Scott New as Daniel Boone, Pathfinder

Kentucky Chautauqua presents: Daniel Boone, Pathfinder

By the time of his death, Daniel Boone (1734-1820) had become a legend, and so he remains. But much of what Americans think they know about this great frontiersman is off the mark. Neither a backwoods bumpkin nor an epic slayer of Indians (and he never wore a coonskin cap), Boone was an intrepid explorer and natural leader whose actual exploits easily justify his larger-than-life reputation.

Boone played a crucial role in the exploration and settlement of Kentucky and the American West. He first began to seriously explore Kentucky in 1769 and, in 1775, led the expedition that founded Boonesborough in present-day Madison County. Some of his most famous exploits soon followed: his rescue of his daughter from Indian kidnappers; his own escape from captivity to warn Boonesborough of an impending attack; leading the defense of the fort against a nine-day Shawnee siege. In the 1780s, Boone ran a tavern in Limestone (now Maysville) and later serve as a delegate in the Virginia Assembly. Having lost all his land, he left Kentucky in 1799 for Missouri, where he died in 1820. Twenty-five years later, what are believed to be the bodies of Boone and his wife, Rebecca, were brought to Kentucky and reinterred in Frankfort Cemetery.

Scott New, who portrays Daniel Boone, has had a lifelong interest in the Kentucky frontier and early American History. He is the owner/operator of Transylvania Company Mercantile, a re-created 18th century trading post at Fort Boonesborough State Park. New also appears at numerous living history events in Kentucky and throughout the country.

Sponsored by the Mt. Vernon-Rockcastle Co. Tourist Commission, there will be one performance only of Daniel Boone, Pathfinder on Friday, June 6 at 8 p.m. at Renfro Valley. The performance is free.

For further information, call the tourist commission at 256-9814 or 800-252-6685.

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Real Men Face Real Depression (Part 3)

To spotlight the problem of depression in men, I am offering a free depression screening session for any male age 14 and over. Call me at 679-4134 or 1-877-PASTOR-8 and set up an appointment. I will assess your situation, and if you are depressed I will suggest treatment possibilities.

Remember, there is no cost to you, but this offer is good only during the month of May. This is your chance to talk with a counselor about depression at no cost. Call now and make your appointment.

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Men often have a difficult time acknowledging that they are depressed. It is seen as a weakness that a "real man" should not have. Therefore, men are reluctant to get help when help is readily available. Here is what some men have said about their own experiences with depression. (Quotes are from the National Institute for Mental Health,s website.)

"As you get sick, as you become drawn in more and more by depression, you lose that perspective. Events become irritating, you get more frustrated about getting things done. You feel angrier, you feel sadder. Everything's magnified in an abnormal way." -Paul Gottlieb, Publisher

"You don't have any interest in thinking about the future, because you don't feel that there is going to be any future." -Shaun Colten, National Diving Champion

"I wouldn't feel rested at all. I'd always feel tired. I could get from an hour's sleep to eight hours sleep and I would always feel tired." -Rene Rubalió, Police Officer

Depression can be a fatal disease. Some men who are depressed do attempt suicide. Men are more likely than women to succeed when they attempt suicide because men tend to use guns while women use pills. Not everyone who is depressed contemplates suicide, but listen to one man who did:

"You are pushed to the point of considering suicide, because living becomes very painful. You are looking for a way out, you,re looking for a way to eliminate this terrible psychic pain." -Paul Gottlieb, Publisher

While there can be much danger in being depressed, there need be no shame.

Depression is not caused by weakness or lack of will power. Depression is a disease of the brain that has actual, physical causes. Modern brain-imaging technologies reveal that the brain of a depressed person is malfunctioning.

Neural circuits do not connect as they should and neurotransmitters - chemicals that carry messages throughout the brain - are out of balance.

These brain malfunctions may be inherited or they may occur without any family history. It may also be true that early childhood abuse affects the development of the brain and makes depression more likely. None of these causes have anything to do with weakness or lack of emotional will power.

A malfunctioning brain often requires medication to get better. This is one of the treatments for depression that has been proven to work. Another treatment that works is therapy or counseling. Talking the problem over with a knowledgeable helper can relieve the stress.

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Men, take advantage of the free depression screening session that is available at my office. I will meet with you personally and help you decide if you are depressed and how best to treat that depression. Call 679-4134 to set up your appointment.

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Church News

Revival Services

Revival Services will begin June 1st at the Conway Church of God. Bro. Terry Perkins of Richmond will be the evangelist. Services begin at 6 o'clock Sunday night and 7 o'clock weeknights.

Homecoming at Lighthouse Baptist Church

Homecoming will be held at Lighthouse Baptist Church on Gabbardtown Road in Berea on June 8, beginning at 11 a.m. Featuring the Murray Family from Bowling Green. Potluck lunch will follow the morning service.

Gospel Singing

Lighthouse Baptist Church will hold a Gospel Singing on June 14, beginning at 7 p.m., featuring the burke Family from Neon, Ky.

Revival

Revival services will be held June 2-6, at 7 o'clock nightly, at the Lighthouse Baptist Church on Gabbardtown Road in Berea. Evangelist will be Tim Mullins from Ohio.

Benefit Auction

There will be a Benefit Auction for the Vester McGuire family at Brush Creek Holiness Church on Saturday, June 7, beginning at noon. Plate lunches will also be sold. Bro. Olen McGuire, pastor, and the congregation welcome everyone.

Bible School at Skaggs Creek Baptist

Bible School will be held at Skaggs Creek Baptist Church June 2-6 at 7 p.m. nightly. This year's theme is "Come Join the Caravan!"

Revival

Revival services will be held June 2-6 at the West Brodhead Church of God on Hwy. 3245. Services will be at 7 o'clock each evening and evangelist will be Bro. Billy Bryant.

Gospel Singing

There will be a Gospel Singing at Sand Springs Baptist Church Saturday, May 31 at 6 p.m. Featured will be the Gospel Harmony and Bro. James Adkins, all from LaFollette, Tennessee. Everyone welcome.

Upcoming Reunions

Renner/Ramsey Family Homecoming

The Renner/Ramsey Family Homecoming will be held Saturday, May 31, 2003 from noon till ??? at Quail Park.

Please come and enjoy our families as we remember and honor our loved ones who have gone on ahead and meet the new ones. To see old faces and celebrate with good food, fun and fellowship.

Correction!!

Ambrose Reunion

The Ambrose Family Reunion will be held Sunday, June 1st at the home of Roxie Ambrose on Scaffold Cane Road. We will eat about 1 p.m. Come and bring a covered dish. All family and friends invited.

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Final Notice of 2002 Property Taxes Due

Taxpayers are hereby notified that property tax bills for 2002 are now past due.

The total amount due includes the 21% penalty and $5 sheriff's fee. If this bill is not paid, it will be advertised as such in *The Mt. Vernon Signal*, beginning June 5, 2003 for three consecutive weeks, with additional fee of $4 weekly.

Any unpaid bills will be sold on the courthouse steps on June 27, 2003 at 10 a.m.

Tax bills may be paid to:

Darrell Doan, Sheriff

205 East Main Street, Box 2

Mt. Vernon, Ky. 40456

For any questions, call 606-256-2032