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fort to various parts of the body. Such as:

and Pain Center Dr. Meyer does not only provide exceptional care for patients who suffer from back and neck pain, he also

· Arthritis

•Carpal Tunnel Syndrome

Overuse injuries •Rheumatism •Sciatica •Scolosis •Sports injuries •TMJ

·Tendonitis ·Whiplash injuries Stiffness, Numbness, Swelling, Tingling or Cramps of any

extremity
Massage Therapy Available

•Fibromyalgia •Headaches •Joint Pain

Submitted by: Ray Evans
3400 Capri Drive
Louisville, KY 40218
ray-evansifi, attnet
Honti Veron Signal on March 121909. It was recenit signal on March 121909. It was recenit raise of the
Monti Veron Signal on March 121909. It was recenit raise of the
Signal. With these submittals, I an
sharing these gleanings with the
Signal's present readers.
PERSONAL NEWS
Mrs. Elizabeth Tayloo has been
very sick this week. Mrs. Anna
Miller was in Louisville shopping
Monday. Mr. and Mrs. L. R. Hughes
weeu pi from Sanford to spend jud
day. - Clay Gentry, has, pneumonia
and was very sick Monday and Tueday. - Atty. John W. Brown spent
well-day. - Atty. John W. Brown spent
Wednesday and Yesterday in Louisville. - Miss Sadie Richards has been vuici. - Miss Sadie Richards has been every sick for several days, but is bet-ter now. - Miss- Risse Williams has returned from a several days visit to Memphis. - Oscar Wallen, the Gum Sulphur Merchant, was here for a few hours Monday. - Mr. and Mrs. W. T. Davis are the happy parents of an-other fine girl at their home. - Mrs.

Bart Sams was reported sick Tues-day, but we understand is better at this time. - Joe Norton, of the Wabd secday, but we understand is better at this time. Joe Norton, of the Wabd section, is; reported very sick and has been for several days. -U. G. Baker was in Louisville this week buying goods for his marmond store. -Indge L. W. Bethurum is having his pertity in the large of the lar

Jarrett writes from Hot Springs that he is better and the doctors there have guaranteed him a cure. This we are certainly glad to hear. They pro-nounced that his trouble is poctasis. Ben Parrett, who is a natural archi-tect, is thinking of going to Cincin-nati to take a special course in designing, drawing, etc. He designed several plans for houses and have been proiounced by those competent to pass judgment of being first class. We believe he has a bright future be-

we believe ne has a bright future before him.

LOCAL NEWS
Small pox is a thing of the pest in Mt Vernon. S. B. Ramsey has bought a new refigerator and has his meat shop up in running order again.

Refore the strain of the pest in the strain of the strain

same val pusying with outer boys sunday. A small boy of Mr. W. H. Forbes was up in a tree and fell out falling on top of the Davis child, who was standing under the tree. The Forbes child escaped uninjured. LIVINGSTON NEWS Mrs. W. J. Carson, of Crab Orchard, is visiting the families of H. D. McGee and J. H. Browning. - Dispatcher Lemmons was in Louisville Wednesdryl slate. - Dr. W. J. Childress, will take Thomas Jones to Louisville tomorrow to have his eyes treated. - Miss Alice Ward and Miss Ellis Stanley are visiting their brother at Miss Alice Ward and Miss Ella Stanley are visiting their brother at Gravel Switch. John Mullins came in from Lafollette, Tenn. on a visit. John is looking fine. J. W. Baker is in Louisville this week buying goods. J. A. Oliver went to Knoxville, Tenn. last week to buy his spring and

summer stock of gyods. Jim Bur-ton, a son of W. H. Burton, is at home from Central City visiting his parents. H. L. Deigh will go to the city in a few days to buy his spring stock of

goods. - W. G. Rivers has moved into Mr. Chewning's property in the upgoods. -W. G. Rivers has moved into Mr. Chewing's properly in the up-part of loven. - There is some talk of the. New Livingsion Coal Company beginning work soon. - Mrs. Bill Graves, who was very sick, is slowly improving. - The little son of Alvin Reynolds who has had the fewer is some better. - John Baker who mjöved into the Baker who mjöved into the Baker property has moved to Berea and his brother. Bill, has moved into the house vacated by John. - John Treadway from Cove, who was caught selling whiskey Saturdiya night February 27 wasfurested on the first day of this morth by M. Burpton tried and fined \$50 and ten days in jail. - Dr. V. J. Childress reports that a little child of Rob Payse days in jail. - Dr. W. J. Childress reports that a little child of 860 Payre had an eye put out on Monday. Mr. Payne was driving a nali when the hammier glanced and a piece of metal struck the child in the eye. - A tittle boy by the name of Schoonover happened 10. a very serious accident Monday. He rode a freight train to Perth, and while there went to walk in front of a train when the train struck him and knocked him several feet. Dr. Childress was called and at his soint he is some better. So much this point he is some better. So much for hoboeing. - H. D. MaGee, L. & N Yard Foreman, will quit bearding and go to housekeeping. He will move over the river into his beautiful cot-tage. Harry is a mighty good man. W. H. Button, the hustling marshal. W. H. Button, the hustling marshal, is kept busy hunting up violators of the law. He hardly sleeps day or tight and where least explected he most always shows up. - There is a lot of seichness in this locality and the two doctors are kept busy, and we can say one thing for them, they have no superiors and very few equals. Don'd of where of we know. - It looks like prosperity is surely coming now. Mr. App Taylor, section foreman, has doubled his crew and H. D. Magee has taken on more men and Bowman between the section foreman and several market and the section foreman. doubled his crew and H. D. Mages has falen on more men and Bowman. & Cockrell have begun repairing. & Cockrell have begun repairing which will require segment the remilland will in a few daying begin sawing, which will require segment. H. Delph is having sogget and hauled to Livingston and given gusch prices that they are bringing them for miles. So you see Livingston in not dead but has only been waiting until the fourth of March to have a new President. GRIFFINS MILL NEWS. Old March has returned with its

usual stormy wind, rain and sunshine.

- Many farmers of this section are preparing for the coming crop: -J. B. Cummins attended church at the old Mt Pleasant last Sunday. - Much damage has been done here by the recent high waters. - The merchants

of this vicinity are all smiling again on account of the egg market. And oh, what a good time for the ladies who so patiently feeds and cares for the little biddies through the cold writes storms. Debord & Lathim bought a len last week that brought on the latter of the little biddies through the cold because the weight. "Miss Fathin bought a len last week that brough a because the weight. All the latter of the latter o joined the Earmers Telephone Com-pany and are putting a line from Good-Hope Church in Pulaski County by way of Walnut Grove and Level. Green thence up the Crab Orchard road to the cross roads near J. L. Hasty's, thence the Mt Vernon road.

to Jack Suttors, who is located on the Mrs. Ellen Baker farm. May the good work go on until it reachers Mr. Mrenne, so we would have commismication to our place of business over the farmer's fine? Rev. James Cummins of this placeis canvassing the county in interest of his race for County Court Clerk. Charley Carmical, who has been a standing, candidate for jailer for four years canwased the west side last week in the interest of his and is well pleased with the outlook. Well Mr. Ed the writer saw 12 turtledoves in one flock last week. Do you reckon winter is over or is it just saying that pap and mother taught us thirty years ago? You know mother always made her soap in the light of the moon in March and stirred it with a sassfac (sic) wick.

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## Johnny Watkins

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ail to: Ky. Music Hall of Fame  NOTICE

The Rockcastle County School Local Planning Committee will conduct a PUBLIC FORUM on Tuesday, May 20, 2003 at the Rockcastle County Board of Education building at 6:30 p.m. This informal-meeting is being held to explain a proposed Amendment to the current District Facility Plan. The Rockcastle County Board of Education has requested and received approval from the Kentucky Department of Education, Division of Facilities Management, to proceed with the Amendment process.

A copy of the proposed Amendment will be available for examination by interested individuals at the Board Office, 245 Richmond St., Mt. Vernon, Kentucky between 8 a.m. and 4 p.m. Questions may be directed to Mr. Doug Mullins, 606-256-2125. Those individuals wishing to comment on the proposed Amendment may do so during the public hearing.