



Rockcastle's 8-year-old all star baseball team participated in a 10-team tournament at Pulaski County June 20-22. Rockcastle beat Mercer County 6-5 in the first game before being dropped to the losers bracket by eventual tournament winner Lake Cumberland 20-5. The young Rockcastle all stars showed a lot of heart. They fought back to beat Lincoln Co. 16-2, and a won a return match with Mercer Co. 15-14 to advance them to Sunday when they topped host Pulaski County 16-8. This set up a rematch with Lake Cumberland for the championship game. Rockcastle hung tough and led 6-3 going into the bottom of the last inning where they surrendered 4 runs for a 7-6 loss. Rockcastle's 8-year-olds play this week end at Lincoln Co., next week end at Clay Co. and invite all their fans to Brodhead for their own tournament July 18, 19 and 20. Members of the team are, front row, from left: Tommy Shafer, Jacob Lawson, Jacob Russell, Bryson Amys, Damien McDaniell, Brandon Stewart. Second row: Justin Bowman, R.J. Smith, Sarah Martin, Chris Wren, Eli Haddox, T.J. Russell. Back row: Head Coach Don Roberts and assistants Howard Haddox, Jarrod Amys and Glen Smith.



The 2003 7-and-8-year-old Red Sox celebrated their tournament championship victory by giving their coach a haircut (at right). The Red Sox beat the undefeated Yankees 11-8 in a hard-fought game. After losing two close games to the Yankees during the season, the Red Sox finished second in the league behind the Yankees. The coaches are very proud of their team and would like to congratulate all of them. They would also like to thank the parents for their time and support. Red Sox team members are (top picture), bottom row, from left: Caleb Price, R.J. Smith, Lindsey Northern, Raven Davis, T.J. Nichols and Nathan Singleton. Second row: Matt Cummings, Tyler Davis and Sam Payne. Back row: Head Coach Roy Smith, Asst. Coaches Anthony Kayhill and Robert Northern. Not shown in the photo is Jarrett Hamm.



Babe Ruth Scores

Submitted by David Brock

Thursday, June 5th

Angels 9

Crab Orchard As 3

Tuesday, June 17th

Reds 6 - Angels 2

Rockets 5 - Crab Orchard As 4

(Dustin Johnson drove in winning run for Rockets)

Friday, June 20th

Crab Orchard As 6 - Angels 3

Reds 7 - Rockets 4

Saturday, June 21st

Rockets 4 - Garrard Co. 1

Reds 6 - Crab Orchard As 4

Angels 11 - Rockets 1

Friday, June 27th

Reds 9 - Rockets 0

Saturday, June 28th

Rockets 10 - Angels 9

Monday, June 30th

Rockets 7 - Reds 4

Rockets 15 - Crab Orchard 7

The 11-12 year old all stars have won two games in the tournament at Science Hill, defeating the first team 7-1 and Wayne County Monday night 7-0. Tanner Perkins hit two home runs in the first game and another in the game Monday night.



Andrew Nelson ran the Midnight Sun Marathon on June 21st in Anchorage, Alaska. The above photo shows Andrew at 18.5 miles saying "this is easy." This was Andrew's third marathon. He ran the 26.2 miles finishing first in his age group of 15-19 year olds and was 61st overall. Andrew's dad, David, had a great run finishing 80th in the marathon. Jeff Cox, also from Mt. Vernon, participated in the 30th running of the marathon that had over 2,000 participants.



Brandon Young nears the finish in Butterfly at this year's first meet at Laurel County. The Dolphins won 775-691.



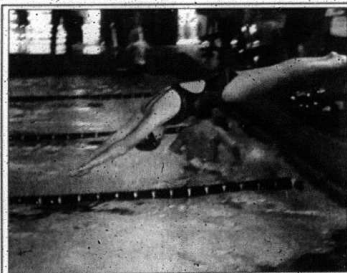
Dena Gabbard, left, and Sara Hammond, center, are poised to start a race at Laurel County, along with Ella McQuary, far right. The Dolphins are 3-0 in meets, with wins over Laurel County, Monticello and Somerset. The next home meet is Tuesday, July 8th when the Dolphins will host two-time champion Lakeview Marlins at Cedar Rapids. The meet begins at 6 p.m.

Has studying for the ACT or COMPASS tests got you feeling stressed?

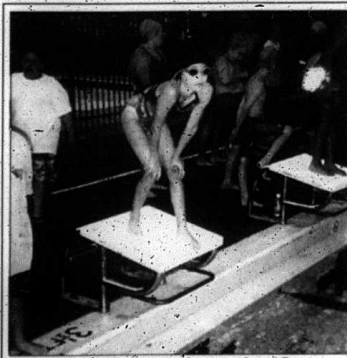
Preparing for those college admission tests can be frustrating. **We can help!**

Christian Appalachian Project
Adult Learning Center
At the top of Greenfish Hill -
on Hwy 25 North
Call 256-5307 or stop by.

- Brush up on your reading, math and language skills!
- Improve your chances of getting a high score!
- Instructional assistance and materials are free!



Allison Carter shows great form diving in during the L.C.S.A. relay meet at Knox County recently. The Dolphins finished third.



Sydney Arvin waits for the start of her race at Laurel County. Sydney is one of several outstanding 9-10 year-old girls.

RGHS VOLLEYBALL CAMP

July 15 & 16, 2003
RGHS Gymnasium

9 a.m. to 4 p.m. • Cost: \$55 per camper

Camp Application

Name _____
Phone: _____ Grade: _____
Age: _____
Please List 2 Emergency Numbers
Name _____ # _____
Name _____ # _____

As parents, we give our approval and permission for the above student to participate in volleyball camp. As a parent I assume all risk and liability incidental to such participation, including transportation to and from the camp. I agree to hold harmless the coaches from any injury to my child. I certify that my child is in good health and has no physical disability or illness that would prevent my child from participation in all activities. In the event of injury during camp, an all-out effort will be made to reach you. If you cannot be reached, your signature below will authorize the head coach to seek whatever medical advice or treatment necessary. Furthermore, I will assume any financial responsibilities for such treatment. By signing below, I signify that I have read and will abide by the conditions stated therein.
Parent/Guardian _____ Date: _____

PICK UP APPLICATIONS AT RGHS

Make checks payable to: Rockets Volleyball Booster Club

WHAT TO EXPECT:
Fundamental Skills, Position Work, Team Drills, Team Competition, etc.

*Participation in this camp DOES NOT guarantee that you will earn a position on the volleyball team.

CLOTHING/EQUIPMENT: Campers need to wear gym shoes, shorts, and t-shirts (no jewelry)

CAMP STAFF: Staff will be made up of Eastern Kentucky University Women's Volleyball team and coaches.

LUNCH: Will be provided at a minimum charge.

For more information contact coach Larry Lee

Work: 256-2953 • Home: 859-314-2908

Banjo Lessons

Beginner to Intermediate

\$10/Session

One-on-One Sessions are

30 minutes each

For more information call

Spencer Bengt at 606-256-5653

