



Christina Renner Tyler, of Mt. Vernon, celebrated her 6th birthday November 27th. Any friends wishing to write to Christina, her address is PO Box 1317, Mt. Vernon, KY 40456. Christina says hello to her friend Barbara Baker, of Louisville, in right edge of picture.

Happy Birthday Mama
Her hands often smell of onions from the great food she can fix, she can take an old shoe and make a feast of it
She is opinionated and outspoken, a burster don't mind a bit, for even a saint needs a small amount of grit
A mother is only as happy as her most unhappy child, she loves us even when we mess up or start acting wild.
Since the thought is the father of the deed, her thoughts are always about helping someone else in need
Our father, a fine man, was made finer still, by choosing a wife always seeking, God's will
He is a great husband and she a great wife and when married, it was for life
A good life lasts for generations and I am so thankful for all her Christian teachings and life preparations
Happy Birthday Mama!
Linda Bray Ervin



Happy 45th Birthday
Oscar Gibbons on December 1st
You're not only just a wonderful husband you're the love of my life, and my best friend and a great stepdad to my son. I love you so much but, of course, you know that I thank the Lord every day for you since you came into my life on June 7, 2003, the day we married. I hope you have the best birthday ever and many more together.
Your Wife Loretta

"It is Written"

In Heb. 12:14 we read, "Follow peace with all men, and holiness, without which no man shall see the Lord." Holiness signifies a separation to God and a separation from the world - the domain of darkness, which Satan is the King of. Notice what God's grace teaches us, "For the grace of God that bringeth salvation hath appeared to all men. Teaching us that, denying ungodliness and worldly lusts, we should live soberly, righteously, and godly, in this present world." Titus 2:11-12. Holiness demands that we shun the evil, denying ungodliness and worldly lusts, and holiness also demands that we seek to live right in this world
A lot of folks are preaching a "cheap" grace that demands nothing of it's hearers. God's grace is costly! It cost God, the life of His Son, the cross, to bring about our redemption before God. And God's grace teaches us, you, compels us to live a godly and holy life! Even in Jude's day men were "turning the grace of God into lasciviousness." Jude 4. Men are saved by grace through faith (Eph 2:8), but real faith that saves, moves men to obey the gospel, and live a life of holiness. 2 Corinthians 7:1, "Having therefore these promises, dearly beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God." In passages like Gal 5:19-26; Eph 4:17-5:12; Col 3:1-16 we have a list of some of the "filthy" garments that need to be cast aside, and the wonderful fruits of righteousness and holiness that is to be put on. What about you, are you willing to walk the way of holiness?

Providence church of Christ

Dan McKibben-758-0316 - E-mail: Dan.McKibben@Juno.com
Web Site: www.WhatSaiTheScriptures.com
Time of Services: Sunday 10am Bible Study, Worship 10:40-11:40 a.m.
Wednesday 7:00pm Radio program, Sunday 8am, 1460 AM

The CAP Corner

Family Life Child and Family Development Center/Head Start

Holiday Stress and Families

The holiday season is here! People are rushing to finish shopping, cooking, cleaning and decorating. Our calendars are full of activities and sometimes we try to do too much. The sound of Christmas music can be heard everywhere you turn. But if you listen carefully, you'll hear more than just Dreaming of a White Christmas. Those other sounds you hear are children who are suffering from stress associated with the holiday season.

Families want their holiday to be special and happy for everyone, especially the children. But what many parents fail to remember is that the holiday season can be a time of hustle and bustle... and a never-ending whirlwind of stress for their children.

Children are especially vulnerable at this time of the year. It's important to remember that they need to find some time to relax and enjoy the most wonderful time of the year. You can help your family beat the holiday stress by following these Holiday Stress Prevention Tips:

Remember Routines. Meals, naps, and bedtime should occur at approximately the same time each day. During the holidays children will find their routines disrupted. When a routine is broken, stress can result. Schedule shopping trips and outings for the time of day that you and your children feel the most energetic. Well-fed and rested children are more pleasant and cooperative than hungry, tired children.

Family Traditions. Many people fail to realize how important traditions are to themselves and their children. Family traditions offer great comfort and security for children when everything in their lives is being disrupted by the holiday season. Encourage your children to help with shopping, baking, and gift-wrapping. As children help with holiday activities, they learn how to carry on family traditions.

Resist Feeling Guilty. The holiday season is a difficult time financially for many families. Spending beyond your means will only increase stress when the bills come in, so keep in mind that great gifts don't have to be expensive. Take advantage of free events like the school activities or church holiday parties.

Share yourself with Your Children. You may not be able to give your children all the material things you want, but you can give of yourself. Plan a special activity for just you and your children. Go on an indoor picnic. Make cookies or pastries. (Cont. to B-8)

Damien Charles Johnson celebrated his first birthday with a party at home on November 22, 2003. Celebrating with him was his big sister Amy Jo, along with cousins and the rest of his family. Damien is the son of Kelly Johnson and Nicole Lake. His grandparents are Linda Parriman of Richmond and Gail Lake and the late Charlie of Mt. Vernon. His great grandparents are Bonnie Rose and the late Ted of Brodhead, Kenneth Mink and the late Ruby, also George and Irene Lake, all from Mt. Vernon. Damien had a wonderful time and would like to thank everyone for all the nice gifts he received.

Yards to Paradise

By Max Phelps
Landscaping for Seasonal Decorations

As your neighbors flock to crowded stores or yard sales for greenery and decorations, why not use items from your own landscape? There are so many plants that bear lovely berries or colorful foliage. You probably have some of them in your yard. Or you may want to plant at this time for future decorating.

Berry decorations offer great contrast from hollies and winterberries (leafless hollies), beautyberries, nandina domestica, pyracantha, bayberry, was myrtle, sea buckthorn (seaberries), sumac, Indian Hawthorns or bitternuts.

Cones and seed heads could come from pines and Deciduous cedars, magnolias, lilies flowers, perhaps wildflowers.

Evergreen boughs can be harvested from so many of the pines, cedars, junipers, spruce, etc. Hemlock boughs with small cones attached are especially cute. The branches of Balsam and Fraser fir perhaps have the best aroma of all. Ivy, honeysuckle, red-tip photinia, laurel branches, and some of the succulent species may not be attractive in your yard which would be attractive anytime - but especially useful for branches and berries to decorate the inside of your home.

ditional, but are attractively used as indoor decorations. (Let's not forget a few sprigs of mistletoe!) Various grasses are wonderful for winter bouquets. Combined with a few bare branches, maybe red-colored dogwood or blueberry twigs, wildflower seedheads such as tanacet and goldenrod may be used attractively. Fern fronds are also used indoors in some lovely arrangements. Vines can be used in many ways. The traditional grapevine wreath, with greenery or fruit or seeds woven carefully into it is a perfect example of using landscape items from the yard or forest in seasonal decorating themes.

We often landscape to attract birds, bees, butterflies and so forth. Or to screen certain areas. Or to put a specimen prominently in the yard. This year consider some plantings in your yard which would be attractive anytime - but especially useful for branches and berries to decorate the inside of your home.

The author is a freelance writer and landscaper.
Visit rockcastle.com or e-mail max@rockcastle.com with suggestions/comments.

Church News

Gospel Singing

The Calvary Heirs will be singing at Flat Rock Baptist Church Sunday, December 7 at 11 a.m.
The church is located at Orlando, 2 miles past Jean's Restaurant on Maple Grove Road.

Revival

Fairground Hill Community Holiness Church will be in Revival beginning December 15 at 7 p.m. with Bro. Tommy Miller, evangelist.

Pastor, Vernon Doan and assistant pastor Benton Hurd and congregation invite everyone.

Revival

Revival services will begin December 8th at McNew Chapel Baptist Church with evangelist Bro. Rick Holt of London. There will be special singing nightly. Bro. Eugene Gentry, pastor, and the congregation invite everyone to attend.

Special Service

There will be a men's Praise and Worship Service Saturday, December 6 at 7 p.m. at the Church of the Firstborn at Gray with pastor J.O. Rains, leading and Evangelist Samuel Rains ministering in word. There will be in-

spirational singing by the East Pittsburgh Adult Choir and Girdler Youth Choir.

For more information, call 528-1128 or 258-0958 or 344-0045.

Service times note

As of December 5, 2003, Fairground Hill Community Holiness Church will hold services on Fridays and Sunday nights at 7 p.m.
Vernon Doan is pastor and Benton Hurd is assistant pastor.

Live Nativity

Faith Assembly of God in London invites you to "A Celebration of Light" a drive-through live nativity! Thursday through Saturday December 11-13 and Thursday through Saturday, December 18-20, 6:30 p.m. - 9:30 p.m. nightly.

Free admission and free hot chocolate and cider.
Faith Assembly of God is located at the intersection of Hwy. 80 and I-75 (exit 41) on the hill behind Shiloh's. You may call the church at 606-864-9422 if you need more information.

ROCKCASTLE COUNTY BOARD OF EDUCATION

TERRY F. BURTON, CHAIRMAN
MARTINE VANZANT, VICE CHAIRMAN
MICHAEL BURDETTE
TINA CAIN HASTY
ANGELA STALLSWORTH

Meeting Location - Rockcastle County Board of Education

Regular Meeting

DRAFT AGENDA

December 9, 2003

7:00 p.m.

1. CALL TO ORDER
 - A. Silent Prayer
 - B. Roll Call
 - C. Reading of Board Team Commitments
2. ADOPT AGENDA/ACTION
3. COMMUNICATION
 - A. Recognition of RCHS Volleyball Team
4. OPERATIONS/ACTIONS
 - A. Approve minutes of the November 11, 2003 regular monthly meeting
 - B. Approve bills for payment
 - C. Approve SFCC first KETS Offer of Assistance for FY2004 in the amount of \$26,850
 - D. Approve school trip forms
5. DISCUSSION/ACTION
 - A. Review/approve Architects request to enter Brodhead Elementary School in an AIA/KSBA competition for school design
6. DISCUSSION/REVIEW
 - A. Review Monthly Financial Report
 - B. Review Month 4 Attendance Report
 - C. Review Superintendent's Personnel Actions Report
 - D. Other: KSBA Annual Conference
Kentucky's Financial Crisis
7. ADJOURNMENT

Happy Holidays



From the Smith family and all the families at Jackson Energy, may the peace and joy of the season be yours.

JACKSON ENERGY

A Touchstone Energy Cooperative