

Buck Creek watershed to receive EQIP

The Natural Resource Conservation Service (NRCS) has selected that Buck Creek Priority Area to receive Environmental Quality Incentives Program (EQIP) funding of \$200,000 in fiscal year 2001. The Priority Area will encompass the length of Buck Creek with a one-half mile buffer on the main stem and a one-quarter mile buffer on all tributaries draining into Buck Creek for a total of 72,707 acres. Buck Creek is a tributary to the upper Cumberland River in the counties of Rockcastle, Palaski and Lincoln. Landowners in Rockcastle County, within the Brushy Creek and Lee Creek Watersheds may be eligible for cost share assistance to solve environmental problems on their land.

The Environmental Quality Incentives Program holds promise to be very useful in the Buck Creek watershed.

shed. EQIP is a voluntary program to assist landowners with solving natural resource problems through financial and technical assistance. EQIP strives to buy the most environmental benefits for the dollar. Cost-share assistance will be for the establishment of long-term contracts on eligible land. EQIP eligibility is limited to persons who are engaged in live, stock or agricultural production.

Under EQIP, the United States Department of Agriculture (USDA) can provide cost-share assistance to landowners for up to 75 percent of the cost of certain environmental protection such as grassed waterways, filter strips, manure management facilities, and wildlife habitat enhancement. USDA may also provide incentive payments to encourage producers to apply selected land management practices that are not currently in use on their total cost share and incentive payments are limited to \$10,000 per person per year and \$50,000 for the length of the contract, which can run from five to ten years. The program is limited to persons who are engaged in livestock or agriculture production. Funds will begin January 1 and the cut-off for applications receiving scoring is January 31. Applications with the most environmental benefits for program costs will receive the highest consideration for funding.

For more information contact Randall Tompkins, District Conservationist at 256-2525 ext. 3 or visit the USDA Service Center located on Hwy. 150, Mt. Vernon.



Lewis and Sherry Cox would like to announce the birth of their newest family member, Sheridan Grace Cox. She was born December 26, 2000. She weighed in at 7 lbs. and 10 ozs. with lots of dark brown hair. Sharing in the joy are big sister Allyson Washburn and grandparents Bud and Shirley Cox and Donna and Paul Campbell. We are blessed to have her and we love her very much.



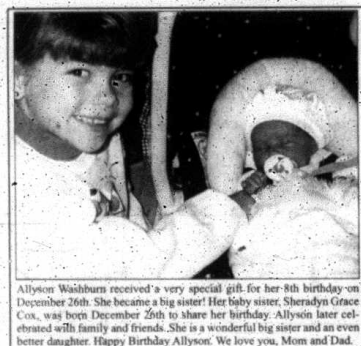
Hi, my name is Dorothy Corinne Seals. I was born September 18, 2000 at the UK Hospital in Lexington. I weighed 6 lbs 7 1/2 ozs and was 19 1/2 inches long. I am a gift from God, the answer to my parent's prayers. My proud parents are Maggie and Larry Seals. My maternal grandparents are Charlie and Evelyn Tuttle of Richmond. My paternal grandparents are the late Matt and Dorothy Seals of Conway. I was named after both my grandmothers.



Lordy Lordy - Look Who's 40!



We know someone who has a birthday January 10th! Happy Birthday, Love - Your Family



Allyson Washburn received a very special gift for her 8th birthday on December 26th. She became a big sister! Her baby sister, Sheridan Grace Cox, was born December 26th to share her birthday. Allyson later celebrated with family and friends. She is a wonderful big sister and an even better daughter. Happy Birthday Allyson! We love you, Mom and Dad.

Church News

Singing

Carps Chapel Holiness Church, Saturday, January 13th, 7 p.m. with the Prater Singers. Pastor Dewayne Carpenter.

New Pastor

We, at Flat Rock Baptist Church, are pleased to introduce our new pastor, Brother Larry Burton. Larry and wife Judy accepted this responsibility on Sunday, January 7, 2001. We are blessed to have them be a part of our church family. Please extend your warmest welcome to this couple, as you will see them working in our community. Larry and Judy will continue to reside in Paint Lick. Join us in worship: Sunday School, 10 a.m.; Sunday morning worship, 11 a.m.; Sunday night service, 6 p.m.; and Wednesday night service, 7 p.m.

Singing

Maple Grove Baptist Church, Saturday, January 13th at 7 p.m. The Burts

Family will be singing. Bp. Keith Carr, pastor.

Prayer for Christian Unity

January 15-19, 2001. To celebrate Jesus, the source of our unity, we invite you to the 5th annual Service for Christian Unity. This celebration will be held on Friday, January 19th, at 7 p.m. The service will be held at Our Lady of Mt. Vernon Catholic Church on Williams Street. The church is located across the street from Mt. Vernon Elementary. The service will feature several local ministers and musicians. If you cannot attend we ask that you pray for the service and the churches of Rockcastle County in order that the just be saved and the will of the Lord be done in all of our lives.

Singing

Smith Spiers will be at Skeggs Creek Baptist Church on Saturday, January 13th at 7 p.m. Pastor Bill Mink and church welcomes everyone.

January is Birth Defects Prevention Month

January is Birth Defects Prevention Month. Birth defects are the leading cause of death in children less than one year of age. Each week in Kentucky seven babies under the age of one die. Most of these deaths are due to birth defects. Kentucky leads the nation in infant deaths due to birth defects.

Not all, but many birth defects can be prevented. Early and consistent prenatal care, as well as, good nutrition contribute to a healthy pregnancy outcome. Tobacco, drug, and alcohol use do not. Fetal Alcohol Syndrome is 100% preventable.

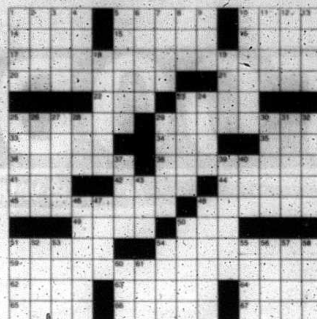
Recent research indicates that one kind of birth defect, spinal bifida, can be prevented by taking a simple vitamin. The U.S. Public Health Service recommends that all women of child bearing age take 400 micrograms of folic acid everyday. The local health department can provide folic acid at no cost to most women. Call, Rockcastle Health Department at 256-2242 to see if you need and qualify to receive folic acid.

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**Happy Birthday
Auntie!
Tony & Jonathan**

**Happy Birthday
Mel Mel
Jacob & Willie**

**Happy Birthday
Melanie Campbell
Love,
Brenda & Peggy**



CLUES ACROSS

1. Impertinence
10. South American Indian
14. Inside
15. Enactment
16. Day
17. Eugene O'Neill plays
20. Gemstone
21. Gets possession of
22. East-northeast
23. Overlay with wood
25. Cut into
29. Processions
33. Ancient Egyptian city
34. Caliph
35. Monetary unit
36. Takes away
38. About order

CLUES DOWN

1. Oceans
2. Pier on a porch
3. Halt
4. Dish
5. At the back
6. Feel deep affection for
7. Abundant
8. Calendar month (abbr.)
9. Last or greatest in an indefinitely large series
10. Transit
11. Retreat
12. Algonquian
13. Hymenoptera
18. ...burger or ...cake
19. Expel
23. Punctuation mark
24. Captain, musician
25. Saurate
26. Spoken, not written
27. Arthropod genus
28. Prefix meaning "not"
29. Frames
30. Movable barriers
31. Escape
32. Opposes
37. Bludgeons
39. Delivery men
40. Sea eagle
43. Ancient Egyptian king
46. Gemstone
47. Hindu symbol of a goddess
48. ...Tomei, actress
50. Rock
51. Persistence of a sound after its source has stopped
52. Hail (nautical)
53. Long, thin piece of cloth or paper that is used for binding or fastening
54. Stepped on
55. In bed
56. Infant helmet
57. Kwas
58. Split second (abbr.)
60. de plume
61. Includes Eve and Fom languages

See Solutions on page A9

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and donuts
all day



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manager Marty Leger,
Lisa Robinson,
Dale McFerron,
manager Allan Stewart,
Jason Denney,
Tracy Caldwell,
owner Fred Baker.

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