

Girls' track team finishes second at FCA meet

The RCHS track and field teams recently competed at the Fellowship of Christian Athletes Track and Field Meet in Pulaski County. RCHS competed in the large school division against ten other teams.

The RCHS girls' team had an awesome meet and battled state track power Dunbar High School until the finish line. The depth of Dunbar, along with the lack of pole vault at RCHS, proved to be the deciding factor. The girls were defeated in their only really close meet of the season 147-145. Both teams were more than fifty points ahead of third place Pulaski County. Despite the narrow loss, this was the girls' best team performance of the season. Several girls ran personal best times and many RCHS records were broken. The team is now 77-1 on the season.

Cheyenne Carmack led the girls in scoring with several outstanding performances. In the 100-meter dash, Cheyenne ran a great race and finished third overall with a season's best time of 13.19. She also ran an unbelievable 400-meter dash, easily placing first with a season's best time of 59.98. This solidified her current first place ranking in the state in the event. Cheyenne's most amazing performance came in the 200-meter dash where she placed first with a new RCHS record time of 26.78.

Rachelle Hammond had an awesome meet and finished a close second in scoring for the team. In long jump, Rachelle performed well and finished first overall with a leap of 15'2.5". In the 400-meter dash, Rachelle had her best performance ever and finished fourth with a personal best time of 1:03.53. The triple jump competition set the stage for the greatest series of jumps in RCHS history. Under extreme pressure to come up with the win, Rachelle broke her own RCHS record with each of her four attempts. When all was said and done, Rachelle had won the competition with a new RCHS record of 33'6.5".

Tara Abney had a great meet and was the leading scorer for the girls. In the 100-meter hurdles, Tara ran the fastest time in RCHS history. She easily defeated Dunbar's best hurdler for the first place win in an amazing 17.31. In the 300-meter hurdles, Tara also ran her best race ever. She finished a strong second with a personal best time of 51.76. Clarissa Hubbard continued her

dominance of shot put and discus. In the shot put competition, Clarissa had her best performance ever and easily finished first with a new RCHS record throw of 35'6". Clarissa was equally impressive in discus, finishing first overall with an amazing throw of 107'8". This tied her own RCHS record and was nearly twenty feet better than her closest competitor.

Eighty grader Sheena Swinney continued to perform well. In the 100-meter dash, Sheena sprinted to a fourth place finish with an excellent time of 13.34. In the 200-meter dash, Sheena ran her best variety time of the season. She finished second overall with an amazing time of 27.26.

Theresa Chishum had a great meet. In the 100-meter hurdles, Theresa ran an awesome race and finished third with a season's best time of 17.95. In the 300-meter hurdles, Theresa also ran very well and finished sixth overall in 55.16.

Mindy Bullock performed exceptionally well in the high jump competition. Mindy leaped an impressive 5'0" and placed first overall by six inches over her nearest competitor. This tied Mindy's RCHS record set last season. She also placed first in long jump with an effort of 13'10".

Ashley Lawson broke her own personal record in the shot put competition with an impressive throw of 26'8.25". She placed sixth in the event.

In the 800-meter run, sixth grader Jessica Asher and Kayla Hayes put on an awesome performance. Jessica ran an record time in the event for an RCHS runner, finishing sixth with an exceptional time of 2:44.42. Kayla was very close behind finishing eighth overall with an awesome time of 2:46.72, her personal best.

In the 400-meter relay, the team of Theresa Chishum, Casey Taylor, Johanna Abney and Mindy Bullock sprinted to a fourth place finish with a great time of 56.12.

In the 800-meter relay, the team of Tara, Casey, Johanna and Sheena ran an awesome race and finished third with an impressive time of 1:55.83. In the 1600-meter relay, Cheyenne, Tara, Rachelle, and Sheena set their sights on a first place victory and the school record. The foursome put together the best performance in school history and easily finished first with a school record time of 4:21.19.

The 3200-meter relay team of

(Cont. to A11)

Golf Tournament at Cedar Rapids Country Club

When: Sat., May 13, 2000
Time: 10 a.m.

\$25 Entry Fee

\$10 goes to Project Graduation

Annual Rockcastle County Boys Basketball Camp

June 5, 6 and 7
9 a.m. to 11:30 a.m.

Cost: A \$10.00 donation would be appreciated but not required. (Make checks payable to "RCHS Tip-Off Club")

Fundamentals of basketball will be taught daily.

Lunch will be provided.

All campers will receive a T-shirt.

Lots of prizes and awards will be given.

(Name) _____ may participate in all activities involving basketball camp.
(Age) _____
(Grade) _____
(Shirt size) _____

Parent signature _____

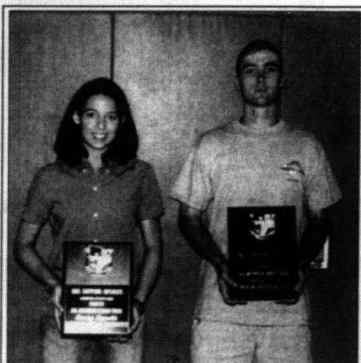
Send to: Rockcastle Co. High School c/o Clayton Cash
Boys Basketball Coach
PO Box 1410
Mt. Vernon, KY 40456

Any questions? Please call 758-8994 or 256-4816

Notice

Applications for paper absentee ballots must be received in the county clerk's office by May 16, 2000. These applications must be made by phone, mail or in person and can be obtained by the voter or the spouse, parents or child of voter.

Absentee voting for voters who will be absent from the county on election day but are not allowed to vote by paper absentee ballot will be conducted in the courthouse on date beginning May 8 through May 22. The hours for voting will be Monday through Friday 8:30 a.m. till 4:00 p.m. and on Saturdays from 8:30 a.m. till 12 noon.



Seniors basketball players Brandy Reynolds and Andrew Cash were recently named to the All Mountain Senior Team sponsored by Big Dipper Sports. Both Reynolds and Cash joined the 1,000 point club during their senior year.



Senior Matt Smith, center, recently signed to play football at Kentucky Wesleyan College. Looking on are his parents, Roger and Miran Mink and head assistant coach Tony Saylor and head coach Tom Larkey.

Little League Update

Submitted by David Brock

Major League Games

Fri., April 28th

Cubs 5 Indians 4

White Sox 5 Reds 4

Sat., April 29th

Cubs 9 White Sox 6

Reds 5 Indians 2

Tues., May 2nd

Cubs 7 Reds 6

Fri., May 5th

Indians 5 Cubs 4

Sat., May 6th

White Sox 10 Cubs 7

Home run: Matthew Bray, White Sox.

Indians 8 Reds 2

Minor League Games

Sat., April 29th

Cubs 15 Reds 9

Indians 13 Red Sox 12

Mon., May 1st

Indians 10 Reds 8

Cubs 18 Reds 10

Thurs., May 4th

Reds 14 Red Sox 7

Home run: Brandon Jones, Red Sox.

Cubs 9 Indians 2

Sat., May 6th

Indians 12 Red Sox 1

10 run rule after 4 innings.

Cubs 18 Reds 10

Mon., May 8th

Indians 7 Reds 5

Cubs 12 Red Sox 10

Home run: Dustin Bullock, Cubs.

Minor League Standings

Cubs 5-0

Indians 4-1

Reds 1-4

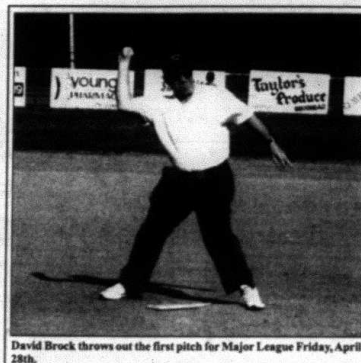
Red Sox 0-5

White Sox 4-1

Cubs 3-2

Indians 2-3

Reds 1-4



David Brock throws out the first pitch for Major League Friday, April 28th.

Rockcastle County (Visitor) vs. Williamsburg (Home)

Rockcastle County AB R H RBI PO A E

S. Taylor 2b 5 1 2 1 5 0

D. Russell 2b 2 1 0 2 1 0

A. Cash 3b 3 1 0 0 2 1

G. Parsons 2b 4 0 1 1 1 0 0

G. Harper 1b 3 2 2 0 0 0

J. Burdette 1b 4 1 2 2 2 0 0

B. McWhorter 1b 4 0 1 1 5 1 0

N. Childress 1b 3 1 1 0 0 0 0

B. Harkness 1b 4 0 2 1 0 0 1

B. McWhorter 1b 2 0 0 0 0 0 0

A. Cash 1b 0 0 0 0 0 0 0

Totals 32 10 12 8 21 10 1

Batters: 35, LOB: 6, DP: 3, 2B: 5, Taylor: 1 C, Parsons: 1, H.R.: 1, Burdette: 1, H.P.: 0, Russell: 1, G. Harper: 1, S.B.D. Russell: 2, G. Harper: 1, N. Childress: 1, A. Cash: 1, C.S.B. Harkness: 1, A. Cash: 1

Rock 1 2 3 4 5 6 7 R H E

Will 4 0 0 2 0 0 4 12 1

Will 1 0 0 0 0 0 0 1 7 6

Winning Pitcher: C. Parsons

Rockcastle County (Visitor) vs. Pulaski County (Home)

Rockcastle County AB R H RBI PO A E

S. Taylor 2b 3 1 0 2 0 4 1

D. Russell 2b 3 1 0 2 0 4 1

A. Cash 3b 3 1 0 2 0 4 1

G. Parsons 2b 4 0 1 1 1 0 0

G. Harper 1b 3 2 2 0 0 0

J. Burdette 1b 4 1 2 2 2 0 0

B. McWhorter 1b 4 0 1 1 5 1 0

N. Childress 1b 3 1 1 0 0 0 0

B. Harkness 1b 4 0 2 1 0 0 1

B. McWhorter 1b 2 0 0 0 0 0 0

A. Cash 1b 0 0 0 0 0 0 0

Totals 32 10 12 8 21 10 1

Batters: 35, LOB: 6, DP: 1, 2B: 0, Russell: 1, H.P.: 0, Taylor: 1, S.B.D. Russell: 1, A. Cash: 1, H.R.: 1, Burdette: 1, H.P.: 0, Russell: 1, G. Harper: 1, S.B.D. Russell: 2, G. Harper: 1, N. Childress: 1, A. Cash: 1, C.S.B. Harkness: 1, A. Cash: 1

Rock 1 2 3 4 5 6 7 R H E

Pul 0 0 0 1 0 0 2 7 4

Pul 3 0 4 2 0 2 1 11 2

Winning Pitcher: C. Parsons

Rockcastle County (Visitor) vs. McCreary Central JV (Home)

Rockcastle County AB R H RBI PO A E

S. Taylor 2b 4 2 3 0 1 2 0

D. Russell 2b 3 3 1 1 1 1 0

A. Cash 3b 4 2 3 0 1 1 0

G. Parsons 2b 3 0 0 0 1 0 0

G. Harper 1b 3 0 0 0 1 0 0

J. Burdette 1b 4 0 0 0 4 0 0

B. McWhorter 1b 4 0 0 0 0 0 0

N. Childress 1b 3 1 1 0 0 0 0

B. Harkness 1b 4 0 2 2 2 0 0

B. McWhorter 1b 2 0 0 0 0 0 0

A. Cash 1b 0 0 0 0 0 0 0

Totals 33 10 11 3 21 8 2

Batters: 35, LOB: 4, DP: 1, 2B: 5, Taylor: 1, A. Cash: 1, S.B.D. Harper: 1, S.B.D. Russell: 1, A. Cash: 2, G. Harper: 1, B. Harkness: 1, A. Cash: 1

Rock 2 0 0 0 0 0 3 10 11

McCre 0 0 0 0 0 0 0 7 4

Winning Pitcher: B. McWhorter

ROCKCASTLE COUNTY HIGH SCHOOL SITE BASED DECISION MAKING COUNCIL PARENT MEMBER ELECTION FOR 2000-2001

The election for the Parent Members of the Rockcastle County High School Site Based Decision Making Council will be held on **Tuesday, May 16, 2000 at 6:30 p.m.** in the high school auditorium. Two parents will be selected from the nominees.

If you are a parent, stepparent, foster parent or legal guardian of a child who will attend RCHS next year, we encourage you to attend and participate in this important event to elect parents who will serve as your voice in decisions on school policies, plans and budgets that will help improve student performance and the overall educational experience at RCHS.

Listed below are the nominees and why they want to serve on the SBDM Council.

PAUL D. ABNEY: I feel every parent should be involved in their children's school experience from classroom to extracurricular activities. My wife and I have four children at each level of the Rockcastle County School system, two of them are students at the high school, a 12th grader and a 9th grader. I believe as parents it is our responsibility to make the educational experience as positive for our children as possible. Not only should we attempt to make the educational process positive, but also we should help our children and our school system strive for excellence. If in some small way I can aid in these objectives by serving on the Parent School Council, I would consider it a privilege.

CINDY ANDERKIN: The RCHS SBDM Council has faced many challenges throughout the 1999-2000 school year. I have enjoyed being part of the group that has met these challenges and turned them into opportunities for our students. Our youth ARE our future and the time invested in planning their education is time well spent. It is for this reason that I would like the opportunity to serve a second term.

MARK A. WHICKER: I have always had an interest not only in my own children's education, but the education of all children. I cannot help but believe that with my background and existing working relationship with kids as well as teachers, that I can be of assistance to the school system to ensure a great working environment for the teachers and a great learning environment for the students.

Daddy's Little Girl



You have made us proud,
Now you can take a bow.
First time hunting with your Dad,
Killed the first turkey
and made them all mad.
Love - Mom, Dad & B.J.

5 Family Yard Sale

Thurs. & Fri.

Tyree St. in Brodhead at
Boutique Tanning Salon