

CF Bike-A-Thon is Sept. 9th at Brodhead

Bicycle riders are needed to ride in the Cystic Fibrosis Bike-A-Thon Saturday, September 9, 2000, from 12:30 to 3:00 p.m. at the Brodhead School. In case of rain the event will be held September 16th. Come have fun, and help save lives of children with CF. You may pick up your sponsor sheets from Joy Graves at Brodhead School, Nelson Graves at the middle school or any Citizens Bank. Then collect the money to turn in on September 9th. No age limit, you may ride or walk to participate. A parent or guardian must sign if under 18.

Have checks made payable to: Cystic Fibrosis Foundation. The event will be supervised, and refreshments will be served to all participants. The 44 participants bringing the most money will receive

one of the following prizes: 26" bicycle, jewelry box, two of four Renfro Jamboree tickets, one of three Pizza Hut pizzas, "Osio" Ty Buddie Bear, Classic Horse, Etch-a-sketch, Artist Touch, one of four basketballs, Candyland game, one of three flashlights, one of two Yazee games, one of six paddle sets, one of four hoola hoops, one of four jump ropes, one of five yo-yos, one of two loom loopers and one of two puzzles.

The one collecting the most money may choose a prize, then second, then third on through 44.

In addition to the prizes above: collect \$10.00 and win an ice cream cone from Dori Belle, collect \$50.00 and win an official CE t-shirt.

Plus many other choices listed on each sponsor sheet.

Mr. Ayers has another song, and two more poetry books coming out with his poems in them. He won a "Famous Poet for 1999" Award from the Famous Poets Society of Hollywood, California.

And there are plans now for his book, "I Collect Weird Legends" to be published in 2000.

Imaging Center opens

Lake Cumberland Regional Hospital has announced that their Imaging Center has relocated to its new facility at 277 Imaging Drive, off Bogie Street in Somerset. The Imaging Center offers full-service outpatient imaging with the latest in state-of-the-art technology. In addition to the traditional imaging services offered at the previous location - mammography, ultra sound, and bone densitometry - the new facility features expanded services with the latest technology in computerized tomography (CT) scan, digital fluoroscopy, and Open MRI.

"We are very excited to have the only outpatient Open MRI in the region," stated Susan Ramsey Wilson, Director, Marketing and Public relations for the hospital. "Since patients previously have had to travel as far as Lexington to access Open MRI services, it will be a welcome addition for the people of this area."

The new facility features a Women's Care Center, which focuses on women's imaging needs and provides a private waiting area for female patients. Stereotactic breast biopsies - an alternative to surgical bi-

opsies appropriate in some cases - will also be performed at the new facility.

"Although we started seeing patients on Monday, August 28, we will be celebrating the opening of the facility with our Open House on Thursday, September 21st," stated Wilson. "We want to encourage everyone to join us for the celebration to get a firsthand look at the exceptional technology available at the new facility."

The Imaging Center is staffed by professional technologists who are state and nationally certified and features an on-site radiologist. The mammography department, which is accredited by the FDA and the American College of Radiology, complies with all of the Federal Mammogram Quality Standards (FMQSA).

"With over \$4 million in equipment at our new facility, the Imaging Center is one of the most technologically advanced outpatient centers in Kentucky," stated Nick Kaufman, Director, Lake Cumberland Regional Hospital Radiology Services. "We are very proud of our new facility, and are looking forward to serving the people of this area."

Attn: Class of 1990

The names below are the people that we have been unable to contact for the Class of 1990 reunion. If you wish to attend, it is September 2, 2000 at 7 p.m. at RCMS. Please bring \$15 single or \$30 couple to the reunion. For more info. call 758-9654 or 256-4637.

Christina Gregory, Vicki Evans, Glen Lawrence, Victoria Singleton, Timothy Dillingham, Jennifer Polston, Tracy Mink, Kathy Rhodes, Cynthia Wolfe, Winslow Huff, Lisa Mink, Susan Jett, Michael Cope, Sandra Hayes, Jeffery Phelps, Rhonda Monk, Stacy Denny, Melissa G. Renner, John E. Moore.

Blood Drive Sept. 12th

Volunteer donors are the only source of life-saving blood donations and during the summer months volunteer donors become even more crucial to the survival of patients in Central and Eastern Kentucky Hospitals. During the summer months, blood donations tend to decline as vacations and warm weather activities become more time consuming. But the demand for blood transfusions increases because these outdoor activities lead to an increase in accidents. Therefore, less blood is available while more blood is needed.

Rockcastle Extension Homemakers will sponsor the next blood drive in Rockcastle County in order to help Central Kentucky Blood Center fight

the summer shortages. The Rockcastle Extension Homemakers blood drive will take place Tuesday, September 12, 2000 between 1:00 p.m. and 6:00 p.m. in the basement of the Rockcastle Extension Office.

In order to join the team for life this summer, you must be at least 17

years of age and weigh in excess of 100 pounds. Donating only takes approximately 30 minutes, but could mean a lifetime to someone in need. Fight summer shortages at the Rockcastle County blood drive.

All volunteer donors will receive a free gift. For more information contact Loretta Robinson at 679-7413.

Area Author published

William Jerry Ayers, is one of 277 poets whose poetry has been published in Silent Serenade - Volume I. The book, published by Quill Books of Harington, Texas, is a collection of poetry designed to promote and revitalize an interest in poetry and to give recognition to deserving novice poets.

The contents, referred to by the publisher as mostly "good old-fashioned" poetry rewards the reader with sincerity, wisdom and insight. The book contains both rhyme and free verse to satisfy even the most varied tastes in poetry.

William Jerry Ayers, whose poem "And We're Snowbound" was selected from a field of nearly 2500 submissions by hopeful authors, has been writing poetry for many years.

William Jerry Ayers' poems can be found on the Internet website POETRY.COM. His poem is in EPIC Publishing Company's hard back book "Doctor Leeds Selection of Popular Epic Recitations." Mr. Ayers' poem "Poor Husband When Wife's Away" can be found on page 130, of this book which is sold in most major book stores around the country.

A song he wrote has been published and recorded, the song "That Little Old Country Church" was recorded by Cathy Grant on the Five Star Music label.

His poem and jokes have been read lately by The Peanut Man on his "Saturday Night Special Show" on WRSI, radio 96.3.

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