

“Track”

(Cont. from B1)

RCHS with several outstanding performances. She finished 5th in the 60-meter dash against a very fast field of competitors with an awesome career best time of 8.37 seconds. She also finished as state runner-up in the 400-meter dash with an incredible

race. After leading for most of the race, she was tripped by a girl right behind her which slowed her down just enough for the girl to slip past. Her time of 1:03.08 was easily her career indoor best.

Always a consistent performer when her team needs her the most, senior Amy Johnson won the state title in shot put with an awesome series of throws including a season's best

throw of 32'5". Her throw was 8" better than her nearest competitor. Amy also won the shot put state title in 2010 and was last year's Class 2A state champion in discus during the outdoor season.

Sophomore Alyssa Cox came into the state meet as one of only twelve athletes to qualify in the 3000-meter run. Like some of her teammates, Alyssa had been ill for over a week and actually missed her last meet at Mason County. She continued to be sick for most of the week, but the tough competitor that she is, would not miss competing at Mason-Dixon for anything. She placed 10th in the 3000-meter run in a very gutsy performance. Amazingly enough, she wasn't far off her career best time and finished with a great time of 12:22.64. Before that, she ran the 1500, where she finished 15th overall with an exceptional time of 5:55.8.

8th grader Sierra Mercer continued where she left off on Friday with her performance in the 800-meter run. Knowing the team needed a big race out of her to have a chance to win, Sierra did come through with a clutch performance. She finished 3rd overall with an awesome career best time of 2:33.01.

Fresh off of winning the long jump state title in the middle school competition on Friday, 8th grader Katie Hensley picked up where she left off in the high school long jump competition on Saturday. She fouled on her first jump which was easily far enough to have won the event over last year's outdoor state champion from North Oldham. With a couple more cautious attempts to make sure she got a jump to count, Katie leaped an amazing 14'7.5" and finished an impressive 3rd overall.

The 800-meter relay team made a huge contribution with their performance on Saturday. The same group that finished as state runner-up in the middle school meet the night before, the team of 8th graders including Katie Hensley, Arie-anna Lawson, Mikaela Sadler, and Jennifer Mercer got the job done on Saturday as well, finishing 6th overall with an incredible race and a time of 1:58.98.

Going into the final event, the 1600-meter relay, RCHS was ahead of favorite Louisville Central by a score of 58-50. The team needed a strong relay performance after Central broke the meet record in the event in the first heat to give them a 60-58 edge over RCHS. Responding to the challenge better than any RCHS 1600-meter relay team ever before, the team of 8th graders Sierra Mercer, Katie Hensley, Jennifer Mercer, and dominated their heat, finished as state runner-up in the event with a new RCHS record time of 4:25.99.

With 8 points in the relay, RCHS reclaimed the lead and won the state championship title by a final score of 66-60 over Central. This was the 2nd straight title for RCHS and their 6th overall state title in the past seven years.

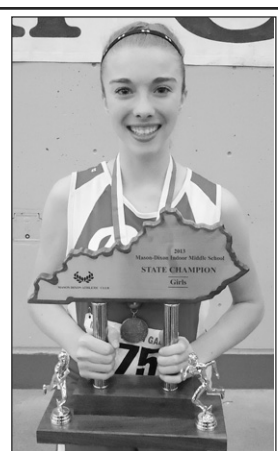
Congratulations to both the RCMS and RCHS teams. The coaching staff would like to thank our administration, teachers and other school staff, bus drivers, parents, athletes, and all of those who supported us for another great season.



At the Middle School Indoor State Track Championships, 7th grader Autumn Davidson placed 6th in shot put with a career best throw.



At the Middle School Indoor State Track Championships, 8th grader Jennifer Mercer placed 7th in the 60-meter dash with a career best time. She also ran on the state runner-up 800-meter relay team. In the high school indoor state meet, Jennifer ran on the state runner-up 1600-meter relay team and the 6th place 800-meter relay team.



At the Middle School Indoor State Track Championships, 8th grader Katie Hensley won the long jump state title, narrowly missing the all-time indoor state record by 4.5", and ran on the state runner-up 800-meter relay team. In the high school indoor state meet, Katie finished 3rd in long jump and ran on the state runner-up 1600-meter relay team and the 6th place 800-meter relay team.



At the Middle School Indoor State Track Championships, 8th grader Sierra Mercer led RCMS in scoring, finishing as state runner-up in the 400-meter dash and 4th place in the 800-meter run with career best times in both. In the high school indoor state meet, Sierra placed 3rd in the 800-meter run with another career best time and ran on the state runner-up 1600-meter relay team and the 6th place 3200-meter relay team.



At the Class 2A Indoor State Track Championships, the 3200-meter relay team of sophomore Tanika Chasteen, senior Bryonna Cromer, 8th grader Sierra Mercer, and sophomore Rachel Cain placed 6th with a season's best time.

Rockcastle Community Bulletin Board

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Bookmobile Schedule

Mon., Mar. 11: No service. **Tues., Mar. 12:** Calloway, Red Hill, Livingston, Lamero and Pine Hill. **Wed., Mar. 13:** Maple Grove, Orlando, Climax.

LVFD Turkey Shoot

The Livingston Fire Department will host a Turkey Shoot Saturday, March 9th, beginning at 10 a.m., at David Mason's Garage, North of Livingston on U.S. 25. 410-16-20-12 gauge shotguns only. \$2 a shot (shells furnished). Concessions will be sold.

WRVFD Soup Bean Supper

Western Rockcastle Volunteer Fire Department will have a Soup Bean Supper on Saturday, March 9th at Quail Firehouse on Hwy. 70, beginning at 5 p.m.. Menu will include: soup beans, cornbread, polish sausage, fried taters, desert and drink. Cost is \$5. Come out and enjoy lots of great fellowship with friends and neighbors and some good eating.

Softball Teams Solicited

The Crab Orchard Parks and Recreation Board is seeking teams for its Men's League and its Co-Ed Open/Church League. The men's league will start sometime in May and the co-ed team have an approximate start date of June. If interested in putting a team in, please contact Mac Dunn at 859-583-0070.

PVFD Basketball Tournament

Pongo Volunteer Fire Dept. will host their second annual Basketball Tournament March 22-24 at Rockcastle Middle School. Entry fee is \$200 a team. For more information, call 606-308-0146 or 606-308-9980.

Little League Sign-ups

Little League Sign-ups are being held every Saturday at Mt. Vernon Elementary from 9 a.m. to 2 p.m. Cost: Baseball, \$50 - each additional child is \$40; tee-ball, \$35 per child; girls softball, \$50. Contact Jerry Saylor at 606-392-1539.

ELI Applications due March 15

High school freshmen, sophomores and juniors can build their business and entrepreneurial skills this summer at The Center for Rural Development's 2013 Entrepreneurial Leadership Institute (ELI). Deadline to apply for ELI, tentatively scheduled for June 9-14, is March 15. For more information, call The Center at 606-677-6000 or visit us at www.centertech.com to download an application form.

VFW News

During the winter months, the post will be closed Monday, Tuesday, Wednesday and Sunday.

Brodhead Lodge Meeting

The Brodhead Masonic Lodge #556 meets every third Saturday at 7 p.m. on Main Street in Brodhead above Brodhead Pharmacy.

RCDB Meeting Notice

The Rockcastle County Development Board meets the 4th Wednesday of each month at noon at the Rockcastle County Courthouse 3rd floor Technology Center. The public is invited to attend.

Alcoholics Anonymous

Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.

Kiwanis Club Meetings

The Rockcastle Kiwanis Club meets every Thursday at noon at the Teacup Cafe on Main St. in Mt. Vernon.. Everyone welcome.

Historical Society Hours

The Rockcastle Historical Society is open on Mondays from 10 a.m. to 2 p.m. in the RTEC garage building.

Sons of Confederate Veterans

The Sons of Confederate Veterans (SCV), Rockcastle Camp, meets the second Tuesday of each month at 7 p.m. on the third floor of the county courthouse. For more information, contact David Owens at 606-256-9870.

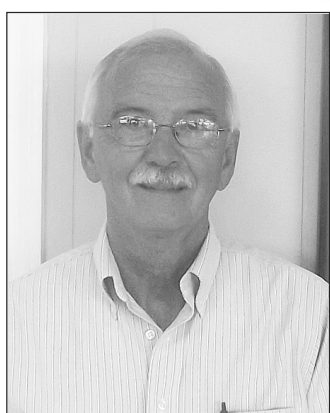
American Legion Post 71

American Legion Post 71 meets the second Thursday at 7 p.m. of each month on the third floor of the courthouse. Commander David Owens invites all Rockcastle veterans to join this organization that honors American soldiers, sailors and airmen.



Stop in and see Mike Berry for a great deal on a new or used car.

Mike would like for all his customers to come and visit him.



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