

Ebenezer Reformed Church from Oregon, Illinois at local camp

A mission work group arrived at Christ's Outreach for the Blind on Saturday, June 21, 2003 and departed for home on June 28th.

The following morning the group attended church at First Baptist Church of Mount Vernon and was received with a warm welcome. In fact, they were invited to attend the annual church picnic at Keith and Jerilyn Smith's farm.

The group of sixteen volunteers labored diligently throughout the week with a variety of projects. Many worked outside weeding flower gardens, preparing tile, cutting wood away from trails, and moving boulders. These boulders are being used to construct a retaining wall at the sight where the swimming pool and swim house will be built. The rocks were gathered from the 900 acres that the camp encompasses.

As usual, inside work was also being done by group members. The cafeteria and laundry room received a fresh coat of paint. The floors in the kitchen, cafeteria, public restrooms, laundry room, and maintenance room were prepared for til-

ing. This tile job was completed by other volunteers who arrived from Dalton, GA on Thursday of that week.

In addition to this, the youth in the group teamed up with the youth from First Baptist Church of Mt. Vernon (Hay Petra) to participate in a fundraiser at Pizza Hut. Twenty percent of the day's proceeds and all tips received by the youth groups will be donated to Christ's Outreach for the Blind in the fall of the year after Hay Petra completes the rest of their fundraising events.

The Outreach Building will be used to room the 600 kids that will visit the camp annually. Currently, the office and two bedrooms are completed. We are making progress on finishing the rest of the building. If you are interested in making a donation to help purchase this need or if you have any questions about our other needs, please contact Mike Gates at 1-606-256-8888. Also, please visit our website at www.blind19.com.



Hank Gates, Lance Barnes, Ron Bader and John Lindvall working on a rock wall.



Alan Jewel, Tommy and Will came from Dalton Ga. to lay the tile.



Ruth Shelly, Lorna Snapp and Marjorie Barnes taking a break after kitchen work.



Val Herriot and Dave Jorgenson preparing tiles for Outreach.

No means no

Anytime someone is made to have sex when they do not want to, it is rape. It is simply defined as "forced sex." The incidence of this huge problem is impossible to estimate because so many rapes go unreported. Sometimes victims do not even realize that their experience could be called rape because they were intimate with the person and somehow feel they "asked for it."

Teenwire's Ashley Rondini says, "Recognizing what it really means to 'give consent' can have a tremendous impact on the way you feel about your sexual experiences. Consent goes beyond whether or not someone said 'yes' or 'fought off a sexual advance.' Consent means freely choosing to say 'yes'."

Ashley goes on to make the following points:

- Giving consent is active, not passive. It means acting as an equal in a shared decision-making process. This means that someone who is sleeping or unconscious cannot give consent, because a person has to be awake to actively make decisions.

- Someone who has had sex because they were intimidated, threatened, or forced into it has not given consent, because he or she has not chosen freely.

- Doing something because you are afraid that someone will hurt you if you don't do it is not the same thing as consenting. Consenting means saying yes freely, not saying yes because you were too scared to say no.

- It is never okay for someone to assume that you are willing to do something just because you don't kick and scream to avoid it.

- Consent means choosing to do something because you want to, not because you feel like you have to. Dating someone never means that they can decide what should be okay for you sexually.

- Your body and your comfort level are not bargaining chips! It's not okay for someone to assume that you "owe them" any sexual act, for any reason.

It's not okay for someone to assume that you will have sex with him or her just because you previously had sex with him or her or with someone else. You have the right to make different choices as you learn more about what you want and need in order to feel good about your sexual experiences. You can always choose not to do something again if you find that you didn't like how it made you feel.

Hooking up with someone doesn't mean that they should expect some kind of "all-access pass" to your body; you have the power to decide what you want to do with your body every time.

Consent is not about manipulation. Everyone should feel free to say yes or no without being disrespected for his or her choices!

Consent is not binding. You have the right to change your mind at any time, for any reason.

If both people are truly consenting to sex, it means that they continue to listen to each other every step of the way.

YOU are the only person who has the right to set—or change—the boundaries around what feels comfortable and good to you! If you consent to something but then change your mind, you have the right to stop it immediately.

If you or someone you know has been raped, call the Rape Abuse, Incest National Network (RAINN) at 1-800-656-HOPE or visit www.rainn.org.

This article is brought to you by Mountain Material Health League Planned Parenthood, Inc. with support from the United Way of the Bluegrass and the Berea College Appalachian Fund. We provide reproductive health services for both women and men. To find out about clinic services or our free education programming, contact the Berea office at 986-2326, or e-mail carol.gilliam@ppfpa.org.

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"It is Written"

I heard an interesting commentator one time on the radio, he was talking about they ought to pass a law about killing time. I think God has passed a law about wasting time or killing time; it is stated in the positive in Ephesians 5:15-16, "See then that ye walk circumspectly, not as fools, but as wise, Redeeming the time, because the days are evil." This word redeems carries the idea of buying up, seizing the opportunity. Paul said we should redeem the time, not kill time. Yes there are many ways we can redeem the time. Just think, we could spend that hour that was killed, by calling one who has been sick, for a few minutes to check on them. Or maybe we could spend that hour that was squandered by writing a couple of notes to cheer those who have lost loved ones, or those who have been discouraged. We could spend a hour playing cards, or some game with our children. We could study a chapter from the Bible or maybe just 5 verses from the scriptures. We could work on a memory verse. We could spend that hour praying to God, which is our communicating to him. We could use that few minutes to rest and to rejuvenate, as Jesus spoke about in Mark 6:31, "Come ye yourselves apart into a desert place, and rest a while; for there were many coming and going; and they had no leisure so much as to eat." We should think of time as a limited resource that needs to be used wisely, not a unlimited resource that we can foolishly waste and kill. I would hope that we would be looking for those good opportunities to serve others, and to grow in the Lord. Yes time is a precious commodity that does not need to be squandered, wasted, or killed, but redeemed!

Providence church of Christ

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Web Site: www.WhatSaidTheScriptures.com

Time of Services: Sunday 10am Bible Study, Worship 10:40 & 6:00pm, Wednesday 7:00pm. Radio program, Sunday 8am, 1460 AM

Early Attractions

Thursday, July 31, 2003 • Dairy Show

Rockcastle County Only

Enter Cattle • 5:00 • Judging 6:00.

No Admission

Friday, August 1, 2003 • Beef Cattle Show

Enter 5:00 • Judging 6:00

No Admission

Saturday, August 2, 2003

Go-Cart Races • 8:00 p.m.

Admission \$2.00

Sunday, August 3, 2003

Horseshoe Pitching Contest

1:00 p.m.

Fun Horse Show 1:00 p.m.

Monday
August 4, 2003

6 p.m. ... Midway Opens

8 p.m. ... Truck Pull

Tuesday
August 5, 2003

Special Family Day

12 noon - 4 p.m.

No Gate Admission

Rides 25¢

Admission Begins at 4 p.m.

10 a.m. - 1 p.m.

Enter Exhibits

2 p.m. Judging Exhibits

6 p.m. Midway Opens

6 - 9 p.m. Exhibits Open

8 p.m. Truck Pull

108th Annual Little World's Fair Brodhead, Kentucky



August 4th - August 9th

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Nightly Admission: Monday - Saturday

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Wednesday
August 6, 2003

6 p.m. ... Midway Opens

6 - 9 p.m. ... Exhibits Open

7 p.m. ... Garden Tractor Pull

Thursday
August 7, 2003

6 p.m. ... Midway Opens

6 - 9 p.m. ... Exhibits Open

8 p.m. ... Truck Tug of War

Friday
August 8, 2003

6 p.m. ... Midway Opens

6 - 9 p.m. ... Exhibits Open

8 p.m. ... Mud Sling

Saturday
August 9, 2003

10 - 11 a.m. Check Out Exhibits

6 p.m. ... Midway Open

7:30 p.m. ... Mud Sling