

Agricultural News

By: Warden Alexander, FSA Director

Marketing Cards

Rockcastle County producers who have received marketing cards are reminded to carefully check their card for complete and accurate information. Please compare the farm number, warehouse number and pounds listed on the card to the information provided on the notification letter mailed with the card. If you find an error return the card immediately to the office for correction(s).

Remember: You are responsible for the information listed on the card.

Warehouse Designation

Legislation now requires all farms with an effective quota greater than zero to file a designation of pounds to a specific warehouse, receiving station or dealer with which they intend to market tobacco by filing a farm FSA 808.

Producers who have not designated or those who have designated and wish to change their designation are reminded the next designation period is December 3rd through December 7th.

If producers miss this deadline they must wait until the next designation period of December 28 through January 4, 2002.

Stolen Tobacco

Producers are reminded according to regulations pertaining to stolen tobacco a police report must be filed within 15 days of the theft and be submitted to the County FSA Office. Filing the police report according to regulations will possibly avoid a penalty and/or a reduction of the next year's quota.

No P&CP Signup For TLAPOO

During fiscal year 2000, FSA provided payments through the Tobacco Loss Assistance Program 2000 (TLAPOO) to quota holders and producers to help them defray income losses in the 2000 crop year because of quota reductions. One of the eligibility requirements for TLAPOO was that a farm must have received Planted and Considered (P&CP) credit for the 2000 crop year. This statute has been amended to provide that TLAPOO payments may be made to person(s) who are otherwise eligible without regard to whether the quota was used for the production of tobacco during the 2000 crop year.

Applications will be accepted starting November 1, 2001 through

December 14, 2001. Late filed applications will not be approved.

Eligibility requirements include:

- Any person who owned, operated or produced eligible tobacco on a farm for which a quota reduction from the 1999 crop year to the 2000 crop year occurred.

- Any farm which was not approved for a payment during the initial TLAPOO signup because there was no P&CP.

- Eligible types of tobacco include: Burley, type 31; flue-cured, types 11-4; dark fire-cured, type 21 and cigar binder types 54-55.

Payments will be based on FY2000 information with rate the same as those in the initial TLAPOO signup. All eligible persons or entities must agree on the division of payments before the application form, CCC-950, can be approved.

REMEMBER: The application signup period is November 1-December 14, 2001.

Production Flexibility Contract Payments

The Agricultural Rural Development, Food and Drug Administration and Related Agencies Appropriations

Act, provides procedures the option to receive Production Flexibility Contract (PFC) payments for FY2002, as either: two 50 percent payments or one 100 percent payment prior to August 1, 2002.

Once designated, any changes to the farming operation, including, but not limited to, payment shares and changes of operators must be reported to FSA, and applicable forms completed by August 1, 2002. Failure to report and complete changes by August 1, 2002 may result in all producers on the farm being ineligible for payments.

Producers are reminded all PFC payment shares and necessary signatures must be obtained on the PFC and received in the county FSA office by August 1, 2002.

Spousal Power of Attorney

Spouses may sign on behalf of each other for Farm Service Agency and Commodity Credit Corporation programs in which either has an interest, unless written denial is in the FSA office.

Farm Changes

Producers who have purchased or sold land need to contact the local FSA office for proper reconstitution of farms. Remember: bring your deed and/or to notify the new owner to do so. Also notify this office of any and/or all address changes.

REMEMBER: Our records are only as current as producers inform our office.

The Family Room

By: Dr. Roy Don Whitehead

We Learn Ways to Search for Love

Human beings have two great needs: the need to be loved and the need to be accepted. As children we learn how to get love. In a loving family, we receive love simply by being ourselves. In families that are not able to show love, however, we learn more indirect routes to achieving love and acceptance.

Copendensity is defined by Earnie Larsen as "thoughts, feelings and actions generated by a learned, negative self-definition." (Much of the material in today's column comes from Mr. Larsen's tape series "Stage

2 Recovery.") When we do not receive love and acceptance as children, we believe that we are not worthy, that something is flawed in us. Copendensity is the thoughts, feelings and actions that come from that negative view of ourselves.

Having learned that we are not worthy of love, we develop different methods to try to get love. Here are some of the different kinds of copendensity behavior that we use to find love.

1. Caretaker - This person is a fixer of the problems of others. She may often find herself in relation-

ships with those who have big problems, such as alcoholism, gambling or sexual addiction. She is so focused on the problems of others that she cannot see her own. Taking care of others is her way of trying to be loved. Over time she may become angry when others do not respond to her caretaking as she thinks they should.

2. People pleaser - This copendensity tries to keep everyone happy. He is distraught if anyone is upset with him, blaming himself for the trouble. He often feels unworthy because it is impossible to keep everyone happy. He sometimes ends up in relationships with abusers.

3. Workaholic - The workaholic tries to get love and acceptance by throwing himself into work and trying to succeed. He may ignore family and friends and lose important relationships in his addiction to work.

4. Martyr - The martyr believes that life should hurt. She may do for others at the expense of herself. For example, she may buy clothes for her spouse and children but never for herself. As one of my clients once told me, "Life is ten miles, uphill and gravel."

5. Perfectionist - The perfectionist is full of "shoulds and oughts." He has a long list of things that

should be done. No matter how well he does a job, it could always be done better or quicker. He learned early in life to strive for love by being perfect, but he is doomed to frustration because he can never achieve that goal. The perfectionist is a perfectionist who is so afraid of failure that he will not even try. "If I don't do it, I can't fail" is his motto.

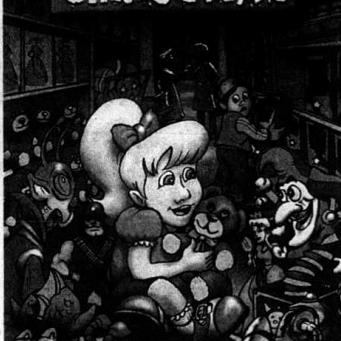
6. Tap dancer - This person never makes a commitment. He dances around relationships and jobs, always afraid to commit.

7. King/Queen Baby - These people are pouters. Raised by caretakers (see #1), they grew up believing the world owes them a living. They never admit fault.

8. Little Hitler - This inflexible tyrant harbors anger and rage. He was hurt as a child and now "it is my way or the highway." These people are often abusers.

Do you see yourself in the above list? Do you see someone with whom you have a close relationship? Some of these people are dangerous to your mental and physical health, so be careful. You can change yourself, but you cannot change someone else.

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