

I spent lists weekend in Johnson City attending a work conference and soaking up the scenery and hospitality of east Tennessee. About half the 230 mile rip involves Kentucky Roads, 1-75 to Corbin then 25E down through barbourville, Pineville and through the tunnel at Middlesboro. The last half is strough Virginia and Tennessee on 58 and 181. The deeper Jo tinto Virginia the madder 1 got al Kentuckians. The roads are in about the same shape in all three states and the houses alongside them are very comparable in size and shape. Lots of lolks with nice little gardens started and one gets the impression that the exconomy is about the same in all three states.

But there is a huge and glaring difference of the control of

ree states.

But there is a huge and glaring dif-conce between Kentucky and our

neighbor states.

Kentucky is filthy as evidenced by Kentucky is fillty as evidenced by the tons and tons of gathage littering both sides of our roads. Virginia and Tennessee are nearly spotless and its not because the Jaycees or Lions or Ruritan or Women's Clabs send their weekends picking up after slobs. Virginians and Tennesseeans have enough pride in themselves that they don't live and act like pigs to begin with. They simply don't like living in fillth so they don't live and a foot it frow the living arboid point of the living arboid on the living arboid on the living arboid on the living arboid out their dark of the living arboid out the living arboid

with. They actually realize that those garbage containers sitting at the gas stations have a purpose. That's where they deposit their fast food wrappers, dirty diapers and empty cans and bottles when they stop to fill up. Unfortunately most Kentuckians have not caught on.

There is also no truth to the ru-

mor that they take long drives into Kentucky to spread their refuse along side our roads even though you couldn't blame them if they did be-

couldn't blame them if they did be-cause littering sure seems to be a popular part of our local culture. I know that Tve harped on this subject so often that many of you readers are sike of it but I will lyou that every time I go to Tennes-see or Virginia, you're apt to get the same reaction again. T'n literally emburassed to have out of state guests drive along, the road between my hotise and Bert and it should not be my responsibili-tity to pick up after the poor ginomar-slobs who continue to make such a miss of it. mess of it.

mess of it.

I'm personally all for this hNlbilly show that everybody is protesting so strongly. If we'd clean up our act and our environment a little, there wouldn't be anything to make fun of to begin with. Until we do, we deserve to be laughed at.

## Mount Vernon Signal

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Dear Editor,
In the 11 years my family has itved in Rockastle County, we have come to know many wonderful in the control of th

During Eva's illness, our friends, mily and church family showed love and kindness to us. Our or and his wife, Don and Donna pastor and mis wite. Don and Donnia Stayton, were excellent sigport at the hospital and in these weeks follow-ing. Members of Bible Baptist Key our baby in their prayers and kept informed of her condition. A family friend kindly volunteered to care for our other two children so that my husband and I could both be with Fva.

I continue to hear about individu-als and churches who prayed for Eva's recovery. My heart has so been touched by the kindness, caring and concern shown by others in our services. fouched by the kindness, caring and concern shown by others in our community. We are so thankful for each of you who allowed God to use you to bring about a good result for baby Eva. Eva has fully recovered and is back to her happy, weet personality. We are truly blessed to have three healthy children.

I am thankful to live in such a caring community. Rockcastle County has many assets, but its best asset is its people.

Sincerely.

Dear Editor

Dear Editor,

What a blessed relief to turn on the TV and not be greeted by a howling mob of anti-war demonstraters or angry Hollywood stars, most of whom haven't a clue as to what they're protesting. When questioned individually, their answers are paticially naive. Even some Washington politicians appear to be in a dream world. For example, Nancy Pelosi, House Minority Leader, who topped them all with her greent statement fhat we could have brought down that statue of Såddañ Hüssein at fig less cost to our economy and in human

Our Readers Write

Smart woman, that Pelosil Presi-dent Bush should have driven his pickup into Baghdad, roped that thing and pulled it down as Hussein and his goon squad looked on in helpless amazement. Why didn't the planners think of that?

think of that?

But Ms. Pelosi would have us

roreign audience and that she was truly sorry. Not so. Instead, it soon became quite clear tht the feeling was mu-tual and hadn't really changed all that much since first expressed. In fact, they informed us that "we all stick together." And, there went the last

together." And, there went the last shred of my admiration and support for the Dixie Chicks!

But get this! Their manager, we're told, is trying to negotiate with Gen. Tominy Franks to have the Chicks entertain the troops in Iraq. I have a feeling the idea is to try and heal some deep wounds back home. If so, it is a shamefully selfish motive.

Live other his stars who vained

some every would not very consistent of the cons

Dear Editor,
I attended the city hall meeting
Monday night and have a few comments I would like to make.
As a young boy, 4 or 5 years old,
Iremember coming to town with my
father and grandfather and watching
a lot of men just sitting on the streets,
doing nothing, but whittling on a

anything.

Thelieve the laid-back atmosphere is what has made Mount Vernon a place people used to like to come to, Sometimes people gashering in a spot on the street may hinder some businesses and those people hould realize this and find a place that doesn't affect other people to socialize with their friends. The young people of our city do not have any place to go to meet their friends other than parking lots and city streets. But, as in all cases, some ruin it for others by dumping trash, sods and beer can in these meeting places which result in people not wanting the kids in people not wanting the kids in

in people not wanting the kots in these parking lost in our city in the 70s, I could go to the ballpark and est 100° friends every night and play softball, basketball and volleyball tall indinght and later. We also had a drive-in but what do the kids have now to have a little fin at. Nothing but hard work in school work and sports at the schools, which I know is hard work, too.

I don't want to see our future kids into drugs and alcohol so maybe we need to help find other ways of let-ting off some steam such as bowling alleys, theaters, places to play games

in these meeting places which result in people not wanting the kids in

ting off some steam such as bowning alleys, theaters, places to play games against each other in a friendly way. I know some of these things, if su-pervised the right way, would help keep them out of the private parking

keep them out of the private paramig lots.

There has to be more ways of dealing with this issue than throw-ing them off the streets into the houses of drug dealers and bootleg-houses of drug dealers and bootleg-houses of drug dealers and bootleg-would not have wanted to be the one to try to throw him off the street. I believe people want a place to visit where people will stand on the street and talk to them like friends. At least,

our florist on Main Street have been many at way and there have been many To the kids who park in these ar to me kide who park in these areas in question, please try to clean up your trash and,don't litter as this is one of the main complaints of the other businesses. Some day you will be the business people of the town so take pride in your town now.

With sincere thanks;

Douglas Bullock

Dougas Butlock
Dear Editor,
4(An open letter to David's Tire Center)
Last Wednesday night, it was our
misfortune to have our car break
down on Hwy. 150 in Mt. Vernon at
about 8 p.m. We rolled into the home
of Mr. and Mrs. Ron Carosello where
we were treated with so, much
thoughtfulness, kindness and love.
They insisted that we contact your
company for towing service since
they had so much faith in your good
treatment of us and fairness toward
us.

treatment of us and fairness toward us.

Mr. Thompson, your son was the wrecker service driver who came to pick us up at the Carosello's home on Hwy. 150 that night. He was so thoughtful and considerate — even helping George to get our luggage out at the motel and seeing to it that we were safely in.

George had neart attack last May George had near and by-pass surgery. His health at this point sin't good and we were so very thankful for your son's wonderful help.

God certainly used your son, and your company, faithfully to get us on our way. After checking out the repair work you had done on the car, we discovered it was driving perfectly and were able to drive it all the way back to Georgia with no problems.

We just want to thank you and your chapmany for the way you took care of us and for the repairs you did

(Cont. to A5)

## **Prostate Cancer is Common**

Presented by: Dr. Michael Hamilton

Cancer of the prostate is one of the most common cancers—one in eleven men will eventually develop it.

Its incidence increases with age and it is more common in men of Northern European descent and African Americans, It is also more common in men with a wide diets high lin fat.

Prostate cancer causes few symptoms and when it does, they are similar to the symptoms of pather prostate disease. There may be difficulty staring or stopping a stream of urine, frequency of urnation (especially during the night), bloody urine, pain with voiding and pain in the back or thighs.

These symptoms are the same as those caused by benign conditions of the prostate. The best way to find the cancer early is to see your doctor annually for an exam. Of course, a man should see his doctor sooner if there is any change in urination or other symptoms.

Every man over 40 should have a rectal ckam when he has his annual physical.

When a lump is felt in the prostate, a biopsy should be done to deter—
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Physical.

When a lump is felt in the prostate, a biopsy should be done to determine if the lump contains cancer cells. If so, further studies may need to be done to determine the extent of the cancer. One test your doctor may order is an ultrasound of the prostate. A blood test, called the PSA, is also available and is gaining popularity in evaluating the prostate. If the cancer is in an early stage, surgery and radiation will cure it in many men. At other times hormone therapy is used. The outlook is generally quite good, especially when the cancer is found early with routine exams, deaths from proistate cancer arg declining.



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