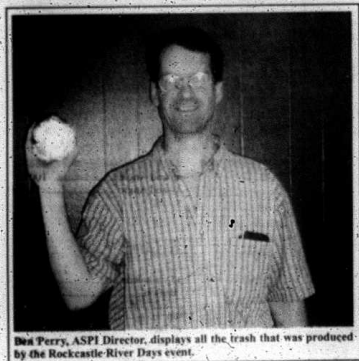




Dan Perry, ASPI Director, displays all the trash that was produced by the Rockcastle River Days event.

ASPI River Day Wet but Wonderful

Heavy rains the night before Appalachia - Science in the Public Interest's (ASPI's) June 7th River Day left the ground wet and the Rockcastle River muddy, swift and rifting fast most of the day. The gray skies threatened rain but not a single drop fell during the event.

"Despite the conditions, about 40 ASPI supporters showed up and were rewarded with a mild, rain-free day, a fast river to paddle, plenty of good food, good music, tours, a silent auction, and loads of fun activities for young and old. Finally, the sun broke through at about 6:00 P.M. to help light the clean-up.

The event started with a canoe float in the morning followed by tours of ASPI's Mary E. Frisch Nature Center and technology demonstrations continued from 2:00 to 3:30 and the silent auction was concluded at 4:00. The inaugural Rockcastle River Day Rockathon took place from 4:00 to 5:00. Music was provided by Dan Bond and Mark Spencer, and children's games and activities continued throughout the afternoon. The clean-up began around 6:00.

New for Rockcastle River Day - 2003 were:

The Zero-Waste Goal: ASPI's goal was to have no waste left at the end of the day, and while they didn't expect perfection the first time around, they got much closer than expected.

When the clean-up was over and all the trash had been collected, they had a ball of trash in the bottom of a bread bag no bigger than a fist. They were pleased and encouraged and hope to start a zero-waste trend. They have collected a good supply of plates; and silverware; and would be happy to loan them to any local group interested in putting on a zero or reduced-waste event. Call Ben or Martha at 606-256-0077.

The Silent Auction: The Silent Auction featured over forty items and gift certificates from twenty-eight businesses in Rockcastle, Madison, and Fayette Counties. Bidding started slowly early in the afternoon, and picked up after the afternoon program, reaching a good-natured, high-fiving bidding war on certain items during the final 10 minutes. The auction raised almost \$400 for

the Mary E. Frisch Nature Center and ASPI's environmental education programs.

The First Annual Rockathon: Due to the Rockcastle River's swollen condition, three events were left out and two others added. The canoeing, rock skipping, and river swim were canceled and a horsehoof toss and volleyball were added to the river canoe toss and watermelon seed-spitting contest for a total of four events. The goal for each event was to hit a target in the least amount of time, the maximum being 30 seconds per event or 120 seconds overall.

Damien Mallen of Madison County won the Rockathon in dominating fashion by tying for the lowest time on the horseshoe (20 seconds), watermelon seed-spitting (2 seconds), and river canoe toss (6 seconds) events and winning the volleyball event outright in 10 seconds. For a total of 38 seconds, John Rogers of Dayton, Ohio, was runner-up at 53 seconds and Jamie Ammenton received a "special prize" for a "perfect score" of 120 seconds and an overall gold medal. The awards for 1st and 2nd place were Olympic-style medals, made from hand-lettered sandstone disks, hanging from red, white and blue ribbons and the "special prize" was a red smiley-face hanging from a ribbon. For 2004, we are looking for a strong local challenge to claim the title for Rockcastle County.

"Appalachia - Science in the Public Interest (ASPI) would like to thank the following local businesses for donations to our 20th Annual Rockcastle River Day" celebration and fundraiser:

Community Trust Bank - Ford Brothers, Inc., Auctioneers and Realtors - Napa Auto Parts - Carter's Market - Food World - Godfather's Pizza - Save-A-Lot - Aunt Polly House - Cox Hardware - Cummins Sporting Goods - Xtreme Body and Health - Haul's & 10 - Jack's Hardware - Kentucky Music Hall of Fame - McCauley's Egg Company - Rockcastle County Farm Supply - Rockcastle River Trading Company - Thompson's Guitar Shop

Thank You for your generosity and community spirit!

Church News

Gospel Singing

There will be a Gospel Singing at Capps Chapel Holiness Church June 19th, beginning at 7 p.m. The Sols Family will be featured. Bro. Dwayne Carpenter, pastor, and the congregation invite you to attend.

First Baptist/Pizza Hut

First Baptist Church Student Ministry (Hay Petra) and Pizza Hut are coming together to help raise money for Christ's Outreach for the Blind. Come, support us on June 26th for a day or night of pizza. 20% of earnings and all tips will go to help the students reach their goal for Christ's Outreach their summer mission project.

Gospel Singing

Lighthouse Baptist Church will hold a Gospel Singing on June 14, beginning at 7 p.m. featuring the Burke Family from Neen, Ky.

Vacation Bible School at Ottawa Baptist

Vacation Bible School "The Great Kingdom Caper" will be held at Ottawa Baptist Church June 15-20 from 6:30 to 9:00 clock nightly. For more information or transportation, call 758-8453. There will be a Bible School Kick-off at the Ottawa Baptist Church, featuring a FREE Car Wash, on Saturday, June 14 from noon to 3 p.m.

Come along for a jolly good time at Vacation Bible School!

Singing at McNew Chapel
The Third Sunday Night Gospel Singing will be held at McNew Chapel Baptist Church on Sat., June 21 at 7 p.m. The Cox Family from London will be featured. Bro. Eugene Gentry, pastor, and the congregation invite everyone.

Corinth Holiness Singing

Bro. Gordon Mink and The Prase Singers will be at the Corinth Holiness Church Sunday night, June 15 at 7 o'clock. Bro. Joe VanWinkle and congregation welcome everyone.

Singing at

Crossroads Assembly
There will be singing at Crossroads Assembly of God in Broadhead on Friday night, June 13 at 7 o'clock. Featured will be the trio N-2 Jesus from Mississippi. Everyone welcome. For more info, call 256-0396. Pastor is Nathaniel Fugate.

Union Chapel Pentecostal Holiness Church

Located on Hwy. 1503 - Parr Rigby Road Interchange, Broadhead, Sunday School - 10 a.m. Sunday worship - 11 a.m. Sunday prayer meeting - 7 p.m. Bro. Ralph Reynolds is pastor. Everyone welcome to worship with us!

Poplar Grove VBS

Vacation Bible School will be held at Poplar Grove Baptist Church June 16-20, from 7 to 9:15 each evening. For transportation or information, call Rick Reynolds, pastor, at 758-8095.

VBS at Maple Grove

Vacation Bible School at Maple Grove Baptist Church will be conducted June 16-20 at 6:30 each evening. There will be classes for all ages, including adults. For transportation, call 256-4688 or 256-5297. Bro. Keith Carr, pastor.

VBS at Mareburg

Vacation Bible School will be held at Mareburg Baptist church June 23-27 from 6:30 to 8:30 each evening. The theme will be Great Kingdom Caper. For transportation, call 758-8348 or 256-5278.

News and Advertising Deadline is Noon Tuesday

Relay for Life news

Lights of Hope Represent Lives Touched

Hundreds of lights of hope will illuminate Rockcastle County Middle School football field and track on August 1, 2003, in honor of loved ones and friends who have fought cancer and in memory of those who have lost their lives to the disease.

During this year's American Cancer Society's Relay for Life event, a special ceremony will be held at 10 p.m. in which a luminary representing each individual will be lit.

Please join us in our celebration of survivorship and remembrance that raises funds for and awareness of the fight against cancer.

How to be a team captain

All you have to do is recruit 8-15 family, friends, church members and co-workers (including yourself) to participate, pay a \$10 entry fee and ask each team member to raise \$100.00.

Each team member raising \$100 will receive a Relay for Life T-shirt, and team members raising \$150 or more will receive an incentive prize if they choose.

Come rain or shine, teams participate in the Relay for Life, set up campsites around the track, and participate in the fun and fellowship throughout the event.

There will be team captain meetings prior to the event. You or a representative from your team must attend these meetings to receive valuable information on the event.

Start Recruiting Now!
It's never too early to get your team members recruited and to start raising money. Some teams raise money for the event year round.

Next Meeting
The next Relay for Life planning meeting will be Thursday, June 19 at 6:00 p.m. in the Cumberland Valley District Home Health building's basement meeting room, located in the Industrial Park.

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Rockcastle Community Bulletin Board
Sponsored By
Cox Funeral Home
Family Owned & Operated Since 1907
80 Maple Drive/Mt. Vernon, Ky. Ph. 256-2345
Toll Free 1-888-825-2345
www.coxfuneralhomeky.com

Sit-N-Sew
There will be a Sit-N-Sew session at the extension office June 16 from 9 a.m. to 3 p.m. Bring a project to work on. Agent will be available for assistance if needed.

Blood Drive - TODAY
There will be a blood drive at the Extension Office Thursday, June 12 (today) at 1050 West Main Street.

Bookmobile Schedule
Monday, June 16: Scaffold Creek, Disputanta, Anglin Falls, Clear Creek, Wildie, Buffalo, steps of old 461, Negro Creek, Ottawa and Bee Lick.

Attn: RCMS Cheerleaders
There will be a meeting on Thursday, June 12 (tonight) at 7 o'clock at the middle school for all RCMS 7th and 8th grade cheerleaders. All cheerleaders and parents are encouraged to attend!

Swim Lessons
Swim lessons will begin Monday, June 16 at Cedar Rapids Community Club. Lessons, \$50 from 8 to 9 p.m. Call 256-4112 to enroll.

Bd. of Ed Meeting
The Rockcastle County Board of Education will meet in regular session Tuesday, June 10, 2003 at 7 p.m. at the Rockcastle County Board of Education, Central Administration office. The public is welcome to attend.

Historical Workshop
The Rockcastle county Historical Society meeting the second Saturday of each month. The next workshop will be on Saturday, June 14, 2003 between 10 a.m. and 2 p.m. at the KREC Garage on Spring Street, Mt. Vernon. All interested persons are invited.

GED on Computer
CAP Adult Learning Center is offering a program for you to study online, using your computer or the center's. Choose your own times. We can teach you to use the computer. FREE! For more information, call Janet at 256-5307.

RCMS PTG Note
There will be a meeting for the Middle School's Parent-Teacher Group on Tuesday June 17 at 6 p.m. at the school. The meeting is being held for the election of parent officers.

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Saylor's Furniture

10th Anniversary Sale

June 6 thru June 28

Living Room Suites
Sleepers - Chairs by
Berkeley, England -
A La-Z-Boy Co.

Tables & Chairs
by Standard

Bedroom Suites
by Vaughn,
Vaughn Bassett
& Carolina

Mattress & Box Springs
by England, Kingsdown,
Capitol City Mattress
"Fluffo"

Recliners
by England,
Berkeley

Glider Rockers
by Brooks

All Brands Lead To Saylor's Furniture

ON THE SPOT FINANCING
12 MONTH NO INTEREST DURING SALE
with approved credit
MANY SPECIAL PURCHASES
THROUGHOUT THE STORE
DURING SALE
FREE delivery & set up
30 mile radius on purchase of \$300 or more

Thank You -
We would like to thank our customers for their great response during these special 10 years and would appreciate the same attitude with us during our sale. We can't find a bigger store but you will find the quality of service our customers are our business.

35 Lovell Lane Mt. Vernon, KY
Open 9-7 Mon-Sat
Via - Mastercard - Discover

Vacation Bible School Time



Place: Ottawa Baptist Church

Dates: June 15-20

Time: 6:30-9:00 pm

For more information or transportation call: 758-8453

Bible School Kick-Off: Free Carwash

Place: Ottawa Baptist Church

Date: June 14, 2003

Time: 12:00-3:00 pm

Come along for a jolly good time at
Vacation Bible School!!!!