



Agri-Business Tour of 2000 visits five states

Front row from left: Virginia Brown, Dollie Roberts, Steve Bullen, Joyce Bullen, Pearl Burdette, Mercedes Burdette, Linda Mays, Jodi Mays, Lorene Lawrence, Bernice Sowder, Barbara Carter, Lori Lee Mink and Nell Wanda Craig. (Phyllis Mick is behind Nell Craig). Second row from left: Sandy Wilson, Judy Parriman, Pauline Compton, Doris Cash, Jean Price, Lola Roberts, Mildred Buis, Bobby Lawrence, Audrey Hamm, Ed Sowder, Harold Carter, Tommy H. Mink, Ruth Brown, and Baker Brown. Third row from left: Roy Parriman, Wilfred Compton, Johnny Craig, Bill Cash, Lenal Brown, Reta Hopkins, Ken Hopkins, Vernon Price, Bo White, Carolyn White, Gattiff Craig. Absent from picture were: Robin Brown, Leslie Gloverchek, Louise Craig, Janice Dodson, and bus driver Hollis Walker. Roy Brown usually organizes this trip but he and his wife, Flora Mae Brown, were in poor health at the time of the planning. We appreciate his many years of organization.

Health Officials recommend booster seat usage

Booster seats do more than sit children higher in vehicles - they save lives.

Just as you would give your child a boost to get a drink of water fountain, you also need to give them a boost in your car. Children who are too tall or weigh too much for car seats, still are to small to fit safely in lap and shoulder belts installed in vehicles.

Although Kentucky law does not require children taller than 40 inches be placed in a car seat, the Kentucky Injury Prevention and Research Center (KIPRC), a part of the University of Kentucky Chandler Medical Center and the Fayette County SAFE KIDS Coalition, led by the University of Kentucky Children's Hospital, strongly recommends parents use booster seats for children between 40 and 80 pounds.

"Shoulder and lap belts found in vehicles can cause serious injury to small children in vehicle accidents," said Susan Pollack, M.D., UK pediatrician with KIPRC and a Fayette County SAFE KIDS Coalition member.

"Because shoulder belts ride across the neck and lap belts ride up onto the abdomen, children not in boosters who are involved in vehicle crashes are at risk for spinal cord and abdominal injuries. However, the seat belts are better than not having the child restrained at all."

As long as a child fits into a car seat, he or she should not be moved to a booster seat. Parents can tell if their child has outgrown his or her seat if their child has reached 40 pounds; the child's shoulders are above the top strap slots, or the child's ears are above the back of the child's car seat. A child moved to a booster seat too soon also can be at risk for injury if an accident occurs.

Nationally, only 6.1 percent of children between 40 and 60 pounds are restrained in a booster seat; 75.3 percent are buckled by seat belts alone; and 18.6 percent are not restrained, according to the U.S. Department of Transportation National Highway Traffic Safety Administration.

"Clearly parents are not using booster seats," Pollack said. "Just

because state or federal laws do not require children between 40 and 80 pounds be restrained by a booster seat, does not mean booster seats aren't the best thing to do for your child. Seat belts installed in vehicles are not designed for small children. That's the reason we have booster and car seats."

The booster should be a belt-positioning seat that allows the lap belts to fall low across the upper thighs and the shoulder belts to fit snug over the center of the shoulder, avoiding the neck, Pollack said.

"Parents also need to be aware that children like to place the shoulder belts under their arms or behind their backs," Pollack said. "These practices can result in serious injury to the child if a crash occurs."

A child no longer needs a booster seat when the vehicle's seat belts fits low on the child's hips and the shoulder belt crosses the shoulder, which usually occurs at age eight.

For more information about booster seats, call the SAFE KIDS office at (859)323-1153 or the KIPRC at (859)323-6194.

Agri-Business Tour of 2000

The Rockcastle County Agri-Business Tour Group under the planning and leadership of Louise Craig and husband, Johnny and others, left Mt. Vernon, July 10, 2000.

A very knowledgeable bus driver, Hollis Walker of Knoxville, Tennessee was a great help. The five states visited were: Virginia, Pennsylvania, New Jersey, New York and Ohio.

Our first stop was at the Thomas Jefferson home at Monticello in Charlottesville, Virginia. In route to Staunton, Virginia, we saw the museum of Woodrow Wilson.

We then visited the Nissley's winery in Lancaster County, Pennsylvania. Mr. Nissley took us on a tour of his farm which included many acres of grape vineyards. He also used cherries and raspberries in his wines. We also took a tour of his

factory where the wine is made.

We traveled to Lancaster, Pennsylvania and Philadelphia, Pennsylvania to visit the Amish farms. Their crops were excellent because of the large amount of rainfall. We enjoyed two meals in the Amish home (breakfast and lunch). They don't raise much tobacco because it's not very profitable.

While in Pennsylvania we also visited the Liberty Bell, Betsy Ross Home and Independence Hall.

Our trip to New York was quite interesting. We took a ferry to Statton Island to visit the Statue of Liberty.

After leaving the island, we took a bus tour of New York City (thanks to Mr. Walker, the bus driver, who was acquainted with New York). Places of interest in New York were China Town, Wall Street, Manhattan Is-

land, Macy's Dept. Store, Madison Square Garden, Central Park, 49th Street (where the "Today Show" is filmed), Donald Trump Building and many other sites.

Our last place of interest to visit was the Hershey Factory at Hershey, Pennsylvania. While there we took a tour of the farm where the cocoa beans are grown to make the chocolate that is made. We learned the history of chocolate and its products.

After shopping at a shopping mall at Dry Ridge, we left for home, arriving in Mt. Vernon about 5:30 on Saturday, July 15.

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Attention: All 2000-2001 Rockcastle County High School Students

1. Freshmen Orientation for ALL incoming freshmen and their parents will be held on Friday, July 28 beginning at 10 a.m. Students will receive schedules, tour the building, meet with academic advisors, rent lockers (\$8.00) and purchase handbooks (\$3.00). The high school FFA will serve lunch for parents and students. A "Back to School Dance" will follow orientation in the gym.
2. Tenth, eleventh and twelfth graders will pick up schedules, rent lockers (\$8.00), purchase parking passes (\$10.00) and purchase student handbooks (\$3.00) according to the following schedule.

Twelfth Grade - Tuesday, August 1, 1 to 3 p.m.

Eleventh Grade - Wednesday, August 2, 1 to 3 p.m.

Tenth Grade - Thursday, August 3, 1 to 3 p.m.

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