

om the Guir of Mexico to er the heck they are bound for ida or Alaska. nk, Honk, Honk", or "Quack, Quack" at the crack of dawn

Fish Fry North Atlantic Cod Lil's Place

Saturday, May 24th Begins at 2 p.m. Everyone Welcome

exactly what I do on the internan-the human stops between Berea and Plusburgh. Except I use the toilet and flush instead of just letting it fly ther in somebody's garden. On the other hand, I'm told that goose and duck poop is about the fin-est fertilizer you ever used and I fig-

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Paige Bengs, Adventing Manager

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In County - \$16.75 Vt. Out-of-County In Scare - \$21.75 Vt.

Oxiv-of-Stare \$30:00 Vt.

e-mail address - mvsignal@sun-spot.com

ur Readers Write

number of relatives burierbeire;
Further, it skould be noted that the
Trust Fund was conceived and creaced by people living out of state. To,
date, approximately 74% of the contributions have come from cohortibutors living out of state and only 16%
from local Kentuckians,
The major function of the board
sto traise money for the Trust Fund.
lan' it logical that the board members should come from the majordource of contributors. However, the
Montice ello, Bank in "Somerset is
trustee for the Trust Fund.
If the purpose of the May Sh letter was to drive a wodge between the
local and non-local contributors,
sadly it is close to succeeding. Ariment of the properties of the state of the
local and non-local contributors,
sadly it is close to succeeding. Ariment of the properties of the state of the
local state st

onlies given at the gate of the cem-ery on Descration Day, with in-tuctions to give this to the Brodhead easurer, were turned over to her, ther at the cemetery or at her home. cople giving at the gate were always even a financial statement, showing

Support.
Sincerely,
The Negro Creek Cem
Trust Fund Board of Dir
David B. Bowling - True
Dr. James D. Bowlin
Betty Lou (Bowling) H
Roger Hartke
Edgar B. Bowling
Dan E. Bowling

Rock of Ages Miss P.O. Box 490 P.O. Box 490

Mt. Vernon, Ky. 40456

P.S. Please call us at 758-8546 or 758-4203 if we can help you.

\$1.99 mini-meal

Serving

Sunscreens Prevent Skin Cancer

Sunscreens Prevent Skin Cancer
Presented by Dr. David Brabon
Now that we are getting into nummer and the days are long and warm,
we all stant to are should design a little undeathing or training on the lawn
of by the labe. The should design a little undeathing or training on the lawn
or early for so much sun exposure.

It is the ultraviolet spectrum of sanlight that causes
sunburns and contributes to skin damage. If these rays
are not kept out by sunscreens or one vantural ran to
elastic fibers off the skin are damaged and a perspot
develops writhfeld and as aging skin. This damage ascumulates over the yearns of carefuse sun exposure.
Besides, damaging the elastic fibers, sunlight, also
causes skin cancers. These also occur in proportion to
how much sanlight you get over the years and your
skin type. Severe
burns directly increase the chance of developing a melanoms, the dangerous form of skin cancer.

You can protect-your skin from these effecs by using a sunscreen with
a sun protective factor (SFP) rated from 15 to 60, with the highest numbers being more protective. Many dermatologists recommend the higher
doese routinely since all lose their protective values as they wear of it;
good to choose one which stays on even if you swim.
Clothing does not give complete protection. If you can hold the fabric
up to the sun and see light through it, it is giving you an SFP rating of
about 5-8.

Sand and water reflect the altraviolet ziys, so being on the beach or
the state of the case of the controlled to the cent increase your exposure. In fist, this reflection from the water of

out 5-8.

Sand and water reflect the altraviolet_rays, so being on the beach or ce can increase your exposure. In fact, this reflection from the water or d will reach you even when you sit in the shade. So remember to al-vay use sunscreens.



of the late Mr. L.A (Junior) Alexander's

Vehicle, Trailers, Tools and Personal Property

Fairview Section of Rochcastle County, Ky.

LOCATION: 10 miles north of Mt. Vernón and 4 miles south of Berez. Turn off US 25 at Snyder Grocery o Fairview Road and follow approx. 12 mile to the auction size (rafe Fairview Bapits Church). Auction signs are pout We have been authorized by Mr. Pauline Alexander, the executrix of her late husband's estate. Mr. L.A. Alexan Jr., to sell the following items at absolute auction.

1982 GMC Conversion Van * 1971 Kenworth Tractor (wrecked) * 20* Box Van * Stick Trailer with two side doors * Two - 45* Utility Trailers with which and sales * 42* Trailer (no wheels or axies) * 18* Ice Cream Box * 18* Box for Storage * Bog Parroy * Culripacker * Ariens Rotary Taller, 8 HP rear times * Sears 16 HP Riding Lawn Mower * 0** Band Saw * 16* Drill Press with Vice * 4 Speed Wood Lathe * 12* Bel Sander * 3* 36* Metal Roll Table * Log Chains of all Sizes * Binders * Truck Parts of all kinds * Truck Tires and Wheels * Tarps * Aluminum Fuel Tanks * House Trailer Wheels, Aules, Tires * Load Lock * Coil Racks * Hand Tool * Stainles Steel Double Sink * Glass Top Table and Chain * Fishing Rods and Reels * Camping Equipment * Plus other items too numerous to mention.

AUCTIONEER'S NOTE, Be sure to mark your calendar for Friday evening. May 30th at 5 p.m. and attend the

TERMS: Cash or check in full day of sale.

Announcements day of sale take precedence of For additional information, contact the aucti-

FORD BROTHERS, INC.

