

Extension Office offerings

Strawberry Plants

Orders for strawberry plants are now being taken at the Extension office through March 28. Plants are \$10 per 100 and must be paid when order is placed. Call 256-2403 for more information.

Candle Making

NOTE DATE CHANGE: Come learn the art of candle making, at a free demonstration by Ky. Candle Wax Supply. Class will be at the Extension office on April 25 at 7 p.m. Please register by calling 256-2403.

Soups & Sandwiches

Free foods class: March 27, 10:30 a.m. "Soup & Sandwiches" will be taught at the Extension office by

Theresa Howard, Harlan Co. Extension Agent. Free recipes and samples. Call 256-2403 to register.

Pesticide Training

Farmers purchasing restricted use pesticide farm chemicals can receive a new pesticide card by attending a training on Monday, March 31 at 7:30 p.m. at the Extension office on West Main St. Cards need to be renewed every three years. Call 256-2403 for more details.

Quilt-As-You-Sew

Quilt-As-You-Sew Log Cabin quilt will be taught by Cheryl Witt at the Extension office on April 11 at 9:00 a.m. Call 256-2403 to register and for a list of supplies.

JaDawn Isaacs and Tiffany Mason, students. Mrs. Julie Asher, fourth grade teacher was our mystery reader. Thanks to all who have participated in this project.

"Our quote for this week is 'A man's goodness is his only greatness.'"



"Betty Ross" Allison Carter and "Paul Revere" Aaron Anderkin



Nathan Singleton
Art Prize Winner

Rockcastle County

Menus 3/27-4/2

Breakfast

Thurs., March 27: Peanut Butter Jelly Sandwich or cereal, toast/jelly, juice, milk.

Lunch

Thurs., March 27: Chicken fried steak, mashed potatoes, peas &

Fri., March 28: Egg & Toast or Cereal, toast/jelly, juice, milk.
Mon., March 31: Pastry or cereal, toast/jelly, juice, milk.
Tues., April 1: Pancake Porky or cereal, toast/jelly, juice, milk.
Wed., April 2: Pastry or cereal, toast/jelly, juice, milk.

carrots, fruit dessert, roll, milk.
Fri., March 28: Chili-Chips-Cheese or sandwich, potato wedges, glazed carrots, fruit dessert, milk.
Mon., March 31: Pizza or sandwich, corn, garden salad, cake, milk.
Tues., April 1: Sloppy Joe on bun, corn, salad, peach cobbler, milk.
Wed., April 2: Gravy n' Biscuit, scrambled egg, sausage, later tots, fried apples, milk.

Mt. Vernon Message

For the week of March 27, 2003

Our Family Resource Center's Council meeting is scheduled for Thursday, April 3 at 11:30 a.m. Special Events of the week:

Nathan Singleton was the art prizewinner for this rotation. He chose rainbow-colored pencils for his prize. Congratulations, Nathan!

Primary Three students have been studying American History and the revolutionary War. As a part of this study, teachers invited Aaron Anderkin as Paul Revere and Allison Carter as Betty Ross to come in and read "their" story to the classes.

Readers for last week are as follows: Alisha Doan, Eric Depey,

2003 Lady Rockets Softball Schedule

March	24	Monhelo (Scrimmage)	Away 5:15
	27	Pulaski Co. (Scrimmage)	Away 5:15
	31	Lynn Camp	Away 5:30
April	1	Somerset	Home 5:30
	3	Corbin	Away 5:30
	7-11	Spring Break!!	
	14	Madison Southern	Away 5:30
	15	Garrard	Away 5:30
	17	Berea	Away 5:30
	22	Whitley	Home 5:30
	24	Lynn Camp	Home 5:30
	25	Oneida	Home 5:30
	28	Corbin	Home 5:30
	29	Danville	Away 5:30
May	1	Clay Co.	Away 5:30
	5	Garrard	Home 5:30
	6	Jackson	Home 5:30
	8	Madison Southern	Home 5:30
	9-10	Bell Co. Tournament	Away TBA
	12	Clay Co.	Home 5:30
	13	Somerset	Away 5:30
	15	Berea	Home 5:30
	19	SW Pulaski	Home 5:30
	20	Whitley	Away 5:30
	22	Jackson Co.	Away 5:30
	26-30	District Tournament	

Rockcastle Co. Rockets 2003 Baseball Schedule

(*Denotes District Game - Home Games in Bold)

April	1	Tues.	North Laurel	V/JV	5:30
	2	Wed.	Madison Central	JV/DH	5:00
	3	Thurs.	Boyle Co.	V/JV	5:00
	5	Sat.	Powell Co.	V	11 a.m.
April	5-12		Cocoa Expo		TBA
	14	Mon.	South Laurel	V/JV	5:30
	15	Tues.	OBI	V	5:00
	16	Wed.	North Laurel	JV/DH	5:00
	18	Fri.	Madison Southern (Little League)	JV/V	5:00
	19	Sat.	Perry Co. Central	V	11 a.m.
			Cumberland		
	21	Mon.	Pulaski Co.	V	5:30
	22	Tues.	Clay Co.	V	5:00
	23	Wed.	Corbin	JV/DH	5:00
			Rockcastle County Invitational		
	25	Fri.	Bryan Station	V	5:30
			North Bullitt	V	7:30
	26	Sat.	Louisville Male	V	6:00
	28	Mon.	South Laurel	V/JV	5:30
	29	Tues.	*Jackson Co.	V/JV	5:30
	30	Wed.	North Laurel	JV/DH	5:00
			Cumberland Invitational @ Middlesboro		
May	2	Fri.	Franklin-Simpson	V	8:30
	3	Sat.	Middlesboro, Breathitt Co., Bell Co., Cawood, Hazard or Henry Co.	V	TBA
	5	Mon.	Corbin	V/JV	5:00
	6	Tues.	Clay Co.	V/JV	7:30
	8	Thurs.	Lafayette	V	6:00
	9	Fri.	Scott Co.	V	6:00
	10	Sat.	S.W. Pulaski	JV/DH	Noon
	12	Mon.	N. Laurel	V/JV	5:30
	13	Tues.	Clark Co.	V	6:00
			Louisville Invitational Tournament		
	16	Fri.	Webster Co.	Seneca	8:30
	17	Sat.	South Oldham	Seneca	10 a.m.
			Louisville Seneca	Seneca	3:00
	19	Mon.	MS. W. Pulaski	V/JV	5:30
	22	Thurs.	Lincoln Co. (Sr. Night)	5:00	
	23	Fri.	Boyle Co.	V	5:00
	26-30		49th District Tournament at Clay Co.		
June	2-7		13th Regional Tournament at Cawood		
	12-13		Semi-State Playoff (best of 3 series vs. 14th Reg.)		
	18-20		State Final Eight @ Applebee's Park		

NOW OPEN Cummins Sporting Goods

By-Pass 461 - Ph. 256-2182

Guns • Knives • Ammo • Hunting & Fishing Licenses
Large Selection of Case XX Knives - Old, New, Hard-to-Find
We special order for you and we have all turkey hunting supplies in stock and Houndsman Dog Boxes.

Register Now for Largest Turkey Jackpot Prize

Ammo Special:

CCI 22 Long Rifle \$15/500 • Winchester 22 Long Rifle \$15/500

Open 9 a.m. to 6 p.m. Mon. - Saturday - See Joe, Mark or Paul

Cummins Sporting Goods

CUMMINS SPORTING GOODS
GUNS • AMMO • KNIVES
BROWNING ... SMITH & WESSON
OPEN DAILY 9 A.M. - 6 P.M.



Shown above from left: Citizens Bank Vice-President Anthony Asher, Joe Cummins; Mark Cummins, Paul Cummins and Citizens Bank President Keith Smith.

Small businesses in the United States are the backbone of our economy. Besides providing much needed goods and services they also provide employment opportunities—which are a must in small rural counties such as Rockcastle. But small businesses don't run themselves, it takes a lot of hard work and determination and it takes people like the Cumminses and their families to make that happen.

We applaud the efforts of business people like the Cumminses and wish them and their families the best of luck in their new business venture, Cummins Sporting Goods.

Cummins Sporting Goods is located on Hwy. 461 bypass in Mt. Vernon and offers a wide variety of Guns, Ammo and Knives. Their phone number is (606) 256-2182.

Citizens Bank

Member FDIC

Serving the needs of Rockcastle and Jackson Counties

Brodhead 758-8212 Mt. Vernon 256-2500 McKee 287-8390

Real People. Real Progress.