

"Artisan" (Cont. from front)

favorites.

The resturant inside the ozhter also has quick snacks, and employs its own pastry-chef.
Visitors will also find large restrooms and lounging area with displays. by Berja other cultural demonstration planned, along with rotating inventory, keep the certain particular and constraints of the cultural demonstration planned, along with rotating inventory, keep the certain particular and the ultimate goal is getting visitors out exploring the region and other areas of the common-

wealth.

The Cenier also has a conference room and private dining area available for reservations. The Cenier is open 8 a.m. to 8 p.m. daily.

The cenier is only 14 miles from Renfro Valley, which is the home of the Kennucky Music Hall of Fame and Museum, making for a great combination for visitors to the acceleration of the Cenier Note: The majority of the Devote Story was written by Scott Powell, Editor of the Berea Clisten.

"Thompson"

(Cont. from front)

Judge Forester said he has re-ceived a "great deal" of letters from Larry Gene Thompson's family speaking highly of him. But he said the letters faired to convince him that Thompson should be let off the hook

"Several of the letters show a lack of understanding of the seriousness of this matter," he said. He asked Th-ompson if he had anything to say for

mself.
"I apologize to the court for eviting," Thompson said. "I want to t this behind me and get back to

the low end of the 14 to 17 and one-ball years sentence guideline because hagaid Thompson had been coopera-tive with the U.S.: Government, speaking of how Thompson's guilty-plea has led to most of the other 24 suspects involved in the drug case to also plead guilty. "Had he not pled guilty, others would lawe not," For-ester said." Because of that coopera-tion, the sentence is at the low end."

som, the remember is at the low end.
Along with the prison term. Thompson was ordered to undergo drug
treatment and education and he will
be under supervised release for five
years once he is released. Within 12
hours of his release, he is to report to
a probation officer and submit to further drug lesting. Because Forester
and Thempson did not have the financial ability to pay a fine, the fine
was watved.

"Hall of Fame"

(Cont. from front)

bassador-Awards.

Two other awards -- the Kentucky Broadcasters' Association Stephen Foster Award and Kentucky Music Educator of the Vear -- will be named at a later date.

Two of the guess for Friday's ceremony of the guess for Friday's ceremony of the guess for Friday's ceremony in Fall Control of the C

Other KMHT M directors on hand for Friday's ceremony were: Mary Singleton, Charles Saylor, Kim Owens, Roy Martin, Ann Henderson, Sam Ford, David Henderson and

Dames & CTA
HEERLESDING A TI MBLING SCADEN

www.damonscheercenter.com

FOR MORE INFORMATION Call Kim at 606-451-TUCK (8825) 606-256-1516 or 256-3216

Join us this Saturday at Rockcastle County Middle School for Gymnastics 1 p.m. • All ages - Preschool through 5th Grade

The Community Walking Program is for all residents of Rockcastle County who are interested in improving their health. The goal of the program is to walk a minimum of five days a week for thirty minutes. The program will last for 24 weeks. There will be 12 weeks in the spring and 12 weeks in the fail. Participants who complete the program and turn in their walking logs will be eligible to receive incentives or prizes.

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The first program is for all residents who complete the program and turn in their walking logs will be eligible to receive incentives or prizes.

Participants will register at the Rockcastle County Health Department. Each person will receive a registration packet and a walking log-book to track their time or mileage. At the time of registration, it is not required, but walkers can have their height qualities. receive a registration, it is not required, but walkers can have their height, weight, and pulse-recorded. In addition, body measurements such as circumference of waist, hips, thighs and arms can also be recorded. These body measurements can provide the walker valuable information and encouragement as you see positive changes in your body with a consistent exercise program. Follow-up measurements will be offered at the end of the mooran.

program:
Walking will be done at each individual's convenience, wherever he or she desires. Mileage or time will be documented on the honor system. At the end of the program, walkers that complete the program will be eligible to receive incentives and recognition for their outstanding effort

Call the Rockcastle County Health Department if you want more information or have questions. To register, fill out the form below and mail or drop off your form at the Health Dept. If you mail your form, you should contact the Health Dept. to find out when you can come in to pick up a walking log and be measured.

Important Dates: Fall Sign-ups begin: September 2003

Spring Sign-ups begin: March 1, 2004
Walking Logs should be turned in by: December 15, 2003 (Fall) June 15, 2004 (Spring)

065 Detach and Return to Rockcastle County Health Dept., PO Box 840, Mt. Vernon, KY 40456, 256-2242 Name: Street Address: Zip Code: _ City: T-Shirt Size: Female: Male:

l, above, signed and fully understand and appreciate the risk of participating in the walking program and knowingly accept them as my responsibility.



WRVK Deciay Glenn Harris broadcast the ceremony the 2004 inductees into the Kentucky Music Hall of Fam

On-Site Computer Service

Setup, Consultation, Software/Hardware Conflicts

Call 606-256-5653 for more info. or email at stbenge@charter.net

Gospel Meeting

Blue Springs Church of Christ

Bro. Kevin Presley of Dothan, AL

September 21 - 28

7:30 p.m. Nightly (Mon - Sat.)

Sunday Services:

21st - 10 a.m. and 6 p.m. 28th - 10 a.m. and 2 p.m.

rings Church of Christ is located 7 miles south of Mt on Hwy. 1249 at the junction of Hwy. 1152 and 1249

EVERYONE WELCOME

