

buddy, Ralph King, and I enjoyed a three-year stint as Snow Pea Barons three-year stint as Snow Pea Barons in that we almost certainly produced the largest crop of said delicacy in the state of Kentucky, and to the best our knowledge, east of the Missis-

our knowledge, east of the Mississippi River.
Notice that I said we enjoyed to sing Barons and made no mention of any joy to be found in growing, havesting and marketing the crops.
During our heyday, oriental restaurants and big grocery stores in the Ohio Valley bought their snow pess from growers mostly located in, the cool, damp eliminates of northern California, Oregon and Washington State and they solid iceally, witted and doused with chemicals to keep them fresh, for \$3.39 a pound.

doused with chemicals to keep them fresh, for \$3.99 a pound.

In those days you could go to a good Chinese earry out and order the "Shrimp and Snow Peas" entire 4 and heavy dix, you my with a quart of won-derfully-seasoned sauge into which heay had combined a cup of water chestmast, some chunks of your favorite chois and other green still to 24 jumbo shrimp and 4 pitful little to 24 jumbo shrimp and 4 pitful little properties with the same peason was \$1.99.

sow peapeds all for \$5.50. The same dish, without the styne peas, was \$1.59.

Ralph and I were selling fresh, organically groven, snow peas for \$28.00 a bushel—less than a shift of \$28.00 a bushel—less and the shift of \$28.00 a bushel—less shift of \$28.00 a bushel shift of \$28.00 a bushe

ntanage.

Of course the break that Ralph and

Of course the break that Ralph and I took from farming snow peas happened before a single migrant farm worker had set foot in central Kentuckins of the foot in central Kentuckins for hird decided, that they'd rather starve than do any work-nated that they'd rather starve than do any work-nated that they decided that they'd rather starve than do any work-nated that they do not not to the foot of the

sire for strawberries even though the have sold at the best prices in year

sure for strawbernes even though mey have fold at the best prices in years because it has been too wet to pick them. I picked enough when I was in grade and high school to do me. I have been too well the picked with the pi until you see what happens when we capture the central Kentucky sushi

#### Does Poison Ivy spread?

Presented By: Dr. Tony Arvin

seep increasing. Because of tins, many people beneve that posoon ny spreads and that the fluid from the bilisters contains a poison.

There are a couple reasons why the rash of poison ivy spreads, but the fluid from the bilisters is not one of them. This fluid is just serum from the body, the same as any other "water bilister."

The damage from poison ivy occurs almost immediately after contact with the plant. The allergic reaction occurs when the rasin in the sap binds with proteins of the skin. Only by washing the area within printing of the skin. Only by washing the area within printing of the skin. Only by washing the area within printing of the skin. Only by washing the area within printing of the skin. Only by washing the area within printing of time—smally 2.5 days—before a person breaks out with the typical reaction and the statem of poison in your printing of time—smally 2.5 days—before a person breaks out with the typical reaction and the statem of poison in your printing of the printing of time of time—smally 1.5 days—before a person breaks out with the printing of the print

### Folding the Flag

Flag Day is June 14th

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I had no idea about this. According to military tradition, once at Use Tilga is lifted from the casket, it is then titled down in from of the casket, it is then titled down in from of the casket, it is then titled down in from of the casket, it is then titled down in from of the casket, it is then titled down in from of the casket, it is then titled down in from of the casket, it is then the did pilot of everyone to see the flag is then played softly in the distance. This is referred to as, "Presentance." This is referred to as, "Presentance." This is referred to as, "Presentance. The flag is find rest in Gods section of the flag and the veterant are formally." Referred Forever, and the country and our flag against all her output for the surprised if you can be supprised if you can be sup

The first fold of our flag is a symbol of life.

The first fold of our flag is a symbol of life.

The second fold is a symbol of our bleif in circinal life in Jesus Christ.

The shird fold is made in shonor and remembrance of the veterans departing our rank you gave a potential to be sufficient to the state of the shirt of the defense of our control of the shirt o

anhood; for it has been through their faith in God, their love, loyalty and devotion that the character of the men and women who have made this

untry great has been molded. ... The tenth fold is a tribute to the

The tenth fold is a tribute to the tather, for he, too; has given his sons and daughters for the defense of our country since they were first born. The eleventh fold, in the eyes of a Hebrew citizen, represents the lower portion of the seal of King David and King Solomon, and glorifies in their eyes, the God of Abraham, Isaac and Jacob.

The twelfth fold, in the eyes of a

The twelfth fold, in the eyes of a Christian citizen, represents an em-blem of eternity and glorifies, in their eyes, God the Father, the Son and Holy Spirit.

After the thirreenth fold, when the flag is completely folded, the stars are uppermost, reminding us of our nation's motto, "In God We Trust." After the flag is completely folded and tucked in, it takes on the appear-ance of a cocked hat, ever reminding us of the soldiers who served under General George Washington, and the General George Washington, and the sailers and marines who served under Captain John Paul Jones, who were followed by their comrades and shipmates in the Armed Forces of the United. States, preserving for us the rights, privileges and freedoms we enjoy today. There are some traditions and ways of doing things which have deep meaning.

ons and ways or owner or deep meaning.
You may see many flags folded the future, and now you will know

nitted by Ruth Bus

### Our Readers Write

Dear Editor,
Op behalf of the graduating class
of 2003. I would like to thank the
parents, family members, school staff
and community members who
worked so hard to make Project
Graduation is huge success.

I know that weekly meetings,
fundraisers and other preparations
required much of our parents time,
but please know that we, your chil-

many businesses that contributed to this worthwhile event. It is because

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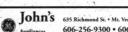
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#### Words of Hope

Can you remember a time when someone's act of kindness especially touched your horse? I remember a time when I blue was a time on my car and a simpler support to change it for me. I was a small limp, really, hus the act anade a big difference at the time. Jesus tells us in Matthew 25-40 that "whatever you did for the least of these besthers (or sisters) of mines, you did for me. "Remember toulay that few worths as to now hole el lim, but also to love and encourage our fellow people!

A message of hope from your friends at Mt. Vernon Pentecostal Church



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I borrowed more than a cup of sugar from this neighbor.

**citi** financial