

Girls' track team wins Kiwanis Relays

Rockcastle's track and field teams recently competed at home in the Third Annual Rockcastle County Kiwanis Relays. Seven boys' teams and eight girls' teams were on hand for the third running of the event including Madison Central, Pulaski County, Knox Central, Somerset, Bell County and Lynn Camp. Madison Central brought two girls' teams to the meet.

The RCHS girls' team had an extremely strong team effort and placed first overall for the third year in a row. The girls scored 82 total points and easily defeated second place Bell County by 14 points. The team's strength in field events, combined with outstanding relay performances provided enough firepower for the team to hang on to the victory.



Junior Rachelle Hammond was named Most Valuable Player at the Invitational Relays.

Junior Rachelle Hammond led the girls in scoring and captured her second meet MVP award in the three years of the event with several awesome relay performances. Rachelle competed in six events including four running events and two field events.

The sprint medley team of Theresa Chislum, Sheena Swinney, Rachelle Hammond and Cheyenne Carmack placed second in an awesome race with a time of 1:57.45.

The 400-meter relay team of Cheyenne, Tara Abney, Theresa and Sheena ran one of the best races in RCHS history and finished second overall in 54.74. This was the team's best performance of the season.

The 3200-meter relay team of Makaylah Bryant, Mourine Ramsey, Amanda Bryant and Erin O'Reilly ran a hard-fought race and placed fifth in 14:03.91.

The distance medley team of Therogaf, Makaylah, Mourine and Erin also ran very well and placed fourth in 18:06.63.

In the 100-meter shuttle hurdles, the team of Casey Taylor, Rachelle, Theresa and Tara ran an excellent race and pulled away at the finish for the easy first place win in 1:09.19.

The 800-meter relay team of Cheyenne, Tara, Rachelle and Sheena ran a superb race and finished second with a season's best effort of 1:53.94.

In the discus medley, three competitors compete for each team and their best efforts are combined into one team score. As in years past, RCHS dominated this event. The team of Clarissa Hubbard, Ashley Lawson and Crystal Cameron placed first overall by an amazing 36. The trio threw an impressive total of 209'11".

In the shot put competition, the same format was used. The team of Clarissa, Ashley and Allison Anderkin combined to throw an impressive total of 77'7" for the easy first



Members of the Rockcastle County High School Baseball team are pictured above, front row from left: John Bray, Billy Hackworth, Brandon McIntosh, Jacob Riddle (bat boy), Austin Miller, Marty Reagan, James M. Bussell. Second row from left: Aaron Anderkin, Neil Childress, Shea Taylor, Derrick Bussell, Brandon Bishop, Andrew Cash and Aaron Cash. Back row from left: asst. coach J.D. Bussell, Tim McClure, Brad McNew, Christopher Parsons, Greg Harper, Jacob Burdette, head coach Ryan Riddle. Not present were asst. coach Adam Coleman, Dackery Larkey, Stephen Boring, Shawn Cloud.

place win.

In the long jump competition, Rachelle, Cheyenne and Mindy Bullock combined for the first place win with a total of 42'9", easily defeating Bell Co. by over 2'.

In the triple jump competition, Rachelle, Theresa and Tara combined for an impressive total of 73'6" and placed third overall.

The 1600-meter relay team of Cheyenne, Tara, Rachelle and Sheena had to contend with a few difficulties, but still managed a strong third place finish in 4:40.31.

The RCHS boys' team had an excellent meet and placed sixth overall with 26 points.

The 3200-meter relay team of Bill Burdette, Andrew Nelson, Matthew Whitaker and Brandon Cole ran a great race and placed sixth overall in 11:11.16. The boys also ran an impressive distance medley and finished sixth in 14:31.47.

The 1600-meter relay team of Josh Hale, Dustin Crawford, Stephen Hopkins and Stewart Abney had an outstanding performance and finished fourth overall in a season's best 3:58.03.

In the discus jump competition, Eric Denney, Dustin and Stewart threw a combined 257'6" and placed

third overall. In the shot put competition, the same trio threw very well and finished second overall with an amazing combined effort of 97'10.5".

In the long jump medley, Elijah Lunsford, Steven Shackelford and Bobby Smith, placed a third overall, missing second place by a little over an inch. The trio finished with a combined effort of 47'0.25".

The RCHS track team and coaches would like to thank the following sponsors and individuals for their efforts in making the Third Annual Kiwanis Relays a huge success: The Bank of Mt. Vernon, Equus-Care, Cox Funeral Home, Pearl's Market, Farm Bureau Insurance, Jeff Burdette Law Office, Kastle Inn Motel, Cox Florist, Cedar Ridge, Mt. Vernon Oil and Tire, Hammond Interior Design, Cox Hardware, Dr. Tony Arvin, Clontz and Cox - Attorneys at Law, Theresa Vanzant-Circuit Court Clerk, Godfather's Pizza, Tom Larkey, Chris Larkey, Dawn Quigley, Darla Reams, Dee Reams, Jerry Parani, Justin Middleton, Mike Hayward, Mike Hayward, James Bullen, Brandon Bishop, Ken Mattingly, Rocky Rockwell, Gary Tiller, Rebekah Hammond, Tammy Cox, Randy Bussell, the RCHS Builder's Club, the RCHS Key Club, the Rockcastle County Kiwanis Club, and any others that we might have forgotten to mention.



Mourine Ramsey running, in the 3200 relay.



Samantha Bryant, a RCMS student, taking part in a relay race.



Matthew Whitaker, a seventh grader at RCMS, participating in a relay during the Kiwanis Invitational.

Harper shuts down Clay, Rockets will be number one seed

The Rockcastle County Rocket baseball team has locked up a number one seed in the 49th district tournament, thanks to district wins over Clay County and Jackson County.

The Rockets will play Oneida in the first round of the district tournament which will be held at the RCHS field beginning May 22. Jackson County and Clay County will face off in the first round, with the winner likely facing the Rockets.

The Rockets obtained the number one seed, after they drubbed Clay County again last Wednesday night, 11 to 1 in six innings.

Junior Greg Harper picked up his sixth win of the season in as many starts.

The Rocket ace struck out eleven Tigers and walked only one over the six innings he pitched.

Harper got help on the offensive side from third baseman Andrew Cash, short stop Derrick Bussell and second baseman Shea Taylor, all of whom homered in the contest.

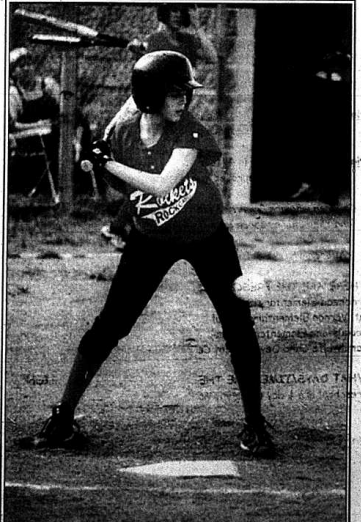
Cash had three RBI and scored three runs on two hits, which included the homerun and a double.

Taylor also doubled in the game and had two RBI and three hits, which

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The Lady Rockets lost another one last week as they went down to defeat to Boyle County 11-6. The young Rockets are in a rebuilding year as they returned only three starters from last year. Above, Dusty Richardson goes to bat for the Lady Rockets.



Jessie Hayes takes a pitch in the Lady Rockets loss to Boyle County last week.



The Rockcastle Kiwanis Club, with the help of the RCHS Track Team and Key Club, held their third annual Invitational Relays last Tuesday. A large crowd was on hand to see the RCHS Girls' track team place first overall. The Bell County Boys placed first in the boys division. A special thanks goes to Tom Larkey, Jerry Pensol, Chris Larkey, Dawn Quigley, Ken Mattingly, Mike and Linda Howard, Godfather's Pizza, without the help of these people and others in the community who sponsored trophies we would not be able to have the success with this project. All proceeds go to the RCHS Track Team to help with expenses. Members of the girls team are pictured above, front row from left: Casey Taylor, Makaylah Bryant, Sheena Swinney, Theresa Chislum, Tara Abney, Erin O'Reilly and Samantha Bryant. Back row from left: Rachelle Hammond, Cheyenne Carmack and Clarissa Hubbard.