

limmy Jones is shown taking part in the horseshoe pitching contest on Saturday at the Bittersweet Festival. Barry McClure and Ricky Pittman won the doubles and Darrell Caldwell won the singles.

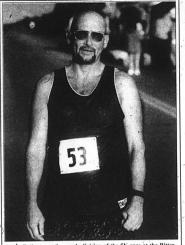








Members of the local VFW Club participated in Saturday's parade. Shown above, from left: Wayne Lear, Alfred McNew, Mark Turner and Johnny Newland.



James Bullen won the men's division of the 5K race at the Bitter-sweet Festival, Bullen finished the run in 18, minutes and 14 seconds, It was his second win at the Bittersweet in the 5K, (Watch next week's Signal for numerous other photos from the Bittersweet Festival.)



Dawn Quigley won the women's division of the 5K race on Saturday. Quigley finished the 3.1 mile run in 23 minutes and 28 seconds.



Jeff Robinson took part in the nail driving contest, which was won by Mickey McClure. Bobby Robinson was second and Ben Dykes was third.

More photos from the festival will appear in next week's Signal



A Few New Changes on WIC

Federal law now requires:

• Proof of Residence • Identity • Household Income and

• Presence of patient at certification

As of October 1 there is a new approved food list. Now included is Juicy Juice in plastic bags.

WIC is a Federal Supplementary Food and Nutrition Education program for women, infants, and children.

Call Rockcastle Co. Health Department at 256-2242 to see if you or someone in your family is eligible.



Pamela Johnson. Shari Proctor and John Vanwinkle performed with the other Bittersweet Cloggers at the Bittersweet Festival, held Sat-urday in Mt. Vernon.



cuit Judge Debra Lambert got a ride from son Joe.





For Rent

3 bedroom house in Brodhead. Large yard, washer and dryer hook-up. \$350 a month plus deposit and lease agreement. Call 256-5670.