

Upcoming Reunions

Stewart-Leger Reunion

The annual Stewart-Leger Reunion will be held Saturday, July 5, with dinner around noon, at the Flat Rock Baptist Church Fellowship Center, located on 1004 Maple Grove Road, Orlando. All family and friends are invited to bring a covered dish and join us.

Hudson/Short Reunion

The Hudson/Short Reunion will be held Sunday, July 13 at Levi Jackson Park in London. Spiller #5 on Rt. 229, street driveway past Laurel Co. Fairgrounds. Bring food for potluck, soft drinks, family information and pictures beginning at 11 a.m.

Thompson Reunion

The Thompson Family Reunion will be held Saturday, July 19 at Quail Park. Come early and stay late. Please bring a covered dish and drink. All friends and family are urged to attend.

Broyles/Brown Reunion

The Broyles/Brown Family Reunion will be held Sunday, July 13, beginning at 1 p.m. at Quail Park on Hwy. E70. Please bring a covered dish.

Dewey Bullens Family Reunion

The Dewey Bullens Family Reunion will be held Saturday, July 12. For

more details, please call Eddie Wilson, 256-1303.

Doyle Reunion

The Doyle Reunion will be on Sunday, July 6 at the Russell Acton Folk Center on Jefferson Street, Berea, starting at 9 a.m. until everyone leaves. This is part of the city park. Forks, plates and silverware will be furnished. Bring food and the family and let's have a good time together. I sure and remind all your family for 1 may not have all their addresses. Any question, call 859-623-4659. Edna W. Harris.

Brunett Reunion

The Brunett Family Reunion will be held Sunday, July 6th, beginning at noon at Family Life Center shelter on top of the hill in Reno Valley. All family and friends are invited to attend. Please bring a covered dish and enjoy the day. On Saturday, July 5th a winner roast and fish fry at Nicely Campground at Burr, Milton. Adams will furnish fish. Come and eat, we'll enjoy the company.

Ballinger/Gatloff Reunion

The Ballinger/Gatloff Reunion will be held Sunday, July 12, 2003 from 11 a.m. to 4 p.m. at the Russell Acton Recreation Center on Jefferson St. in Berea. Lunch will be served at noon. All family and friends are welcome.

Abney Reunion

The Morgan and Ida Abney reunion will be held Saturday, August 2nd at the Family Life Center Shelter on the right at the top of the hill. Bring a covered dish and join us for dinner at noon until 2.

Conway Baptist Church welcomes new pastor

The Conway Baptist Church would like to welcome Bro. Jim Ritchey and his wife, Sandy, to our church. Bro. Ritchey became our pastor on April 13, 2003.

Bro. Ritchey has pastored churches in North Carolina, New York and now in Kentucky. He was in the Marine Corp for 22 years and was called into the ministry just before his retirement. He and his wife, Sandy, have been married for 43 years. They have three children and eight grandchildren. His wife was in the Navy when they met in Norfolk, Va. They now both consider themselves as "Privates" in God's Army, serving as they feel led and find the need. They spent three and one-half years in Okinawa, Japan helping to re-establish and English speaking Baptist Church. It was there that Mrs. Ritchey taught a class and won some precious souls to Christ. Two of these girls are now missionaries. She is very proud and grateful for this accomplishment. We are looking forward to their ministry here at Conway and hope they enjoy worshipping with us as much as we will with them.



New Director of Nursing joins nursing facility

Beverly Morgan, RN, has joined Rockcastle Health and Rehabilitation Center, Inc. (RHRC) as the new director of nursing.

Morgan, who has 27 years of nursing experience, is no stranger to the Rockcastle healthcare organization. She became an LPN in 1976 and began working at Rockcastle Hospital in 1980. There she worked with Mike Deborde, RN, now administrator of Rockcastle Health and Rehabilitation Center, who was an LPN at the time. She also worked with Debbie Wesley, APRN, BC, who is now a nurse practitioner at RHRC. Through this experience, the three nurses built a mutual respect for each other as healthcare professionals.

"Knowing Beverly for a long time, I was aware of her integrity and ability as an individual and a nurse," said Deborde. "Combining our first-hand knowledge of her skills and professionalism with her experience as director of another long-term care facility and her work with resident assessment information and care plans, we knew she was the right person for this position."

Once Morgan made a visit to Rockcastle Health and Rehabilitation Center, she knew it would be a good fit for her.

"When I walked into the building and saw the residents and many of the staff members I had known over the years, it felt like coming home," said Morgan. "It has been good to connect again with people with whom I had a good relationship and share the same values. It was an honor to be seen by them as worthy of this position."

Morgan's love of learning and nursing, along with encouragement from Rockcastle Hospital personnel, led her to become a registered nurse

through ECU in 1988. Since then she has served as an occupational health nurse, MDS coordinator, home health nurse, and director of a nursing facility, all in the Mt. Vernon and Somerset areas.

As nursing director, Morgan manages all aspects of the 70-person nursing department, which includes SNRAs (state registered nursing assistants), LPNs and RNs. Morgan lives in Somerset and is active in the Cotter Avenue Church of God in Somerset, where she serves as director of music.

Rockcastle Health and Rehabilitation Center, Inc. is a 114 bed long-term nursing and rehabilitation facility in Broadhead operated by Rockcastle Hospital and Respiratory Care Center, Inc. It is one of only six percent of nursing facilities in the state to be accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO). RHRC is an equal opportunity employer. For employment, referral or admission information, call RHRC at 606-758-8711 or log on to www.rockcastlehospital.org.



Church News

Singing at Cupps Chapel

There will be a singing at Cupps Chapel Holiness Church, featuring The Prairie Singers from Irvine, on Saturday, July 5, beginning at 7 p.m.

Singing at Crossroads

There will be a singing at the Crossroads Assembly of God on Saturday, July 5 at 7 p.m. with Denny and Marie Riddell and The Tag Along. Everyone welcome.

Benefit Singing

There will be a benefit singing at the Red Ham in Reno Valley on July

11 at 7 p.m. Featured will be The Resurrections, The Mays Family, Burch West and daughter, Lauren West, Burton Murphy and Amy Fish. The singing is being held to benefit the church of Bro. Alfred Stevens, which burned and is now being rebuilt.

VBS at Wilde Christian

"Dive into God's Love" at Wilde Christian Church join us for Vacation Bible School July 20-24, 6 to 8:30 each evening. For more information, call 256-4494.

Do you want summer fun but don't have the funds?

By: Hazel Jackson
County Extension Agent for Family and Consumer Sciences

Families like to get together for outings during the summer months. These activities cost money. Unfortunately, mounting debt and emergencies can deplete funds for family outings and trips. As discouraging as this may be, it is possible to accumulate some extra cash simply by living within your means.

The best way to begin is to learn to live on less money than you earn. If you don't have money for a rainy day (or even an all-out thunderstorm), you likely will find yourself drowning in debt. Try to pay close attention to where your money actually goes. It's a good idea to make a list of where you spend money each month. Once you know your spending habits, you can cut back on indulgences.

Make saving a regular habit. There's no shame in being frugal. Bargain shopping and devising creative ways to have the things you like, while spending less money on them, are great ways to save money - without feeling deprived. Begin your penny-pinching venture by taking a look at your phone bill, particularly your long distance carrier. Long distance service vendors regularly change their rates. You will benefit

from shopping around. Call your current long distance provider to find out if a less expensive rate or plan is available. If your present provider doesn't, it is likely you can find an alternative vendor with a lower rate. It is a good idea to inquire about lower long distance rates about once every six months. Use your power as a consumer.

Also, consider comparison shopping with your auto insurance. Just like comparing auto insurance rate plans, asking for "what you want goes a long way. So contact your agent about ways to lower your rate on your auto insurance bill.

One way to reduce your premium is to pay a higher deductible. Thinking about your financial present and future will help you accumulate extra cash to eliminate debt. You and your family can have some memorable excursions this summer.

For more information, contact your Rockcastle Cooperative Extension Service, Educational programs. Of the Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability or, national origin.

Extension office classes

Office Closed
The Rockcastle Co. Extension Office will be closed Friday, July 4th for Independence Day.

"Christmas in July"
Celebrate "Christmas in July" at the Extension Office. Learn to make a Light Bulb Santa Ornament on July 10 at 6:30 p.m. make a Light Bulb Santa Ornament, followed by Light Bulb Grinch, Reindeer and Penguin Ornaments. Please register by calling the Extension Office at 256-2403 for details and a supply list.

Pinwheel Ornament Class
On July 16 at 10 a.m., a Pinwheel Ornament class by Lora Frazier-Howard, Clay Co. FCY Agent, and at 11:30 Mann Day Manna, by Hazel Jackson, will be taught at the Extension Office. Call 256-2403 for supply list.

Scrapbooking, etc. class
July 18 at 10 p.m. Scrapbooking and Greeting Card Rubber Stamping Basics, will be taught by Kim McFerron. Call the Extension Office for details and to register.

Weaving Class
Learn to weave a chair bottom or footstool using men's ties on July 25, 10 a.m. to 2 p.m. at the Extension Office. Class is limited and registration is required. Call 256-2403 to register and for supply list.

"Free Form Star Quilt"
A "Free Form Star Quilt" will be taught at the Extension Office on July 28, 10 a.m. to 2 p.m. The class is limited. Registration required. Call 256-2403 to register and for supply list.

Flower Pounding, etc.
On July 31, Flower Pounding and 3-D Christmas Cards will be taught at the Extension Office. Call 256-2403 for details and to register.

Be an Angel.

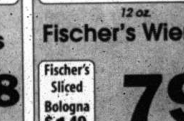
Become a Kentucky organ & tissue donor.

For information contact:
1-800-525-3456, or
www.trustforlife.org

FOOD WORLD

AD PRICE VALID Tuesday, July 1, 2003 thru July 7, 2003

We reserve the right to limit quantities and to correct pricing and/or product errors. Items sold as displayed.

 Ground Beef 1 lb. Sliced Cheese 99¢ 5 lb. or More 99¢	 Watermelons Dole Iceberg Lettuce 348¢	 Fischer's Wieners Fischer's Sliced Bologna 79¢
 PEPSI Cola 2/5 99¢	 Heinz KETCHUP 24 oz. 99¢	 White Lily or Three Rivers Cornmeal Mix 179¢
 Kraft Dressings 2/5 39¢	 Kraft Shredded Cheese 2/5 39¢	 Kraft Miracle Whip or Mayonnaise 199¢
 Showboat Pork 'n Beans 2/99 39¢	 Kraft Velveeta Cheese 399¢	 FAYGO Drinks 2/5 39¢
 Dixie Plates, Bowls or Cups 2/5 49¢	 Kingsford Charcoal 20 lb. 599¢	 General Mills Cereal 2/5 59¢

USDA Inspected Whole or Half

Bnls. Pork Loin

199¢

USDA Western Grain Fed Beef

Strip Steaks

599¢

Robinson's Chili

2/5 89¢

Robinson's Wieners

2/5 89¢

Robinson Pre-Sliced Cheese

2/5 499¢

PRODUCE SALE

Yellow, White or Bi-Color Sweet Corn **12/5 298¢**

Jumbo Western Cantaloupe... **199¢**

Extra Large Green Peppers **2/5 199¢**

Sunkist Jumbo Lemons **3/5 199¢**

Calif. Long White Potatoes... **199¢**

Calif. Panoche Sweet Onions **59¢**

Super Select Salad Style Cucumbers **3/5 199¢**

Wash. State Jumbo Bing Cherries **2/5 499¢**

Red Ripe Greenhouse Vine Tomatoes **199¢**

Fresh Gourmet Salad Croutons **198¢**