

Mt. Vernon Message

For the week of March 9, 2000.

Our students enjoyed a performance by the RCHS Touring Theatre. The show was called "A Mexican Folk Tale." Thank you RCHS students for a wonderful show!

* Parents, don't forget our PTA Meeting on Monday, March 13. Our P2 students will be performing. You won't want to miss it.

On Thursday, March 16 the 4-H Variety Show will be held at MVES at 6:30 p.m. This always proves to be entertaining. We have some extremely talented kids in Rockcastle County. Please attend and show support for our kids.

Family Resource Center is sponsoring computer classes for adult beginners. Classes are on each Monday for the next five weeks. If you would like to learn some computer skills or just brush up on your skills, contact Regina Jeff at 256-5173 for more information.

Bus Evacuation Drills will be on Friday, March 31. If your child is picked up or walks, they will be dismissed at 2:30.

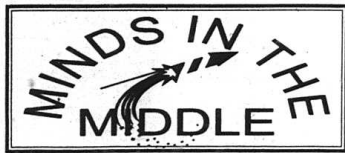
It's time to think about testing in our school. If you have a child in P3,

4th or 5th grade, please encourage them about the test. Sometimes tests can be scary for kids, but they're not intended to be. Some ways to help your child relieve stress would be to ensure that your child gets enough rest and eats well balanced meals during the testing weeks. Talk with your child about testing. Some good questions to ask would be:

- What causes the feelings associated with testing?
- What goes through your mind when we talk about tests?
- What is it like the night before the test?
- What is it like during the school day before the test is given?
- When the test is over, how do you feel?

After discussing these questions with your child, it is important that you explain to them that it is very normal to feel anxious before testing - even adults feel that way before tests. It is vital that they do not allow their feelings to be in control. If they change how they are thinking they will change how they feel.

Thought for the week: A real leader faces the music even when he doesn't like the tune.



The 6th grade Enterprisers team led the attendance for the month with 95.48%. Mrs. Angie Hunt's class had the best homework attendance with 97.5%. Followed by Mr. Bullock's homework with 97.13%. We appreciate their efforts.

This Friday, March 10, is the last day to turn in money for the Spring pictures.

The Voyagers team recognized Lori Miller and Tyler Shearer as their students of the week last week. This week, they recognized Dustin Hazelwood and Misty Baugh. Congratulations to those students.

This week, March 9-11, is the week for KUNA (Kentucky United Nations Assembly). Some of the Y-Club members have been working hard to create effective representations of their assigned countries. We wish them luck.

Tuesday will be the monthly Youth Service Center Advisory Council Meeting beginning at 12:30 at Castle Inn. We would like to thank those parents and students who serve on this council. We also appreciate the parents who recently agreed to serve on our school committees for next school year.

Next Wednesday, March 15, will be our monthly SDBM Council meeting beginning at 3:30.

Remember that Friday is the last day to sign up for the 4-H Variety Show. Call the extension office at 256-2403 to register. The show will be held on Thursday, March 16.

Be sure to check out the article and pictures on the Reality Store. Thanks to members of our staff, community volunteers, and our students, this was a huge success!

RIST announces banquet dates

The Rockcastle Incentive Scholarship Trust board has announced that its annual banquet will take place at Rockcastle County High School on Tuesday, March 28 at 6:30 p.m. Humorist Bill Page will be the featured speaker. Mr. Page has spent many years in education as a teacher and a principal. He draws on his

experiences to entertain, motivate and encourage his audience. Please call Donna Hopkins at 256-4346 at the Rockcastle County Area Technical Center to reserve your tickets. All proceeds from the banquet fund scholarships for all Rockcastle County High School graduates wishing to continue their education.

Ten Rockcastle Countians graduate from EKU

Ten Rockcastle County students received degrees from Eastern Kentucky University at the end of EKU's fall semester.

The University recognized 1,004 graduates at its campus-wide fall commencement, held Saturday, December 11 at Alumni Coliseum.

Local EKU graduates include: Sharon Adams of Broadhead, Nursing Associate; Dale Gregory Bullock of Broadhead, Elementary Education; Bachelors; William Clark of Livingston, Computer Information Services; Bachelors; Christopher Dillingham of Mt. Vernon, English; Bachelors; Kenneth Hopkins of Mt. Vernon, Physical Education; Bachelors; Eric McKinney, of Broadhead, Area Construction Technology; Bachelors; Emily Mullins of Mt. Vernon, Police Administration; Bachelors; Freddie Pruitt, of Broadhead, Computer Aided Drafting, Associate and Hope Henrich of Mt. Vernon, Child/Family Studies, Bachelors.

The commencement address was given by Monsignor Ralph W. Beating, the founder and long-time leader of the Christian Appalachian Project who retired as CAP board chairman in 1999. Beating also received an honorary doctor of humanities degree.

Kimberly Baker, an occupational therapy major from Fairburn, Ohio, spoke on behalf of the graduating class.

In addition to the University-wide ceremony, each of the academic colleges sponsored receptions for the new graduates. Also, all candidates for honors were recognized at a special breakfast tribute.

The new degree-holders join more than 80,000 Eastern alumni in Kentucky and across the United States. Eastern Kentucky University is a comprehensive university serving about 15,000 students on its 725-acre Richmond campus, at its educational centers in Corbin, Danville, Manchester and throughout Kentucky.

Hale named to 'A' Honor Roll at Georgetown

Andy Hale, son of Mr. and Mrs. John Hale of Mt. Vernon, has been named to the "A" Honor Roll at Georgetown College for the 1999 fall semester, announced Academic Dean Dr. Keon Chi.

Students named to the "A" Honor Roll must earn 12 semester hours and

have a grade point average of 3.75 or higher.

Located 12 miles from Lexington, in the heart of the Bluegrass, Georgetown College is a four-year, private liberal arts institution affiliated with the Kentucky Baptist Convention.

RCMS Honor Roll

Enterprisers Team: Marty Abney, Derek Adams, Nicole Adams, Megan Anderkin, Jessica Asher, Kayla Barnett, Ty Bottoms, Brandon Bray, Jacob Bryant, Makayla Bryant, Ashley Bullock, Melanie Bullock, Sarah Bullock, Allison Carter, Ashley Gabel, John Griffith, Carter Hammond, Kayla Hayes, Allison Hendrick, Maria Hensley, Mary Hensley, Natasha Howard, Bridget Jones, Heather Kems, Holly Kidwell, Rachel Kline, Brittany Kline, Kayla Lane, Kevin Mason, Francis Miller, Sarah Myers, Sammi Jo Proffitt, Micah Renner, Brecken Riddle, Leslie Robbins, Tressie Robinson, Ashley Smith, Brittany Smith, Melissa Sparks, Gabe Stallworth, Leslie Stewart, Andrew Taylor, Neisha Taylor, Andrea Witt.

Voyagers Team: Jody Alexander, Alicia Anglin, Samantha Anglin, Daniele Arnold, Claudia Brock, Michael Campbell, Hannah Chism, Glenn Child, Angela Coffey, Courtney Cordier, Aaron Cromer, Brandon Durham, Steve Gabel, Rebecca Graves, Ashley Harrison, Dustin Hazelwood, Wesley Hinkel, Heather Hopkins, Ashley Kimbel, Rebecca Lawrence, Michael Lovell, Kristina Lowrey, Derrick McClure, Cassie McClure, Johnny Mackey, Justin Miller, Lori Miller, Tabatha Nickle, Stephanie Perez, Travis Powell, Andrea Reynolds, Heather Ricci, Jessi Robinson, Elizabeth Scarborough, Tyler Shearer, Kasara Smith, Shawanetha Smith, Jennifer Stewart, Renee Taylor, Erika Toothman.

Adventurers Team: Johanna Abney, Vanessa Adams, Jessica Allen, Gena Allen, Matthew Allen, Steven Anderson, Tiffany Anglin, Amanda Ballieu, Phillip Boring, Brooke Bradley, Kayla Bryant, Brian Bustle, Josh Bustle, Katelyn Cash, Brent Clontz, Hollyann Colson, Mark Dyebush, Jamie Ellison, Graham Fay, Kyle French, Ryan Graham, DeJon Graves, Courtney Hale, Heather Hammond, Derreck Hurst, Brandy Kirby, Ronny Lee McClure, Emily McKinney, Heather Miller, Ashley Mize, Kent Mullins, Erin Murphy, Brittany

Sandusky, Max Saylor, Kacey Scoggin, Donnie Sowder, Heaven Spoonmore, Erik Sallowsworth, Surphisea Sallowsworth, Casey Taylor, Jacob Taylor, Matthew Whitaker, Russell Willey, Amanda Wright, Jessica Zupancic.

Shooting Stars Team: Brittany Anderson, Amanda Bowman, Ashley Boyd, Jackson Bray, Mary Brinson, Bill Burdette, Dustin Burdette, Harold Burdette, Randy Busell, Leigh Ann Caldwell, Aaron Cash, Brandon Cole, Willie Cooper, Scotty Cromer, Genna Cummings, Rachel Denney, Stephanie Denney, Erbe Ems, Tasha Farris, Scarlet Frederick, Jordan Hall, Ashley Himes, Brandon Isaacs, Jessica Holbrook, Brandi Hight, Latoya Lamb, Candi Laswell, Samantha Lewis, Kara Martin, Gina McClure, Myranda McClure, Philip McFerron, Allison Mink, Cody Moore, Nikki Mullins, Leslie Purbell, Stephanie Proctor, Stacy Purcell, Courtney Rose, Tara Rowe, Paula Rowland, Tim Simpson, Brittany Sierra.

Challengers Team: Cody Alexander, Tanner Allen, Jessica Barron, Caleb Blair, Jessie Blevis, Samantha Bullock, Audrey Burke, Devon Busell, Jessica Byrd, Scott Cain, Brandon Cameron, Ginny Campbell, David Cromer, Jamie Dees, Jessica Denney, Jenni Durham, Amy Elliott, Charlie Felter, Abby French, Sheena Fry, Amy Gilleand, Anna Guilfo, Jessie Hamm, Josh Hayes, Brittany Himes, Chris Howard, Jennifer Kidwell, Ashlee Kindred, Tricia Beth Laswell, Jason Lever, Blake Lovell, Sarah Mullins, Jenni Beth Neeley, Shane Nicely, Daniel Nolan, John Ormella, Josh Ott, Jenna Owens, Summer Owens, Tasha Parsons, Courtney Parsons, Danna Pingleton, Stephanie Price, Veronica Renfro, Jessie Riddle, Sheneia Stewart, Brittany Thomas, Chris Tolle, Josh Weaver, Nina Zornes.

Comets Team: Heather Adams, Allison Anderkin, Tara Barnett, Rachel Childress, Chelsea Christian, Laurel Clontz, Brittany Harris, Tiffany Hopkins, Elijah Lunford, Ashley McClure,

Ben McKibben, Jerrilyn Mink, Krystal Parsons, Maggie Phillips, Amanda Rogers, Matthew Selvin, Amanda Brooke Smith, Devin Taylor

Offutt, Amy Parsons, Katie Parsons, Zach Pensel, Brittany Perkins, Rose Prewitt, Steven Rowe, Ricky

7TH ANNUAL LINCOLN COUNTY FFA CONSIGNMENT AUCTION

Saturday, March 11, 2000 - 9:30 a.m. to ??
Lincoln County Fairgrounds • Stanford

Auctioneers • Elmer Pirt & Gary Napier

Equipment will be received:

Thursday, March 9 and Friday, March 10

Equipment will be accepted on sale day ONLY if pre-arranged.

Tractors: 1086 International 520, Case/Int. wheel & loader, 1982 4440 J.D., 3910 Ford - 1500 hrs., 1655 Oliver, 1986 450 J.D., 885 Case, 768 IH 21800 hrs., 2755 J.D., 2 - 180 White, 684 International.

TILLAGE TOOLS: Sub soiler, 12" International disc, 3 - 16" J.D. plows - 3 pt., 3 - 16" J.D. semi-mounted, 30" AC 14" wing disc, 18" harrow, 710 14" plow - 30" 16", 270 14" 10" disc.

HAY EQUIPMENT: 850 N.H. roll baler, N.H. 8" disc mower, N.H. hay rake, Vermeer-Super 1505 roll baler, V hay rake, 535 J.D. roll baler, 849 N.H. roll baler, 7 M.F. mower.

PLANTING EQUIPMENT: J.D. 8200 grain drill, 4-row I.H. corn planter, 4-row J.D. corn planter, 8" B.H. grain seeder, 12" no-till Great Plains drill.

FEED EQUIPMENT: 810 Farm land grinder-mixer.

WAGONS: J.D. 14 ft. dump wagon.

MISCELLANEOUS: E-Z flow spreader, tobacco rail wagon, 38" Hopper trailer.

Sponsored by the Lincoln County FFA

For information and to place an order, call Lincolnton County FFA

(806) 365-1800 between 9:00 a.m. and 3:00 p.m. or

Robert Camenich at (806) 365-9738 evenings.

School Menus

Rockcastle County Elementary Schools

Menu

March 13-17, 2000

Breakfast

Monday: Toasted cheese sandwich or cereal, toast/jelly, juice and milk.

Tuesday: Scrambled egg, toast/jelly or cereal, pop tart, juice and milk.

Wednesday: French toast sticks or cereal, toast/jelly, juice and milk.

Thursday: Nutri-Grain bar or cereal, toast/jelly, juice and milk.

Friday: Peanut butter/jelly sandwich or cereal, toast/jelly, juice and milk.

Lunch

Monday: Cheeseburger on bun or chuck wagon on bun, french fries, lettuce, pickles, milk and cook's choice of desserts.

Tuesday: Pizza or sandwich, garden salad, peaches, milk and peanut butter square.

Wednesday: Spaghetti with meat sauce, vegetable sticks with dip, apple sauce, Texas toast, milk and chocolate cake.

Thursday: Turkey, dressing, mashed potatoes, green beans, roll,

and fresh fruit.

Friday: Chicken patty on bun or hamburger on bun, cheese fries, lettuce, pickles, milk and jello w/ whipped topping.

Rockcastle County Middle & High School

Menu

March 13-17, 2000

Breakfast will be served each day.

Monday: Cheese salad or cheeseburger on bun or chuck wagon on bun, french fries, lettuce, pickles, milk and choice of desserts.

Tuesday: Cheese salad or spaghetti with meat sauce, vegetable sticks with dip, apple sauce, Texas toast, milk and choice of desserts.

Wednesday: Cheese salad or turkey, dressing, mashed potatoes, green beans, roll, milk and choice of desserts.

Thursday: Cheese salad or chicken patty on bun or hamburger on bun, cheese fries, lettuce, pickles, milk and choice of desserts.

Friday: Cheese salad or chicken patty on bun or hamburger on bun, cheese fries, lettuce, pickles, milk and choice of desserts.

RCMS features Annual Reality Store

Last Thursday, the Rockcastle County Middle School held their annual Reality Store for the eighth graders. The focus of the project is to guide the students to become more aware of the work force and options available to them in the real world at the end of their education. Students chose a career-area in which they were interested and then were assigned a monthly salary for a job in that field. The salaries and careers were affected by their grade point averages. Some students were disappointed to discover that they were unable to achieve their career goals due to their low GPA's, while those with a better educational history achieved their standards. The students gained a clearer understanding of what is necessary to reach their future goals.

The Reality Store also brings about a greater awareness of the responsibilities of being an adult. Such activities involved were maintaining child care, purchasing health insurance for the family, and paying monthly bills such as utilities, home and car payments, and buying groceries.

Some students did an exceptional job with managing their money. Jamie Ornela had the largest bank account at the end of the day with \$1,742.00. Jamie was able to become a doctor, but was quite conservative with her money, living in an apartment and doing without de-

signer clothes. Jamie received a prize for her efforts. Thanks to some of our volunteers, we were also able to recognize other students with prizes. The following students finished the month with over \$1,000.00 in their accounts: Josh G. Hayes, Jenni Durham, Tara Barnett, Kristy Parsons, Ben Cromer, Ben McKibben, Amy Elliott, Brandon Thomas, Daniel Nolan, Jessica Byrd, and Samantha Dees.

The Reality Store was coordinated by Lesha Cromer, David Owens, Carla Parsons, Becky Cash, and Kim Hunter at RCMS, and John McQuary at the County Extension Office. They would like to thank the many volunteers who made the project possible. Volunteers are a necessary part of the Reality Store. Those persons and businesses involved included: David Riddle and Jesse Mahaffey with the School to Work program, Ford Brothers Inc., Andy Hiatt at Town and Country Motors, Butch Dureson with Kentucky Utilities, Teresa Jackson and staff at State Farm Insurance, parent volunteer Brenda Child, Bro. Barni Bolin with Northside Baptist Church, Brenda National Bank, Citizen's Bank, the Bank of Mt. Vernon, Andy Beichler with our Gear-Up program, Rockcastle County Hospital, the Rockcastle County Migrant office, Diane Smith from the Regional School to Work office, Hazel Jackson, and the RCMS staff.

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Men's Copper Worksmith Odyssey SuperSole® - Leather Sole

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- Cooks
- Dishwasher

Hotel

- Head Housekeeper

Ticket Office

- Full and Part Time Reservation Staff (Flexible Hours)
- RV Campground Attendant

Apply in person or send resume (no phone calls) to:
Renfro Valley Entertainment Center
Attn: John Blair
(U.S. 25) Just off I-75 at Exit 62
Renfro Valley, Ky. 40473