

Farm News

By: Tom Mills
County Extension Agent
for Agriculture
**Tobacco
Program News**



Kentucky tobacco farmers are always concerned with any Congressional action dealing with the tobacco program, but recent action was certainly good news for the industry. As part of an agriculture appropriations bill, the U.S. Congress declared the drought-stricken 1999 crop as a disaster and consequently will forgive over \$500 million dollars in loans associated with 220 million pounds of pool stocks originating from the 1999 crop. These stocks have been described by tobacco buyers as simply undesirable at current prices, given its quality characteristics.

This is significant news because it takes these excessive pool stocks out of future quota formula calculations. Following the 1999 marketing season, the burley cooperatives possessed over 400 million pounds of stock. Stock levels of this magnitude could have easily resulted in another double-digit percentage out in the burley basic quota for 2001 and an "effective" quota reduction of more than 30 percent. However, recent pool stock sales, combined with the forfeiture of the 1999 crop, now leave a net committed pool stock levels down to

just over 100 million pounds. If manufacture purchase intentions remain relatively flat, which of course is very uncertain at this time, but if they remain similar to this past year, the reduction in pool stocks levels could translate in a significant increase (around 30 percent) in the 2001 burley basic quota, while stabilizing the effective quota. The loan forgiveness on the 1999 crop was also in reducing future non-crop stock assessments.

One issue that is not clear at this time is what will happen with the 1999 crop. The Commodity Credit Corporation may attempt to discount this tobacco and sell it in the international market. However, burley leadership is pursuing the potential impact this could have on future U.S. burley trade if it is not directed to non-traditional markets. In fact, burley leadership is pursuing attempts to simply destroy this tobacco so that it does not impact world burley supplies. Whatever the outcome, forgiveness on the 1999 loan should allow quota to rebound in the short term and give burley leadership some time to address other serious problems associated with the program and industry.

The Family Room

By Dr. Don Whitehead

Home Improvements Cause Marital Stress

So you think your marriage is in quite good shape, huh? Think your relationship could stand up to any challenge? Well, don't be so sure. Just try making some HOME IMPROVEMENTS and see how quickly you retain legal counsel.

This weekend my wife and I did some painting and papering. It had been twenty years since we had tried to hang wallpaper together. This tells you something about how horrible that first experience was.

This long-ago fiasco occurred just prior to the birth of our first child. We wanted to get the nursery ready for the new arrival and decided to paper one wall (that's right, just one wall). We began at 10:00 a.m.

The house in which we were living at the time was an older home. This meant that NO WALL IN THE HOUSE WAS STRAIGHT. If you can, picture two novice wallpaper hangers trying to do an intricate pattern of cows, ducks and chickens on a crooked wall.

By 11:00 we were angry at the wall. Soon thereafter we began to take it out on each other. By noon we weren't speaking and by 1:00 each had decided that the other was in league with the devil. It was not a pretty sight.

Thus you can imagine with what fear and trembling I approached the wallpaper hanging of this past weekend. Thankfully it went better this time. There were no harsh words, because I have learned some basic rules for husbands in a home improvement situation. For those men who may not have discovered these

rules yet, I list them now. Memorize them. Your very existence depends on it.

1. Every home improvement job takes longer than you think it will. This is the most basic rule of all. If you figure the task will take thirty minutes, allow at least four hours. And if you are into a major remodeling project and have been given an estimate of "two weeks" by the contractor, double that. Then triple that. Then add two months. This will probably still be short of the actual time, but it will be much closer to reality than the "two weeks" the contractor estimated.

2. If you and your wife are working together on a project, men, keep your mouth shut. Do not offer suggestions. This is not the time for constructive criticism. Saying

"Honey, that piece of paper is more crooked than your mama's hind leg," is not a good idea. Speak only if spoken to.

3. Stay out of your wife's way. Move only if she tells you to. Hold the ladder for her and hand her the tools when she asks and not a minute before.

4. Realize that women know more about painting and wallpapering than any male does.

Now that I think about it, men, probably the best thing you can do during a HOME IMPROVEMENT PROJECT is to stay out of your wife's way. Why not check out the UK game on TV?

[Please send your comments or questions concerning this column to Dr. Don Whitehead, 402 Coomer St., Suite 204, Somerset, KY 42503.]

The Mt. Vernon Signal
Central Scariats.
20 years ago this week...
Dr. Dale Coffey, formerly of Mt. Vernon, opened a dentist's office in the Gregory Building in Mt. Vernon.
Many Rockcastle County taxpayers became upset when they were told by the state that their assets on their property were 76 percent higher than the fair market value.
Rodney Kirby scored on an end around for the Bengals, but they lost to the Bucs 14-6.

Republicans Alonzo McCollum, Money Ed Cummins, Shelly Mullins, Linda Mullins, Ruth Bullock and Bernice Cummins attended a rally in Somerset for Harold Rogers and Ronald Reagan.

15 years ago this week...
A \$700,000 contract to replace the two bridges on Hwy. 150 from Hwy. 70 to the Payne curve was awarded.

The Livingston chapter 353 OES installed officers. They were: Mrs. Glenda Kirby, worthy matron, David Ray Bales, worthy patron, Mrs. Mary McFarlane, associate patron, Mrs.

Pauline P. Mullins, secretary, C.F. Mullins, treasurer.
Sgt. Joe N. Bussell retired from the Armed Services after 28 years of service.
Barry Hurst of Broadhead and Charlie Cameron of Mt. Vernon competed in the North American International Livestock Exposition.

10 years ago this week...
The Rockcastle County Board of Education approved a budget of \$11.2 million for the 91-92 school year.
W.H. and Ida Allen Wren celebrated their 60th wedding anniversary.

The classes of 1940 and 1957 were honored at the Mt. Vernon High School Class Reunion. Robert Robinson was elected president. Ted Hunt, vice president. Jean Toney, secretary and Pat Baker, treasurer.

Dr. Preston P. Nunnally was elected as the 14th President of the Kentucky Medical Association on Sept. 26th.

"What Is Written"

I was listening to the radio in the car recently. This man was preaching the doctrine of inherited sin. He was going on and on that through Adam we have passed on to us. "Purposed Blood" - "Corrupted Blood" - "Doomed Blood" - and this is reason we have sin in our lives, that the sin of Adam is passed down upon us. There is only one problem with this doctrine, it is just not so. The scriptures do not affirm this doctrine of inherited sin. Let's look at 3 points on this matter.

First, notice in Ezekiel 18:20 - "The soul that sinneth it shall die. The son shall not bear the iniquity of the father, neither shall the father bear the iniquity of the son, the righteousness of the righteous shall be upon him, and the wickedness of the wicked shall be upon him." Ezekiel said that the son shall not bear the iniquity of the son. But that is not what the doctrine of inherited sin says. It says that we do bear the iniquity of our father Adam. That his poisoned, corrupted sinful blood is passed upon us.

Now, notice in Romans 7:9 we read "For I was alive without the law once, but when the commandment came, sin revived, and I died." Paul stated that he was alive once in the age of innocence, but when he came to age of accountability, sin revived - [sprang to life NIV] and he died spiritually. But this doctrine we are looking at says he was never alive for he was born with that poisoned sinful blood of Adam.

Finally, what does one do with Jesus, who was the son of David (who was a son of Adam)? "Forasmuch as his Son Jesus Christ our Lord, which was made of the seed of David according to the flesh." Rom 1:3 Why did not Jesus inherit sin? There is no solution to the problem. The Roman Catholics made up the doctrine of immaculate conception of Mary to say she was not tainted with original sin, and so therefore did not pass it on to Jesus. No scripture supports this idea either. It is make believe.

We do not simply accept the fact we are born innocent, but that we all grow up and sin against God ourselves. This is why we need Jesus!

'Providence church Christ

Don McKibben-758-0716 E-mail: Don.McKibben@juno.com

Web Page: <http://www.hyperaction.net/providence>

Time of Services: Sunday 11am Bible Study, Worship 10:40 & 7pm.

Wednesday 7:30pm Radio program, Sunday 8am, 1460 AM

Nature's Prepackaged Snacks

By: Hazel Jackson
County Extension Agent for
Family and Consumer Science



Are you tired of spending lots of money on prepackaged snacks? Try buying nature's prepackaged snack fruit. Fruits can be bought year round. They are not just sweet 1999 and colorful, they are good for you. Almost all fruits are low in fat and provide vitamins, minerals, and fiber. They come in many flavors and textures.

Buy fresh fruits that are free of bruises and cuts. Buy them in different ripeness stages so that you can eat them at peak juiciness and flavor. Don't forget that apricots, bananas, cantaloupe, kiwi fruit, nectarines, peaches and plums will continue to ripen. However, apples, cherries, grapefruit, grapes, oranges, pineapple, strawberries, tangerines and watermelon ripen only on the vine. Fresh fruits in season usually don't cost a lot.

Wash fresh fruit under running water before eating. Don't wash fruit with soap. Soap will leave a coating that is not meant to be eaten. Store fruit unwashed. The skin of most fresh fruits has an interesting texture and flavor. For added fiber, eat the skin of fruits.

Canned fruit is a good buy all year. Compare store brands against national brands for cost, piece size and quality. Often the only difference between national and store brands is the size of the fruit pieces. For fewer calories, choose canned fruit that is either packed in fruit juice or light syrup. Some folks like to drink their fruit. Buy fruit juices that are 100 percent

juice with no added sugar. For a change, mix different kinds of juice. Purple grape juice mixed with orange juice is delicious, although it blends to a shade of brown. Club soda added to fruit juice gives it a refreshing zip. Juices contain little fiber, therefore, limit juice to one serving each day.

Children, teens and adults enjoy dipping bite-size fruit. Children tend

to double dip food items which can spread germs to others. Give children their own small bowl of dip. Try the following recipe with a variety of fruit and flavorings:

FRUIT DIP
1 cup plain or vanilla yogurt OR 1 cup salad dressing (reduced fat if available)

1/2 cup milk
2 tbsp. Brown or white sugar
Wash your hands with soap and warm water. Mix ingredients together in a bowl. Chill overnight. Wash fruit such as banana, apples, and oranges in cool running water, peel fruit if necessary. Or, use canned fruit such as pineapple chunks. Cut fruit into bite size pieces. Serve dip with cut-up fruit. Variations: Add any of the following ingredients to the above recipe for additional flavor:
1/2 cup pancake syrup
1/4 cup crushed pineapple
1/2 teaspoon cinnamon
1/2 cup honey.
Makes 16 servings, 3 cents per serving, 60 calories, 45 calories from fat.

100 years ago this week...

The Pine Hill baseball nine have been hard at work fixing up the diamond to a perfect playing condition and by Thursday will have everything ready. Everyone is invited out to see our first time at athletics. Edgar S. Albright published the Signal every Friday. The subscription was \$1.00.

Mr. Ward, Livingston Postmaster, was in Pine Hill Tuesday visiting old friends.

50 years ago this week...

C.H. Webb announces for school board. Carlo Saylor announces candidacy for school board and endorses Mrs. Neurel Miracle for Superintendent of Rockcastle Schools.

The Reformer and The Redhead was showing at the Vernon Theatre in Mt. Vernon. Admission was 25c adults and 10c children.

The Wildlife Rockies were rained out last Sunday in their second game of the finals in the play-offs with the

From Our Files...

ELECT MIKE DUNCAN

Circuit Judge, Division III

"Seventeen Years Experience as Lawyer and Prosecutor"



28th JUDICIAL CIRCUIT

- Has Tried and Convicted Felons in Rockcastle, Pulaski, and Lincoln Counties.
- Has Participated in Over 200 Jury Trials.
- Graduate of the University of Kentucky.
- Dean's List Student in Law School.
- Married to a School Teacher. Active in Community.
- Honest, Dependable, and Fair.

Ask your family lawyer about Mike's ability, temperament, and qualifications to serve as your new Circuit Judge.

Vote MIKE DUNCAN for Circuit Judge

28th Judicial Circuit, New Division III, Non-Partisan

Barry D. Daulton, C.P.A., Treasurer

No Monetary Contributions Accepted. All Campaign Literature Paid for by Mike Duncan.

Attention

Due to the lack of participation last year, we could not have our annual "Fall Bazaar." We are asking for your help this year to try it again. We need the help of our residents' families to donate craft items and baked goods. If you would like to help in any way, please let us know. You may call us at Sowder Nursing Home at 758-8711 and ask for the Activity Dept.

Our Fall Bazaar will be October 21st. If you can help in any way, please let us know by October 16th. Your help would be greatly appreciated.

Thank You,

Sharon and Kathy, Activity Dept.

Need Help With Computer Skills?

Private lessons now being offered

(taught in your home on your computer)

For more information, call Brandon Reynolds

at 256-3831

References available

upon request

