

"Mt. Vernon Message"

(Cont. from 5)

Mrs. Cable
April Coffey, Lauren Denoy, Logan Durham, Eli Haddis, Courtney Hays, Beany McKinney, Terri Remmer, Justin Spunk.

Mrs. Chis
Sara Adams, Ashton Arvin, Tiffany Barron, Hannah Bullock, Elijah Leiby, Emily Porter, John Wilson, Alexis Young.

Mrs. Conan
Ben Allen, Bryson Ames, Heather Chis, Emily Mink, James Morgan, Adam Poyner, Jesse Sallaworth.

Mrs. Crook
Miranda Clark, Adam Young.

Mrs. Dineen
Robert Bowman, Ashley Lewis, William Mithun, Kaylee Vanvinkle.

Mrs. Eames
Jordan Carpenter, Katie Cowan, Lucinda Gibbons, Holly Ham, Cory Johnson, Mitchell McClure, Rebekka Mullins.

Mrs. DeBorde
Angela Adams, Quinton Bishop, Levi Bradley, Sha Buehler, Joseph Daugherty, Ryan Gilbert, Stephen Harris, Alexandria Martin, April Monroy, Nathan Singleton, Courtney Smith, Tyler Smith, Steven Thomas.

Mrs. Ford
Nathan Adams, Carly Asher, Billy Beasley, III, Taberley Davidson, Chase Delaney, Tiffany Gross, Jacob Langford, Jeffery Remmer, Carina Sparks, Courtney VanWinkle, Ashley Waddie, Everett Wilson.

Mrs. White
Brittany Carpenter, Megan Martin, Caitlin Mulvaney, William Wheat, Jordan Whitaker, Sarah Woodall.

Mrs. Allen
Brandon Burdette, Dahn Hutton, Jamin Johnson, Kassie Robinson.

Mrs. Asher
Shannon Chappell, Kayla Henley, Christy Kirby, Nichole Roberts, Alyson Washburn.

Mrs. Barrett
Crystal Barnett, Heather Bullock, Sara Hammond, Amber Hines, Joyce Johnson, Abby McClure, Will McClure, Ella McQuay.

Mrs. Clark
Brent Callahan, Tesla Fuson, Denise Harrison, Zachary McClure, Mason Phillips.

Mrs. Lutz
Elisabeth Jackson.

Mrs. Baker
Sarah Baker, Dylan Bell, Michael Brewer, Michaela Dewit, John Robert Hickey, Samantha Harty, Chastity Louwerick, Christina Penderly.

Mrs. Clark
Sydney Arvin, Kristin Bullock.

Mrs. Cameron
Felicia Cameron, Travis Carpenter, Casey Hays, Brittany Marder, Carl Sandlin.

Mrs. Lutz
Chaunty Burke, Kayla Carpenter, Beth Zacher, Ryan, Ryan Roberts, Samantha Stewart.

Mrs. Ramsey
Charles Alcorn, Jordan Robinson, Kayla Wynn.

Mrs. Lutz
Samantha Croner, Joseph Doan, Morgan Hane.

Mrs. Brown
Brianna Brown, Brittany Daniels, Sarah Herbert, Nikki Jones, Jessica Mahaffey, Zachary Ream, Ryan Roberts, Samantha Stewart.

Mrs. Lutz
Rebecca Ayers, Bo Clark, Tiffany Mason, Brandon Remmert, Bobby Rigley.

Mrs. Coffey
Courtney Ham, David Lovell, Carly McClure, Taylor McGuire, Brian Morrison, Anthony Prewitt, Amber Whitaker, Brandon Young.

Mrs. Lutz
Ian Bullock, Sarah Lindsey, Jeremy Samples.

Mrs. Kinser
Dillon Asher, Richard Barron, Whitney Harrison, Daniel Johnson, Megan Perkins, Regina Rice.

Mrs. Lutz
Kassia Bullock, Michael DeBorde, Megan Kidwell, Shyla Kirby, Cynthia Langford, Vanessa Price, Chris Rogers.

Mrs. McQuay
Adrienne Childers, Matthew Thomson, Chelsea Whitley.

Mrs. Robbins
Brianna Arley, Dakota McFerron, Kim Norden, Amanda Petes, Michael Roberts, Nikki Wilson.

Mrs. Lutz
Dustin Bishop, Megan Croner, Sharon Hall, Dylan Holden, Gabrielle Scabrover, Jonathan Singleton.

Youth Mission Team from Virginia works at Christ's Outreach for the Blind

Christ's Outreach for the Blind, a Christian-based camp located in Mt. Vernon, hosted a church group from Monrovia, Virginia. The 23 member team arrived from Radford Baptist Church the day after Easter.

One interesting fact about this mission group was that these amazing youth chose to spend their spring break in Mt. Vernon, serving the Lord instead of going to Myrtle Beach or Florida. Grace McCann shared her thoughts about this. "When I heard about this camp and Mike's story, I was so touched. Even though the early wake up and the seven to eight hours of work sounded a little too much for my spring break, I am so happy that I came. I just wish I could stay longer."

During the group's three work days, the youth and adults worked outside. They worked with the landscaping in front of the Outreach Building. This group continued with preparing the soil for planting and were eventually able to plant some shrubbery.

In addition, the Radford Baptist youth and adults cleaned brush and briars from a trail and thinned trees along the driveway leading to the



Youth pruning and cleaning entrance.



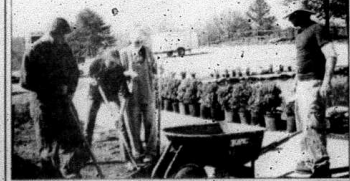
Looking a meal in the fire pit.



Mission team from Radford Baptist Church.



Workers landscaping the front of Outreach.



Rockcastle County teacher Thana Taylor-Connelly, center, receives a Campbellsville University Excellence in Teaching Award from Dr. Brenda Priddy, far left, and Dr. Frank Chatham, vice president for academic affairs at CU. Absent were Angela Hunt and Angela T. Hendrickson.

Tips To Properly Store Winter Clothes

By: Hazel Jackson
County Extension Agent for Family and Consumer Sciences

Many of us postpone the task of storing winter clothes and accessories as long as possible. However, when that inevitable time comes, giving stored clothing special care and consideration will pay dividends in less time and money spent on upkeep and a longer product life. Following these reminders will ensure that you properly put away clothing and accessories.

Use a storage area that provides the best protection for your garments. Places to avoid include basements, attics and garages where clothing is exposed to extreme dampness, sunlight, heat, grease and fumes. Vacuum, dust and wash down the area just before storing clothing. During storage, occasionally air out closets and drawers by leaving doors and drawers ajar for several hours. Thoroughly clean storage areas annually.

Laundry or dry clean clothing and accessories to be sure they're clean before you store them. When laundering, avoid using starch, garment sizing, fabric softeners or chlorine bleach. Thoroughly rise laundered clothes before putting them away for the season. Use all clothing is completely dry to prevent mildew and mold problems in storage.

The best approach to prevent insect damage in stored items is to store clean items in a well-ventilated, clean storage area. If you decide to use moth balls or crystals, suspend them in a mesh bag from the top of the storage enclosure to allow vapors to release downward. Don't let the bag touch clothing. Seal the storage space and leave it undisturbed.

Since natural fiber fabrics such as wool and cotton need to breathe, select packing materials like white tissue paper, cloth bags, a clean sheet or pillowcase to enable the stored garments to breathe, rather than wrapping stored clothes in plastic bags. If you're going to store an item flat, fold it as few times as possible; fold at construction lines such as seams, or at natural wearing lines such as the waist or knees. When creasing might be a problem, consider putting white tissue paper between garment folds. Don't fold clothing the same way each time it's stored; rather use an alternate folding pattern to help prevent permanent creasing.

When stacking is necessary, always put the largest, heaviest garments on the bottom.

For more information, contact the Rockcastle Cooperative Extension Service at 256-2403. Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability or national origin.

Notice RCMS Parents

Dear Parents,

In the next few weeks, the School-Based Decision Making Council will hire our next Rockcastle County Middle School principal. This is a critical decision for our school and we need your input.

On the bottom of this page, please write no more than five characteristics you feel are important qualities for the next principal of Rockcastle County Middle School.

Surveys must be returned to the Rockcastle County Middle School front desk, in a sealed envelope, directed to the attention of the SBDM Council. Surveys are due by Friday, June 6 at 3 p.m.

Thank you for your assistance and interest in this important decision for our school.

Characteristics to be used in considering candidates for the position of principal.

- 1.
- 2.
- 3.
- 4.
- 5.

"It is Written"

Let's study on the topic of complaining—The word complain carries the ideal of expressing dissatisfaction, which is a manifestation of discontentment, not being satisfied with something. Many folks today have not learned to have the attitude of Paul, as is stated in Phil 4:11-12, "Not that I speak in respect of want: for I have learned, in whatsoever state I am, therewith to be content. I know both how to be abased, and I know both how to abound: every where and in all things I am instructed both to be full and to be hungry, both to abound and to suffer need." Notice that the contentment Paul had, was something he had to learn, how so? By what we may call "on the job training," by learning and applying the principles of Jesus Christ in his daily life. "I can do all things through Christ which strengtheneth me" Phil 4:13. The Hebrew writer teaches us the same thing in Heb 13:5-6, "Let your conversation (manner of life) be without covetousness, and be content with such things as ye have: for he hath said, I will never leave thee nor forsake thee. So that we make boldly say the Lord is my helper, and I will not fear what man shall do unto me." The Lord promises to be with us and to strengthen us, so let's quit complaining and start giving thanks instead. As Paul said in I Thess 5:18, "In every thing give thanks: for this is the will of God in Christ Jesus concerning you." Let's count our many blessings, and give God thanks, and maybe our complaining will seem foolish enough for us to stop it!

Grace Church of Christ

Don McKibben-758-9316 • E-mail: Don.McKibben@juno.com
Web Site: www.WhatSaidTheScriptures.com
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Words of Hope

"Oscar Wilde once stated, 'In this world there are only two tragedies. One is not getting what you want, and the other is getting it.' True happiness will never be discovered in possessions. In Philippians 4:12 Paul declares, 'I have learned the secret of being content in every situation.' That secret was a relationship with Jesus. Find real happiness today in Jesus."

—A message of hope from your friends at Mt. Vernon Pentecostal Church

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