



By Dr. Roy Don Whithead

'Is your happiness tied to your children?'
A friend of mine who is a pastor sends me a copy of his sermon every week.

Recently I was intrigued by a quote in one sermon. The line was, "You are only as happy as your unhappiest child." I shared my reactions with him and he suggested I write a column about it.

Those who are parents can identify with that quote. When your child is having a difficult time, you are affected. When he brings home that rose from his teacher about his behavior in the classroom, you are saddened.

When she does not make the cheerleading squad, you are sad. When his girlfriend breaks his heart, you are sad.

Being affected by your children's struggles does not end when they turn eighteen and leave home. Those who are parents of adult children know what I mean. When she cannot make new friends at college and stays alone in her room, you are sad. When he is going through a divorce, you are sad. When her child (your grandchild) is in the hospital, you are sad.

Certainly our children have a major effect on the way we feel. This is probably inevitable. We would not want to be so insulated from our children that we cannot feel their pain. But what of the family where an adult child is in trouble most of the time?

Let me tell you about a friend of mine who lives in another state. "John" and his wife "Mary" have three children. The two oldest have seldom caused their parents worry. Both are college graduates with good jobs and solid marriages. The oldest child has just had John and Mary's first grandchild.

While these two have had ups and downs in life, they are doing well. The story for their youngest child "Sarah" is totally different. Sarah began getting into trouble at 13. She ran away from home several times in her teen years and began using

drugs at 14. At 17, she was arrested for breaking into their neighbor's house. Sarah said she needed money to buy drugs.

At 18, she received her first citation for Driving Under the Influence (alcohol in this instance). At 19 she had another DUI and lost her driver's license for a brief period. At 21, she received her third DUI and was without a license for two years. She moved out of her parents home into an apartment with friends. The drug use continued and so did the arrests. Now she is in her late twenties and still in trouble.

Her parents have spent many thousands of dollars trying to help. Posting bail, rehab centers and attorneys have cost them most of their savings.

Recently they told Sarah that she is on her own. They will spend no more money to bail her out of trouble. If she goes to jail, then so be it. They agonized over the decision and still are not sure they are doing the right thing.

John and Mary have been in emotional turmoil for most of Sarah's life. When they think she is better, she has always disappointed them. What if John and Sarah are "only as happy as their unhappiest child"? What if Sarah never gets her addictions under control? If she lives in an unhappy, troubled life, are her parents doomed to unhappiness too?

John and Mary have to achieve some measure of distance from Sarah's emotional ups and downs or they will be doomed to unhappiness. While they do not have to stop loving her, they do have to get off the emotional roller coaster that they have been on with her. They have to achieve emotional distance from their own child. This is not the picture of the "ideal parent" that most of us have, but it is necessary if John and Mary are to retain their sanity.

Sometimes we have to let go in order to survive emotionally. Sometimes we must detach from our children's unhappiness.



Broadhead Queen Ashley Cottrell has announced Dari Delite as the Broadhead Business of the Month. The Dari Delite is located on Main Street in Broadhead. It serves a wide variety of food from ice cream, to pizza, to the Dari Delite burger. The Dari Delite is also very supportive of community events and is always willing to help out. Shown is Ashley presenting manager Kay Shelton the award.

In and Around Mt. Vernon

By Vallie Burton

Vallie Burton has returned home after spending a few days with Mr. and Mrs. Danny Petrey of Somerset. Angie Eaton of Midway visited her parents, Mr. and Mrs. John Eaton, Jr. recently.

Sunday visitors of Vallie Burton were: Mary Roberts and Mrs. Mrs. Wayne Roberts of Tennessee and Mr. and Mrs. Denny Petrey of Somerset. Mrs. Sheila Zenni and daughters of Cincinnati, Ohio recently visited her grandmother, Vallie Burton of Mt. Vernon and mother, Shirley Burton and grandmother, Doris Blanton of Broadhead.

Little John Eaton celebrated his birthday, July 26th. We wish him many returns of the day. Leroy York of California has returned home after visiting his mother, Mrs. Ora York recently.

Mrs. Linda Eaton and Mrs. Eulie Coulter, Patricia Holland and Angie Eaton spent a few days in Tennessee this week.

Sympathy is extended to all who have lost loved ones recently. May the Lord comfort each one. Mr. and Mrs. Edward Houston and Mr. and Mrs. Gary Houston attended the Cromer Reunion Saturday.

Emergencies: are you prepared?

Emergency situations seem to have become a part of our everyday lives lately. From floods and tornadoes to SARS - to terrorist attacks, we are constantly being placed in stressful situations. Would you be ready if an emergency situation arose for you or your family? Don't get scared, get prepared. To help the citizens of southeastern Kentucky get prepared for emergency situations, the UK Wilderness Trail Area

Cooperative Extension Service is hosting a seminar. The "Emergencies: Are You Prepared?" seminar will be held on Tuesday, August 19, at the London Community Center where lots of educational booths and speaker will be on hand to help you get prepared for a variety of emergency situations. Speakers and exhibitors will cover an array of topics, including: weather emergencies, farm safety, financial emergencies, how business can handle emergencies, and much more. Our general session speaker will be Bill Meek, WLEX Chief Meteorologist, from Channel 18. The registration fee is \$6 per person. Lunch will be served. For further details or to register, contact the Rockcastle County Extension Service at 256-2403.

Carpenter and Kirby reunion

Those attending the July 27th reunion of the Carpenter-Kirby Families at the home of our sister, Rissie Anderson on Copper Creek Road were:

Rissie Anderson, Cotton and Ruth Carpenter, Faye and William Miller, Jr., Tony Miller, J.T. and Mildred Carpenter, Gladys Mink, Yvonda and Danny Schneider, Johnny Carpenter, Larry Carpenter, Katie Carpenter, Bobby and Paty Carpenter, Leslie Brown, Bobby Brown, Mark and Sherry Harris, Brittany Harris, Geneva and Eldon Kidwell, Steven and Sammi Kidwell, Tommy and Laura Kidwell, Robert Kidwell.

Mike Kidwell, Devin Kidwell, Sallie Kidwell, Sally Byrd, Denver and Mae Carpenter, Don Carpenter, Wendell Carpenter, Bill and Wanda Anderson, Steven Anderson, Jack Anderson, Jennifer Anderson, Stephanie Anderson, Jimmie and Diana Anderson, Aaron Anderson, Deb Johnson, Jessica Johnson, David Johnson, Larry and Angie Anderson, Debbie and Donnie Allen, Joann and Tommy Fish, Joyce and Randall Fish, Sharon Arcari, Tim Thomas, Cody Thomsa, Cindy French, Kaylee French, Macy French.

Shirley and Bobby Houston, Tom Anderson, Heather Anderson, Chris Glenn, Tasha Hensley, Kirby and Glenn Cromer, Louisiana Chaney, Vernie Mink, Terrell and Carolyn Rowe, Nicky Shelton, Jennifer

Shelton, Kyle Shelton, Dorrie Chappin, Victor Chastens, Randy Powell, Melanie Bowman.

We had a wonderful time, everyone that didn't come was sadly missed. Hope you can find a way to be here next year.

Submitted by
Ina Faye Miller

Livingston Homecoming Note

Livingston Homecoming committee needs the help of all the churches in Rockcastle County.

In 2001, veterans were honored. Last year, the firemen were honored, and this year, all the churches in our county will be honored.

We would appreciate so much if each church would send someone to represent your church to Livingston on August 30, 2003. Our parade starts lining up around 11 a.m. Pastors will be riding on the Grand Marshal float. We would like to see how many churches we can get together for this special day of honoring the backbone of our country. If your church would like to have a float in the parade, it would be great. Let's all come together on this special day. We will see you there.

Homecoming Committee

Church News

Vacation Bible School

Vacation Bible School will be held Saturday, August 9 at 10 a.m. at Flat Rock Baptist Church. It will be "Super Saturday" with a hay ride and hike in the wilderness. Lunch, supplies and great Bible teaching. The day will end around 4 p.m. Ages 6 to 99 invited.

Singing at Cupps Chapel

There will be a Gospel Singing at Cupps Chapel Holiness Church August 15th, beginning at 7 p.m. with His Song. Dwayne Carpenter, pastor, and congregation invite everyone to attend.

Gospel Meeting

Mt. Zion Church of Christ, located on Hwy. 29, will be holding a weekend meeting August 29, 30 and 31. Friday and Saturday night services will begin at 7 o'clock and Sunday night at 6 o'clock. The speaker will be Danny Grider. Everyone welcome.

Revival at Sand Springs

Revival services will be held at Sand Springs Baptist Church, Hwy. 1249, Sand Springs Rd. August 3, 6 p.m. and

Aug. 4, 8, 7 p.m. Bro. Jason Ivey and Bro. Steve Wilkerson from London. Everyone welcome.

Revival at Brush Creek

Revival services continue at Brush Creek Holiness church through Fri., Aug. 8th at 7 p.m. with Bro. Larry Isaacs and Bro. Cecil Himes. Bro. Olen McGuire, pastor, and the congregation welcome everyone to attend.

Singing at Corinth Holiness

Revival services continue at Buckeye Christian Church through August 9 at 7 o'clock nightly. Evangelist is Bro. Ron Lutes with special singing nightly. Thursday night will be singers from Wayside Christian Church. Friday night will be the Thacker Family and Saturday night will be David DeBard.

Revival at Buckeye

Homecoming will be held August 10 at the church following morning services.

ROCKCASTLE COUNTY BOARD OF EDUCATION

TERRY F. BURTON, CHAIRMAN
MARTIN E. VANZANT, VICE CHAIRMAN
MICHAEL BURDETTE
TINA CAIN SHATTY

Meeting Location - Rockcastle County Board of Education Administration Building

Regular Meeting

DRAFT AGENDA

August 12, 2003

7:00 p.m.

1. CALL TO ORDER

- Silent Prayer
- Roll Call
- Reading of Board Team Commitments

2. ADOPT AGENDA/ACTION

3. COMMUNICATION

4. OPERATIONS/ACTIONS

- Approve minutes of the July 8, 2003 regular monthly meeting
- Approve bills for payment
- Approve Learn and Serve Grant Proposal
- Approve Early Reading Incentive Grant Master Agreement # M-03158444
- Approve Emergency Substitute Teaching Application (TC-F): Cassandra Taulbee; Larinda Combs; Kara Doan
- Approve school trip approval forms

5. DISCUSSION/ACTION

- Review/approve Levied Tax Rates for real estate and tangible property and motor vehicles for SY 2003-2004
- Review/approve request to KDE for use of Capital Outlay Funds for payment of property insurance premium for SY 2003-2004
- Review/approve to initiate the refinancing process in order to refund and retire the bond issue of 1994 and approve the plan of refinancing for said project

6. DISCUSSION/REVIEW

- Review Monthly Financial Report
- Review Superintendent's Personnel Actions Report
- Review SY 2002-2003 Annual Financial Report
- Review Board Policy 03.2321
- Review Board Procedure 03.21 AP.254
- Other

7. ADJOURNMENT

Welcome to a Gospel Meeting Church of Christ at Chestnut Ridge

2 Miles South of Mt. Vernon on Highway 25

August 6, 7, 8, 9 & 10

Wednesday thru Saturday Services - 7:30 p.m.
Sunday Worship Service - 10:00 a.m.

Speaker will be Evangelist
Aaron Risner

Ada, Oklahoma

Everyone is invited to attend