RCMS Boys Basketball Roundup

8th Grade David Perkins, Coach RCMS vs. Monticello RCMS 13 12 20 16 61 doubticello 4 16 3 8 31 blake Roberts 16; Brandort Griffin 6; Derrick Hurst 14; Matthew Allen 1 and Ronny McClure 4.

and Romy McClure 4.

RCMS vs. Whitley
CMS 6 14 4 6 30
Phittey 15 13 9 9 46
latthew Allen 9 Blake Roberts 8.
conty McClure, Brandon Griffind
Brent Clontz, 3 each and Deke Heisst and Jesse McCollum, 2

RCMS vs. CCMS 10 7 14 17 48 16 12 10 20 58

RCMS vs. Meece 13 14 7 23 57 11 4 10 19 44

RCMS vs. N. Laurel

7 10 15 20 52 8 8 18 9 43 8 23; Matthew Allen 14;

7th Grade Coach Steve Phelps RCMS vs. Clay Co.

Colby Brown 12; Kyle Mullins and Weston Riddle, 5 each; Gabe Stallsworth and Justin Albright 3 each; Dustin Albright 2 and J.C. McClure and Jarred Brown, 1 each.

RCMS vs. N. Laurel RCMS VS. N. Laurei RCMS 13 11 5 5 37 NEMS 15 24 14 12 65 Dustin Albright 10; Colby Brown and Justin Albright, 8 each; Weston Riddle 6; Terry Miller 3 and Kyle Mullins 2.

Mullins 2.

RCMS 's S. Laurel

RCMS 6 4 15 15 40

SLMS 11 9 21 18 59

Justin Albright 9. Terry Miller 8!

Kyle Mulins and Colby Brown 6

each; Weston Riddle 5; Derrick

McClure 3; Dustin Albright 2 and 4y

Bottoms 1.

ck Adams, 2 ee 6th Grade

Calvin Creech, Coach

RCMS vs.Meece
MS 6 4 4 8 22
sece 4 4 4 7 19
ob Harding 7; Donovan Pigg 6;
andler Hunter, Izak McQueary,
ul Payne and Cody Childress, 2
th and Lance Baldwin 1.

RCMS vs. Berea.
RCMS 12 13 3 8 36.
Berea 7 5 3 6 21
Donovan Figa and Cody Children
8 each; Chris Hurst 6; Paul Paye.
8 each; Chris Hurst 6; Paul Paye.
4 each and Jacob Harding 2.
RCMS 11 4 6 3 24
Corbin 2 14 7 13 30
Donovan Figg 8; Jacob Harding 5;
Cody Childress 4 and Jrak
McQueary, Lance Baldwin and Paul
Payne, 2 each.

RCMS vs. Garrard RCMS 8 6 8 10 32
Garrard 4 10 8 6 28
Donovan Pigg 11; Cody Childress 7;
Jacob Harding 5; Izak McQueary 4;
Steven Eversole 3 and Lance
Baldwin 2.

RCMS vs. Garrard

(Game #2)

RCMS 6 9 6 8 31
Garrard 5 4 5 11 25
Donovan Pigg 11; Cody Childress
10; Chandler Hunter 6; and Izak
McQueary and Jacob Harding. 2
each.

Lady Rockets

Jayvee beats Southern The jayvee Lady Rockets handled their counterpart from Southern easily also last Thursday night, winning 36-15.

36-15.

Tara Rowe led the scoring with 9 points; Stephanie Price got 6, Katie Pdrsons 5; Allison Anderkin and Jessiea Carpenter 4 each and Jessie Hayes, Amy Barnett, Bryanna Bussell and Johnna Abney each scored 2 points.

Freshmen beat Pulaski

Freshmen beat Pulaski Last Tuesday night, the Rocket freshmen team easily defeated Bulaski County 41-20. Anderkin led the scoring with 12 points; Rowe and Lauren Clontz got 7 each; Stephanie Price 6; Krystal Parsons 4; Anna Guilfoil and Jessica Asher 2 each, and Katie, Parsons scored 1.

Poison Center offers tips on avoiding winter poisoning hazards

ming hazards as the weather gets or and children spend more time are. A child's natural curiosity ted with a lack of knowledge crining potentially poisonous may cause children to place y non-food substances into their

Medications
Winter is a season full of minor
nesses. Young children spending
ost of their winter days and nights
doors are tempted by a wide mange
colorful medications, especially,
e ever-present cold medications,
ssonings involving the use of meditions account for the greatest pertions account for the greatest permany of greates and the season of the season

of colorial medisations, especially, the every peesine cold medications. Poisonings involving the use of medications account for the greatest percentage of cases reported to the Kentecky Regional Poison Center.

The culprits are both prescription drugs and over-the-counter or non-prescription preparations, "said Henry Spiller, posion center director. "The victims are often children under heary point of the prescription of ison Center, Personal Care Products

Personal Care Products
The current implassis on personal
Chealminess if the American society
has brought about an increased use of
a wide variety of products used to
cleanse and beguity. There are many
personal care items such as colognes,
mouth washes and shampoors in the
average home—tiens such as colognes,
mouth washes and shampoors in the
average home—tiens that can peace
a poisoning hazard for an unsuspecting child.

"Personal care products represent
the second largest number of calls to
the Kentucky Regional Poison Center for both children and adults," said
Spiller. "Keep these items out of sight
and out of reach of children."

piller. "Keep these items out of sight ad out of reach of children." Information about "Poison Proof-

ing" your home and yard can be ob-tained from the Kentucky Regional Poison Center. In case of poisoning involving a personal care item, iminvolving a personal care item, im-mediately contact the poison center. Indoor Plants

There is an increased number of

accidental ingesitions involving plants focusing of their popularity as a decirative item in the home. Although poisoning from plants cain cause a wide range of effects, the most wide range of effects, the most plants in their plants in your home. Lists of the plants in your home. Lists of toxica and notionize plants are available from the Kentionize plants are available from the Kentionize plants are remove the plant of place its name nearby so that visiting friends or relatives with child care removes the cause and the plant of place its name nearby so that visiting friends or relatives with child care removes the plant of place its name nearby so that visiting friends or relatives with child care removes their ideas with child great or place in the plant is provided if in gestion occurs.

what type of plant is involved in m-gestion occurs.

Although the most common holi-day plant, the poinsettia, is consid-ered nonpoisonous, other plants such, as insistence, holly, bayberry and lerusalem cherny are considered po-tentially poisonous and should be kept out of children's viene. Signious of plant poisoning can range from rashes

int poisoning can range from rashe nausea, vomiting and diarrhea. Household Products

Household Products
Every year thousands of children
are poisoned by hazardous household products. In 1999, the Kentucky
Regional Poison Center received
4,321 calls regarding household products. Cleaning products, deodoriz-

ers, desergents and furniture polishes are just a few of the many potential anzards found in every home. They may be brightly colored, smell good or even look like food, but they are potential poissons. All household products should he kept junder lock and key when in use and stored in their original consistencer. Remember to call the Kentucky Regional Poisson Center of anyone in your home ingests a household product.

A list of these and other poisson prevention tips are available through the poisson center.

"Other Winter Poissoning Hazards" Antiferces is exteriorily poisson.

Other Winter Possoning Hazards Antifreeze is extremely poissonous and may result in severe poissoning and death even in small amounts. It has a sweet taste, making it attractive to small children and pets. Ice melting granules, also known as rock saft, road saft or halite, are retigenous of defen in trusting.

as rock salt, road salt or halite, are poisonous if eaten in quantity.

4 Disc batteries for cameras, cal-culators and hearing aids are small enough to be swallowed and there-fore pose a choking hazard. In some cases, they can break open and cause poisonings.

Rockcastle Water Association PO Box 540 • Mt. Vernon, KY 40456 Phone 606-256-5480

Winter Reminder

PLEASE protect your lines from freezing by making sure they are buried deep enough and by installing electric heat tape on any exposed line especially below mobile homes. A frozen pipe will rupture causing you very high water bills as well as draining our water

Somehow mark or flag your meter for the annual meter reading. The meter reader must be able to find our meter quickly.

REPORT any water leaks that you see immediately to 256-5480.

Your participation and cooperation will help our Association be more effective for all our customers. Thank You.

Attention Parents of Rockcastle County Middle School Students

GEAR UP has ten laptop computers that will be available to all students and parents of students at Rockcastle County Middle School. The laptops will be available for check out at the Rockcastle County Public Library for up to two weeks. A valid library card with a special laptop stamp will be required. (Call the library at 256-2388 to find out how to get a library card.) In order to get a laptop stamp, you must attend one of the trainings listed below.

Please note: These trainings are designed for people with a basic understanding of computers such as typing and saving a document. If you are unfamiliar with computers, please call Anthony Coffey at the 21st Century Community Learning Center at Rockcastle County Middle School at 256-5118. Mr. Coffey will enroll you in a free basic computer class.

January 31 (if school is cancelled on January 31, the make up date will be February 7)

3:30 p.m. at Rockcastle County Middle School 5:00 p.m. at Rockcastle County Middle School

February 3

10:30 a.m. at Rockcastle County Public Library at Rockcastle County Public Library

You must call Mary Jane Locklear at (859) 985-3551 in order to register for these trainings. Registration is limited to the first 20 people in each session

> Laptops will be available for check out on Monday, February 5, 2001.



Rockcastle County Little League

BASEBALL SIGN-UPS

Sat., Feb. 3rd: 10 a.m. - 4 p.m. **Brodhead Elementary** Sun., Feb. 4th: 1:30 p.m. to 4 p.m. Mt. Vernon Elementary

Ages: Kids age 5-12 by August 1st

Cost: \$30 first child \$20 second child • \$15 third child

(Bring exact change)



For more info. contact John Saylor at 758-8812

