

Points Etc.

By:
Ike Adams

Seven minutes before noon (closing time) on Saturday, July 5, I had my truck backed up to the loading dock at the Richmond Southern States Store. Former landlords, neighbors and good friends, Brent and Elizabeth Moore held help down the door and make sure you get the kind of service you need and expect at the Richmond Southern States outlet the way they used to when Berea had, easily, the finest SS in Kentucky.

I love Brent and Elizabeth but for decades I dealt with Sam at the Berea Store. It's not that I didn't trust anybody else, but a visit to the SS store in Berea was not complete unless you encountered Sam, who treated you like you royalty and made you feel like the store was honored to have you in it. Every morning I drive by the complex where Southern States used to be and I miss the store, but mostly I miss Sam.

The Berea Southern States store no longer exists. Well, actually the building and parking lot are still there, but when it's used at all these days they rent it out to flea marketeers who sell pocket knives and candles and believe it or not, Velvet Elvis's. (They had a velvet XS foot Conway Twitty/Loretta Lynn for \$49.99 the other day and I almost bought it to hang in my office but I declined because I was afraid that the people who clean the building might steal it.)

Anyway, Berea has no more baby chicks and ducklings and goslings and turkeys and name your favorite exotic fowl chirping "take me home, take me home," from the warehouse and teasing you to ask a clerk out in the main store if you could go back and take one look. And of course, Sam said "help yourself," because that was part of the marketing plan.

And before you know it, you went home with \$25 worth of little feathered friends peeping all over your

truck seat while you were wondering how the hell you were gonna explain to your wife (in my case, Loretta, who needs far more convincing than the average wife) that these birds would grow up and make wonderful additions to the household—not to mention that they would lay nutritious eggs and that by foraging off the land, they would make excellent organically grown meat birds.

Loretta has never eaten a duck or a goose nor the eggs of either. She's not crazy about country chicken eggs, but I am. I've tried goose and duck eggs; however, and decided that starvation is a viable option. Roast goose or duck makes a wonderful meal but not if you have to slaughter the bird and it has a name.

The last one I butchered was named Cracker. Corn fed and fat, he melted in my mouth. I wish somebody had been around to eat him.)

No place to just go hang out on Saturday Morning, no Sam in Berea if you are a farmer or just want to be one, anyone and figure out a way to afford that new 20 HP Statesman riding mower, which, incidentally, I did on three separate occasions between 1980 and 1999. No place to walk up to the counter and say, "Sam, can you get me a new set of tires and a carb for my Troybilt tractor?" And Sam would say, "Do you want to pay anything down on that?" and wink at you and tell you the parts would be there Monday if you could stop off after work and pick them up. No place for Sam to serve his customers anymore. No more Southern States Cooperative in Berea anymore.

God knows I miss it. But I miss Sam even more.

Early care of pregnancy is important

Presented by: Dr. Michael Hamilton

In spite of the excitement of becoming pregnant, many women do not seek medical care as soon as they should. However, there are many reasons for seeing your doctor as soon as possible.

It is very early in the pregnancy that the major risk of complications occur. These complications include both accidental harm to the developing baby, such as from exposure to x-rays, infections or medicines, and the unavoidable complications, such as miscarriages and fetal pregnancies. Your doctor can advise you about the risks of medicines, alcohol, tobacco, caffeine and other substances. These can be harmful, especially if taken in the first few months of the pregnancy.

Early in the pregnancy the doctor will prescribe vitamins which will provide extra nutrition to the mother and the developing baby. It is important, and folic acid helps prevent the risk of defects of the brain and spinal cord.

Many medical problems which may affect a pregnancy can be discovered early and treated to help avoid the potential complications they carry. These illnesses include diabetes, anemia, high blood pressure and hereditary illnesses.

Genetic counseling may be important for couples who are likely to be carriers of certain genes that can cause birth defects or miscarriages. Also, if a woman is over 35, she may benefit from genetic studies. Early and regular prenatal care will give you the healthiest baby possible. It is even wise to have an exam and discuss potential risks with your doctor before conceiving.



Our Readers Write

Dear Editor,

The Broadhead Rural Volunteer Fire Department would like to thank Larry Napier, Paul Napier, Jerry Benge, Ruby Powell and Jay, Mary Lallier, Holly Brown, Zeldia Parson and Country Comfort and friends, Daniel Busle and friend, One Voice; Behind the Cross and Pure Country for singing at the Quail Firehouse on Saturday, June 28th and also the Bittersweet Cloggers for clogging.

A fun time was had by all who attended. We also want to thank Mr. Shirley Martin for his help in fixing pointers for advertising, Darrell Cash for all his help in the music field. We would like to also thank the following for their contribution with money to help buy supplies: Dabney Feed Supply, Adams Feed, McKinney's Tire, Long's Automotive, Betty Albright, Coffey and Ford Associates, B & L Grocery and JGA and Melissa Albright. Thanks to you.

Brookhead Rural Volunteer Fire Department

following for door prizes: Dabney Feed Supply, Willaia Grocery, Melissa Mendoza, Tammy Mullins, Wilene Burton, Rhonda Bray, Shirley Martin, Betty Albright, B&M Liquorators, Sandy Bullock, Woodman of the World Rep., Celena Bullock, and One Voice. Thank you to Virginia Hanel, Christine Taylor, Sandy Bullock and Clara Proctor for baking brownies to sell. Thank you Ricky Cromer and Charlie Albright for letting people park in your yard. Also thank to Charlie Kirby and Shaun Brown for their help. We also want to thank all of you who came out and joined us and donated money and brought food. Our benefit was a success due to ALL who helped us in any way.

We truly appreciate your support and want to let you know how much we appreciate all that you have done.

Again, thank you all so much.

Brookhead Rural Volunteer Fire Department

The Family Room

By: Dr. Roy Don Whitehead

Every family is functional in some way.

"I guess I grew up in a dysfunctional family," Norm admitted. (All characters are fictitious.)

Norm and his wife Vera had come for counseling with their sixteen-year-old daughter Diane, who had been sneaking out of the house at night and not doing well at school. They had everything they knew, and finally Diane's school counselor suggested they talk to a family counselor who could help all of them.

Norm and Vera each had his or her own way of handling life. Diane, Vera screamed at her, and Norm said nothing. After we had talked several times, Norm and Vera began to realize that the way they were parenting was not working. We began, to look for alternatives.

At one point Norm asked, "I know I ought to speak up more and tell Diane what her limits are, but I just can't. Why not?"

"Norm," I replied, "you learned to be a father from watching your father."

"What kind of a parent was your dad?"

"Well, he never had much to say," Norm admitted, "so I guess that's where I got it."

"And what about your mother?" I questioned.

Norm hesitated before answering. "Mom was a screamer," he replied, "especially when she was drunk."

"Did she drink a lot?" I asked.

"She got drunk every weekend," he answered quietly.

"Your mother was an alcoholic," I said.

"Well, she would never admit it, but I've thought that myself for a long time," he replied. "But nobody ever talked about Mom's drinking. I tried to talk to my Dad once, and he pretended not to hear me. Dad would never say anything to Mom when she was drinking. He'd just sit in his chair reading the paper or get up and leave as if nothing was happening. I guess I come from a very dysfunctional family, don't I?"

"There were a lot of problems in your family, Norm," I agreed, "but I bet there were some good things that you got from your parents. Every family has both dysfunctional and functional ways of operating. A functional family is one in which the emotional and physical needs of the family are taken care of—at least a little bit. Where did you get your love and acceptance growing up, Norm?"

"He thought a minute," sometimes from Mom when she wasn't drinking, from Dad when he took me fishing, and from Grandma who lived down the street and baked me cookies. I used to love to go to her house."

Even though Norm grew up in a very troubled family, some of his emotional needs were met. This will help him as he strives toward his goal of being a good father. "My folks did love me," he said. "They just had problems."

Maybe I can show my daughter what it's like to be loved by my family."

During the month of July I am offering a free depression screening session to any woman over the age of 16.

T.J.'s Journal

by: Tonya J. Cook

Really TV? I would like for someone to explain what is so real about it. You take a bunch of bubble-headed, arrogant, "I'm God's gift to the world" types with an attitude problem and put them in phony, unbelievable and otherwise idiotic situations to dish out a line of reality to millions of innocent, unsuspecting Americans on national TV each week and hope these Americans are gullible enough to believe their idea. Shame on you, network TV.

Then, to make matters worse, CBS executive are going on a "hick hunt" to find underprivileged and otherwise socially-challenged Southerners to exploit their idea of the shortcomings of the rural South. Executives want to relocate a "hick" family in a posh L.A. neighborhood and expose them to a "typical L.A. lifestyle." Oh, you mean the lifestyle of partying every night, shopping on Rodeo Drive, driving "beaters," getting hooked on the latest social disease, catching the latest social disease, drinking to excess, having no respect for anyone and let's not forget—"doing lunch."

This may or may not be their typical lifestyle, but is highly suggestive from examples from TV. I don't know for sure, but it could be. They call it "hick" today. My niece, Angela, who is serving in the Navy and was docked in San Diego recently, married a native of San Diego. He is about twenty years old and has never seen a cow. How about this for cultural differences? He's in for a real treat when he comes for a visit to Kentucky—her father-in-law, and my husband, Stanley, are planning on taking him home hunting.

Just wonder what would happen if you took some of the stay-in-the-bush television types and brought them to rural Kentucky to live for a month. Let them experience the challenge of raising a family on a minimum wage job, drive a car at least a year old, the best you can afford, relying on government programs to eat or go to the doctor, and go shopping at Good Will. Not to say that all rural people in Kentucky live this way either, but at least that can survive. Those who live this way are often victims of a lack of education in part due to their not wanting to better themselves and the unavailability of decent, well-paying jobs in their area.

Survive, did I say? Yes, we hicks in Kentucky will survive. After decades of being underprivileged, under-appreciated, underdeveloped and being laughed at by the rest of America, let me assure you they will survive due to adaptability and determination. After all, as Hank Williams Jr. says, "A Country Boy Will Survive."

What ever happened to the clean, wholesome and moralistic shows that used to grace our TV screens? I'll tell you. They have died a dignified death and are now on TV Land and Nickelodeon. Oh, yes, there are a few good old movies on American Movie Classics and Turner Classic Movies. However, I'd be the first to admit that some of these shows were just too idealistic. It would have been great if life could have been like "Father Knows Best," or "Leave it to Beaver." However, I'm sorry to say that by today's standards, father knows nothing and he isn't very entertaining anyway.

I remember a simpler time when a whole family would gather around a small black and white TV with about a quarter's worth of popcorn and a dime pack of Kool-Aid and spend several hours together. They call it "bonding" today. Several neighbors were likely to come by and also watch as every family didn't own a TV. They watch such shows as "I Love Lucy," "Bonanza," or "Wagon Train." Of course, this was back in the days when Rowdy Yates, played by Clint Eastwood, hadn't grown up and become Dirty Harry and went around telling punks to "make my day." I guess America hadn't grown up either and was still in the age of innocence, which was a good place to be.

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J&J AUCTION

Route 150, 1/4 West of 461

Mt. Vernon, KY

Friday, July 11, 2003

6:30 p.m.

Partial Listing Below

The estate of the late Mr. & Mrs. Earl Whitaker of Hazard, KY

Glassware

Numerous Fenton, numerous pieces of Precious Moments, lamps, red pigeon blood glass, baskets, Carnival glass picture and glasses, pitchers, candy dishes, cake stand, cookie jars, numerous Avon bell & glasses in the box, punch bowl set, oil lamps, other lamps, Holly Hobby (6) 1975 Kentucky Derby Glasses and much more!!

Furniture

Dining room set, 4 pcs. Bedroom set, cabinets, table & chairs sets, curio cabinet, China cabinet, TV cart, wardrobe, chest of drawers, cherry dresser and night stand, beds, cedar chest, cedar bedroom suite, rocking chairs, desk, sofa table, cherry coffee & end tables, porch furniture, maple beds, bar stools, miscellaneous chairs, rugs, and much more!!

Miscellaneous

Silver Coins, 10 LONGABERGER BASKETS. This is a partial list of some of the baskets. All baskets are in perfect shape and range from the early 90's to 2001. Hostess baskets, Christmas baskets, booking and retired baskets. Silver dollars, silver half dollars, quarters, dimes. Home interior pictures, Lionel Train Set in box, brass home, ceramics of many different shapes and sizes, cast-iron skillet, large glass jar, beer sign, pictures, mirrors, tool box, and much more.

Jerry Ham, Auctioneer.

For more information call 606-256-9874 or 606-256-3343

Vehicle Auction

Jackson Energy Corp. McKee, KY. Jackson County. 7 trucks, 2 pole trailers, M.F. 235 Diesel tractor, 6' rotary mower, 6' cycle mower and pressure washer. More items may be added.

Sale will be held at the district office maintenance garage corner of Mildred Rd. and Hwy. 290 McKee, KY. Jackson County.

Saturday July 19th, 2003 10:00 A.M.

These vehicles have been serviced regularly. All have been serviced for this sale.

[# 5206] 1996 FORD F150 4X4, 1/2 TON LWB PU. WITH 4.9L 6 CYL. ENGINE, AUTOMATIC TRANSMISSION AND AIR COND. 197,850 MILES VIN # 1FTRF1437L1C04899

[# 4038] 1996 GMC SIERRA 4X4, 1/2 TON SWB PU. 5.0L V8 AUTOMATIC WITH AIR. 187,900 MILES VIN # 1GTEK14MXTZ516000

[# 60029] 1996 GMC SIERRA 4X4, 1/2 TON SWB PU. 5.0L V8 AUTOMATIC WITH AIR. 212,400 MILES VIN # 1GTEK14M4T2515716

[# 52003] 1996 GMC SIERRA 4X4, 1/2 TON SWB PU. 5.0L V8 AUTOMATIC WITH AIR. 184,300 MILES VIN # 1GTEK14M1T2515716

[# 60034] 1994 GMC SIERRA 4X4, 3/4 TON LWB PU. WITH UTILITY BED, 5.7L V8 AUTOMATIC WITH AIR. 205,400 MILES VIN # 1GDCB244K6R252793

[# 60019] 1994 GMC SIERRA 4X4, 1/2 TON SWB PU. 5.0L V8 AUTOMATIC WITH AIR. 206,250 MILES VIN # 1GTEK14H4R2528364

[# 35019] 1993 GMC SIERRA 4X4, 1/2 TON SWB PU. 5.0L V8 AUTOMATIC WITH AIR. 163,400 MILES VIN # 1GTEK14H4R2528364

[# 31074] 1975 Massey Ferguson 135 Diesel tractor, good tires 3,414 lbs. Bush Hog brand 6' rotary mower, Ford mod. 501 cycle mower with weed guard and extra bar.

Utility Tool Co. adjustable pole trailer; single axle wheelchairs 1977 Eagle Utility Supply adjustable pole trailer, single axle w/ dual wheels. 1983 7 hp. Honda 2000 psi power washer. **pumps needs repair.**

INSPECTION: Monday thru Friday at Jackson Energy district office maintenance garage corner of Hwy. 290 and Mildred Rd. McKee Ky. during business hours between 8:00 AM & 5:00 PM. Contact Carlos Lamb at 606-364-1022 ext. 4. everything sold as-is with no warranties.

WEB PAGE INSPECTION: Log on to www.kyactioneer.com go to July 19th for a view of items with color photos.

TERMS: Payment in full day of sale with cash or good check with positive ID. make checks payable to Jackson Energy Corporation. Terms announced day of sale take precedence over all prior oral or written statements. Buyer will pay all taxes and transfer.

For more info, ph. Brummett Realty and Auction Co. selling agents, Hwy. 421, Gray Hawk, Ky. 40344. Jim Brummett Broker Auctioneer. Office 606-287-9400 Home 606-287-7700