

Festival concert to pay Tribute to J.D. Crowe

Bluegrass music fans will have a rare opportunity to meet, hear and learn from a legend at the 2003 Kentucky Folklife Festival, Sept. 25-27 in downtown Frankfort.

The festival will celebrate bluegrass music with playing sessions, workshops and, on Saturday, Sept. 27 at 7 p.m., with a tribute to legendary performer J.D. Crowe.

The river area of the festival site, Frankfort's Riverfront Park, will be filled with bluegrass, as festival organizers re-create the atmosphere of a bluegrass festival, with impromptu "jamming sessions," campers and all. On Saturday, festival visitors will have hands-on opportunities to learn more about this style of music through a variety of bluegrass workshops, including a session with Dale Ann Bradley and Coon Creek, vocal and mandolin instruction with Don Rigby, and a banjo-playing workshop with J.D. Crowe himself. The Frankfort-based band No Tools Loosed will also be on hand to jam with festival visitors and talk about the way the band's instrument com-

tribute to its musical style.

The Saturday evening concert, bluegrass in the bluegrass, will be a tribute to J.D. Crowe. Music will begin at 7 p.m. on the Old State Capitol lawn. The lineup will include Rigby, former member of the New South and director of the Kentucky Center for Traditional Music, as well as Dale Ann Bradley and Coon Creek.

The festival is a program of the Kentucky Historical Society and Kentucky Arts Council, agencies of Kentucky State Government's Education, Arts and Humanities Cabinet and showcases the continuing efforts of the Kentucky Folklife Program to document, conserve, and promote the state's folk traditions. There is no general admission charge, but there are fees for some festival activities such as boat rides. Donations are accepted and appreciated.

For more information about the Kentucky Folklife Festival, visit the website folklife.ky.gov or call, toll free, 1-877-4HISTORY (1-877-444-7867).

J.D. Crowe has been interested in music since he was old enough to recognize what music was. At age 4, Crowe recalled, he spotted a guitar and listened intently to the radio, especially the banjo playing of Lester Flatt and Earl Scruggs.

By the time he was 13, Crowe was playing the banjo, unaware of the influence he would have on a generation of musicians.

The Lexington, Ky., native eventually started a band called the Kentucky Mountain Boys, which, by 1971, had become J.D. Crowe and the New South. The band was a training ground for such talented artists as Keith Whitley, Ricky Skaggs, Doyle Lawson, Bobby Slope, Red Allen, Jerry Douglas, Glenn Swanson, Jimmy Gaudreau, Bobby Slope and Tony Rice.

The band, when not recording, built a following performing at festivals. From 1968-74, whenever they weren't on the road, they played at Lexington's the Holiday Inn North. J.D. Crowe and the New South was already well on its way to legendary status, attracting bluegrass fans and musicians as well as musicians working in other types of music.

After a brief try at retirement, Crowe returned in the 1990s with an updated version of the New South and the band headed back out onto the road.

"J.D. is one of the most influential banjo players in history," said bluegrass great Don Rigby, a former New South band member who is today director of the Kentucky Center for Traditional Music. "He has taken his instrument to new heights and played in every genre he ever wanted to just because he can," Rigby explained. "I would in no way be the same musician that I am today without his firm yet caring guidance throughout the years even after I left the band."

"J.D. is an icon," added Dale Ann Bradley, celebrated headliner of the Coon Creek band. "His music is one major reason my heart was led to bluegrass. His playing and recordings today are still as exciting as the first one I heard."

Crowe and his band have produced six albums, including *Flashback*, which was nominated for a Grammy for Best Bluegrass Album of 1994 and for the 1995 International Bluegrass Music Association's Album of the Year. In 1994, Crowe was named Instrumental Performer of the Year for his five-string banjo playing by the International Bluegrass Music Association. In 2001, Crowe received the Kentucky Governor's Award in the Arts Folk Heritage Award.

Workplace Sexual Harassment can threaten your livelihood

Sexual harassment usually involves behavior by someone higher in status or power toward someone lower in status or power. Harassment by peers or customers can also be a problem. However, the unequal balance of power is an intrinsic element of the legal definition of sexual harassment. In workplaces, people's jobs depend on following directives of management. When harassment occurs, it may be a genuine threat to their livelihood.

"Unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature constitutes sexual harassment."

When submission to or rejection of this conduct explicitly or implicitly affects an individual's employment, unreasonably interferes with an individual's work performance or creates an intimidating, hostile or offensive work environment." Source: The U.S. Equal Employment Opportunity Commission (EEOC)

Circumstances involving Sexual harassment may include the following:

- The victim as well as the harasser may be a woman or a man. The victim does not have to be of the opposite sex.

- The harasser can be the victim's supervisor, an agent of the employer, a supervisor in another area, a co-worker, or a non-employee.

- The victim does not have to be the person harassed but could be anyone affected by the offensive conduct.

- Unlawful sexual harassment may occur without economic injury to or discharge of the victim.

- The harasser's conduct must be unwelcome.

"Unwelcome" is the operative word here. Sexual harassment tends to be power-driven rather than sexually-driven. It is often difficult to know whether a situation can be defined as sexual harassment. Fellow workers may say, "He didn't mean anything by it, he is just affectionate to all the women." If a sexual gesture or suggestion is unwanted, then it is harassment. An employer can be held liable even if the harassment occurs at a party or event held away from the business site, if the employer sponsors the event.

What if I feel I am being harassed? Sexual harassment does not go away if you ignore it. Dr. Nancy

Wynn, professor at Penn State University, says, "The harasser may interpret a lack of response as encouragement." She gives these tips:

- Know your rights. Sexual harassment is illegal.
- Speak up at the time. Be sure to say "NO," clearly, firmly and without smiling. There is a chance that the harasser does not realize the behavior is offensive.
- Keep records. Keep track of what happens in a journal or diary or keep any letters or notes or other

documents or artifacts you receive. Write down the dates, times, places, and an account of what happened. Write down the names of any witnesses.

- Identify an advocate. Most employers have Affirmative Action Officers.

- Write a letter. People have successfully stopped sexual harassment by writing a letter detailing the behavior that is offensive and asking the person who is harassing them to stop the behavior.

- Report sexual harassment to the appropriate person in the organization. Employers are required to have policies and procedures for dealing with sexual harassment.

Teen chastity is on the rise

More young people are choosing to wait. The percentage of high school students who said they had ever had sexual intercourse dropped from 54% in 1991 to 46% in 2001, according to the US Centers for Disease Control. Sexual activity among teens certainly has not stopped - over half of high school seniors lose their virginity before graduation - but this drop in sexual activity in young teens is a significant trend.

When asked about resisting sexual involvement, teens cite several reasons, including religion, caring parents, a sense of their own unreadiness and a desire to gain control over their own destinies. A Newsweek article entitled "Choosing Virginity" calls this a new sexual revolution. "Rejecting the get-down-make-love ethos of their parents' generation, this wave of young adults represent a new counterculture, one clearly at odds with the mainstream media and their routine use of sex to boost ratings and peddle product."

Some of this can be attributed to sexuality education that has included critical examination of media ads; building self-esteem and developing refusal skills. Kids are choosing what's right for them and know they do not have to be in a sexual relationship to be cool. They are still watching music videos, attending concerts and reading comic books. When they date, many are agreeing to avoid the complications that sexual involvement can mean.

One young woman interviewed for the Newsweek article calls herself a "feminist," but not the "army-boot-wearing, shaved-head, I-hate-all-men kind." She is a bright, outspoken college sophomore who is also a virgin. She says, "One of the

empowering things about the feminist movement is that we're able to assert ourselves, to say no to sex and not feel pressured about it. And I think guys are kind of getting it. Like, 'Oh, not everyone's doing it.'"

And even those who have "done it" aren't necessarily choosing to continue. Some kids who have engaged in sexual activity have found it awkward, unfeeling and are plagued with guilt. They want it to be special and romantic, and are willing to wait until they can make a commitment that justifies the intimacy. They call themselves "renewed virgins." Sex educators call this "secondary abstinence."

Another characteristic of young kids who choose to wait is lack of opportunity. A study by Dr. Deborah A. Cohen for the RAND Corporation found that teens who spend more time without adult supervision are more likely to have sex. She suggested that communities sponsor after-school activities where kids' interests are diverted to something that's more developmentally appropriate. She says, "I think a lot of sexual activity is opportunistic. If they have fewer opportunities, there's going to be less risk-taking."

When parents have work and other obligations that make them unavailable, after-school programs such as the 21st Century Community Learning Center can provide needed adult supervision. Most of these programs also provide enrichment activities and an opportunity for youth to explore their creativity. They are positive and build self-esteem. It seems worthwhile for the community to support these organizations and in-

(Cont. to A-12)

Mt. Vernon Chiropractic and Pain Center

Dr. Meyer is proud to be a provider for all major medical insurance companies serving this area. We now accept all Anthem Blue Cross/Blue Shield plans, all CHA plans, and all United Healthcare plans.



Dr. Max Meyer

We are also a Medicare/Medicaid provider.

No referrals needed for Dr. Meyer to treat you.

Many other insurance companies cover chiropractic, we will be happy to verify your chiropractic coverage for you.

All Auto-Accidents & Workmen's Comp injuries covered at 100%

70 School Street • Mt. Vernon (Former KU Bldg.) 606-256-1986

News Deadline is Noon Tuesday

Bible Baptist Church

Invites YOU to Join Us This Sunday, September 21st

HOME COMING 2003

10am Gospel Singing Featuring Female Quartet "Behind The Cross"

11am Morning Service (Wayne Miller, Pastor of Red Lick Baptist Church) "Behind The Cross" singing

12:30pm Dinner On The Grounds

2pm Afternoon Service (Wayne Miller, Pastor of Red Lick Baptist Church) Music Specials: Bible Baptist Singers & Musicians

Every One Is Welcome

Don Stayton, Pastor Scott Stayton, Youth Pastor Need More Information? Call us at 256-5913 or 256-5862

Let Us Not Forget

Physical activity shouldn't be a pain.

The old saying, "No pain, no gain," isn't always true. If you have pain or injuries from your exercise program or other physical activity, you might benefit from an exam by a sports medicine specialist.

Dr. Scott Black is affiliated with Eastern Kentucky University sports programs and Kentucky Sports Medicine in Lexington. He's now seeing patients at Rockcastle Medical Arts Building each Thursday.

Don't let pain keep you from enjoying your active life. Call 256-2699 today for an appointment.

Dr. Scott Black 256-2699

ROKASTLE MEDICAL ARTS BUILDING