

KSP taking applications

The Kentucky State Police at London would like to inform those interested in becoming Kentucky State Police Troopers that applications are now being accepted. The State Police is now accepting applications for the past six months but as of January 8, 2001 they are again accepting applications.

At this time there have been no testing dates set. Applications are

"Tech Center"

(Cont. from front)

"I think the Center is going to be a great asset to the entire county and the school system will benefit as well in things such as distance learning and professional development," Hammond said.

Towery said he wanted to thank the Rockcastle Fiscal Court for their support, the businesses and the city of Mt. Vernon for their donations. State Representative Danny Smith, for his efforts in obtaining \$25,000 for the center and Stanford Architect Garland Vanhook, who donated his time and services to the design and his help throughout the renovation.

One of the first projects to place at the Center will be a seven week course for would-be business owners. That course begins on February 6.

Members of the Tech Center governing board are: Dr. Tony Arvin, Lee Keene, Bigge Towery, Bill McKinney, Kelly Penzol and Jenny Seaman.

A grand opening and open house will be held in February.

available at all sixteen State Police Posts throughout the state, the Louisville and Lexington Drivers Testing Stations and the agency website: www.state.ky.us/agencies/ksp/ksphome.htm

Qualifications: KRS 16.049 (2) requires that all persons appointed as officers shall, at the time of their appointment be: A citizen of the United States, of good moral character and in good health. Not less than twenty-one years of age. Possess a valid drivers license against which no more than six driver demerit points have been assessed, possess a minimum of sixty college hours of credit, or an associate degree from an accredited college or university, or be a high school graduate with at least two years of active military duty or two years experience as a full-time, salaried law enforcement officer.

Anyone having any questions can write to the Kentucky State Police, Recruiting Section, 919 Versailles Road, Frankfort, KY 40601. Phone: (502) 556-6320 or contact your local KSP Post.

Church News

Singing

Gospel singing with The Freemans at Pinehill Holiness Church, Thursday, January 18th at 7:30 p.m. No admission will be charged, but a love offering will be taken. Pinehill Holiness Church is located on U.S. 27 between Mt. Vernon and Livingston. For more info. call 606-453-4801.

Women urged to get screening for Cervical Cancer during January

Kentucky women are being encouraged during January to follow through on this New Year's resolution: get a screening test for cervical cancer.

Although cervical cancer is nearly 100 percent preventable, an estimated 30,000 new cases of the disease will be detected in Kentucky during the year 2001, according to the American Cancer Society.

During January, which has been designated Cervical Health Month,

"Lady Rockets"

(Cont. from front)

12 points; Kicks 10; Jolana Abney 9; Denny 3; Mink and Lawson, 2 each and Hays, 1.

This Thursday night, there will be a rematch of the two team at Rockcastle.

Jayvee wins 3, lose 1

The Rocket Jayvees had little trouble with their opponents from Whitley, winning 47-26 and allowing Coach Becky Smith to clear her bench.

The Rockets were up 8-0 at 4:41 the first quarter stop, 18-14 at half-time and 29-20 at the end of the third quarter.

Jessie Hayes led the scoring with 11 points. Jessica Carpenter got 9; Bryanna Busell and Jolana Abney 8 each; Amy Barnett 5; Allison Anderkin 4 and Lauren Clontz 2.

At Pulaski: Southwestern Friday night, the Jayvees did quite as well, trailing at all the quarter stops and losing 35-27.

Abney led the scoring with 6 points; Busell and Hayes got 5 each; Barnett 3; Carpenter 3 and Anderkin 2 each and Stephanie Price 1.

The Jayvees also played at Corbin Saturday and won 42-31.

The Rockets were ahead 15 points at the half and extended it to 31-10 in the third quarter. The Jayvee Hounds managed a little more offense the fourth quarter, outscoring the Rockets 16-7.

Busell led the scoring for her team with 10 points; Abney had 9; Barnett 8; Hayes and Rowe scored 3 each; Carpenter, Clontz, Parsons and Anderkin 2 each and Stephanie Price 1.

After the first quarter, the Jayvees had very little trouble with the Jayvee Lady Eagles Monday night, winning 42-20.

The Eagles were ahead 8-3 at the end of the first quarter but the Rockets came back to go ahead 11-9 at the half-time break and outscored the Eagles 10-2 the third quarter and 21-9 the fourth quarter.

Abney led in the scoring with 14 points; Barnett got 9; Busell scored 8; Rowe 5; Clontz 4 and Anderkin 2.

Freshmen Win 2

The Lady Rocket Freshmen team won their first game at Southwestern Friday night and came away with a 35-24 win. The Rockets led 5-4 at the end of the first quarter but went on an offensive tear in the second quarter, outscoring the freshmen warriors 18-3.

In all, 10 freshmen scored in the game, with Rowe leading the scoring with 10 points; Abney and Anderkin got 6 each; Clontz, Price, Anna Clontz, Ashley Kimbrell, Holly Colston and Ashley Bell each scored 2 and Kristal Parsons got 1.

At Corbin, the Rockets and the Hounds had a hard time getting started offensively with the Hounds up 4-2 at the end of the first quarter. But, in the second quarter, the Rockets took control, outscoring the Hounds 16-9 and going on from there for the 34-21 win.

Rowe was the leading scorer in the game for the Rockets with 7; Price had 6; Anderkin and Katie Parsons scored 4 each.

"Jr. Pro"

(Cont. from front)

Coach Jeff Hutchins

Player	Points	Rebounds	Blocks	Steals
John Smith	12	5	2	1
Mike Jones	8	3	1	0
Sarah Davis	6	4	0	2
Tommy White	4	2	1	1
Lisa Brown	3	1	0	0
Chris Green	2	1	0	0
Amy Black	1	0	0	0
Totals	36	16	4	4

Coach Mike Hutchins

Player	Points	Rebounds	Blocks	Steals
John Smith	10	4	1	1
Mike Jones	7	3	0	0
Sarah Davis	5	2	1	1
Tommy White	3	1	0	0
Lisa Brown	2	1	0	0
Chris Green	1	0	0	0
Amy Black	0	0	0	0
Totals	28	11	2	2

From 11:00 a.m. to 4:00 p.m.

Players: 10, 12, 15, 20, 25

Knights: 10, 12, 15, 20, 25

Knights: 10, 12, 15, 20, 25

Knights: 10, 12, 15, 20, 25

Knights: 10, 12, 15, 20, 25

Knights: 10, 12, 15, 20, 25

the Kentucky Cabinet for Health Services is encouraging women to receive a Pap test, a screening test for cervical cancer, especially if they have never had one or if they are rarely screened for cervical cancer. Women who are uninsured or underinsured may be eligible for free or low-cost cervical cancer screening through the local health department.

Use of the Pap test as a screening tool for cervical cancer over the past 50 years has reduced the incidence of this disease in the United States by 75 percent. Yet despite this success, each year thousands of American women are still afflicted and die unnecessarily. Most of the cervical cancer that occurs in the United States occurs in women who have not had a Pap test within the last five years.

According to the Center for Disease Control and Prevention, cervical cancer rates are higher among older women. However, dysplasia—abnormal cells on the cervix—is most common among younger women.

"This makes it very important that we expand our outreach to older women for Pap screening and continue our efforts with younger women," said Patty Seibel, program coordinator for the Kentucky Women's Cancer Screening Project.

Certain sexual behaviors, including intercourse at an early age, multiple sexual partners and sex with a partner who has had multiple sexual partners, are also associated with greater risk for cervical cancer.

Women with immunosuppressive disorders such as HIV/AIDS are considered at higher risk for are women who fail to receive regular Pap testing and women who smoke.

Many health organizations recommend that annual Pap testing begin at the onset of sexual activity or at the age of 18 and should continue test frequently at the discretion of the doctor and patient after three or more annual tests have been normal.

For more information about Pap testing, call the Kentucky Women's Cancer Screening Project at 502-564-7996.

Winners and Losers of 2001 By William Jerry Ayers

The winner will always be part of the answer.

The loser will always be part of the problem.

The winner will say "Please let me do it."

The loser will say "That's not my job."

The winner will find an answer to every problem.

The loser sees a problem in every answer.

The winner sees a green ray every day and night.

The loser sees two sad things every green.

The winner says "It might be difficult, but it's possible."

The loser says "It might be possible, but it's too difficult."

So what will YOU be in the coming year 2001?

Will you be a WINNER and have a HAPPY NEW YEAR.

Women who are past menopause still need to have regular Pap tests. However, women who have undergone a hysterectomy in which the cervix was removed do not require Pap testing unless the hysterectomy was performed because of cervical cancer or its precursors.

For more information about Pap testing, call the Kentucky Women's Cancer Screening Project at 502-564-7996.

Poets Corner

Jokes For "Readers" To Tell Wrote by William Jerry Ayers

Most smiles are started with another smile.

Every hunting season accidents happen because BOTH the gun and the hunter were loaded.

Old burglars never die. They just steal away in the night.

Some people are willing to do a day's work, but they want a weeks pay for it.

Billy has waving hair, it's waving goodbye.

Golf is what some men do to relax when they are too tired to mow the lawn.

There are bigger things in life than money, BILLS for instance.

Old bowlers never die. They just end up in the gutter.

These jokes reach millions of READERS, good thing they can't reach ME.

My Doctor has a real bad cold so he's getting a taste of his own medicine.

Remember... The best answers are OLD friends.

I gave my best girlfriend something very timely and striking for Christmas, an alarm clock.

Money can't buy everything, including what it USED to.

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TOPS
(Take off Pounds Sensibly)
TOPS meets Thursday at 6 p.m. at Broadhead Christian Church basement on Main St. in Broadhead. For more info. call 1-800-832-7095 or locally 758-4047.

Kiwanis Club
The Rockcastle Kiwanis meets Thursday at noon at the Kastle Inn Restaurant. All visitors are welcome.

Bookmobile Schedule
Tuesdays Schedule
Mon., Jan. 22nd: Broadhead and Copper Creek.
Tues., Jan. 23rd: Green Hill, Conway, Boone, Fairview, Lambert, Mt. Vernon, etc.

Marine Corps League
Bluegrass Chapter 1012 of the Marine Corps League meets every fourth Thursday of the month at the Igloo Club at the Bluegrass Army Depot. For more info. call Jack Dymally at 360-7310 or Nathan Smith at 256-0741.

JobStart
Want to earn great prizes while learning new skills and increasing your chance of getting a great job? Jobstart is the place for you. For more info. call Jennifer at 256-6012 or fax us at 256-4232. E-mail: jobstart@ksh.net

R.A.A.P. Meeting
Rockcastle Adoption Agency for Pets Inc. meets the first Sunday of each month at 2 p.m. Help build an animal shelter in Rockcastle County. Call Terry at 758-0202 or Vickie 256-5183 for directions.

Project Graduation
Project Graduation second meeting will be held in the RCHS Library on Monday, January 22nd at 6 p.m. All parents of seniors are encouraged to attend.

"Cooking for Diabetics"
January 30th, 1 p.m. a class "Cooking for Diabetics" will be taught at the Extension Office at 1050 West Main Street by Theresa Howard, Harlan Co. Family & Consumer Sciences Agent. Also on January 30, at 2 p.m. "Living With Diabetes" will be taught by Lynette Fortney, Rockcastle County District Health Dept. Both classes are free. Call the Extension Office at 256-2403 for details.

Basket Ball
January 22nd, 9 a.m. to 3 p.m. a Basket Ball Class will be taught at the Extension Office. Call the office at 256-2403 for details and to register.

"Prism Quilt"
February 6, 8:30 a.m. to 2:30 p.m. there will be "Prism Quilt" class taught at the Extension Office. The class is free. Call 256-2403 for materials list and to pre-register. The class will be repeated on February 13, 8:30 - 10:00 p.m.

Beef Rotation Balancing
Workshop will be held on Monday, January 22, 7 p.m. at the Extension Office. Call 256-2403 for details.

Forage Production
On Thursday, January 25, 7 p.m. Jimmy Henning will discuss Forage Production at the Extension Office. Call 256-2403 for details.

Class of 1981
Class of 1981 planning meeting for 20 year reunion will be Saturday, February 17 at RCHS at 4 p.m.

Free Internet Sessions
The Rockcastle Public Library will conduct two free Internet sessions for the public on January 18th. Basic computer skills from 5 to 6 p.m. and Parents and Kids: Safe Sites session from 6 to 7 p.m. Call 256-2388 for more info.

Gun & Knife Show
Somerset Comm. Center
January 20 & 21
Sat. 9 a.m. to 5 p.m. • Sun. 9 a.m. to 4 p.m.

Buy, Sell & Trade
Next show will be February 10th & 11th
For more info. contact Kenny Woods at 436-0570 or 847-4047

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