

Helping Your Baby Learn to Talk

By: Hazel Jackson
County Extension Agent for
Family and Consumer Science



Did you know that babies begin to learn about language even before birth? Many mothers sing and read poems aloud during the last three or four months of pregnancy because they know that babies can hear their mother's voice during that time.

Once children are born, parents need to talk and listen long before their babies can speak in words. They voice their wants and needs and practice language with cries, coos, and babbles.

*Keep your baby close to you and softly talk to her. Tell her about yourself and the rest of her body. You can explain to her about a book you are reading or what you are going to shop for at the store.

*Repeat back to her the cooing and babbling sounds she makes. Imitating her sounds is fun! You also show her that you like her experiments with language.

*Avoid sharing your worries and troubles with your baby or toddler. Save them for an understanding adult. Even newborns sense adult feelings and may become anxious.

*When your toddler begins to use words you recognize, it is important to answer her. Repeat her words in short sentences. She needs to hear and imitate correct sounds. For example, she may point to her cup of milk saying, "Mmmmmmm!" You should say, "You would like your milk, wouldn't you?" In that way, you help her hear the correct sound and meaning of the word.

*Listen to your toddler patiently and use her words in sentences again and again. Eventually, she will begin to use the words correctly.

*Stay relaxed and good humored. Your toddler has a great urge to learn. To talk and be understood. Learning will happen!

*Speak a little more slowly than you usually do, and say words clearly. Use short sentences. Using "baby talk" will encourage your child to use "baby talk".
*Make sure you have your toddler's

attention when you are talking with her. When she focuses on you eyes, she is more likely to listen carefully. For more information in your child's development, contact the Extension Service at 256-2403 for free publications.



Farm News

By: Tom Mills
County Extension Agent
for Agriculture

Southern Beef Day

Rockcastle County Beef Producers will have an opportunity to participate in the Third Annual Southern Beef Day on Friday, October 6, 2000, from 8:00 a.m. to 3:30 p.m. at the Center for Rural Development on South Hwy 27 in Somerset.

The day will get started at 8:00 am with a trade show, where company representatives will be available throughout the day. At 10:00 am, speakers will address a variety of topics surrounding issues for improving profits in the beef herd.

starting with cattle marketing, which will feature Jim Gibbs of E-Merge, Tommy Gibson of Eastern Livestock and Lee Meyer, a University of Kentucky Extension livestock-marketing specialist.

At 11:00 am, a group of farmers will discuss *How Better Pasture Management Makes us Money*. After lunch, sessions will include: *Grazing Field Corn*, *Breeding Management Programs to Improve Production*, *What Health Problems We See in Kentucky Beef Cattle*, plus, the key note speaker, Ernie Reeves, a Virginia beef producer will speak on *Making Change into Dollars*.

Exhibits are open all day and programs start on the hour throughout the day. If you can attend all day, great. If not, stop in and take in what time will allow.

Cornelia Short to visit Calloway Mission

Cornelia Short will visit the community October 15th at the Calloway Mission. Friends may visit her at Calloway Mission, located on U.S. 25 South, approximately five miles from Mt. Vernon.

Miss Short early in life came from a church in Archibald, Ohio to teach the Bible message in public schools. She continued this ministry for 58 years. Miss Short was a graduate of the Moody Bible Institute in Chicago.

As she began her ministry, she had to walk to the various schools. Later a car was provided that enabled her to reach out to many more schools with the message of the gospel of Jesus Christ.

During her ministry she also was instrumental in establishing a church at "Well Hope" for teaching the Bible in that area.

In 1998, she retired because of health problems and returned to Ohio to be near her family.

Calloway Mission invites everyone who would like to visit with her to attend the Sunday School at 10 a.m. or church services at 11 a.m. on October 15th.

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the Signal
(606)256-2244



Madison Brooke Navarre celebrated her first birthday on August 1, 2000 at her home with a Princess Barbie party. She is the daughter of Jeff and Amy Navarre and she would like to thank everyone who attended her party and for all the wonderful gifts she received.



Jeff and Amy Navarre would like to announce the birth of their son, Jeffrey Tyler Gage Navarre, born at Central Baptist Hospital on September 7, 2000 at 9:18 a.m. He weighed 6 lbs. 14 ozs. and was 19 inches long. He was welcomed home by his one-year-old sister, Madison Brooke Navarre and other family members.



This is George Adams, son of Bill Adams. George was severely stung by a yellow jacket while eating an apple. We want to thank everyone for your prayers.

HOUSE FOR SALE

45 Dailey Street
4 Rooms, bath, utility room on first floor, 2 rooms upstairs. For more information, call

256-4146

NOTICE

Former E.C. Porter Building available now for meetings, banquets, reunions. Call

256-4146
for more info

Gospel Meeting at the Blue Springs Church of Christ

(7 miles S of Mt. Vernon on Hwy. 2549)

with

Speaker: Joe Hisle

of Ada, OK

October 8-15

Weeknight Services 7:30 p.m.

Lord's Day Services 10 a.m. & 6 p.m.

(Sun. 15th) 10 a.m. & 2 p.m.



Gary Gentry, left and Eddie Thompson

Looking for a GREAT DEAL on a new or pre-owned Car, Truck or SUV??

Then see your Rockcastle County friends, Eddie Thompson and Gary Gentry at

Johnny Watkins

BUICK-PONTIAC-GMC CHRYSLER CENTER
Eddie Thompson, Sales Manager

Gary Gentry, Salesman

Bus. Phone (606) 844-2218
FAX (606) 844-7772
1-800-847-4835

Bus. Phone (606) 844-4303
FAX (606) 844-7032
1-800-928-4304

We're Inviting You To Attend Our Gospel Meeting, Oct. 8-13

OUR SPEAKER: JR BRONGER

Evening Services: 7:30 PM

Sunday Services: 10:00&10:40 AM

7:00 PM

Providence church of Christ, Rt. 1 Brodhead, KY

Phone: 758-9316

21st Century Community Learning Center

945 West Main St. • Mt. Vernon

Parent/Guardian/Community Member

This is just a reminder that our classes for adults will begin soon. If you are interested in participating, please place this calendar in a convenient location to remind you to attend. We look forward to seeing you at the Center on these dates.

Anthony Coffey, Director
Terry Parkey, Coordinator

September

25th - 5 to 6 p.m. - Math for Parents of Middle School Students. This class will keep you up on the math concepts being taught to your child in his/her math class on a daily basis. This will be an ongoing class that will be added to if we have a high level of interest. Limit of 30 October

2nd - 4 to 6 p.m. - Quilt Making and Quilting Class. This is a ten-week course that will meet every Tuesday night, through December 4th. Participation is limited to twelve but another class will follow in the spring.

3rd - 4:30 to 6 p.m. - G.E.D. Courses. This class will meet every Tuesday afternoon. There will be a limit of 10 people in this class but other classes will be offered if we have enough to enroll.

3rd, 10th, 17th, 24th, - 4 to 6 p.m. - Computer Class on basic skills and keyboarding. Limit of 60

3rd, 17th - 5 to 6 p.m. Parenting Skills Class - No Limit "Helping Teens Cope with Peer Pressure"

10th - 3 to 6 p.m. - Parent/Teacher Night and Lights On for Education Celebration. We will offer a free concert and drama presentation, in addition to getting to meet with all of your child's teachers. Come celebrate the freedom of education with us at the middle school. Unlimited. **EVERYONE is encouraged to attend.**

Wildcat Way to Wellness

Adult Classes

October 10th - Fad Diets and Dietary Supplements
October 17th - Personal Pyramid Profile

These classes will be offered from 5 to 6 p.m. each of these dates.

Student Classes

October 10th - Food Guide Pyramid
October 17th - Reading Food Labels
October 24th - Food Safety/Kitchen Safety

These classes will be offered from 4 to 5 p.m.

Provided by the Cooperative Extension Service

Maretburg Baptist Church

Crusade For Christ

Oct. 8 - 11, 2000

7 p.m. Nightly

Evangelist:

Allen Witham

Pastor: Wayne Harding

"Need A Ride"

Call 758-8348

