

November 27 College-bound sophomores will take the PLAN, a pre-ACT test November 29

9:00-2:00 November 30 Juniors take ASVAB

Career fair from

(8:10-11:15) December 1 Cumberland College Open House

December 6

Financial Aid Workshop 6:00 PM in auditorium

December 8 Last ACT date of the

year December 13 RCHS Chorus Madrigal Dinner

December 16

Chorus Christmas Concert at 2:00 PM December 19

End of 1st semester

December 20...

Winter Vacation!!

Change headed to Hard Rock Cafe

After discussion at the October 10 Student Council meeting, many changes MAY be coming to the high school cafeteria, including a potato bar, yogurt machine, and breakfast-to-go.

We are in the process of visiting Laurel County and Pulaski to see how their salad bar is maintained," said Jearl Bullock, food service manager at RCHS. "In the coming months, we hope to implement that into our program."

The reason behind these changes? According to Ms. Bullock 20% of students do not eat lunch each day.

"We hope that these new things will draw more students into the lunchroom," said Jennine Parsons, food service director.

But by saying hello to these changes students should be prepared to say good-bye to their

Dorito's, Funyuns, and Little Debbie snack cakes.

"They don't meet the guidelines posted by the U.S.D.A," explains RCHS Principal John Hale.

We may replace them with more nutritious snacks, such as carrots and ranch [dressing]!" said Ms. Bullock.

Parsons, Bullock and food services hope these changes give the students what they want to eat. However, it isn't as easy as some may think. One thing standing in the way is the money.

The money that we have to spend is what we get from reimbursements. We only get about \$.19 of the \$1.25 full price students pay, and a little more from free/ reduced price students," said Ms. Parsons..

Some of the food isn't even bought by food services. Instead,



Senior Tabatha Howard obviously loves the snacks sold during lunch each day. Many RCHS students choose to get snacks instead of the meal provided in the lunchroom.

it is given to public schools by the U.S.D.A. These foods include corn, green beans, and carrots. These are called commodities.

"Our program is based on commodity foods given by the government in order to keep the price of food down, " said Ms. Bullock.

These reimbursements are used

to buy equipment, food, and to pay salaries. However the \$1.25 full price students pay doesn't cover everything they wish to have, and some even refuse to pay for more.

"I try to limit my spending in the lunchroom, so I don't spend too much," said Travis Burton, junior, class president.

Laptops, digital cameras soon available for checkout

Suppose you're sitting in class and really needing to use a computer, but you can't get to the computer lab and your teacher's computer is off limits.

Or maybe there's a really big project due and you need a picture, but you don't have a camera.

Well, hopefully now neither one of these will become a problem anymore, because soon there will be five new laptops and digital cameras available in the library for checkout.

"The technology was purchased in order to give those students who don't get to use computers much the opportunity to use

them," said Ms. Trina Bustle, Academic Specialist and 21st CCLC Coordinator...

There are ten laptops as well as digitals, but only five of each will be available for check out due to training purposes.

The cost of all this technology was \$23,510 and was provided by the 21st CCLC grant.

In order to use the equipment students and staff must sign up for a training course, and then attend at least one.

Training courses will be held in the library Monday-Thursday 3pm-5pm. According to Ms. Bustle, these courses should last

the entire year.

Individuals will only be allowed to checkout a laptop or digitial camera for two weeks at a time. Checkout may not be renewed for two weeks prior to the last check-

"This is to make sure that all students and staff have the opportunity to get to use the laptops or the digitial cameras," said Ms. Bustle.

Ms. Bustle and laptop trainer Aaron Stallsworth both feel this program should benefit students and staff.

There are rules students must follow when using this technology.

but the most important one is be responsible. If the digitial / laptop is damaged due to abuse or misuse. of the equipment, the student/staff is responsible for replacement.

Also, if the equipment is not working properly, it must be reported to the librarian as soon as possible.

Is this technology allowed to be used in the classrooms?

" It's just like checking out a book in the library," said Ms.

"It's up to the teachers whether or not the students can use them in their classrooms."

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