Second Section

Trail trial run at Livingston this weekend

By: Lynn Tatun

On Saturday, May 25th and Sunday, May 26th, the City of Livingston would like to encourage people to enjoy outdoor activities such as hiking, mountain bike, road bike and horseback riding, canoeing and tubing. A trail trial run is required before Livingston is designated a Kentucky Trail Town. Presently, the city is scheduled for a Trail Town designation ceremony on Friday, June 14th.

We ask that individuals complete a survey form that will be provided by the State Tourism office after they end their activity. This survey will help Mayor Medley and the Trail Town Committee make sure that the city is ready for visitors.

Hope you will join us this weekend to enjoy the great outdoors! A Country Pedaler will provide a shuttle service for bike riders and rent mountain bikes and tubes. If you have not had the opportunity to float down the Rockcastle River, take some time this weekend to relax and enjoy the beauty of the scenic waterway. Tubes rent for \$8 per person for the day.

John Otis of John Swift's Adventures will be available to rent kayaks and canoes at the Rockcastle River ford which is 1/4 mile south of Livingston.

Also, please visit the Livingston Visitor Center (Livingston School) which is presently being remodeled. One large classroom is being renovated to promote the trails and activities in Livingston.

Carpenter named to energy and environmental group

Senate President Robert Stivers recently appointed Senator Jared Carpenter to the Council of State Governments' (CSG) Energy and Environmental Public Policy Committee

The CSG Energy and Environmental Public Policy Com-

mittee encourages multi-state problem solving, develops leadership skills and fosters collaboration among all three branches of state government.

The committee also provides a forum for state leaders

The committee also provides a forum for state leaders to address merging challenges and issues arising from dynamic energy-related and environmental conditions.

As a member of the committee, Carpenter will study emerging trends, innovative/effective solutions and viable policy positions.

"I am honored and pleased to be a part of this committee," Carpenter said. "I look forward to getting more information about what other states are doing to advance energy and environmental issues as well as sharing polices we've implemented in Kentucky."

RCHS Golf Team to hold Corn Hole Tourney June 1

The 1st Annual RCHS Golf Team Cornhole Tournament will be held Saturday June 1st at the middle school gym.

Registration starts at 12 noon and bags fly at 1 p.m. All proceeds will go to the golf team.

Prizes will be given, as well as medals for the top three teams. Entry fee is \$20 per team.

For more information regarding this event, contact RCHS Men's Golf Coach Jake Woodall at Jake.woodall@rockcastlekyschools.us or call 308-3442.

Drive for Life is May 28th

Drive for Life this Summer and participate in the upcoming Kentucky Blood Center's blood drive scheduled for Tuesday, May 28th from 1:30 to 6:30 p.m. at First Baptist Church's gym in Mt. Vernon.

Everyone 18 and older, who registers to donate blood

with KBC is eligible to win a 2013 Toyota Prius.

Every donor will receive a \$10 Walmart gift card and be entered to win a \$250 Visa gift card.

Each time someone registers to donate, they will be automatically entered to win the Toyota Hybrid. The Prius promotion runs through Sept. 13th and donors can give

promotion runs through Sept. 13th and donors can give blood and be entered into the drawing more than once this summer.

Blood donors must be 17 years old (16 with parental

Blood donors must be 17 years old (16 with parental consent), weigh at least 110 lbs., be in general good health and meet additional requirements. Find the parental permission slip at kybloodcenter.org. schedule a donation at the site or call 800-775-2522.

Heart Studio, uc

690 Richmond St., Mt. Vernon, KY



Saturday, May 25

1-6 PM

FREE food and drinks while they last!

Kid Friendly

Tattoo demonstration at 3:00 p.m.

Chair massage \$10

Drawings for: Free 1 hour massage, \$50 tattoo certificate,

\$50 custom artwork certificate



A crowd gets ready to enter and start their tour of the Great Saltpetre Cave. Guided tours were given by members of the Greater Cincinnati Grotto, the Bluegrass Grotto and the Dayton Underground Grotto every 15 minutes between 10 a.m. and 4 p.m last Saturday and Sunday.



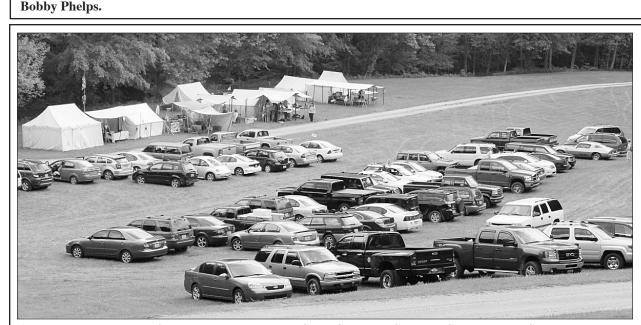
Several reenactors set up a "living history encampment" for visitors to the Great Saltpetre Cave to enjoy during the open house last Saturday and Sunday.



Livingston Volunteer Firefighter Allen Newcomb grilled up hamburgers and hotdogs while firefighters Russell Barron, Chucky Gray and Shawn Pollock "supervise."



Livingston Volunteer Fire Department sold hotdogs and hamburgers during the open house at the Great Saltpetre Cave last weekend. Shown above from left are Judy Mason, Cassandra Mason, Helen Pollock and



A large crowd came out for the open house at the Great Saltpetre Cave last Saturday and Sunday. The cave is owned by the Rockcastle Karst Conservancy which opens it for the public on the third weekend of May each year.