

Church News

Crossroads Assembly of God Revival

Crossroads Assembly of God will be in revival May 4-7 with a different speaker nightly. Special music: Pastor Nathaniel Fugate and congregation welcomes all.

Revival at Flat Gap Baptist
Revival services will be held at Flat Gap Baptist Church April 21-23 with services at 7 o'clock nightly.

Joe Vanwinkle will be the evangelist on April 24, 25 and 26 and Bro. Cecil Buggs on April 28 and 29. There will also be special singing each night. Bro. Gordon Robinson, pastor, and congregation invite you to attend.

Revival at Poplar Grove
Revival services will be held at Poplar Grove Baptist Church April 27-28, 25 and 26 and Bro. Cecil Buggs on April 28 and 29. There will also be special singing each night. Rick Reynolds, pastor, and the congregation invite everyone.

Maple Grove Baptist
Special Events

There will be a special singing Saturday, April 26th at Maple Grove Baptist Church at 7 p.m. Homecoming will be Sunday, April 27th. Lunch will be served after morning service.

There will not be an evening service. Revival will begin at Maple Grove Monday, April 28 at 7 p.m. Bro. Everett Lee Vanzant will be the evangelist. Bro. Keith Carr and the congregation invite you to these special events.

Spring Revival Services at Floyd Switch Baptist

Floyd Switch Baptist Church, located on N. Hwy. 27, Eabank invites you to Spring Revival services with David Sisson, evangelist. Bro. Sisson is pastor of Oak Grove Baptist #1 in Nancy. Services are set for Wednesday, April 23 through Saturday, April 26 with gospel preaching and singing at 7:30 nightly. For more information, call Bro. Chris Blevins toll free at 1-866-796-4912.

Revival at Flat Rock Baptist

Flat Rock Baptist Church at Orlando will be in revival April 27-30 with Evangelist Bill Jividen of Cheyenne, Wyoming. Lunch will be served after morning worship on the 27th and then Bro. Jack High from the Happiness Hills Children's Home in Union,

MS will be bringing the afternoon message. No evening service will be held on the 27th. There will be special singing nightly and everyone is invited. 1100 Bz. Everyone welcome.

Revival at Mt. Zion Baptist
Revival services will be held at Mt. Zion Baptist Church April 27-30 at 7 o'clock nightly. Bro. Harvey Benne will be the evangelist and there will be special singing each night. Everyone is invited to attend.

Gospel Meeting at Chestnut Ridge Church of Christ

There will be a Gospel Meeting at the Chestnut Ridge Church of Christ April 23 through April 27, Wednesday through Saturday services, 7:30 nightly. Sunday worship service at 10 a.m.

Speaker will be evangelist Doug Hawkins of Somerset.

The church is located 2 miles south of Mt. Vernon on Hwy. 25.

Revival at Buckeye Christian Church

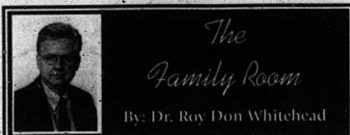
Buckeye Christian Church will be in revival April 21st through April 26th at 7 o'clock nightly.

Evangelist will be Harvey Spry. There will be special singing nightly. Thursday, April 24th, it will be a special service. Friday night, April 25th, will be the Bishop Family and on Saturday, April 26th will be Wayside Christian Church.

Fellowship dinner will be served Sunday, April 27th after morning service. Bro. Cleth Ray Thacker, pastor and the congregation welcome everyone.

Roundstone Baptist
Roundstone Baptist Church will be having a special singing Saturday, April 26, beginning at 7 p.m. We invite everyone to come and hear special guests Myrtle Rudy and Irene. Kathy Howard and Leonard Bratcher bring. Bring the whole family and worship in song and praise.

Gospel Singing
There will be a gospel singing at Pleasant Run Missionary Baptist Church, featuring One Voice on Friday, April 25 at 7 o'clock. Pastor Wayne Henson and congregation invite all to come and enjoy the singing with us.



By: Dr. Roy Don Whitehead

Real Men Face Real Depression (Part I)

"I can remember it started with a loss of interest in basically everything that I like doing. I just didn't feel like doing anything. I just felt like giving up. Sometimes I didn't even want to get out of bed." - Rene Rubalbo, Police Officer

"As you get sick, as you become drawn in more and more by depression, you lose that perspective. Events become more irritating, you get more frustrated about getting things done. You feel angrier, you feel sadder. Everything's magnified in an abnormal way." - Paul Gottlieb, Publisher

"I'd drink and I'd just get numb. I'd get numb to try to numb my head. I mean, we're talking many, many beers to get to that state where you could shut your head off, but then you wake up the next day and it's still there." - Patrick McCathern, First Sergeant, U.S. Air Force, Retired

"When I was feeling depressed I was very reckless with my life. I didn't care about how I drove, I didn't care about walking across the street carefully. I didn't care about dangerous parts of the city. . . . I didn't care whether I lived or died and so I was going to do whatever I wanted whenever I wanted." - Bill Maruyama, Lawyer

All of the above quotes and other information in this column are from the National Institute of Mental Health web site. The NIMH is beginning a new awareness campaign called Real Men-Real Depression to encourage men who are depressed to seek help. In any given year probably 7 percent of men (more than six million men) suffer from depression. That does not include the one's who were depressed last year nor the ones who will be depressed next year.

"In focus groups conducted by the National Institute of Mental Health (NIMH) to assess depression awareness, men described their own symptoms of depression without realizing that they were depressed."

Notably, many were unaware that (Epiphany, symptoms, such as head-

aches, digestive disorders, and chronic pain, can be associated with depression.

In addition, they expressed concern about seeing a mental health professional or going to a mental health clinic, thinking that people would find out and that this might have a negative impact on their job security, promotion potential, or health insurance benefits. They feared that being labeled with a diagnosis of mental illness would cost them the respect of their family and friends, or their standing in the community.

Over the past 20 years, biomedical research including genetics and neuroimaging has helped to shed light on depression and other mental disorders-increasing our understanding of the brain, how its biochemicals can go awry, and how to alleviate the suffering that mental illnesses can cause.

Brain imaging technologies are now allowing scientists to see how effective treatment with medication (i.e., psychotherapy) is reflected in changes in brain activity. As research continues to reveal that depressive disorders are real and treatable, and are no more a sign of weakness than cancer or any other serious illness, more and more men with depression may feel empowered to seek treatment and find improved quality of life.

Dr. Don Whitehead has been treating men and women who are depressed for more than seventeen years. You may reach him at 679-4134 or 1-877-PASTOR-8.

To the Best Mother in the World

Never has another touched my heart the way you do, and brought a smile upon my face when my world was filled with gloom.

Your ways are so beautiful, your touches are the best and from the time I can remember -- you've always outdone all the rest. They say Mothers are special and sent from God above. You, my mother, are the perfect example of how a mother should love.

You've been there to guide me even when I chose to rebel. You've tried to make my bed in Heaven, although I kept making it in hell. What words could ever express how loved you are by me? I'm not sure -- I'm not good with words, but your love, mother, has made my life complete.

I love you so much more, you're heaven sent.

Written by your baby girl,
Kim Boshears

Hay Barns

By Tom Mills - Co. Extension Agent for Agriculture/Natural Resources

The Rockcastle County Cattlemen's Association and Rockcastle Agriculture Development Council are planning to invest 2003's Phase I money in a state model program for hay storage. A cost-share program will invest \$190,000 in hay storage facilities.

Guidelines from the state model program are:

*The sole purpose for the structure is hay storage.

*Applicants are required to provide a plan/budget and requested amount of funding with the application.

*Applicants are required to attend an educational session on hay storage and construction.

*Applicants shall retain adequate insurance coverage to replace any and all structures erected with or improved by cost-share funds, plus retain ownership for 5 years.

*Cost-share funds cannot exceed 50% of project cost or \$5,000.

*Materials and construction of permanent hay sheds, pole barns or quonset-but type hay storage facilities qualify.

*All materials must be on a company bill. No in-kind labor or material will be cost-shared.

*All funds will be distributed on a reimbursement basis. Ninety percent of approved funds shall be distributed after review of paid receipts, plus certification of improvements/installation and site visit for photograph of completed facility. The remaining 10% of approved funds shall be distributed after all other reporting requirements are met.

Applications will be available May 1 through May 30, 2003 at the Rockcastle County Extension Service on West Main Street.

Following approval, applicants have 60 days to start construction and all construction must be finished by October 30, 2003. Failure to meet these guidelines will deny funding.

For more information, contact Tom Mills at 256-2403.

Educational programs of the Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability or national origin.

To: Mikey Bullock From: Your Mommy Kim Bullock

One life left uncertain after his mother goes away. Not enough words to express all the hurt and pain. He is the apple of his mother's eye and he gives hope after so many tears have been cried.

Will he ever understand this his mother loves him with all she is and will he forgive her for the times she missed.

All the questions and answers are tossed afro, like a bottle on the ocean, never knowing where it goes. These times of uncertainty are close to an end and once again this angel will see his mother again.

Will he welcome her with smiles and open arms or will hurt and sadness fill his little heart.

The answer is as unknown as how the sky was made blue. But, know this Mikey, your mommy will forever love you. I'll be home soon, baby.

Love forever and always, "Your Mommy"

Attention Women!

You don't want to miss this exciting opportunity to learn more about faith and the Word.

Bring your mothers, daughters, and friends.

Opal's teachings will forever impact your life.

Mark your calendars today!!

Women of Faith Conference

Friday, May 9 • 7 p.m.

Crossroads

Assembly of God

Brodhead, Ky. on Hwy. 150

Speaker: Opal Adams



"I have loved the Word of God since the very moment that the Holy Spirit lifted it off the pages of the Bible and quickened it in my own heart 24 years ago. At that moment, my life changed forever. I have never been able to quench the thirst that it ignited within me. To me, there is nothing more rewarding than seeing that inspired Word of God take root in the hearts of others, and transform their lives forever."



RENEWAL Scaffold Cane Baptist Church

April 27th - 30th

Sunday service at 11 a.m. Nightly at 7 p.m.

Evangelist - Greg Lakes

Pastor of Valley Baptist Church

Sunday morning is High Attendance Sunday, Special singing by Jodie Dees.

Sunday evening is Bring a Friend Night, Special singing will be New Paved Highway.

Monday evening is Family Night,

Special Singing will be Charlie Spangler.

Tuesday evening is Youth Night,

Special Singing will be Melissa Welsh.

Wednesday evening is Fill a Pew Night,

Special Singing will be The Azbills.

The van will run at 6:30 each night.
If you need a ride, please call 256-3346.

PUBLIC NOTICE

An ACT relating to the eligibility for high school diplomas.

Be it enacted by the General Assembly of the Commonwealth of Kentucky: Section 1.

KRS 158.140 Item #4

A local Board of Education shall award a high school diploma to a veteran who was discharged under honorable conditions and who was enrolled in, but did not complete, high school prior to being inducted into the United States Armed Forces during World War II or the Korean conflict as defined in KRS 40.010 or who served in Vietnam as defined in KRS 40.400

For more information contact Rosamond Brown at Rockcastle County Schools 606/256-2125.