



Rockcastle High School Raiders Team

Raiders compete at Ranger Rendezvous

By Holli R. Best
Once again, Rockcastle Junior ROTC Raider Team has been given the opportunity to showcase their talent while competing with teams from surrounding states. Rockcastle, along with approximately 43 other teams gathered in McCreary Co. for Mountain Ranger Rendezvous, an annual event hosted by Physical Fitness Test, map reading test, one rope bridge, obstacle course, Expert Ranger Course, Cross Country Rescue and night land navigation. Each individual event demanded motivation, discipline and will from each individual

with delicious meals. Cadets participating in the competition were A Team, Joe Clark, Tim Tyler, Joe Hubbard, Jonathan Noe, Josh Whicker, Josh Ramsey, Matthew Brooks, Anthony Northern and Jacob Hollett, led by Team Captain Chris Kirby. B Team, Zach Shepherd, Adam Stallworth, Ronald Willey,

Darrell Hubbard, Justin Cornelius, Billy Dees, Ross McClure, Steven Slate and John Phelps led by Team Captain Brian Bullock. Team C, Rockcastle's first all female team was Sherri Glover, Sarah Steele, Anastasia Baker, Tara Thompson, Brittany Edwards, Jessica Toothman, Nikki Houk and Vanessa Smith, led by Team Captain Holli Best.

America's Recycles Day set for November 15th

November 15 is a good day to join your friends and neighbors in carrying out the theme of this year's America Recycles Day. "For Our Children's Future...Buy Recycled Today." Buying products made from recycled materials helps create and maintain demand for these products. Here are six reasons to buy recycled:

- We conserve land and reduce the need to drill for oil and dig for minerals by making products from recycled instead of virgin materials.
- Making products from recycled

content usually requires less energy, for example, recycled aluminum takes 95 percent less energy than new aluminum made from bauxite ore.

- In most cases, constructing product from recycled materials creates less air and water pollution than making products from virgin materials.

- You save landfill space because the items you recycle don't go into landfill or incinerator.

- Recycling often is the least expensive waste management method for cities and towns.

- It also creates jobs and saves money. The recycling process creates far more jobs than those produced at landfills or incinerators.

For more information on American Recycle Days and the prizes visit the organization's web site or contact the Rockcastle County Cooperative Extension Service.

Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability and national origin.

Tiger Pause

This year the school is collecting soup labels for PTA. Intermediate classes are competing with each other and the primary classes are competing against one another. Currently, the primary class that has collected the most soup labels is Mrs. Dyehouse's with 250. The intermediate class that has collected the most is Mrs. Keyton's with 50. The class that collects the most will win \$25.00. (Reporter Jillisa Lay)

On Tuesday, October 24 and Wednesday, October 25 Mrs. Patsy and Mrs. Brenda from the Rockcastle County Extension Office came and talked to BES students during their gym class about germs and what they could do to you. They told us that if germs get inside us they could make us sick. They put powder to represent germs on students' hands and told them to go wash their hands. When the students came back they put their hands under a black light and it showed the germs that they had missed. (Reporter Joey Chastien)

On Tuesday, October 24 the entire fifth grade went on a field trip to EKV to see a play. We went to see The Legend of Sleepy Hollow. The characters in Sleepy Hollow were the

The cooks have filled our tummies full of good food like fish, chicken and ham. They have also fed the school nutritious food like tomatoes and potatoes. All the kids like the meals here at BES. (Reporter Reanna Hasty)

Our BES micro society contains a bank and there are two parts of the bank, the desk and counting money. The workers at the bank rotate from desk to counting money every week. The job the workers like the best is being behind the desk. What they do behind the desk is ask their customers if they would like to deposit their money or take it all out. Then from there it depends on what the customer says. For example, let's say the customer wants to deposit their money. Then the banker writes how much the customer can put in the bank on their folder. This way the next time the customer comes they will get the money they deposited before. (Reporter Hannah Adkisson)

PTA would like to thank Mrs. Jean Towery of Woodmen of the World for donating an American flag to us. We appreciate it very much and will use it during the opening ceremony at our meetings.

Just a reminder your AVON orders need to be turned in Nov. 3 instead of Nov. 9 in order for us to get them to our dealer on time.

Reliant orders need to be turned in Nov. 9 or before.

We are in need of volunteers for the fall festival, which will be Nov. 9 from 8:00 a.m. - 3:00 p.m. We also need baked items or craft items for our cake/craft walk. We will be serving supper from 4:00-6:30 p.m. The meal consists of a slice of pizza and drink for \$2.00. Proceeds will go to help purchase our new playground equipment.

Keep collecting those Campbell's labels, GM and Betty Crocker box tops and the Tyson Project at labels.

Headless Horseman, Katrina Van Tassel, a poor guy, Mr. Van Tassel, and Ichabod Crane. We ate lunch at Lake Reba. This was a very exciting trip. (Reporter Jessica Houk)

Roundstone Academic Achievers

Mrs. Viohl's 4th Grade: Brooke Bowlin, Grant Burdette, Jonathan Gadd, Stacey Hundley, Pamela Johnson, Hannah Ponder and Jamie Todd.

Mrs. Gabbard's 4th Grade: Tonya Brock, Allen Burdette, David Polly, Dustin Rader, Nicole Locklear, Raquel Bullock and Jeffrey Isaacs.

Mrs. Burdett's 5th Grade: Erik Jordison, Shian Mahaffey, Nathaniel Mullins, Morgan Thacker and Catie Williams.

Mrs. Midkiff's 5th Grade: Brook Blount, Yancee Burchett, Leslie Burdette, Tim Harding, Devin Hasty and Tyler Vaughn.



Jean Towery, right, presents BES principal Caroline Graves with a new American flag.

Two Roses Beauty Salon

We have closed due to illness. We may reopen in the Spring. However, our customers can reach us at 862-1400 for your hair care needs.

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