

Living The Spirit of Thanksgiving

By Hazel Jackson
County Extension Agent for
Family and Consumer Sciences



The ideas behind Thanksgiving make it one of our most universal and important holidays. Without question, living the spirit of Thanksgiving is good medicine for our bodies, souls and communities. Fortunately, an appreciative attitude doesn't cost anything; it takes very little time; it's always available; and while there are lots of side effects, every one of them is wonderful.

The following are a few simple and quick exercises that can further build up your muscles of appreciation while warming the hearts of those you touch. Each of these activities can be done in five minutes or less.

- Write a very short, "spontaneous note of appreciation to a loved one, public figure, or a person who provides service for you, such as your child's teacher or the manager of your apartments. You can express your gratitude on a slip of paper and put it on a co-worker's desk, or you might mail a card to a friend, or convey your thanks

electronically via e-mail.

- Phone a family member you don't see very often or call an old neighbor—locally or long-distance—and take a few minutes to say thanks. Keep the conversation brief and upbeat, knowing that you have probably made that person's day.

- Whether around home or at work, promise yourself that you'll give out at least three genuine compliments before you day ends. The nice thing about compliments is that they tend to be contagious. There's no telling how far what you start might spread!
- Either first thing in the morning or last thing at night, engage in a couple minutes of silent, personal thanksgiving. Focus on your many blessings, be they large or small.

Thanksgiving is the practice of choosing to think about our blessings. It doesn't mean we bury our heads in the sand and deny negativity and problems. But it does mean that we choose to face our difficulties with courage, optimism, creativity, and faith.

Extension Office News

Ornament Class
A "Wood-Burning Gourd Ornament" class will be taught at the Extension Office on Nov. 26, at 7 p.m. Cost of the class and the supplies is \$12. Call the Extension Office to register at 256-2403.

Giftwrapping Class
November 30, 10:00 a.m., a fun giftwrapping class will be taught at the Extension Office. Class is free. Call the Extension Office for details and to register.

Holiday Cooking
On Nov. 30th, 11:30-12:15, "Healthy

Holiday Cooking" will be taught by Lynnett Fortney at the Extension Office. Samples and recipes will be shared.

Blood Drive
December 13, 1-6 p.m., the Rockcastle County Extension Home-makers will host a Blood Drive at the Extension Office.

Free Rat Bait
Free rat bait is now available. Rat bait may be picked up at the Extension Office, Adams Feed Supply and Dabney Feed Supply while supplies last.

Church News

Free Bible Course
If you would like to receive a free 8 lesson Bible correspondence course by mail, send your name and address to: Bible Course, Rt. 4 Box 297, Mt. Vernon, KY 40456.

Church Services
Winding Blade Holiness Church Services are Sunday at 6:00 p.m. and Wednesday 7:00 p.m. Pastor Bill Carpenter. Pastor and congregation welcomes everyone. Church is located on Winding Blade Road just off Hwy. 490.

Need a Ride?
Mt. Vernon Nazarene Church now has a van ministry. God has blessed. We invite you to come grow with us. Need a ride? We would love to come and get you. Call 758-0090 for more info.

Harvest Revival
Harvest Revival at the House of Refuge located on U.S. 25 past Roundstone School starting Sunday, Nov. 25th - 30th at 7:00 p.m. with Bro. Scott Kilborn as Evangelist. Everyone invited to attend. Come and join a holy spirit revival. Pastor Gary Linville.

Revival
Pine Hill Holiness will host a Revival starting Nov. 25th. Sunday night at 7

p.m. and the rest of the week at 7:30 p.m. with Evangelist Kenneth Cornelius. Pastor Allen Hensley and church welcomes everyone.

Gospel Singing
Berea Gospel Tabernacle, U.S. 25, Berea, will host a Gospel Singing on Saturday, November 24th at 7 p.m. featuring The Praised Singers. Pastor Ralph Chastain.

Weekend Revival
The First Pine Hill Missionary Baptist Church invites everyone to attend the Weekend Revival that will be held Friday and Saturday, November 23 and 24 at 6 p.m. and Sunday, November 25 at 11:00 a.m. and 6 p.m. with Bro. David Sargent preaching.

Concert
Kevin Spencer ad Friends will be in concert at Dixie Park Cornerstone Baptist Church located on North Powell St. in Berea on Fri. Nov. 23 at 7:30 p.m. For info, call 986-4218. Everyone welcome. Pastor Doug Collins. Love offering will be taken.

Revival
McNew Chapel Baptist Church will be in Revival starting Wednesday night, November 28 at 7 p.m. with special singers nightly. Pastor Bro. Eugene Gentry. Evangelist Johnny Shell of London will be preaching. Church welcomes everyone.

In Loving Memories

In Memory of my loving family
For Thanksgiving Day

By Lora Westerfield Hamilton

My family was so wonderful.
But they are resting now.

My eyes are full of tears.
And my heart is breaking I can hardly

write.
But on that great day, the Master will

take their hands and this beautiful
crown.

He's will place on their heads
They will be fed with the momma

from above.
Oh how sweet with those golden shoes

on their feet.
There Jesus will be.

Oh how I long to see.
I can't understand sometimes,

But the Lord knows all things.
He knows what He's doing.

I know I will meet all my family some
day.

And I will join in that beautiful sing-
ing.

But all my griefs won't let me write

any more now.
Goodbye to all the family.

In Loving Memory of
Thomas William Kirby

who passed away 15 years ago
November 22, 1986

There are some that we meet in pass-
ing and forget them as soon as

they go.
There are some we remember with

pleasure and feel honored and
privileged to know -

And that kindof person who leaves
lovely memories behind -

And special days bring many fond
memories to mind -

And memories are priceless posses-
sions that time can never destroy,

for it is in remembrance that the
heart finds its greatest joy.

Loved and very sadly missed by
Wife, Marian; daughter, Vicki;

sons, Tommy, Jr. and Shane;
grandsons, Zachary, Joshua and

Weston; granddaughters, Jerrica,

Leanne, Bethany, Rebekah,
Ruthann, Lily Mae and
Lyndsay; son-in-law, Shawn;
daughter-in-law, Decanna;

mother, Bessie; brother, Paul;
sisters, Lois, Dot, Lacy Villa,
Lorene, Sue and Jenny

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Dana Mayton, Secretary, Revenue Cabinet

Honorable Buzz Carlotts, County Judge/Executive

Honorable Norma Houk, Rockcastle County Clerk

Members of the Rockcastle County Fiscal Court

Independent Auditor's Report

We have audited the accompanying statement of receipts, disbursements, and excess fees of the County Clerk of Rockcastle County, Kentucky, for the year ended December 31, 2000. This financial statement is the responsibility of the County Clerk. Our responsibility is to express an opinion on this financial statement based on our audit.

We conducted our audit in accordance with generally accepted auditing standards; Government Auditing Standards issued by the Comptroller General of the United States; and the Audit Guide for County Fee Officials issued by the Auditor of Public Accounts, Commonwealth of Kentucky. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statement is free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statement. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion.

As described in Note 1, the County Clerk is required to prepare the financial statement on a prescribed basis of accounting that demonstrates compliance with the modified cash basis and laws of Kentucky, which is a comprehensive basis of accounting other than generally accepted accounting principles. This modified cash basis system does not require the maintenance of a general fixed asset group or general long-term debt group of accounts. Accordingly, the accompanying financial statement is not intended to present the financial position and results of operations in conformity with generally accepted accounting principles.

In our opinion, the financial statement referred to above presents fairly, in all material respects, the receipts, disbursements, and excess fees of the County Clerk for the year ended December 31, 2000, in conformity with the basis of accounting described above.

In accordance with Government Auditing Standards, we have also issued a report dated August 1, 2001, on our consideration of the County Clerk's internal control over financial reporting and compliance with certain provisions of laws, regulations, contracts, and grants. That report is an integral part of an audit performed in accordance with Government Auditing Standards and should be read in conjunction with this report in considering the results of our audit.

Respectfully submitted,

Jones & Ritchie, PSC

Jones & Ritchie, PSC
Certified Public Accountants

Audit fieldwork completed -
August 1, 2001

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