

My back is out again. I needed to My back is out again. I needed to get the concrete lid off a cistern Sunday afternoon. Instead of waiting for someone to help me lift it. I fastened on my trusty back support which seems to be modeled after an old whalebone corset and then proceeded to lift with my legs the way half a dozen physical therapists have taught me.

me.

I got the lid up but now I'm down and the only way I can get any relief is to stay pretty much folded up and feel contemptuous. This growing old business is not something that I am

But I am making, at least, a half-hearted attempt. The fact that I am in pain and there are other people in hearted attempt. The fact that I aim pain and there are other people in the house going about their business normally instead of trying to avoid being on the same floor with me is testament to my successful determination to avoid making every body else as miserable as I am. I spent half an hour on the front porch watching the shadows lengthen and the brids wind down their day. I don't have a bird bath as such but in the garage I found one of those big bowl shaped things that kids use play in the snow.

I placed it a few feet from the porch and sprayed it about half full of water. By the time I got back to the steps half a dozen fat robins were sloshing water in all directions. There are even a couple that will walk about the garden when I'm spraying

it down so that they can get wet too.
After the robins left, three pairs of
After the robins left, three pairs of
After the robins left, three pairs of
After the bid so that the
After the bid so that the
I am now determined to purchase
least rev of those big concrete bird
baths. The plan is to get them loaded
at the garden store and then block the
driveway and prefuse to move until
somebody unloads them and erects
them in the front yard on spots that I
plan to mark with lime first thing to
morrow morning.
I wonder whith lime first thing to
morrow morning.
I wonder what it would take to get
the dozens of barn swallows to take
a bath. They swoop and dive about
the yard and garden and ever once in
awhite right through the forch so

awhile right through the porch so close that my instinct is to dive un?

close that my instinct is to dive un-der the swing. Occasionally, I will see mosquito or moth wings wafting down to the grass. The swallows catch them in mid air, and chomp the victim's car-cass from between its wings. Go Swallows! I just wish they would slow down long enough and close enough to be admired. Maybe the bird baths will

do that trick.

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do that trick.

These last days of June when the days are near the longest they will be all year are perfect when the wind its still and the sun's dipping low and the air is still just cool enough for the height of comfort. At this time of day most of the folks on Charlie Brown Road are watching television and it may be an hour before a car goes by.

The quiet, at first, seem almost unnatural until I realize that this may be as natural as it ever gets here on Lewell Branch.

Too often folks get bored with these nothing evenings but if you watch closely it's far more entertaining than anything happening on the book tube.

And even though the spell may

only last a few short minutes. I find myself literally "getting away from it all" without ever leaving the front porch steps.

And for half an hour tonight I did just that. If my back was hurring then, I never noticed.

But now it is and you're going to have to settle for this meager helping that I how ever reftior will call a region that I how ever reftior will call a

have to settle for this meager help-ing that I hope your editor will call a

They, (the whole staff) went that extra mile to insure fier comfort to and from dailysis, made sure she was monitored carefully, stopped in between clies when her blood pressure dropped, brought her home and carefully CARRIED her to bed. Ty'lf you will, but we don't think you'll find caring people like these in the big city.

big city.

It's good to know that our ambulance service is there to serve, but it's r to know we have people there will give beyond our expecta

tions of what a public service should do. /

God bless and keep each and ev-eryone in this earing service, and know that if no one else cares, we the entire family of Tennessee Northern

And you all quickly became a part of our family. We love each and everyone of you from the bottom of our hearts. Once again, God bless

The Northern Family

## Our Readers Write

Dear Editor:

I would like to take this opportunity to thank the numerous businesses, groups and individuals that donated their time, talents or equipment to help Brothead Elementary School move out of the old facility. I know for-most of us this has been a very difficult, especially when your leaving a place that holds so many fond memories.

ing a place that holds so many fold memories.

First, I would like to thank Mr.

Mark McKinney for the many years of leadership he put into helping Brodhead Elementary School grow into a school and community that believes that "Working Together Works." His Efforts were proven again during this move.

believes that "Working Together Works.' Hiseforts were provenagain during this move. I would also like to thank the staff at Brothead Elementary School for working during the day to move the working during the day to make the working during the day to the model of the working during and the working during and the working during the working the wore working the working the working the working the working the wor

of us, durried tables, boxes and sim-ply get dirty and sweaty. He is a man that makes things happen. Lastly, but probably most impor-tantly! would like to thank the fol-lowing groups and individuals for all their contribu. ms. Without them, we would still be moving.

Bryan Bussell and Keith Graves who worked day and night in ship-ping and receiving. Paul, Jackie, Dale, JC and Rick,

Paul, Jackie, Dale, JC and Rick, Rockcastle ROTC - the most well behaved, politic and hard working group of teenagers I have ever met, Taylor Produce, Johnny Benge, Shirley Martin, J.D. Bussell, John Dyehouse, EST Tool and Dye, Amanda Ott, Becky Anglin, Walter Cash, James Miller, Rockcastle Jail

Work Release Workers, Bill Adkisson, Ben Taylor, Marvin Owens, Christopher Mullins, Thomas Shaffer, Kristi Reynolds, Derick Messina, Mark Dyehouse, Kendall Mink, David Ott, Trish McGuire, Buzz Carloftis, Jared Stevens, Ion Noe, Hal and Carolyn Hunt.

1 hope that I have not forgot anyone, but if I have please forgive me. Every effort made to help us was and is appreciated.

Sincerely,

Sincerely,
Caroline Graves
Brodhead Elementary School,
Principal

Dear Editor:
I would like to find out any information on a Jonas Brown, from Rockcastle County, bornaround 1840 and served in the Kentucky 6 Cav. Co. B. Confederate during the Civil

Please contact: Please contact:
Lloyd Brown
10730 Eltzroth Road
Goshen, OH 45122
or E-mail ToadsRun@ AOL.com

Dear Editor:
Rockeastle County has gotten a
lot of bad publicity over the years,
some of it is probably just. Some of it
is not. Oyerall, it's still a good place to

isnot. Oyerall, its still agood pace to live.

We have our share of bad people, but we have our share also, of good moral earing people that restores our helpful, earing neighbors, we have ambulance service staff that is see ond to none in the world.

When our mother became bedfast last year and needed to be transported to Richmond there times weekly, our ambulance was there for us. But, they didn't just transport her, they quickly showed our whole family just what caliber of good people they were. caliber of good people they were

Sweet and Sour

By Zi Graves

Puppy Dog Tales
Which is the cutest, most lovable
and desirable as a petjor companion,
a frisky puppy whining at your feet
for attention or a soft curous kitten,
curling up in your lap medowing for
love? Hard choice, isn't it? So, why
not both?

curling up in your lap medowing for lowe? Hard choice, sin't it? So, why not both?

Second thoughts solve that problem. For one thing, you couldn't take min for a wilk without the danger of Kity slipping through the open door. And when helshe did, which was inevitable eyery time the door opened, the whole neighborhood would have to be combed to find it and, at this stage of my life, energy has its limits. So, I concentrated more on the dooggie idea.

The puppy I had in mind was a golden Cocker Spaniel. I had watched the national dog show on IV. One night and, when a beautifully groomed Cocker Spaniel was shown, my heart did a flip-flop. The only resemblance he had to our pet. Stubby'. was his color, size and long

"Stubby," was his color, size and long ears. The meticulous grooming and training had taken away much of the frivolous nature of a house pet. And, that was what I was remembering. Of course, all puppies are cute and lov-able when they are little and use their size and puppy pranks as a ploy to get inside your heart. For puppy in-stinct has told them that once they

their future hone. I remembered all the joys and sorrows of the life of "Stubby," our own blend stubbed-tail pet Cocker my sister Polly gave to Rodney when we moved back to Remucky after the war.

Rod was seven and the move back to the farm was the perfect place to get acquainted with his pup. This was his first dog, Major, the shepherd pup given to Judy when she was a buby, had disappeared while we were away but now Rod owned his very own little dog and he was as cut as he little dog and he was as cute could be with all the traits the could be with all the traits that being to pupies. And Rod lowed him with all the love a seven-year-old boy an hold - a lot Words cannot describe the feelings or emotions stored in the body and heart of a kid, but his actions are a dead gireaway. He feel him special tidhist from the table to him special tidhist from the table with a feel with the pupies and did as all country peel did back then. Fed them yearsp from the table and Stubby thrived on it. Before I accepted him as a house pet. Rod would sit on the front steps and cuddle him from the cold. Maybe it was his shipering from the weather.

was his shivering from the weather that warmed my heart and made me tell Rod to bring him inside where it; was warm. From that day on, his place was close to the stove and train-ing him to obey and leave things along was begun. He learned quickly was his shivering from the weather

(Cont. to A12)

## Bobby Cummins joins Kentucky Farm Bureau Insurance Agent in Rockcastle County



Officials of Kentucky Farm Bureau Insurance Companies have announced the appointment of Bobby Cummins as an Agent in the Rockcastle County Farm Bureau Insurance Agency.

In his new position, Bobby will be calling on the residents of Rockcastle County to offer a wide variety of insurance coverage through the Farm Bureau Insurance Companies. He will be working with Agency Manager, William Bullen, and the current staff in the Rockcastle County office at Highway 25 South, Mt. Vernon, Kentucky, 256-2050.

Bobby joins a well-established network of Kentucky Farm Bureau Insurance agents. The company, founded in 1944, has offices in all of the commonwealth's 120 counties.

The agents of Kentucky Farm Bureau Mutual Insurance Companies offer a wide variety of insurance lines, from homeowner's and automobile coverage to life and health insurance and retirement planning.

If you would like a rate comparison or quote on your current insurance or a great rate on life or health insurance give Bobby a call at 256-2050.

Or, if you need a local agent you can trust and depend on for all your insurance needs, call Bobby Cummins at 606-256-2050. "A man who has been in business for many years and knows the needs of Rockcastle County

