

Mount Vernon Message

For the week of April 24, 2003

Upcoming Events
Our P3, 4th and 5th grade students will begin the Kentucky Core content Testing next week. Students will be testing from May 5-16. Testing will begin at 8:30 daily. Please make sure that your child is here on time.

Preschool ONLY registration is scheduled for Friday, May 2 from 9 a.m. to 1 p.m. Preschool and kindergarten registration is scheduled for Saturday, May 3 from 10 a.m. to 2 p.m.

Please bring your child in to register them for next school year. You will need to bring the following in-

formation with you to the registration: official birth certificate, immunization certificate, physical form, completed by your child's physician, eye exam form completed by an eye doctor, social security card and clear directions to your home.

Special Events

Readers for last week were: Karen Phenix, Karla Wynn, Kristen Bullock and Felicia Cameron, students and Jennifer White, P3 teacher, was our mystery reader.

Thanks to all who have participated in this project.

Our quote for the week is "Compliment three people today and you

have caused four people to feel better."

Grandparents are Special to us!!
Writings from Mrs. Cable's 2nd grade afternoon reading group about grandparents. (Ed's Note: Typed as submitted)

Mamaw and Me
By Carlotta Morgan
My grandmother is Sally Morgan. She is very special to me. Mamaw was born in 1934. She has 13 children and 16 grandchildren. When she was younger, she liked to play dolls. I like to go to Mamaw.

My Granny and Me
By Courtney Hasty
My grandmother is Nadine Dorey. She is very special to me. Granny was born in 1934. She has 6 children and 7 grandchildren. When she was younger, she liked to play hide and seek. When I go to Granny's house in Mt. Vernon, I like to eat fruit. Granny told me a story about my first Easter hunt and this is what she told me. My basket was bigger than me and my eggs kept falling out.

Mamaw and Me
By Lauren Denny

Grandpaw and Me
My grandmother is Jimmy Campbell. He is very special to me. Grandfather was born in 1946. He has 2 children and 8 grandchildren. When he was younger, he liked to play at the bowling place. When I go to grandfathers house in Martin Kentucky, I like to eat chips and sauce.

Gran and Me
By Hannah Bullock
My grandmother is Evelyn Raines. She is very special to me. Gran was born in 1993. She has 4 children and 4 grandchildren. When she was younger, she liked to play tag, hide and seek and basketball. When I go to Gran's house in Mt. Vernon, I like to eat smoke sausage. Gran told me

a story about when I was born. My brother picked me up and I spit up on him.

My Papa
By Cody Cromer
My grandfather is Ella Cromer. He is special to me. Papa was born in 1895. He has 10 children and 8 grandchildren. When he was younger he liked to go church. When I go to papa house in Mt. Vernon I like to eat brownies. They told me a story about me going to the park when he took me to the birds I all was scare the birds off.

Paw and Me
By John Curtis Wilson
My grandpa is Arvil Corby. He is very special to me. Paw was born in 1948. He has 3 children and 5 grandchildren. When he was younger, he liked to play tag and look a hoop. When I go to Paw's house in Brentle Riper, I like to eat bread and milk. When he was little boy he liked to play baseball. His brother knott his tooth out.

Grandmother
By Casey Moore
My grandmother is Linda Donagale. She is special to me. Granny was born in 1977. She has 5 children and 3 grandchildren. When she was younger, she liked to play dominoes. When I go to granny's house in New York, I like to eat salad. Grandmother said, me and her when I to Kingsland.

My Grandmother
By Nathan Whitaker
My grandmother is Ella Maupins. She is very special to me. She was born in 1958. She has 1 child and 2 grandchildren. When she was younger she play tag. I go to nana's house in Mt. Vernon. I like to eat chocolate fudge. Ella story about when she was young she would whip her sisters and brothers.

My Grandmother
By Lillian Renner
My grandmother is Lillian Renner. She is very special to me. Mamaw was born in 1936. She has 11 children and 16 grandchildren. When she was younger, she played in the woods. When I go to Mamaw's house at Pine Hill, I like to eat ice cream in milk. Mamaw said that I had

colic and I cried a lot.

My Granny
By Logan Durham
My grandmother is Barbara Busfield. She is very special to me. Granny was born in 1946. She has 2 children and 3 grandchildren. When she was younger, she played house. When I go to Granny's house in Orlando, I like to eat bologna sandwiches. My granny and me play ABC blocks together at her house.

Paw and Me
By Jacob Singleton
My grandfather is Windy Hensley. He is very special to me. My Papa was born in 1895. He has 2 grandchildren. When he was younger, he liked to play marbles with his friends. When I go to Papaw's house at Brush Creek, I like to eat.

Papa and Me
By Justin Caperton
My grandfather is Jr. Caperton. He is very special to me. Papa was born in 1843. He has 5 children and 3 grandchildren. When he was smaller, he liked to play baseball. Mu papa played baseball for the cardinals.

Mamaw and Me
By Sara Adams
My grandmother is Barbara Bennett. She is very special to me. Mamaw was born in 1942. She has 2 children and 3 grandchildren. When she was younger, she played marbles and jump rope. When I go to Mamaw's house in Mt. Vernon, I like to eat red popples and to drink milk. Mamaw told me stories about when I was young. I let her plish my fingernails. I ride my jeep around the yard and played with my baby dolls.

Nan and Me
By Alexis Young
My grandmother is Iris Young. She is very special to me. Nan was born in 1939. She has 2 children and 2 grandchildren. When she was younger, she liked to play the can. When I go to Nans house in Mt. Vernon, I like to eat apple with carnat. When I was little, I was climbing on the sink I fall and bork my tooth.

Granny and Me
By Elijah Lewis
My grandmother is Mary Hasty. She is very special to me. Granny was born in 1947 and I call her Big Bull. She has 2 children and 2 grandchildren. When she was younger, she liked to jump rope. When I go to Bull's in Mt. Vernon, I like to eat jelly on toasts. She two me a story about when I was smaller. She said I slipped backwards of the couch and spit my head open. Had to go to hospital and have it glued.

Papa and Me
By Justin Strunk
My papa is Vick Bond. He is very special to me. Papa was born in 1950. He has 2 children and 6 grandchildren. When he was younger, he played basketball. When I go to Papa's house in Brush Creek, papa told me story about when they dug a hole.

My Nanney
By Eli Hadwin
My grandmother is Eva Griffin. She is very special to me. Nanney was born in 1935. She has two children and four grandchildren. When she was younger, she liked to play monopoly. When I go to Nanney's house in Mt. Vernon, I like to eat popcorn. My Nanney told me that when she was a little girl, her brother, Billy, took the back of her bike and put it on his bike and made a bike for two. When I was a baby my Nanney told me the Goldilocks and The Three Bears and I fell fast asleep on her shoulder.

Yia Yia and Me
By Alex Dotson
My grandmother is Alex Dotson. She is very special to me. She has 3 children and four grandchildren. When she was younger, she liked to play with dolls, balls and jump rope. When I go to Yia Yia's house in Georgia, Yia Yia means grandchild in Greek. She says when I was little and my mom and dad were out, I would be her and her peek and if I would see her I would fall head first in my crib.

Cont. to A-8

Local business donates bows for Relay for Life

You may once again begin seeing purple bows pop up all over Rockcastle County. The purple bows are in support of Cancer Awareness and the American Cancer Society's Relay for Life event Friday, August 1, 2003 at the Rockcastle County Middle School.

The bows can be purchased at Aletha's Flowers and Gifts for a \$10 donation to the American Cancer Society. Mr. and Mrs. Bryant's son, David, is a cancer survivor and their lives have all been touched dramatically by this experience. Last year,

the Bryants were all involved with Relay. David's family and friends participated by having a team, Billy (Red) and Aletha did a wonderful job with the auction. All of them plan to attend again this year.

Please show your support by proudly having a bow in honor of this great cause. Every penny, dime and dollar raised at Relay for Life offers hope to everyone who has been or will be touched by this disease and brings us one step closer to a cancer-free tomorrow.



Aletha Bryant with her son David, a cancer survivor.

"Points East"

(Cont. from A2)

"Aunt." (Nor any of my other aunts and uncles) Her name was Lony Period. But over the last couple of decades it seems horribly disrespectful not to use the proper acknowledgment of seniority and I prefer to do so even if I didn't always do so.

Aunt Lony made the best stack cake I ever ate in my life (we called it fruit cake back then). It was made from scratch that was basically a biscuit dough take-off with lots of flour, a spoon-ful of baking soda, some nutmeg, ginger, cinnamon and molasses, maybe a cup of melted corn butter and a couple of three eggs mixed in to thicken the dough and then baked in a cast iron skillet one layer at a time so that it came out like a huge cookie with in the middle. But best of all, she let me sit all the dry ingredients (the flour and soda and spices) several times in an old flour sifter until she thought they were properly mixed. She would roll the dough out in a pile of flour on the kitchen tabletop until it was maybe twice or three times as thick as a cookie sheet ought to be and then she would take a regular pie pan, turn it upside down, and cut a circle out of the middle of the dough, put it in the pan and stick it in the oven. She would pick up the trimmings, from the first cut, work them back into the original dough, then roll out another cut, etc. until she had 6 or 8 "layers" and any dough left over she let me and any other kids hanging around eat raw. (No candy ever tasted better).

She boiled apple-sauce which she had canned by the dozens of jars from old home apples and Grimes Goldens there on the place and spiced it with

the same stuff she had put in the dough except she used sugar, preferably brown if she had it, instead of molasses to sweeten the sauce.

Then she put the first layer on a big flat cake plate and slathered it with the apple sauce, then another on top of that, slathered again until she had a cake about 8 or 10 inches high, topped off with whatever was left of the apple sauce. At which point she would let you scrape the sauce cooker and dare you to touch her cake. She would let the cake set in the cupboard for a day or two so the sauce could soak in good then she would set it out for supper.

After I went away to college and came home on week ends she would find out that I was home and send word for me to come down if I hadn't already been to see her. "I'll make you a fruit cake to take back to college with you if you'll help me," she'd say and I'd go rounding up any ingredients she didn't have and then on Sunday afternoon I would almost guiltily pick up my un-cut fruit cake and head back to Pikeville where I would hide the cake in my room and pig out several times the following week.

By the time I was out of college she had already moved in with her daughter, Ines (Mrs. Johnny) Mullins in Dickinson County, Virginia and was leaving the real Appalachian mountains myself. I never saw her alive after that. Aunt Lony died several years ago and she is buried in the Rose Adams Cemetery, where also rest my Mom and Dad, and beside Uncle Willie in the generally peaceful head of Blair Branch. I visit her grave from time to time and actually sit down between her's and Uncle Willie's and remember...

It's a powerful and comforting place and perfect for remembering the good and best times of my life.

FOOD WORLD

AD PRICES VALID Tuesday, April 29 thru May 5, 2003

We reserve the right to limit quantities and to correct typographical and/or merchandising errors. House hold to display.

 Bnls. Round Steak <i>Great on the Grill</i> 1.59		 Western Style Pork Ribs 89¢		10 Lb. Bag Dole Russet Potatoes 1.49	
12/oz. Coke and Coke Products 2.99		40 Ct. Saver's Choice Foam Plates 69¢		15-16oz. Bagel, Raisin Butter or Buns Cap'n Crunch Cereal 2/\$3	
14.75-15 oz. Asst. Var. Chef Boyardee Pasta w/Meat 99¢		10.5-12 oz. Asst. Var. Freezer Queen Dinner Entrees 2/\$4		7.7-8.8 oz. Asst. Var. Jeni's Pizzas 5/\$4	
5-8 oz. Asst. Var. Sargento Shreds 2/\$4		10 Ct. Super Size Azteca Tortillas 99¢		16.4oz. only Chi-Chi's Soft Taco Kit 2/\$5	
26-27.5 oz. Asst. Var. Hunt's Spagh. Sauce 99¢		12 oz. (Pre-Priced 1.99) Kraft Velveeta Slices 1.79		4 Qt. Asst. Var. Family Pak Ice Cream 3.79	
6 Roll Bakery Paper Towels 4.99		6 oz. Oil or Water Chicken of the Sea Tuna 5/\$3		5 Lb. Set. Varieties Sunflower Corn Meal 1.29	
64 oz. Set. Var. Minute Maid Premium Lemonade or Fruit Punch 99¢		10-14 oz. Garlic Toast 14 oz. Cheese Garlic Toast 9 oz. Zesty Italian or Garlic Bread 3/\$5		10 pack Asst. Var. Hi-C Drinks 2/\$4	
PRODUCE SALE					
1 lb. pkg. California Strawberries 1.89		0'Charley's Salad Dressing 2.99			
Florida Blueberries 1.29		Bunch California Broccoli .99¢			
Roasted or Salted Peanuts .79¢		Genuine Ga. Jumbo Vidalia Onions 1.99			
Tender California Asparagus 2.99		Premium Select Dole Pineapples 99¢			
Dole Garden Salad 1.69		Fischer's Wieners 29¢			
Gold Kist Chicken Leg Quarters (sold in 10 lb. bags) 1.49		Fischer's Bologna 1.99			
Fischer's Sliced Bacon 1.69		Fischer's Sliced Bacon 1.69			
T-Bone Steaks 4.99		Fresh Ground Round (5 Lbs. or More) 1.69			