NINE THOUSAND SIX HUNDRED TWENTY FOUR DOLLARS AND 46/100 (\$49,624.46) plus interest, costs and attorney fees. I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

At the Courthouse on East Main Street Mt. Vernon, Kentucky

on Friday, August 23, 2013

Beginning at the Hour of 11:30 a.m.

Said property being more particularly bounded and described as follows:

58 Brian Lane, Berea, KY 40403

A tract of land lying in Rockcastle County, Ky. and located on the west side of the Pleasant View Road being at the end of Brian Lane;

Beginning at a set 1/2" steel pin with cap 1837 set at the end of Brian Lane; thence South 47 degrees 13 minutes 20 seconds West, 102.72 feet to a set 1/2" steel pin with cap 1837 set in the line of Sparks tract D.B. 84 Pg. 307; Thence with the line of Sparks the following call: North 36 degrees 36 minutes 01 seconds West, 76.21 feet to an existing pin with cap 1837 & pine corner of Roger Isaacs D.B. 151 Pg. 551; Thence with the line of Roger Isaacs the following call: north 7 degrees 51 minutes 06 seconds East, 271.28 feet to an existing pin with cap 1873 & oak corner of Tract 3; Thence with the line of Tract 3 the following calls: South 17 degrees 50 minutes 35 seconds East, 243.43 feet to a set 1/2" steel pin with cap 1837; South 17 degrees 53 minutes 20 seconds East, 29.88 feet to the point of beginning. CONTAINS 0.458 ACRES more or less. This description prepared from a physical survey conducted by Gary W. Holman Ky. L.S. 1837 on 4-3-00.

The above described real property is improved with a 2011 Clayton Mobile Home, VIN CLM092329TN.

BEING the same property conveyed to Glenn S. Burr and Mary K. Burr, husband and wife, from Vanderbilt Mortgage and Finance, Inc., by Special Warranty Deed dated June 12, 2012, of record in Deed Book 239, Page 515, in the Office of the Rockcastle County Clerk.

The property shall be sold on the following terms & conditions:

1. The real property and mobile home shall be sold together as a whole.
2. The real property and mobile home shall be sold for cash or upon a credit of thirty (30) days with the purchaser required to pay a minimum of ten percent (10%) of the purchase price in cash on the date of sale and to secure the balance with a bond approved by the Master Commissioner.
3. The bond shall bear interest at the rate of twelve percent (12%) per annum until paid in full. The bond shall have the force and effect of a judgment and shall be and remain a lien upon the property sold as additional surety for the payment of the purchase price.
4. Unpaid taxes of record at the time of entry of judgment shall be paid out of the proceeds of the sale.
5. The purchaser shall pay the 2013 and thereafter local, county and state property taxes.
6. Full satisfaction of the plaintiff's judgment shall be paid from the proceeds of the sale.
7. The purchaser shall have possession of the real property upon compliance with the terms of the sale.
8. In the event that the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required.
9. The risk of loss for the subject real property shall pass to the purchaser on the date of sale.
10. The sale shall be made subject to all easements, set back lines, restrictions or covenants of record or otherwise and shall be sold "as is".

John D. Ford

Master Commissioner Rockcastle Circuit Court