

Mt. Vernon Message

For the week of April 27, 2000.
Testing is almost complete. Suldents and faculty have put forth their
best efforts. On Friday, April 28 all
PJ, 4th and 5th grade students with
be having pitza and soft drinks as a
reward for all of their hard work over
the past two weeks. Family Resource
Center bought pitza and PTA bought
drinks for them. Thank you FRC and
PTA. We appreciate all that you do
for our school!
Intoday's world an education is of

In today's world an education is of In today's world an education is of umost importance. Most jobs require ahigh school diploma fad many more require higher education. The following article from Forward in the Fifth gives some tips for motivating your child to stay in school.

Let Your child see that you value learning.

things you learn.

Share opinions on social and political change.

Wonder out loud about scientific and other discoveries.

Research the answers to questions that come up.

Play educational games like Monopoly and chess with your children.

dren.

* Take pleasure in a hobby.

* Help' children be involved in hobbies and creative projects.

* Continue to learn yourself. You read books and go to the library. You watch educational TV programs and attend school programs for parents.

Mrs. Rosamond Brown, Principal, is now accepting nominations

for parent members of the Site Based Decision Making (SBDM) Council for Mt. Vernon Elementary School. Decision Making (SBDM) Council for Mt. Vermon Elementary School. Nominations must be made in writ-ing to Mrs. Brown by Friday, May 5, 2000 at 3:00 p.m. Mrs. Brown will prepare a ballot of eligible candidates to be presented to the PTA president. to be presented to the PTA president. The parent lection will be conducted by the PTA president on Monday 8, 2000, a 6:00 pm. For information about requirements for parent members of SBDM Council, (all Mrs. Brown at 256-2953 during regular school hours 8:00 am. 3:30 pm. Thought for the week: The smallest act of Kindness is worth more than the grandest intention.



Tiger Pause

BES Science Fair Festival Huge Success On March 31, 2000, all students at On March 31, 2000, all students at BES participated in our first science fair. As many of you know science fairs are one of the most exciting parts of the entire school curriculum. They provide our children with an opportunity to explore the mysteries and marvels of the world in which we live and to develop an appreciation for the work of scientists.

The intent of our science fair was to help our children enjoy the process of science discovery. We define success as how well our children use creative and investigation thinking skills to discover more about their world. What better opportunity for children to develop such skills than to participate in a science fair. The thinking skills achild develops, while the science is critical and the develop such as the state of the process of t doing a science fair project are the same basic skills he or she will use daily throughout his or her life to sense and clarify problems that exis and to find creat e solutions to those

Mrs. Bradshaw's class has been studying the physical properties of popcorn. The following is a story

m one of her students.
"If I Was Being Popped Like Pop-

corn!"

If I was being popped like popcorn I would feel hot, sweaty and
sticky. I could probably hear people
whispering 'yum, yum' to themselves. I could also hear butter melting and sizzing. I could smell butter
and of course the salted popcorn.
Well !!" one pop.
Well !!" one pop. Well, I'm just glad that I'm not popcorn because everyone loves to eat popcorn and I would just be eaten. Submitted By Jonathan Higgins (Mrs. Bradshaw Primary)

RCHS competes in Math Contest

Approximately 200 students representing 15 shools, primarily one eastern Kentucky, competed on Friesman Kentucky, competed on Friesman College High School Mathematics Contest. Students had examise in six areas including Algebra I, Algebra II, Geometry, Pre-Calculus, Calculus and Cooperative Group Cambridge on the Market of the Competency of the Compete

ng how math principles are

applied in physics. The Math Contest is a long time tradition at Cumber-land College. Contest coordinator, Diane Jamison explains the tradition, Diane Jamison explains the traumon,
"Our goal is to prepare high school
students in the fields of mathematics, "Our goal is to prepare high school students in the fields of mathematics, mathematics, education, physics, physics education and engineering. The contest also gives students a chance to improve their test-taking skills to prepare for college entrance exams. Students can experience not your benefated 's campus, but also the creative professors that teach in our Mathematics and Physics, Department." For more information about the Math Contest, or to send a team from your school next year, please contact Diane Jamison at (6005594-5314.

Cumberland College, located in

(606)539-4314.
Cumberland College, located in Williamsburg, is a private liberal arts college in its 111th year of operation. Cumberland offers four undergraduce degrees in 37 major fields of study, 30 minors and nine pre-professional

School Menus

fruit

Rockcastle County Elementary Schools

Menu May 1-5, 2000

Breakfast
Monday: Toast cheese sandwich, ereal, toast/jelly, juice and milk.
Tuesday: Scrambled egg, toast/ily or cereal, pop tart, juice and ilk.

ilk.
Wednesday: French toast sticks
cereal, toast/jelly, juice and milk.
Thursday: Nutri-grain bar or
Thursday: Nutri-grain bar or
Friday: Peanut butter and jelly
Indwich or cereal, toast/jelly, juice

and milk Lunch

Monday: Pizza or sandwich, garden salad, milk and fruit. Tuesday: Submarine or ham sand-wich, spic y fries, lettuce/pickles, milk and chocolate oatmeal squares.

and chocolate oatmeal squares.

Wednesday: Cheeseburger on
bun or turkey/cheese on bun, french
fries, tomatoes, pickles, milk and

cook's choice dessert.

Thursday: Cook's Choice Day.
Friday: Fish on bun or hamburger
on bun, hash browns, milk and fresh

High School
Menu
May 1-5, 2000
Breakfass will be
served each day.
Monday: Chet saind or pizza or
sandwich, garden salad, milk and
choice of dessor des salad, milk and
choice of dessor desland or submarine or harn sandwich, spicy fries,
lettuac/pickles, milk and choice of
dessors.
Wednesday: Chet saind or cheeseburger on bun or turkey/cheese on
bun, french fries, tomatoes, pickles,
milk and choice of desserts.
Thursday: Cook's Choice Day.

Thursday: Cook's Choice Day. Friday: Chef salad or fish on but

or hamburger on bun, hash browns, milk and choice of desserts.

RENAISSANCE KENTUCKY

onday, May 1, 2000 at 7 p.m. at City Hall, the Mt. Vernon City Council will hold a discussion concernnce Kentucky is a grant program for the revitalization of down-

ing Henaissance Kentucky, Henaissance Kentucky is a grant program for the reviet town Mt. Vernon. City of Mt. Vernon employee, will be visiting the downtown but ence to a survey with an explanation of the program. Anyone interested in Kentucky Renaissance is invited to attend the above meeting. ployee, will be visiting the downtown businesses in refer-

Karen K. King, Mayor

State Representative Danny Ford (top left) took time out before the House of Representatives convenied to join a group of fifth grade students from Mt. Vermon Elementary on March 30. They gathered for a photograph at the base of a statue of native Kentuckian Abraham Lincoln in the Capitol Rotunda in the Kentucky State Capitol Building, While visiting Frankforthey received a guided tour, arranged by Rep. Ford, of the historic building as well as opportunity to visit the historic Old Capitol Building, which served as Kentucky's Capitol from 1830 in 1910. The fifth graders also received a guided tour and participated in activities at the brand new Kentucky History Center, including the twenty thousand square foot permanent exhibit that houses state of the art technology to display over three thousand artifacts from the Kentucky's extraordinary past. Ford has served the people of Rockcastle County since 1982 and currently serves in House Leadership as Minority Floor Leader. **TWILIGHT** Absolute of Dannie Bullock's and Debbie Bullock's

Willailla Grocery Property and Extra Lot Friday, May 5, 2000 at 6:30 p.m.

Willailla Section of Rockcastle County, Kentucky





8 miles southeast of Brodhead and approximately 20 miles north of Somerset on Highway Willailla, near the 70 Rockcastle/Pulaski County Line.

By virtue of dissolution of marriage, our firm has been authorized by both parties to sell this well-stablished business for the absolute high dollar.

established business for the absolute high dollar. The store Building, with the equipment and extra lot, will be sold separately and then together to achieve the most favorable results for the sellers. Strone Building: The building is a town story concrete folick structure with a grocery area, deli, restrooms, office and storage room on the first floor. The second floor consists of two apartments. One apartment is finished and the other is unfinished. It has all furnace heat and heat pump with central air and city water. The building is situated on a lot measuring approximately 39/100 of an acre. Equipment: The equipment will be selling with the store building. But a consist of the strain is seller and the store building. But a building is consisted to the control of the store building. But a building is also also the proper forms point of the store building.

Edra Lot. The extra lot, located directly in front of the store building, consists of slightly more than 1 acro and fronts on Highway 70, the Poplar Grove Rood, and the Fainkew Road. The terrain is level and it also has city water available.

Auctioneer's Arbeit If you're-looking for a well-established business that has operated successfully for many years, then look no further, of if you are looking for a prime corner lot, consider the extra lat being offered here. Make plans to attend this Absolute Auction on Fridey evening, May 1 that 6:30 p.m.

***Extra: 20% down day of sale, balance in 30 days.

***Announcements day of sale take precedence over printed matter.**

For additional information, contact the auctioneers.

FORD BROTHERS, INC.









Now Open

Kwik Mart



Newly-Remodeled Store full of your favorite Snacks and Grocery



Full-Service Gas at Self-Service Prices





Coming Soon! PROPANE 2% Milk \$229 Whole \$239



Ice - 69¢ bag Duplex Oil - 99° qt.

Marlboro - \$2039 • Pallace - \$959 • Kodiak - \$229

(All tobacco products while supplies last)

Use our Convenient Drive-Thru for Fast Service! Stop By and Check Us Out!!

n Monday thru Saturday 6 a.m. to 10 p.m. • Sunday 8 a.m. to 10 p.m. New Owners . New Employees . New Look . Whole New Attitude

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