



Local teens change world by fasting for 30 hours

A group of almost 25 local students and chaperons spent most of the past weekend without one bite of food, and it was all to raise awareness and funds for starving children overseas and in the United States.

Bible Baptist Youth took part in the 30 Hour Famine, where participants doleful pledges from sponsors as they go without food for 30 hours to identify with those who are hungry and raise money for World Vision, a Christian relief organization.

Scott Sulyston, Youth Pastor at Bible Baptist, says the entire 30 hours are filled with activities designed to help the high school and middle school students change their focus from their own needs to the world of needs around them.

"Some of our students had never gone without food for 30 minutes. Some less than 30 hours. But after they did things like living outside in cardboard boxes, serving at a homeless shelter, and seeing what the rest of the world lives like, food wasn't as important as it once was."

Famine participants agreed that the activity changed their worldview. "When we first started at Famine, all I could think about was being

hungry and wanting to eat," said Angie Boring, a Rockcastle County Junior and BBC Youth member. "But when I saw a video that showed some of the starving children we were trying to sponsor, God just took the hunger right out of my stomach."

Famine participants also worked at the HOPE Center in Lexington on Saturday serving food to the homeless and cleaning out storage and supply closets.

RCBS Senior John Hankins says he will never forget the experience. "One of the homeless men was causing me trouble and was being kicked out of line, and when they told him he had to leave, he said he had nowhere he could go. That just made me realize how good I have it."

Ashlee Alcorn, also a Senior at RCBS said, "The Famine made me so thankful for the things God has blessed me with that I take for granted so often."

Other participants said they might never truly see the impact this event made in their lives.

"We were told that 31,000 children die every day from hunger and hunger-related diseases, and I know by going without food for the week-

end I can help change the lives of children across the world, even if I never see them," said Christina Amys, a sophomore at RCBS.

Bible Baptist Youth have taken part in the Famine the past four years, and they have also been sponsoring a World Vision child in Ecuador for the past 18 months.

"In a world where all we seem to hear about teenagers are things like school shootings and drug problems, events like the 30 Hour Famine remind me once again that there are still a majority of kids out there who are doing positive things to help change their world," said Stayton.

Over 600,000 teens across the nation participated in this year's Famine. Funds raised through this activity will be used for both emergency relief efforts and long-term development projects in countries such as Tanzania, Peru and the United States to help break the cycle of hunger and poverty. A worldwide goal of \$22 million was set by World Vision, the event's sponsoring organization. BBC Youth raised more than \$700 through pledges in Rockcastle

(Cont. to B8)



Kiwanis Club nets over \$4,000

With the generosity of community-minded businesses contributing items and with the help of community-minded citizens tuning in to WRVK and buying the items, the Rockcastle County Kiwanis Club's Fifth Annual Radio Auction was once again a success. Over \$4,000 was made during the two-day sale that will be used for community projects throughout the coming year.

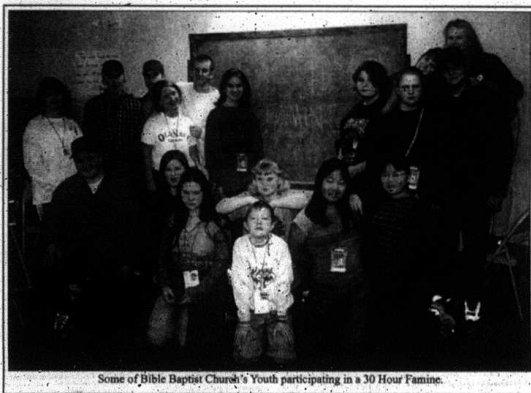
This successful fundraiser could not be held each year without the assistance of key community folks giving of their time and talent. Many thanks goes to WRVK Eagle Radio Station, Larry and Jon Burdette, Bob Randolph, Mr. Vernon Signal, James Smith with D&S Computers, Michael Roak, Kevin Rader, Eddie Delaney, Phyllis Deatherage and the Mt. Vernon City Hall.

Thanks to all those who participated in this worthwhile event.

Rockcastle Kiwanis Club
Martha Cox

Top photo: Kiwanis members Gertha Mink, Teresa Vanzant, James Miller and Vicky Cox were kept busy answering the phones and taking bids during the Kiwanis auction. The proceeds from the auction will be used for community projects throughout the year.

Above: Cory Craig, Jeff Burdette, and Bob Randolph, with the help of Jon Burdette, kept the air waves busy Friday and Saturday auctioning off lots of bargains at the Kiwanis auction. Their good time humor and wit added to the success of this annual event.



Some of Bible Baptist Church's Youth participating in a 30 Hour Famine.

The Top Reasons to Stay in Rockcastle County for Your Health Care.



George W. Griffith, M.D., F.A.A.F.P.

With a degree from the University of Louisville, Dr. Griffith chose to return to his hometown to practice family medicine.

"Rockcastle County is a great place to live because you can receive the benefits of a small town and yet you're close to a big city."

Kimberly Cornelius, M.D.

A Rockcastle County native, Dr. Cornelius is the Medical Director of the hospital. She received her degree from the University of Louisville. Her specialty is pediatrics.

"I love the personal touch and dedication the staff give to the patients. We treat them like family."

William P. McNease, M.D.

Dr. McNease lives in Mt. Vernon and received his degree from the University of Louisville to practice preventive and family medicine.

"Rockcastle Hospital provides quality medical care with a small town community atmosphere."

James M. Stern, M.D.

Dr. Stern, originally from London, graduated from Jefferson Medical College. His practice is general surgery.

"I enjoy the cooperative spirit here among very capable personnel."

William Don Dooley, M.D.

Dr. Dooley was born in Middletown, Ohio and received his degree from the University of Cincinnati to practice radiology.

"I practically grew up in Rockcastle County. My grandmother owned a store in Gimex."

Michael David Hamilton, M.D.

A Mt. Vernon native, Dr. Hamilton practices family medicine. He received his degree from the University of Kentucky.

"I chose Rockcastle Hospital because I saw a need I could fill for the community, and also because this is home for my wife and me."

Tony Arvin, M.D.

With a degree from the University of Kentucky, Dr. Arvin returned to his hometown to continue his father's practice of family medicine.

"I'm looking forward to continuing the tradition of high-quality care to the community of Rockcastle County."

Karen B. Sayko, M.D.

Dr. Sayko, originally from Mt. Vernon, graduated from the University of Kentucky. She specializes in pediatrics and internal medicine.

"I've always wanted to serve people in the area where I grew up."

ROCKCASTLE

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145 Newcomb Avenue • Mt. Vernon, Kentucky 40456 • Tel (606) 256-2195

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