

Tiger Pause

PTA will be having a chili supper tonight from 5:00-6:30 p.m. in the cafeteria. The money from the chili supper will be used to help purchase playground equipment for the school. The meal includes chili, crackers, sandwich, dessert and drink. The cost is \$3.00 for adults and \$2.00 for children 12 and under. Following the chili supper will be the regular monthly PTA meeting at 7:00. Items to be discussed include fund-raisers, fall festival, annuals and more. Remember your child will receive a classroom coupon if you attend the meeting.

As you know last week I wrote about the BES news crew. I highlight a job every week and I write about that job. For this week I am highlighting my job. I work for Tiger Beat. Our staff thinks of things that are going on at school then we write it on paper and type it on the computer. Then it goes to the newspaper each week. Gary Keith Caldwell, micro mayor, was a recent guest of Tiger Beat. He took notes on what we do and how we do it so that he can explain our job to any visitors we may have. (Reporter, Hannah Addison)

On October 17th some of our classes from BES are going to Sigmon Farm for Farm Field Day. We will be picking out our own pumpkin. All of our teachers have been talking about how much fun we are going to have. Well, if you want my opinion I think we will have a marvelous time. (Reporter, Jillisa Lay)



Members of the Tiger Beat staff are from left: Reanna Hasty, Jillisa Lay, Joey Chasteen, Hannah Addison and Jessica Houk.

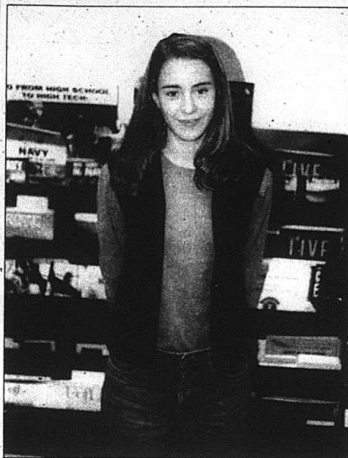
Mrs. Scott's class is studying about rocks and minerals. Sedimentary rocks are made up of layers of sediment. Metamorphic is made up by time, heat and pressure. Igneous is made up of magma that has cooled. We have had fun during experiments on rocks. For example, we had sedimentary sweets. The sedimentary sweets were cookies. They were made up of layers of ingredients including graham cracker crumbs, coconut, milk and walnuts. (Reporter, Reanna Hasty)

In Ms. Cromer's class the kids have been writing a journal. Ms. Cromer has split the journal into three sections: DOG - Daily Oral Geography, DOL - Daily Oral Language and DOA - Daily Oral Analogies. In DOG we write about geography of the world. In DOL we correct sentences. In DOA we tell how words are alike. (Reporter, Jessica Houk)

Last Tuesday tutoring started. Every Tuesday and Thursday after school from 3:20 to 4:20 kids that signed up for tutoring stay after school to work on reading skills. (Reporter, Joey Chasteen)

Be sure to listen to WRVW this Saturday (Oct. 14) for the "Know Your Schools" program. Broadhead Elementary School will be featured. Picture releases will be Monday, October 16. This is for those students that were absent on the original picture day, students that did not receive a proof and for those that did not turn out as expected.

Academic Honor Roll



Rachelle Hammond, daughter of Larry and Rebekah Hammond of Mt. Vernon has a perfect 4.0 grade point average in her senior class at Rockcastle County High School. Rachelle plans to attend Transylvania University in Lexington. She hasn't decided on a major at this time. At RCHS, Rachelle is a member of the Key Club, Future Career and Community Leadership Association, Beta Club, National Honor Society and Rocket Club. Rachelle serves as President of the FCCLA and Key Club. She has been a member of the RCHS Track team for seven years, a member of the girls basketball team for four years and a member of the Cross Country team for three years. She has qualified for the state finals in Cross Country and Track. She is a member of the Cedar Rapids Dolphins Swim team, where she won the 110% award this year.

Births & Birthdays



1991 RCHS graduate Ira Korhonen and his husband from Finland are visiting at the home of Ione Parsons, her host parent. Anyone wishing to visit can do so on Monday, October 16th from 5 to 7 p.m. at Ms. Parsons' home.



Wishing you a big happy 2nd Birthday Austin Renner Mamaw & Papaw



This is my Aunt Lorene, the sweetest old woman you've ever seen. I never forget her birthday because it's the same day as mine. On October 12th, she will be 79.

Happy Birthday Lorene Graves on October 12, 2000



Hi, my name is Stephen Lamar Blevins. I celebrated my second birthday August 2nd with a big party at my grandparents. Thomas Joe and Lavada Blevins in Rockcastle. Then on September 29th, my daddy and mommy brought me home a little baby sister. She was born at Patis A-Cay and weighed 9 lbs. 14 ozs. Her name is Bethany Brooke Effidine. Our proud parents are Gary Stephen and Kristina Marie Blevins from Rockcastle Co. Our very proud grandparents are Thomas Joe and Lavada Blevins from Rockcastle Co. and Jerry and May Hadden from Estill Co.



Hi! My name is Tabatha Lucille Miller. I celebrated my second birthday on September 16, 2000 with a Winnie the Pooh party. My mommy and daddy are Lavana and Scott Vinson. My big sister is Cassidy Collins. My daddy also celebrated his birthday on the 17th of September. I would like to thank everyone for the nice gifts. I am the granddaughter of Raymond and Lucille Miller of Mt. Vernon, Kenneth and Sheridan Vinson of Fort Wayne, Indiana and Ratnel and Barbara Collins of Mt. Vernon.



Happy 29th Birthday We Love You, Your Wife, Family and Mr. and Mrs. Goobar

Minds in the Middle

We would like to thank all of those parents and students who attended our open house Tuesday afternoon. We had a great turnout and everyone enjoyed the events that were taking place.

The music department is selling long sleeve music t-shirts. These are available from Mrs. Sizemore for \$15.

Yearbooks are now on sale! If you were unable to attend the open house and pick up an order form, one will be mailed to you. The cost of the yearbooks is \$20.00. Each year RCMS pays for the costs of having each student's name stamped on their yearbook. This year students may purchase an icon also. This would be a small logo representing a sport or organization and would appear by the student's name on the front cover. The cost for this is \$3.00 each.

The 6th grade Lady Rockets won Saturday against South Laurel by a score of 30-19. Ainsley Bussell and Jill Owens led scoring with 10 points each. Hollie Barnett had 7 rebounds and Ainsley Bussell had 7 steals. The 7th and 8th grade teams played at Corbin last Thursday night. The 7th grade sent the hounds to the pound with a final score of 27-25. Ashley Lunsford and Heather Hopkins led scoring with 8 points each. Megan Anderkin had 6 points and 7 rebounds. The 8th grade team continued their winning ways by pounding Corbin 63-32. Johnna

Abney led scoring with 21 points. Tara Rowe followed with 9. Monday evening the teams played Northcrum Pulaski at RCMS. The 7th graders came away with a 29-14 victory and the 8th graders with a 56-35 victory.

Congratulations to Michael Campbell and Justin Miller who made the 100 point club this week. The boys had enough books to earn 100 points on the Accelerated Reader program. Mrs. Jill Whitaker's 7th grade group led the classes with 771 points. The Shooting Stars led the teams by earning 2,140 points.

Last Thursday evening, our football team defeated Corbin. This Thursday, they will compete at South Laurel.

The Voyagers 6th grade team would like to recognize Shawn Chidress and Becky Prewitt as last week's Students of the Week and Lance Baldwin and Hilary Proctor for this week.

ESS tutoring is now available after school on Wednesdays and Thursdays.

This Friday, there will be an after school party from 3-5:00. Students must have parental and team permission in order to stay. Congratulations to the RCMS staff and students for their excellent test scores. We outscored 22 of the other 24 middle schools in our area. Way to go!

Rice earns builder and remodelor title

Paul Rice, owner of Central Kentucky Carpentry, has recently earned the professional distinction and title of Registered Builder and Remodelor.

In the process, Rice, who's been in the building business for more than 10 years, has passed a stringent peer review process of the local South-eastern Kentucky Home Builders Association (SKHBA). In addition, he has met strict professional guidelines spelled out by the National Association of Home Builders to earn the title of Registered Builder and Remodelor and make his way to the top of his profession.

"This is my business for the long haul," says Rice. "I want to do anything I can to do to look more professional, to separate myself from the fly-by-nighters that crop up in this business."

Rice worked in the building business for several years before striking out on his own to start Central Kentucky Carpentry. He's been building homes and commercial buildings ever since, and his company currently has three employees. He says he'll complete 20 to 25 projects in a typical year, mostly residential and custom homes, but doing some commercial work as well. He's currently working on a 3,200 square foot home for a

customer in the Paint Lake area.

To become a Registered Builder and Remodelor, Rice had to prove his professionalism and knowledge of the building industry. Before earning the title, Rice had to meet seven guidelines.

- Proven experience in the home or commercial construction profession
- Demonstrated financial and on-site responsibilities
- Be a full-time professional who derives his principal income from construction
- Submit the names of previous customers as references
- Have an acceptable credit history
- Agreement to take part in continuing education
- Agreement to a conciliation process in the event of an unresolved complaint from a customer.

If you're considering a building or remodeling project, it makes sense to deal with a professional Registered Builder and Remodelor member of the Southeastern Kentucky Home Builders Association. To contact Paul Rice at Central Kentucky Carpentry, call 256-9856. Or call the SKHBA at 1-800-376-9422 for more information.

Harper and Cox appointed to CWIB

Everett Harper, General Manager of B&H Tool Works, Inc. of Rockcastle County and Tamara Cox, owner and operator of Cox Florist have been appointed to the Cumberland Workforce Investment Board.

The Cumberland Workforce Investment Board covers 13 counties: Adair, Taylor, Green, Russell, Casey, Cumberland, Clinton, Wayne,

McCreary, Rockcastle, Laurel and Whitley. The board consists of 46 members. The majority of the membership is from business with the balance from governmental agencies. The Board is responsible for implementation of the Workforce Investment Act (WIA). WIA is a replacement for the former JTPA programs. WIA is a work first program with the major emphasis on putting people to work.

School Menu

Rockcastle County Schools Menu October 16-20, 2000

Breakfast
Monday: English muffin or cereal, toast/jelly, juice and milk.
Tuesday: Breakfast pocket (egg/cheese/sausage) or cereal, toast/jelly, juice and milk.
Wednesday: Cinnamon roll or cereal, toast/jelly, juice and milk.
Thursday: Egg/cheese biscuit or cereal, toast/jelly, juice and milk.
Friday: Ham biscuit or cereal, biscuit/jelly, juice and milk.
Lunch
Monday: Chicken party on bun or hot dog on bun, potato wedges, cole

slaw, grapes and milk.

Tuesday: Salisbury steak with gravy or sandwich, mashed potatoes, broccoli, jello with fruit and milk.
Wednesday: Sub sandwich (turkey or ham) with cheese, lettuce, tomato, baked beans, corn chips, pudding pop and milk.
Thursday: Add Seafood to your diet. Seafood Sampler or ham with roll, potato salad, garden salad, peaches and milk.
Friday: Chicken nuggets or sandwich, french fries, corn on cob, cole slaw, spice cake and milk.

Chief salads served each day at middle and high school.

Food Allergy Caution.