

The Family Room

By Dr. Don Whitehead

When Does Life Begin?

"When I get out of school and get a job," Jack said, "then I can really start to live." (All characters are fictitious.) Jack did not enjoy high school. The study bored him (when he studied). He had no girlfriend with whom to spend his time. His parents were always "on his case" about something or other. Athletics had always been fun for him, but now football practice seemed a waste of time.

Jack looked forward to the day when his situation would change. "I'll be OK once I don't have to go to high school anymore," he told his friends. "I'll have my own place, my own money and my parents can't run my life."

Mark and Sarah, a young married couple, also were not satisfied with life. "We argue too much," Mark said to Sarah. "I don't think married life would be like this."

"I think we should start a family," Sarah suggested. "When we have children, then we can really enjoy life. A family is not complete without children." Sarah and Mark eventually agreed that this was the solution to their problem.

Jeremy's situation was different, but his answer was surprisingly simi-

lar. As a vice-president in a bank, Jeremy had a responsible position and a lovely family. His wife and two children were almost as important to him as his job. Still, Jeremy was not satisfied. Something was missing from his life, he felt.

Within the next year Jeremy was due for a promotion. "When I get that promotion and the raise that goes with it," he told his wife, "I will be a happy man. I'll spend more time with you and the kids. You and I will see more of each other. The whole family will travel together. I will be a different person—once I get that promotion."

Jeremy's next door neighbor Roger had a different problem, but again the answer looked the same. Roger was a senior vice president at a large construction firm. While he had once enjoyed his work, he no longer did. He was bored and unhappy. At sixty-two he was looking forward to retirement.

"I've been tired of this job for thirty years, and I am tired of it," Roger told his friends. "It owns me lock, stock and barrel, so that I have no time for myself. Life begins at sixty-five. When I retire, I will be the happiest man in town. Then I can really start to live!"

Even ministers are not exempt from this kind of thinking. Larry had been the pastor at his church for five years now. He had recently had a disagreement with several of his members and at least one family had left the church.

Larry shared his opinion with a fellow pastor that "this church is the hardest on a pastor that I have ever seen." When his colleague asked what he was going to do, Larry replied, "I'm getting out of here. I know of a good church that is without a pastor, and I think I have a good chance of getting the job. If I could go there, then I could finally do the work that I was called to do."

What kind of change are you waiting on so that "then" you can be happy? Are you waiting for life to begin when you graduate, change jobs or retire? The danger in waiting is that you will never get "there." What if you die before retirement? What if your fiancé cancels the wedding?

Life begins now. Do not wait for some circumstance to change so you can then live. Live now. The present moment is all we have.

"Court News"

(Cont. from B2)

Betty H. Jasper: Operating motor vehicle under influence, \$350 and costs, \$200 service fee, \$20 victim compensation fund, 30 days to serve 7/credit 5 days time served.

Marcia McFerron: Fines due (\$540.00), issue warrant/suspend license.

Nathaniel Richardson: Fines due (\$585.00) and operating motor vehicle under influence of drug, issue warrant for failure to appear.

Harley D. Taylor: No valid license in possession, \$25 and costs.

Jack R. Whitmore: Speeding and License to be in possession, issue warrant/suspend license.

Carie B. Crugin: Speeding, state traffic school.

Robert M. LeFevre: Improper start, \$25 and costs.

Rodrick C. Peyton: Speeding, paid.

Eric M. Randall: Speeding, suspend license for failure to appear.

E. Doss: Operating motor vehicle, controlled substance impaired, \$350 and costs, \$200 service fee, \$20 victim compensation fund, 30 days to serve 7/credit 5 days time served; Driving on DUI suspended

license, \$100 fine and 10 days/conditionally discharged; Possession of marijuana, \$100 fine and 30 days to serve 7 concurrent.

Dwayne Steven Dykes: No insurance, \$500 fine; Operating motor vehicle under influence of alcohol, \$200 fine and costs, \$200 service fee, \$20 victim compensation fund, 4 days/time served; No operating license, \$100 fine and 10 days/credit 4 days/balance probated one year.

John W. Raybould: Alcohol intoxication, \$25 and costs; Possession of marijuana, \$100 fine and 12 months/probated 2 years on possession; Drug paraphernalia use/possession, \$100 fine; Criminal possession of forged instrument, \$500 fine/suspended and 12 months/probated.

Todd S. Smith: Driving DUI/Suspended license, \$100 and costs and 30 days to serve 3 days/time served/balance probated one year. No Ky. Reg. Plates, \$25 fine; No/Exp. Reg. Receipt, \$25 fine; No insurance, \$500 fine/suspend \$250.

Charles R. Osborne: Failure to wear seatbelt, \$25 fine; Learner permit: no license in possession, \$25 and costs.

Jeffrey L. Watkins: Speeding, \$28 fine and \$92.15 costs; Failure to wear seatbelt, \$25 fine.

Eddie L. Rowe, II: Speeding, state traffic school.

Barbara Pearson: Disregarding stop sign, \$25 and costs.

February 9, 2000
Anthony Baker: Operating on suspended license and other charges, license confiscated, continued to 4/24.

Arvil Brannetter: Illegal sale/dry territory, dismissed on agreed confiscation of contraband and related funds; Possession of marijuana, \$500 and costs/suspend fines.

Timothy R. Browning: No insurance, \$500 fine/suspend \$450; License to be in possession, \$25 and costs.

David E. Burdette: Operating motor vehicle under influence of drugs under 21, \$200 fine and costs/time served.

Margaret D. Cole: Operating motor vehicle under influence of intoxicants, \$200 fine and costs, \$200 service fee, \$20 victim compensation fund, 2 days/time served.

Janell M. Debiner: Fines due (\$23), issue warrant.

Dwayne L. Eckstein: Speeding, \$30 fine and costs; Failure to wear seatbelt, \$25 fine.

Marco A.S. Guerrero: Fines due (\$490.50), issue warrant/suspend li-

cence.

Jonathan E. Houk: Reckless driving, \$50 and costs.

Harold Hughes: No insurance, \$500 and costs/suspend \$450.

Tommy Dwayne Isaacs: Fines due (\$801.00), issue warrant/suspend license.

Jessica K. Johnson: Speeding, \$32 fine and \$92.15 costs paid.

Gabriel F. Magazzeni: Speeding and Failure to wear seatbelt, paid.

Roger L. Saylor: Speeding, \$50 and costs, state traffic school authorized on payment of fine and costs.

Roy J. Shepherd: Speeding, \$40 and costs.

Christopher M. Slavery: Speeding, suspend license for failure to appear.

Sherril Bowling: Speeding, \$20 and costs.

Jeffrey J. Bryar: Speeding, suspend license for failure to appear.

Anthony E. Crain: Faulty equipment, \$30 and costs.

Ronald Dean Vanzant: Speeding, suspend license for failure to appear.

Janie V. Brown: Speeding, paid \$97.15 fine and costs.

Dwayne E. Spires: Speeding, suspend license for failure to appear.

Tammy Worley: Alcohol intoxication, \$25 and costs; Failure to wear seatbelt, \$25 fine.

LOSE 2-4 Dress Sizes
in just 12 Weeks...

Charter Membership
SPECIAL

FREE enrollment
PLUS 12 Week Weight Loss Program
Absolutely FREE!

Call Immediately if you meet these
qualifications and to get more information



Contours
Express

Ladies Only Fitness & Weight Loss Studio

RICHMOND
625-1403

BEREA
985-5000

FARM MACHINERY CONSIGNMENT INDUSTRIAL EQUIPMENT

Auctions

19th Annual London

Farm Machinery Consignment Auction
Saturday, Feb. 26th • 9:30 a.m.

Laurel County Fairgrounds

On Hwy. 1229 near Levi Jackson State Park, London
Consignments accepted Wed., Feb. 23rd,
Thurs., Feb. 24th, & Fri., Feb. 25th
8:00 a.m. to 5:30 p.m.

FORD BROTHERS, INC.

AUCTIONEERS • REALTORS

606-878-7111 OR 1 800-526-1637

AUCTIONEER SAM FORD

a Great Year for



LAKE CUMBERLAND
REGIONAL HOSPITAL
Heartbeat of Our Community

• **PHYSICIAN RECRUITMENT** - TWENTY new physicians joined the excellent team of physicians on staff at Lake Cumberland Regional Hospital during 1999! They are specialists in the following areas: Allergy, Anesthesiology, ENT, Family Practices, Gastroenterology, Infectious Disease, Internal Medicine, OB/GYN, Otolaryngology, Pediatrics, Psychiatry, Pulmonology, and Urology.

• **EXTENDED HOURS** - Our new After Hours Care clinic at Lake Cumberland Medical Associates provides traditional family medical care seven days a week - weekdays until 10:00 p.m. and weekends to 9:00 p.m.

• **LAKE CUMBERLAND MEDICAL ARTS BUILDING** - This new 4-story, 53,000 square foot medical office building was constructed at a cost of \$9.5 million.

• **IMAGING CENTER** - Ground was broken for our new off-campus Imaging Center which will feature the latest technology for diagnostic imaging, including a new open MRI.

• **OCCUPATIONAL HEALTH** - Our new Occupational Health program, in partnership with our Business Advisory Council, work together to facilitate the delivery of high-quality, cost-effective, integrated healthcare services to meet the needs of employers in the area we serve.

• **HUGS** - At Lake Cumberland Regional Hospital, we offer HUGS for the youngest members of our community. The new magnetic protection system monitors the location of all infants in the LCRH nursery giving new parents peace of mind regarding the safety of their little ones.

• **VIRTUAL INFANT CARE - "VIC"** - This new equipment added to the nursery allows LCRH physicians to transmit audio and visual images to the University of Kentucky for consultation purposes.

• **CARDIAC CATH UNIT** - The LCRH new General Electric LCV unit is one of only four such units in the United States. At a cost of \$1.4 million, the unit offers extraordinary image resolution, utilizing digital technology. Images can be immediately transferred to CD in the event the patient is referred to other physicians for treatment.

• **TREMOR CONTROL THERAPY** - This new service offers new hope for patients who suffer from tremors associated with Parkinson's Disease of Essential Tremor. Neurosurgeons, Amir E. Naggar, M.D., FACS, and Magdy El-Kalliny M.D., have been specially trained to perform this procedure. Lake Cumberland Regional Hospital is one of only three hospitals in Kentucky equipped to provide this innovative service.

• **COMMUNITY INVOLVEMENT** - In every area from churches to schools to Boy Scouts and Girl Scouts to civic clubs to charitable organizations, you will find LCRH staff actively involved. As a hospital during 1999, we helped sponsor the efforts of American Cancer Society Relay for Life, American Red Cross, American Heart Association Heart Walk, March of Dimes, Arthritis Foundation, Blakey Family YMCA, National Youth Leader, Bethany House, Somerset Community College, Kentucky Baptist Homes for Children, United Way, and many other charitable organizations with contributions totaling some \$342,000.

• **COMMUNITY EDUCATION** - Lake Cumberland Regional Hospital sponsors educational forums and provides support for a number of valuable community-related services, including:

- Community Wellness Conferences
- Dine with the Docs
- Health Careers Explores program
- Parish Nurse program
- Lake Cumberland Chapter of Senior Friends - for folks 50+
- Free Health Fairs
- National Senior Health and Fitness Day
- Healthy Holiday Foods
- School Involvement - Gear-Up Program, School Violence Program, and Somerset-Pulaski County Chamber of Commerce Educational Partnership Program.

If you would like to join our tremendous team of professionals who strive to deliver high quality, cost effective healthcare in the communities we serve, then look no further than Lake Cumberland Regional Hospital.

We offer an excellent salary, comprehensive benefit package, and outstanding growth potential. Interested candidates may apply at the Human Resources Department or send/fax resume to: Lake Cumberland Regional Hospital, Human Resources, P.O. Box 620, Somerset, KY 42502; Fax: (606) 676-0359. EOE.