

Cedar Rapids now 5-0 on season

Dolphins swim past Marlins

The Cedar Rapids swim team defeated two-time Lake Cumberland Swim Association champion Lakewood Marlins (Russell County) 772-719 in a meet last Tuesday at Cedar Rapids pool and moved to 5-0 with a resounding win over the Russell Spring Rays 860-585 on Monday night of this week.

The win over Lakewood is the Dolphins first since the 2000 season, the last year Cedar Rapids won the championship. Leading the way for the Dolphins was six-year-old Lauren Burton with 28 points, that included a first place finish in the 25 meter free and backstroke and a second place finish in breaststroke. Alexis (Lexy) Young chipped in 10 points with a first place finish in the 7-8 year old girls 25 meter breaststroke.

Sara Hammond dominated the 9-10 year old girls, winning all events, including an outstanding 15.76 sec-

onds in the 25 meter freestyle and even finished second in the 11-12 year division in 100 free.

Cedar Rapids has an outstanding cast in the women's swim events. Last year at the LCSA conference they scored more points than any other team and look to be just as dominating this year. Other outstanding performances included Lauren Graham and Cora Collingsworth in 11-12; Victoria Clontz (first in three events); Emily Roddington and Jillisa Lay (two first place finishes); and Hillary Proctor totally dominated the 13-14 year olds. Among the older girls, Lauren Clontz, Heather Hammond, Megan Anderkin, Allison Anderkin (five first place finishes) and Katelyn Cash turned in great performances.

The guys were just as impressive. The outstanding swimmer of the meet has to go to Ashton Arvin. Because all the 9-10 year old boys were

absent, Ashton swam up in that group for most of the meet and turned in a great performance, finishing third in two events and scoring 16 points in the win. Ashton took first in the 7-8 year old breaststroke, the only event he swam in his age group.

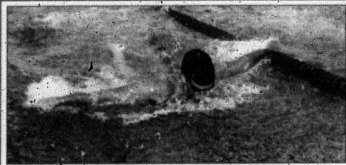
Other outstanding performances were turned in by David Gabbard,

Ethan Mattingly and John David Reddington in 6 & under boys; Bryan Clontz (38 points), Dustin Bishop and Brandon Young in 11-12 year olds; Dustin Poynter (outstanding in just his first year of swimming) and Kyle Mullins in the 13-14 age group; Ryan Graham (36 points) and Brent Clontz in 15-16 year olds and Cody

Alexander in 17-18. Cody had four first place finishes and one second.

The only relay team to win was the 11-12 year olds: Bryan Clontz, Dustin Bishop, Cora Collingsworth and Lauren Graham won the free relay and Bryan, Dustin and Lauren teamed up with Brandon Young for a win in the Medley relay.

Coaches Andrew Hammond and Tara Burton were pleased with the win and are looking forward to this year's conference at Russell Springs the weekend of August 2-3. The last home meet will be this coming Tuesday, July 22, against Knox County and the Dolphins will finish the season at Eagles nest on Friday, July 25.



Cody Alexander won four events against Lakewood. Here's he swimming butterfly.



Heather Hammond shows good form in butterfly against the Lakewood Marlins. Her best stroke, however, is breaststroke.



Ashton Arvin takes the lead in breaststroke in 7-8 year olds vs. Lakewood. Ashton went on to win the event.

Twins tournament

Twelve games of the 2003 14th Annual Somerset Twins Baseball Classic will be held at Rockcastle County High School on July 17, 18 and 19.

18 teams are involved in the tournament and, besides Rockcastle, games will be played at Pulaski County and Somerset High School. Aaron Anderkin and Devin Taylor play for the Twins and Danny Masten of Mt. Vernon helps coach the team.

Anderkin is scheduled to pitch against the Storm Club on Saturday night, July 19 at Pulaski County High School field.

The games at RCHS will begin at 9 a.m. each day.

The championship round will be played at Pulaski County.

Admission will be \$4 at the gate or you may purchase a tournament pass for \$15. Children 8 and under

are free.

For more information, contact Masten at 606-524-6054.

11-12-year-old

All Stars advance

The Rockcastle County Little League 11-12 year old all stars are enroute to the state tournament.

In the regional tournament held at London, according to David Brock, Rockcastle beat Tr. Cities 9-0; lost to South London 4-5 to 7 and beat Clay Co. 1-0 to advance.

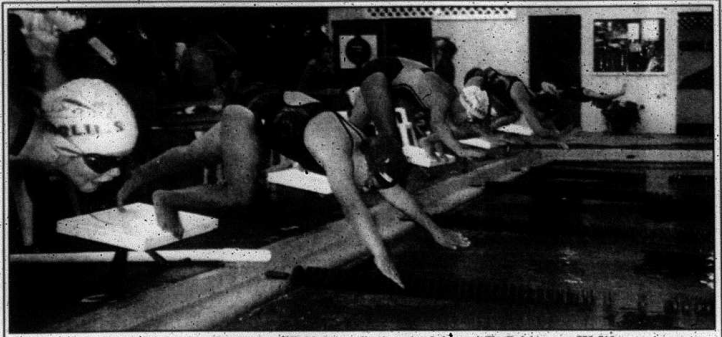
The 9-10 year olds lost out in regional play to Harlan 10-5.

The 7-8 year old all-star coach pitch tournament will be held at Thacker Field on July 18, 19 and 20.

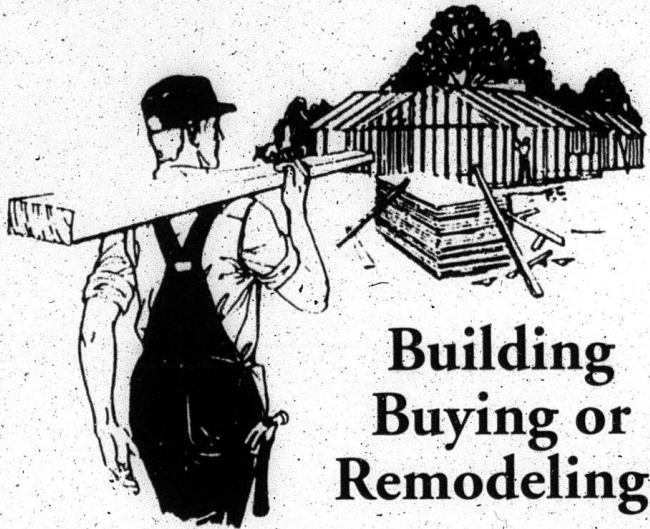
On Friday night, there will be games at 6:30 and 8 p.m., all day Saturday and the tournament will wind up on Sunday.



Gene Cromer, of Mt. Vernon, was recently recognized by the Rockcastle Co. Sr. League baseball program for his outstanding contributions. Thanks Gene, you're a big help!



Brittany Boreing, Sara Hammond and Ella McQuatey dive in against Lakewood. The Dolphins won 772-719.



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