

If you think there's nothing to do this weekend, take another look at what central Kentucky has to offer

By MARIA HENSLEY

It's fall in Rockcastle County and you know what that means—football fever, but not everyone succumbs. Football games and other sporting events are great entertainment for those who enjoy them, but is there really anything else to do around here? The answer is obvious. Of course! There is a widespread variety of places to visit during autumn all around Kentucky on weekdays and weekends.

Whatever your interests, there is something for everyone to enjoy (and still allow you to attend the Friday night football games!).

"Cedar Creek is a great place to go during this time of year" said Kandace Rose, a sophomore, about the new man-made lake located between Crab Orchard and Stanford. "The trees are so full of beautiful colors."

Cedar Creek is located on the new US Highway 150, three miles west of Crab Orchard. Although the new-found tourism spot is continually being added on to, it currently is limited to boat ramps, the historical Hebron Methodist Church built in 1896, and easy access to the William Whitley House. Progress on this site is constantly becoming visible.

It is just one of the many places to visit near Rockcastle County.

Deer Run Stables in Richmond just off Hwy. 627 (Combs Ferry) or Exit 97 on I-75, offers pre-made or personalized horseback trails. There are also hiking opportunities at Anglin Falls in the Rockcastle/Madison County line area that includes breath-taking waterfalls and untouched forests. If you enjoy hiking, then you may want to try the Natural Bridge Park, which offers many other activities, as



Many of the autumn leaves were washed away with Saturday's cold rains, but there are still many scenic views in Rockcastle like this shot taken from HWY 461.

well.

"The Natural Bridge State Resort Park is a great place to go four-wheeler riding in the fall," said Bryan Gilbert, a freshman.

The sandstone arch inside the Natural Bridge State Resort Park at Burnside is located on the 402 Mountain Parkway, just off I-64. The resort park allows access to cottages, camping sites, pool complexes, a sky lift, scenic pathways, and much more!

If nature isn't your thing, but motorsports is, then we have you covered, too. Freshman Bryan Robinson loves watching races at the Richmond Raceway because "they are full of action." Their events include late models (newer model cars), modifieds (faster

cars), and road hogs (older model cars).

The Richmond Raceway has stock car racing every Saturday night beginning at 8:00 p.m. Lake Cumberland Speedway also has racing on Friday nights until October 31.

Enjoy cars of eras gone by? Then try out the Cumberland Classic Antique and Collectible show/sale at the Center for Rural Development in Somerset on November 14-16.

"When I think of things to do in the fall, I enjoy going to Christmas Island at Burnside," said Brittany Bryant, a freshman. "It is a beautiful, moving tour of holiday lights. It really gets me into the holiday spirit!"

Christmas Island at General Burnside Island State Park will be opening its gates November 15 and will keep them open until December 30. Of course, Christmas Island is not the only thing that you can do during the fall to get excited for the upcoming Christmas season. There will be Christmas 'Round Bardstown Home in Bardstown, which begins November 28 and provides a variety of activities such as tours, music, crafts, carriage/train rides, fine dining, and shopping. Fort Harrod is also having a holiday celebration in Harrodsburg that includes shopping, tours of the 18th-century fort replica, and music that will begin on November 14.

Breaking the Myth of Bloody Mary

By JESSICA DENNY

As a young child most people flirt with the idea of danger; some children jump from high places, some run with scissors, and others play with spirits.

Each girl takes their turn at a sleepover. They go into the bathroom one at a time where there is a candle lit at the base of the mirror. They start to spin as they chant "Bloody Mary, Bloody Mary, Bloody Mary..." Each time they say her name they get a little louder. On the thirteenth time as they look in the mirror Bloody Mary appears, so it is said. If the child is afraid

she will simply scare them with her presence, if not then she will strike the child dead, or scratch her face.

For the purpose of being properly informed I attempted this myth. After trying the Bloody Mary myth, I found that it didn't work. However, three of ten students say they saw Bloody Mary at some point during their childhood. Each of these students agree that it was probably their imagination that scared them with what they expected to see.

Counselor Janice Miller said she was also a child once, and tried

to summon Bloody Mary when she was about 12.

"I looked really hard," said Miller. "But I never saw anything."

She says children have huge imaginations, and they want so badly to see Bloody Mary they probably do.

These myths are a sleepover ritual in the lives of young children. Bloody Mary was said to be a witch that was executed a hundred years ago for use of the black arts. Some

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Information for Local Fall Activities

SPORTING EVENTS

Richmond Raceway (859) 623-9408
Richmond, KY
Lake Cumberland Raceway (606) 561-8994 Somerset, KY
Somemite's Cruise-For contact info go to the official website at: www.somemitecruise.com/contact.asp

Nov. 14-16: Cumberland Classic Antique & Collectible Show/Sale at the Center for Rural Development (800) 642-6287 Somerset, KY

NATURE SPOTS

Natural Bridge State Resort Park (606) 663-2214 Stale, KY (South of Burnside)
Deer Run Stables (859) 527-6339 Richmond, KY
Lake Reba Recreational Complex (859) 623-8753 Richmond, KY
Sheltowee Trace Outfitters (800) 541-RAFT Whitley City, KY
Big Red Stables (859) 734-3118 Harrodsburg, KY
A Little Bit of Heaven Riding Stables (802) 223-8925 Frankfort, KY
Cedar Creek Crab Orchard, KY
Anglin Falls Berea, KY

HOLIDAY STUFF

Christmas Island 1-800-642-6287 Burnside, KY
Old Fort Harrod State Park (859) 734-3314 Harrodsburg, KY
Bardstown Home Tours (800) 638-4877 Bardstown, KY
Christmas in the Valley at Renfro Valley (606) 256-2638 Mt. Vernon, KY
Dec. 12: Celtic Holiday Celebration (859) 624-4242 Richmond, KY

MISCELLANEOUS

Hummel Planetarium & Space Theater (859) 622-1547 Richmond, KY

SHOPPING/RAFTS

Berea College Crafts Shop (859) 985-3225 Berea, KY
Churchill Weavers (859) 986-3127 Berea, KY
Promenade Gallery (859) 986-1609 Berea, KY
Bybee Pottery (859) 369-5350 Richmond, KY
Dec. 6: Pleasant Hill Craft Show Open House at Shaker Village of Pleasant Hill (800) 734-5611 Harrodsburg, KY

Are any of the events I have listed so far not your cup of tea? If so, don't fret. There are many things to do around the state this fall. For more in-depth information just check out frequently updated event calendars at www.kentuckytourism.com or www.kentucky.gov.

Haunted Houses

Visit the scariest haunted houses in Kentucky to liven up your Halloween!

Haunted Forest

Richmond
859-623-8753

The Haunting

Somerset
606-346-2198

Hustonville House of Horror

Hustonville
606-346-2198

The Baxter Avenue Morgue

Louisville
502-589-0042

Haunted Hill Hayride

Louisville
606-673-1492

Haunted Barn

Liberty
606-787-8769