

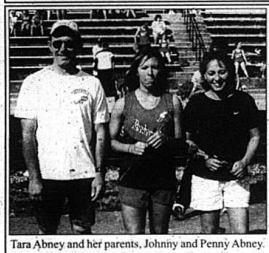
Senior track members honored



The Rockcastle County High School track team honored their seniors along with parents last week. In the above photo, Ashley Lawson and is shown with her parents, Terry and Marlene Lawson.



Mindy Bullock and her parents, Lawrence and Phyllis Bullock.



Tara Abney and her parents, Johnny and Penny Abney.



Eric Denney with his mother, Glenna Settles.



Stephen Hopkins and his parents, Tony and Donna Hopkins.



Jeremiah Myers and his parents, Brent and Vicki Myers.



Cheyenne Carmack with her mother, Kaye Embs.



Rachelle Hammond with her parents, Larry and Rebekah Hammond.



Theresa Chisum and her mother, Molly Mullins.



Stephen Carrera with Cross Country Coach Dawn Quigley.



Jeremy Neeley shown with his parents, Darryle and Jennifer Neeley.

RCHS Girls' Track Team remains undefeated

The RCCHS girls' track and field team has continued to dominate the competition the last couple of weeks and now has a combined meet win/loss record of 107-0. Despite their undefeated status, the team dropped to second place in the state two weeks ago, but have now regained their position as the top ranked team in the state in Class 2A. The girls hold a slim edge over defending state champion Paducah Tilghman, 95.63 to 95.0. RCCHS has continued to improve throughout the season and currently has girls ranked in the top ten in the state in fifteen of eighteen state events. One of those events - pole vault - RCCHS does not even compete in. The top twenty Class 2A state rankings are as follows:

GIRLS SCORES - AA

Rank	School	Score
1	Rockcastle County	95.63
2	Paducah Tilghman	95
3	Russell	84.76
4	Fleming County	80.63
5	Western Hills	46
6	Warren East	44.63
7	Louisville Mercy Academy	40
8	Union County	25
9	Mercer County	23.63
10	Newport	23
11	Fort Campbell	21
12	Rowan County	19.60

12 Boyle County	19.60
14 Franklin Simpson	14
15 East Carter	13
16 Macon County	12.23
17 Casey County	12
18 Lexington Catholic	11.50
19 Lloyd Memorial	11
20 Elizabethtown	9

RCCHS competitors ranked in the top ten in the state are as follows:

Cheyenne Carmack - 800-meter run - 1st, 400-meter run - 3rd; Rachelle Hammond - triple jump - 4th, long jump - 5th; Sheena Swinney - 100-meter dash - 4th, 200-meter dash - 3rd; Heather Hammond - high jump - 1st, 400-meter dash - 1st, long jump - 4th, triple jump - 9th, 200-meter dash - 7th; Clarissa Hubbard - shot put - 5th, discus - 2nd; Jessica Asher - 3200-meter run - 8th, 1600-meter run - 10th; Mindy Bullock - high jump - tied for 3rd, 400-meter relay (Tara Abney, Johanna Abney, Chere' Embs, Mindy Bullock) - 7th; 800-meter relay (Johanna Abney, Chere' Embs, Rachelle Hammond, Sheena Swinney) - 2nd; 1600-meter relay (Cheyenne Carmack, Heather Hammond, Rachelle Hammond, Sheena Swinney) - 1st; 3200-meter relay (Cheyenne Carmack, Danielle Arnold, Jessica Asher, Kayla Hayes) - 5th.

The RCCHS girls' varsity track and

field team recently competed in the Boyle County Thoroughbred Classic at Boyle County High School. Twelve teams from the area were on hand for the annual competition. The RCCHS girls faced many of their regional rivals including Boyle County, a strong contender for the regional crown.

The RCCHS girls completely dominated the meet, winning by an unbelievable margin of 68 points over their closest competitor, Boyle County. Senior Rachelle Hammond was named the girls' most valuable field event participant for her awesome performance in both the long and triple jump competitions. Freshman Sheena Swinney was named the girls' most valuable running event participant and established new RCCHS records in the 100 and 200-meter dashes. 7th grader Jessica Asher also broke both of her own records in the 1600 and 3200-meter runs. The 400-meter relay team turned in an outstanding performance and also established a new RCCHS record in the event.

Those RCCHS athletes placing in the top six and scoring in the meet included:

3200-meter relay (Jessica Asher,

(Cont. to A-10)

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A Girls Summer Softball League is being formed.

If you are 13-16 years old and interested, call Jennifer Brock at 758-9309 or Sharon Thacker at 256-5944.