

At Broadhead

CF Bike-A-Thon is Sept. 13

Bicycle riders are needed to ride in the Cystic Fibrosis Bike-A-Thon scheduled for Saturday, September 13 from 1 to 3 p.m. at Broadhead School. In case of rain, the event will be held September 20th.

Donna Robbins is serving as this year's chairman of the Bike-A-Thon. Come have fun and help save lives of children with CF. You may pick up a sponsor sheet at Broadhead School, Mt. Vernon Elementary, Rockcastle County Middle School, Food World, Beres National Bank, Community Trust Bank or at any Citizens Bank location. Sponsor money must be turned in September 13th.

No age limit, you may ride or walk to participate. A parent or guardian must sign if you are under 18 years of age.

The event will be supervised and refreshments will be provided to everyone. The participants bring in the most money will receive one of the following prizes: 24 inch bicycle; 20 inch bicycle; a set of walkie talkies; one of three hand held games; one of three basketballs; one of five sets of play cards; an inflatable remote con-

trol car; one of two X/S skate boards; one of three large Pizza Hut pizzas; one of two bike bells; one of five more art craft kits and many more.

The rider collecting the most money may choose a first prize, then second, third and so on.

In addition to the prizes above, collect \$10 and win an ice cream cone from Dairy Delite in Broadhead and collect \$50 and win an official CF t-shirt. Plus many other choices listed on each sponsor sheet.

When you participate in a special event for the Cystic Fibrosis Foundation, you are giving hope to thousands of children and adults.

Whether you are walking, rocking, bowling or riding your bike, please know that your efforts do not go unnoticed by those with this deadly disease.

Cystic Fibrosis is a genetic disease, which affects approximately 30,000 children and adults in the United States. A defective gene causes the body to produce an abnormally thick, sticky mucus. This abnormal mucus leads to chronic and life-threatening lung infections and

impairs digestion. Currently, there is no cure.

Cystic Fibrosis Foundation-supported scientists, however, are writing a remarkable medical success story. They are quickly translating information from the laboratory - such as knowledge about the inner workings of CF cells - into promising new strategies for therapies. In fact, more clinical trials are underway on new CF drugs than ever before in our history.

To participate in an event, all you have to do is follow three easy steps: Get sponsors. Signing up sponsors is simple. These days, people are willing to help others - all you have to do is ask. Take your sponsor form everywhere you go - to the office or school, the gym, your place of worship and to your neighbors. Tell

people that you are doing your part in helping to raise money for cystic fibrosis and that your goal is to raise at least \$150 for life-saving research.

Collect from sponsors. This is a pre-paid event, so please collect all of your donations prior to event day. If appropriate, ask your employer to provide a matching-gift donation. Sponsors can make their tax-deductible checks payable to the Cystic Fibrosis Foundation (CFF) and their canceled check serves as a receipt.

Event Day! On the day of your event, be sure to bring all of your donations and your sponsor forms and turn them in to the event coordinator. There are many excellent prizes that you can earn in this event and everyone who raises \$50 or more will receive an official TEAM CF t-shirt. Be sure that your shirt size and prize selection are clearly marked on the back of your sponsor form.

Subscribe to the Signal

\$200 Reward



\$200 Reward offered for beloved family pet, missing since 8/24/03 from Hwy. 70, Beagle/Cocker Spaniel mix, answers to Barney. Has black collar with name tag. Please call 758-9637 or 606-308-3292. Mark or Claudia Stratton or Shane Faulkner.

You've Got A Friend In The Business!

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GARY "MILKMAN" GENTRY
Sales Representative

Bittersweet Festival October 10-11, 2003

10'x12' space is FREE this year. Any additional spaces are \$25.00 each.

No Yard Sale Items Please

For More Info: Call
Mt. Vernon City Hall at 256-3437

Participant Info

Last Name, First Name, MI

Mailing Address

City

State

Zip

Area Code/Phone No.

Age

Sex

Total \$ Collected

Prize No.

Please circle T-shirt size: ☐ S ☐ M ☐ L ☐ XL

I want to donate my T-shirt/Prize to CF: ☐ T-shirt ☐ Prize

If you fail to return a prize it will be donated back to the Cystic Fibrosis Foundation. Each participant who raises \$20.00 or more earns an official TEAM CF T-shirt. You can earn one additional prize based on the total amount you raise in 15 minutes. Indicate your T-shirt size and prize choice above. No time of equal value may be refunded by the Cystic Fibrosis Foundation if the prize is not available.

Waiver (must be signed by parent or guardian)

I, the undersigned, agree to indemnify and hold harmless the Cystic Fibrosis Foundation from all cost, expense, and liability arising out of my or my child's participation in the Cystic Fibrosis Bike-A-Thon. I agree to release, defend, and hold harmless the Cystic Fibrosis Foundation, its officers, agents, or employees arising directly or indirectly from any injury, damage, or other liability arising from such event. I agree to release, defend, and hold harmless the Cystic Fibrosis Foundation from all cost, expense, and liability arising out of my or my child's participation in the Cystic Fibrosis Bike-A-Thon. I agree to release, defend, and hold harmless the Cystic Fibrosis Foundation from all cost, expense, and liability arising out of my or my child's participation in the Cystic Fibrosis Bike-A-Thon.

Participant's Signature _____ Date _____

Parent/Guardian's Signature _____ Date _____

For Informal Use Only

Total Dollars Received (if verified) _____ Verified by (signature/print): _____

Because of health risks, please do not participate in the Cystic Fibrosis Bike-A-Thon if you have had a confirmed positive sputum culture for Pseudomonas aeruginosa or any other serious respiratory infection in the last 12 months.

This policy is intended to protect the health of all participants and to ensure that the Cystic Fibrosis Foundation can provide the best possible care for all participants.

While this policy reduces the risk of a respiratory tract infection, it does not eliminate the risk of a respiratory tract infection. A participant is not a known health risk to other participants.

The CF Foundation requests research to identify new treatments for CF. For details, see the CF Foundation's research information on the CF Foundation's website at www.cff.org or call 1-800-352-2263. Contact your CF Foundation representative for more information.

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Make CF History...

and help us add tomorrow every day for people with CF.

This is a pre-paid event, so all money should be collected from sponsors prior to event day. Record each sponsor's name and the amount of their donation in the space provided below. Place all donations in the attached envelope. Be sure to turn in this entire form, with donations, to the event coordinator on the day of your event.

Sponsor's Name

Example: Jane Smith \$30

My personal donation

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

Company matching gift donation

Total: \$

Note: Additional sponsors can be listed on a separate sheet of paper.

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Saturday 9:00 - 5:00 • (859) 624-5500

EXIT 87 off the EKY By-pass

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2003 MODEL SUZUKI CLEARANCE! INSTANT \$2,000 REBATE OR 0% FINANCING UP TO 72 MONTHS "DON'T MISS THE SUZUKI SUMMER CLEARANCE!" ONLY FIVE 2003 MODELS REMAINING IN STOCK!

2003 SUZUKI AERIO S

NEW

Auto, air, CD, pwr mirrors, tilt steering, rear defrost, zero maintenance timing chain, 31 mpg, 7 year/100,000 mile warranty!

\$13,094 OR \$179.00 PER MONTH

2003 SUZUKI AERIO GS

NEW

5 speed, air, pwr ends, pwr locks, tilt, cruise, CD, pwr mirrors, rear spoiler, alum wheels, zero maintenance timing chain, 32 mpg, 7 year/100,000 mile warranty!

\$13,294 OR \$184.95 PER MONTH

2003 SUZUKI GRAND VITARA 4WD

NEW

Auto, air, tilt, cruise, CD, pwr ends, pwr locks, V-6 engine, shift in 4th, 4WD, McPherson struts, remote entry, pwr mirrors, ABS, alum wheels, 7 year/100,000 mile warranty!

\$19,995 OR \$277.73 PER MONTH

KY SALES TAX & LIC EXTRA. 0% FINANCING WITH APPROVED CREDIT!

SHEPHERD SUZUKI CERTIFIED PRE-OWNED

CARFAX HOT DEALS OF THE WEEK!!!

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LARGE SELECTION OF PRE-OWNED CARS & TRUCKS AT CLOSE OUT PRICES!

Come by & see us 9-8 Monday - Friday, 9-5 Saturday

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ONLY \$6995

2002 BUICK CENTURY

Low miles, power seat, fully loaded, factory warranty!

ONLY \$10588

2000 DODGE AVENGER

Fully loaded, low miles, auto sunroof, check it out today!

ONLY \$9995

2001 BUICK REGAL LS

Leather seating, fully loaded, super buy!

ONLY \$10995

2001 CAVALIER

Auto, air, local car, factory warranty!

ONLY \$6995

JUST ARRIVED - Factory XL7 program cars, all fully loaded, all types, all colors, 10 to choose from, all 4x4s, remainder of 7 year/100,000 warranty

SAVE THOUSANDS!